

# Society Notes : Personal Gossip : Woman's Work : Household Topics

## SIoux CITY WOMEN GUESTS IN OMAHA

### Have Breakfast at Field Club, Play Golf and Go Home Tired.

### RETURN OF A VISIT THERE

By MELLIFICIA—Aug. 18.  
When Mrs. C. H. Ashton and Mrs. H. L. Arnold of the Field club were in Sioux City a short time ago they had a most enjoyable time on the golf links of the Sioux City Country club with a number of their friends. Included, such an enjoyable time did they have, that arrangements were made for a repetition of the pleasure at the Omaha Field club in the near future. Accordingly last evening a company of Siouxans invaded Omaha and this morning have made the Field club their headquarters. This afternoon they expect to return to their own land, tired but happy.

In honor of her house guests and the house guests of Mrs. Arnold, Mrs. Ashton entertained at breakfast at the Field club this morning. The same guests and others of the party took luncheon at the club as the guests of Mrs. Arnold. The party consisted of the following from Sioux City:

- |                |               |
|----------------|---------------|
| Messdames—     | I. M. Lyons.  |
| Thomas Deatly, | Prof. Morgan. |
| E. T. Knapp,   | Green, Sr.    |
| Fred Toy,      | Green.        |
- And the following:
- |                |                  |
|----------------|------------------|
| Messdames—     | W. G. Silver.    |
| Blaine Young,  | W. W. Richardson |
| H. L. Corrodi, | of Lincoln.      |
| C. N. Ashton,  |                  |
| Leta Warner,   |                  |

### At Carter Lake Club.

Miss Myrtle Warren entertained at dinner at the cabaret dinner-dance at the club house last evening for Miss Hazel Parker of Davenport, Ia., who is the guest of Mr. and Mrs. D. H. Christie. Those present were:

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|--------------------|---------------------|
| Messdames—         | A. R. Mitchell.     |
| Misses—            | Cecil Voss.         |
| Mrs. Forrest Byrd, |                     |
| Misses—            |                     |
| Bessie Byrd,       | Mrs. Myrtle Warren. |
| Katherine Pearson, |                     |
| Dorothy Scott,     |                     |
| Misses—            |                     |
| Arthur Christie,   | Frank E. Warren.    |
| V. Scott,          |                     |

Mr. A. J. Jackson entertained at the cabaret dinner-dance last evening, his guests being:

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|------------------|---------------|
| Messdames—       | Misses—       |
| Miss Johnson,    | Evelyn Neale. |
| Madge West,      | Misses—       |
| Harry M. Thorpe, | Bert Sutphen. |
- Yesterday Mrs. Max Smith and Mrs. F. Kinkonen entertained at an all-day picnic and swimming party. Thirty-five guests were present.
- Tonight the Malva White Shrine has reservations for seventy-five at dinner at the club house.

### Farnberg-La Vance Wedding.

Miss Lela La Vance and Mr. John Farnberg were quietly married in their new home Wednesday evening. The ceremony was performed by Rev. M. V. Highbee.

Miss La Vance wore a gown of white satin, with flesh colored silk machine overdrapes, made short and very full and carried a shower of bride's roses and lilies of the valley. Mrs. L. D. Boyd acted as hostess and Miss Malinda Hocum as bridesmaid.

Mrs. L. D. Boyd wore a dress of white chiffon cloth, with dainty sprays of pink flowers, with pink satin girdle, and wore pink roses. Miss Malinda Hocum was gowned in pale green chiffon cloth with lace trimmings and she also wore pink roses. Mr. L. B. Boyd acted as best man for Mr. Farnberg.

The house was decorated with pink and white asters.

### Settlement Dance.

The last of a series of dances given under the auspices of the Omaha Social Settlement, will be held at the Hanscom Park pavilion, Saturday evening. The following committee, composed of members of the senior dramatic club and Camp Fire girls, will be in charge:

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|------------------|--------------------|
| Misses—          | Misses—            |
| Helen West,      | Rose Medicko.      |
| Lottie Grobeck,  | Emma Knott.        |
| Helen Garvin,    | Rose Dwork.        |
| Bessie Bernik,   | Janice Morgan.     |
| Alvyn Brien,     | Bessie Byrd.       |
| Emily Mullinger, | Charlotte Huntley. |
| Maria Yasko,     | Regina Tauchen.    |
| Mrs. Ostroic,    |                    |
| Misses—          |                    |
| Tom Craig,       | Floyd Paynter.     |
| Clifford Long,   | Paul Dolan.        |
| James Yasko,     | Phillip Conyer.    |
| Ellis Camel,     | Ralph Wilson.      |
| O. H. Myers,     | George Bolan.      |
| Leland Waters,   | Charles Williams.  |
| Ray Corley,      | Charles Barkovsky. |
| Karen Camel,     |                    |

Mr. James Woolery will have charge of the orchestra; Miss Pauline Kapps, a teacher of dancing at the settlement, will give a series of dances. The Camp Fire Girls, under the direction of Miss Helen Garvin, have planned a special feature for the evening. Following the dance the Camp Fire Girls will depart for a ten days' outing at the Young Men's Christian association park.

### Honor Bride-to-Be.

In honor of Miss Hildur Lindberg, daughter of Rev. P. M. Lindberg, a reception was given Tuesday evening at which 200 guests were present. Miss Lindberg's marriage to the Rev. Gustafson, who was just ordained at the synodical meeting at Galesburg, Ill., will take place August 29 and the young people will make their home at Elbow Lake, Minn.

Musical numbers were given and a chest of silver was presented the bride-to-be.

### Celebrate Confirmation.

Mr. and Mrs. Raduziner entertained at dinner at their home Sunday evening to celebrate the confirmation of their son, William. About sixty-five guests were present.

### Wedding Announcement.

Mr. and Mrs. Lucius Elmer Sooy announce the marriage of their daughter, Florence Mae, to Mr. Charles Paxson Hayes of Omaha Thursday, July 22, at Atlantic City, N. J.

### Entertain for Guests.

Mrs. Thomas Cahill entertained at her home Wednesday in honor of her guest, Mrs. A. B. Stevens of New York and Mrs. Anna Jordan of Minneapolis, who is visiting her mother, Mrs. J. J. Sherlock. Mrs. Sherlock entertained Thursday for the same guests.

### Boxes at the Races.

Others who have engaged boxes at the horse races next week are N. B.

Uppike, George A. Roberts, Frank Johnson and J. A. Cavers.  
E. S. Westbrook, Joel Wright and Barton Millard have also taken boxes at the races next week.

E. H. Henry will have a foursome party at the dinner dance at the Field club Saturday evening.

Mrs. Arthur F. Mullen gave a children's dancing party for the children of her guest, Mrs. J. H. Maloney of Clinton, Ia., this afternoon.  
Mrs. Downey had a children's party for six this afternoon.

### At Happy Hollow Club.

Mrs. A. G. Edwards entertained a party of eight at luncheon at the club today.

Dinner reservations have been made for the Saturday evening dinner-dance by W. R. Durke, three; E. W. Guinter, twelve; C. E. Abrahamson, four, and Paul W. Reed, five.

### At the Country Club.

Dinner reservations have been made for twelve guests Saturday evening by Mr. and Mrs. L. L. Koutze.

### Eastern Star Picnic.

The Fontenelle Chapter, O. E. S., will hold its annual picnic at Elmwood park Saturday afternoon from 2 o'clock to 5:30. At 5:30 the picnic supper will be served.

### Notes of Interest.

Mrs. Frederick Heller of Chicago is the guest of her cousin, Mrs. F. B. Wallace. Mrs. Heller and her hostess were among those present at the very informal luncheon given today at her home by Mrs. Robert H. Olmsted.

### Luncheon for Mrs. Lehmer.

Mrs. Irving Allison entertained at luncheon at her home in Florence today for her daughter, Mrs. Charles B. Lehmer of Chariton, Ia., who is making a month's stay here. Garden flowers were used on the table. Those present were:

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|--------------|--------------------|
| Messdames—   | Charles B. Lehmer. |
| Misses—      | Mildred Allison.   |
| Misses—      |                    |
| Mayne Maloy, |                    |

### In and Out of the Bee Hive.

Miss Mildred Tolander left Thursday for an extended eastern trip.  
Miss Edith L. Wagoner has returned from an extended vacation trip in the east.  
Miss Louise Grant leaves Saturday for a two weeks' vacation at Lake Minnetonka.  
Miss Monie Abbott of this city and Miss Hilda Cowans of Lincoln are enjoying a two weeks' vacation with relatives at Crete.  
Mrs. G. C. Kuenne, her mother, Mrs. C. Schreckenstein, and daughter, Miss Carol Kuenne, left Tuesday for the Colorado mountains to be gone an indefinite time.

### Personal Mention.

Mrs. J. J. Mahoney is spending some time at Lake Okoboji.  
Mrs. Joseph McClellenghan is recovering from her recent operation at the Methodist hospital.  
Miss Rose Doris Briem returned Tuesday evening from the state college of Washington, Pullman, Wash., where she has been studying during the last college year.  
Maurice Hinchey, son of Mr. and Mrs. M. P. Hinchey, who, after a critical illness, underwent an operation for appendicitis at St. Katherine's hospital, is improving.

### Reducing Weight by Fasting

Here is an actual diet for five days with which 4½ pounds of weight was subtracted from 130 pounds. The woman was ten pound over weight for her height. She began to reduce by taking only a cup of coffee, sugar and cream in it for breakfast. Having hardly any appetite for breakfast, this was no hardship:

- March 31—Weight at 11 a. m., 130 pounds.
- Luncheon—One cup clear beef soup, one apple, one slice Graham bread, one cup of tea.
- Dinner—Small portion of fish, peas, pineapple, tea.
- April 1—Weight, 128 pounds.
- Breakfast—Coffee and one egg.
- Luncheon—Two tablespoonsful creamed fish, one apple, tea.
- Dinner—Small portion of beef, tea.
- April 2—Same weight as yesterday. Quite disappointed. Hungry after two days' abstinence.
- Breakfast—Small portion of scalloped oysters (steamed to chew on).
- Luncheon (the usual)—small slice rare beef, stewed apples, celery, salad, tea.
- Dinner—Veal cutlet, ice cream, tea.
- April 3—Weight 127½ pounds.
- After coffee for breakfast took nothing but milk—a glass whenever I was too hungry to stand it. About three pints of milk during the day.
- April 4—Weight 125 pounds.
- Breakfast—Grapefruit, one egg, one piece of toast, coffee.
- Luncheon—Some chicken left over from the family's dinner, carrots, stewed apricots.
- Dinner—Rare beef, spinach, stewed fruit.
- April 5—Weight, 124½ pounds.

The advice given some 2,000 years ago about fasting—not to disfigure your face when you fast, but to anoint it, is still good advice.

It will avail you little to make your figure slim and your face flabby. That is one of the reasons your doctor will advise you against exercising on your days of greatest abstinence. You must not let fatigue lines get into your face. Watch it, massage it, use plenty of cold cream, freshen it with a bit of ice and refresh yourself with a long sleep—Margaretta Tuttle in Saturday Evening Post.

### Advice to Lovelorn

By Beatrice Fairfax

Dear Miss Fairfax: I am engaged to marry a very steady, hardworking young man. Recently thinking I might hear of it from some other source, my fiancé told me of a very disagreeable affair he had with a girl in his home town four or five years ago. I am sorry he told me, because on thinking of it I feel considerable contempt for him. Now do you think I should let this interfere with my happiness, or should I try to forget the incident.

RUTH G.

Intolerance causes a large amount of unhappiness in this world. Since your fiancé has been honest with you and the affair is a matter of years ago, it is not possible to forgive and forget? I do not approve of the laxity of this world's standards in regard to masculine morals—but one has to accept the conditions of life as they are. After all, none of us has a right to judge anyone else. If his misdeed did not spoil another girl's life I think you ought to meet his frankness with complete forgiveness.

## Coming Events, Etc. : By Stella Flores



MANY months lie slumbering between our August sun and the fresh, sweet days of the coming June. Yet one close to nature's heart can already feel the promise of those rare mornings, of the cool, crisp nights and living breezes.

If your head throbs a bit with the heat, you can hear the silver voices of tiny bells—the wedding bells

of June. A quick breath of mountain air that has caught a wildflower fragrance suddenly thrills you with its promise.

And on almost any beach you can see happy couples whose faces are silhouetted against a dainty parasol. And the shadow you see, is it not prophetic of a wedding this next June?—STELLA FLORES.

## In Praise of Farming

By GARRETT P. SERVISS.

If, like many young men whose requests for advice I read, I stood in the morning of life, but possessed of the experience that, in its evening, illuminates, like a sunset, the road behind, I think that I should choose agriculture for my vocation. I was born among farmers, and farmers who have never left their fields are among my most faithful and most admired friends. So I can speak with knowledge of farm life. There never has been a time in the history of our country when such speaking was more needed.

One of the gravest errors that can enter the minds of young people is the widespread belief that farm life and farm work are incompatible with the best development of the social and intellectual qualities of men and women. If I did not know that that is untrue I should not have made such a statement as the one with which I began this writing. I would shrink with horror from any occupation that shut me off from mental exercise, books, study of nature and of man, converse with intelligent fellow creatures and social enjoyment. Life on the farm does not shut off any of these things, while to some of them it gives double value.

Many of the most successful young farmers now are "college men." Their preliminary intellectual training equals that of lawyers, doctors, bankers and merchants in the cities, and no more than these are prevented by their work from pursuing the intellectual avocations which every well-endowed mind should have in addition to the vocation which is the main stem of life.

It is through these avocations, these "side issues," that half, and sometimes much more than half, of a man's influence over his fellows, and upon his times, is exercised. The vocation is the trunk of the tree, which establishes it in its place and gives it individuality and stability; the avocations are the branches and the leaves, the flowers and fruits, which are useful and pleasant to others as well to itself.

Now, for some concrete examples among farmers. I know a man, eighty-five years of age, whose formal education was obtained within the walls of a "district school," who had never been off the farm, except for occasional visits to towns and cities, who, in his active years, exercised the industry and frugality that are

## Do You Know That

It is not permissible for women in China to be photographed.

There are at present more than 1,500 Esperanto societies in the world.

The longest river in Japan is the Tone, its main course being about 200 miles long.

Two-edged bronze weapons are among the earliest examples of Japanese metal work.

In the early part of the nineteenth century more than 200 offences were punishable with death in England.

It is a moot point as to whether the kangaroo can cover a given distance in quicker time than an ostrich.

There is no record of a lion having attacked a traiper who had taken the precaution of perfuming himself with lavender.

Of sponges, the largest ever found came from the Mediterranean. It was more than three feet across and ten feet in circumference.

It has been estimated that the progeny from a single pair of rabbits would, if allowed to breed unchecked number nearly 12,000,000 in three years.

He, at least, bids fair for ten years yet to enjoy the aroma of the same dewy hayfields that he mowed when a boy, and to listen to the tinkling music of the same bobo-links that then entranced his ears at sunrise. Has he lost anything by staying in the country among the green hills within sound of the romantic Schoharie roaring down its rapids and scooping out cool deep pools for fish in the lee of its huge boulders?

And now, a more modern instance. In that same land, which the red Iroquois loved for its beauty and its gifts, I know a young farmer, descended from a line of farmers, a university graduate, instilled with the knowledge of scientific agriculture, armed with the best and most ingenious implements and accessories that invention, aided by steam and electricity, can furnish, whose farm is as instructive and interesting as any shop or factory or store in existence, and where the visitor feels that, far from having left the world behind him and plunged into a side current of existence, he has rather found a center of life, society, and intelligence of the most refreshing and inspiring kind.

His wife is also a college graduate, a woman of beauty, cultivation, refined tastes, wide reading. They have their automobiles, their telephones, their instrumental music, their newspapers, books and social relations. To converse with them is a privilege and a pleasure. Their children live in the free, fresh air, and are sent to schools where the "advantages," I suspect, are greater than in the great city schools. They would not exchange farming for any vocation that you could offer them. Farming is working with nature. It came in with Adam and it keeps Adam's descendants as close to paradise as man can get.

## Looking for Trouble

By BEATRICE FAIRFAX.

If you are one of those foolish souls who look for trouble, make up your mind at once to right about face and look in the opposite direction from now on.

It is a good thing to remember that almost everything reaches its greatest value in anticipation—pleasure and trouble alike, pain and delight as well.

Worrying about things doesn't make them one bit easier to bear—but instead weakens one's powers of endurance and means that a certain amount of energy which ought to be expended in the actual meeting of a situation has been wasted in planning how to meet it.

The troubles for which one looks very often fail to arrive—but in their stead come others which it takes all of one's strength to bear at the moment of their coming. Isn't it tragically foolish then that one bit of strength and force should have been wasted in imagining how one would endure an unpleasant set of situations which one never had to endure?

The girl who is doomed to spend her summer in the city is very likely to wonder with self pity how she is going to get through the long, hot, lonely days and the sultry uneventful evenings. Then perhaps a cold, rainy summer arrives where she has to endure an entirely different set of conditions from the one about which she was worrying.

It is a good idea to remember that nothing is very serious—and that we give things a value and importance hopelessly beyond their actual gravity.

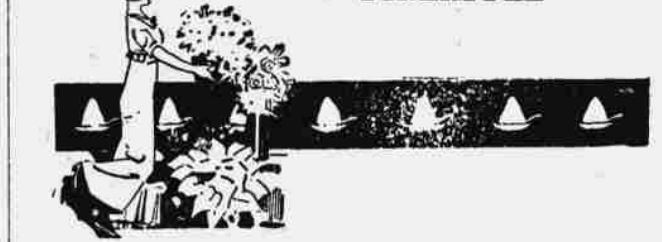
In looking back over the events of last month who does not smile at something which then seemed very agonizing? Perspective changes the appearance of things greatly. An emotional nature exaggerates things frightfully at the actual time of their happening. The poised and balanced nature doesn't make the blunder of taking its own pleasures or its own sorrows too seriously. It knows that nothing lasts—but life is change and flux and alterations.

Since this is so, why agonize over something today which doesn't seem very important tomorrow, specially so since you only wear yourself out and leave yourself unable to contend with tomorrow's situation?

None of us has any more than just a certain amount of vital energy at a given moment. What's the use of borrowing tomorrow's store in order to meet today's events? What is the use of running to meet trouble half way when trouble would probably arrive soon enough without invitation or encouragement?

Mercifully we all have it, within us to forget. Wounds heal. Memory shrouds pain with a kindly mist of time. The sane person does not anticipate too much of joy or too much of sorrow. But he remembers both with a wise and tolerant smile rather than with feelings either of ecstasy or agony.

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That sold up to \$18.50, now	That sold up to \$12.50, now	That sold up to \$9.50, now
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Values up to \$2.50	Values up to \$5.75
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Silk Middy Blouses

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