

Health Hints :- Fashions :- Woman's Work :- Household Topics

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The Month of Roses



School for Manners is Badly Needed

BY DOROTHY DIX.

It is announced that the New York university is going to establish a school of manners and that the degree of M. E.—magister elegantiarum—may be conferred on such students as perfect themselves in the etiquette of polite society.

This news sounds almost too good to be true. Let us hope, however, that such a course of study is really to be established in one of our great schools, and that it will be compulsory, for nothing is more sadly needed.

For whatever other charms and virtues the American youth may possess, good manners are seldom among them. As a child he is almost invariably a little savage. As a hoolidochy he is generally a hoodlum, and as a grown man he is only too often an awkward blunderer, who is like a bull in the social china shop.

On every side we encounter multitudes of men who have intelligence, force, power, men who have achieved success in their own particular calling, but who are as ignorant as babes of any of the graces of human intercourse.

They cannot enter or leave a room without falling over their own feet. They do not know what to say when presented to a stranger, or how either to pay or receive a compliment.

At dinner parties you may see them hopelessly floundering around among the silverware. At restaurants you may observe them with their legs twined like snakes around their chair legs, grasping their forks as if they were about to harpoon an attacking whale, and, alas, you may even pass away an evening listening to them at their soup.

Of course, we excuse such men by saying that they have been too busy with big affairs to give their attention to such small matters as the proper use of a fork or a spoon. We say that it's more important that a man's heart should be of gold than that he should wear the right sort of coat for the occasion, and we try to gloss over his boorishness by calling him a rough diamond.

All of which is sheer nonsense. Nobody will contend that a rough diamond is as valuable as one that is cut and polished, and the truth is that while a man may succeed without good manners, he would succeed better with them. To know how to do things, to possess what the French call *savoir faire*, is always a help, never a handicap in life.

People have always appreciated this fact so far as women were concerned. In all girls' schools special attention is paid to deportment, and girls are taught the niceties of etiquette that they perhaps do not have an opportunity to learn in their own homes.

More than that, at home stress is laid on little girls behaving like ladies, and wherever you go the small daughter of the house will receive you charmingly, drop her little courtesies and endeavor to engage you in conversation.

But apparently the mothers of the same families make no effort to instill politeness into their boys, and the lads will storm into the room with their caps on. They will never stop to speak to the visitors, and only grunt by way of reply when addressed.

And when these boys are sent off to school no effort seems to be made to supplement their lack of home training in manners. They are grounded in all the arts and sciences except the most important art and science of all, which is that of making oneself agreeable to one's fellow creatures.

For, when all is said and done, good manners will carry one further than anything else in the world. They are a letter of credit one of us honors at sight. The clown may compel our grudging respect, but we present our hearts as a free gift to the courtier.

A young man may be of the most sterling worth, and yet wear a decollete collar that exposes his Adam's apple and a coat and trousers and waistcoat of different makes and colors, so that he looks like an animated patchwork quilt, but if he and another youth who knew how to dress applied for the same job the good clothes would get it.

A man might be a genius and yet cut peas with his knife, but he would have a hard time getting close enough to those who might help him to get a chance to show what he could do. A man may have almost super-human ability in any line, but if he is rude and crude in his manners, if he does not know how to please, he lives and dies neglected.

On the other hand, the man who has what we call a charming personality, who is gracious in speech and polite in manners, finds a helping hand always at his elbow and a friendly shoulder ready to boost him up the ladder.

That is why it is so important to teach boys good manners and why the opening of such a department in the New York university is epoch-making.

In-Shoots

The woman who brags of her husband's talents is usually considered soft.

It is better to be decent, even at the risk of being called old-fashioned.

Those who marry to get a home usually find that it is not worth the price.

It is better to go through life second-hand than never to be heard from at all.

Brutes who beat women always turn out to be blubbering cowards when facing real danger.

When steered to a lobster palace the indifferent girl is just as apt to have a good appetite as the gusher.

The political reform crowd is often like a drove of sheep. It does not take much to send it scampering in another direction.

The individual who imagines that the devil is acting as his attorney without a fee will find out his mistake sooner or later.

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Effective June 9th, 1916, the cash fare between Omaha and Lake Manawa will be 10 cents, and the cash fare from any point in Council Bluffs to Lake Manawa will be 5 cents. The sale of round-trip tickets for adults will be discontinued. Round-trip Omaha-to-Manawa tickets for children from five to twelve years old may be purchased from conductors on Manawa cars at the rate of 15 cents each.

Omaha & Council Bluffs Street Railway Co.

Advice to Lovelorn
By Beatrice Fairfax

One of Two Courses.
Dear Miss Fairfax: For several years I have known a young man who is some years my senior and for whom I care very much and know that he cares for me. Whenever he sees me he always asks for a kiss, which, of course, I refuse, telling him I am not engaged to him. Yet he has never asked me to marry him.

BERTHA.
When an honorable man loves a girl and tells her so, that confession is generally followed by an offer of marriage. If the man for whom you care has financial difficulties or home responsibilities, possibly he is waiting for these to straighten out. In the meantime you must take one of two courses. Either assume an attitude of dignified friendship and keep up your acquaintance with other men, or do the frank thing which has become possible to the modern girl; have an honest little talk with him in order to determine what his intentions are.

Bride and Bridesmaids.
Dear Miss Fairfax: Will you kindly let me know whether it is proper for the bride to supply the necessary clothes and flowers for the bridesmaids. Kindly let me know before the 10th of June. ANXIOUS.

Some very wealthy brides do furnish the costumes for their bridesmaids, but it is quite unnecessary, while entirely proper. The bouquets should be furnished, and if the bride can afford it is customary for her to give her attendants some little token of remembrance—a bit of jewelry, a pretty fan or some little luxury for personal use.

Garbage and Civilization

By WOODS HUTCHINSON, M. D.

Garbage is a mark and a product of civilization. Savages have no garbage disposal problem, for the simple reason that they don't produce any. They leave nothing on their plates but the bones and the hair. And there are those who are unkind enough to intimate that certain tastes which are still found in civilized communities, such as for tripe, for liver, for haggis and blood sausage, are survivals from the good old days when every man was his own walking garbage-destructor.

However this may be, there is no question that a very considerable share of the staple food of savage and barbarous races would be thrown into the garbage can by civilized man with promptness and disgust. But those gloriously simple—and short-lived and sickly—days are past beyond recall, and the more prosperous and civilized a community the more garbage it produces.

Curious and incredible as it may sound, it is a fact that an American community or city of, say, 5,000 souls, produces from three to five times as much garbage as a European town of the same size. And this is actually one of the reasons why the problem of garbage disposal is so difficult and imperfectly met in the west. At first sight this looks like sheer

Household Suggestions

By WOODS HUTCHINSON, M. D.

When washing dusters after using them to polish furniture add just a little ammonia to the water in which they are put to soak.

To clean fine muslin blouses, table-cloths, etc., dissolve a tablespoonful of borax in a gallon of water; put the muslin into this and let it remain for half an hour, then gently rub them out in fine white suds.

Garbage and Civilization

waste and extravagance, and to a certain extent it is, but there is another aspect to the situation. And that is that if a piece of food is coarse and indigestible, or of questionable freshness and soundness, still more, if it shows any sign of taint or spoiling or decay, then a garbage can is a far more economic and profitable place for it than a human stomach.

It is well to bear this in mind, because one of the first things frequently urged by those who are struggling to solve the garbage problem is that there should be greater economy, a more careful and thrifty utilization of remnants and left-overs in the American kitchen, so as to diminish the enormous bulk of kitchen waste which has to be dealt with.

Undoubtedly some improvement could be obtained in this regard without endangering the great American stomach, but the more carefully we study the actual evolution and pedi-

gree in the average kitchen of hashes and minces and stews and "made dishes" and second-hand scrap puddings of all sorts, in which onions and strong spices or sugar and flavoring extracts are used to cover the dying breaths of off-color meat and mouldy bread, or curdled milk, or berries which are too far gone to serve fresh and undisguised, the more deep-rooted becomes our suspicions of their wholesomeness.

We're "from Missouri" whenever they are set before us, and they've got to prove a perfect and incontrovertible pedigree as to freshness of their mixed ancestry or else pass a board of health test for ptomaines and bacteria.

Economy is excellent in its place, but that is in buying rather than in cooking. No small share of the increased modern cost of living is due to the higher standards of purity, quality and soundness which we insist upon in our food.

In the same way the conscientious maintenance of a high (and in the long run, profitable) standard of absolute cleanliness and healthfulness for everything cooked in and served from our kitchens will inevitably result in a considerable apparent waste of tainted or doubtful food material and scraps.

"When in doubt play the garbage can" should be the whist rule of the cooking game. And it is far safer to impose unprofitable labor on the street cleaning department than upon our own digestion.

D

Your Boy's Shoes!

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TODAY'S DAINTIEST DISH
'COOKERY IS BECOME A NOBLE SCIENCE'

A New Cheese Dish
By CONSTANCE CLARKE.

Chives cheese served with toasted crackers is an appetizing dish for the cheese course; it also is exceedingly good to spread on bread, and is the best way to eat it for those whose digestions are weak.

Mix together in a bowl two cakes of cream cheese with one-quarter pound of Roquefort cheese, a tablespoonful of cream and one of butter, also two tablespoonfuls of chopped green chives; mould into little egg-shapes, chill on ice. Dish up, sprinkle over it some chopped chives and serve.

The flavor may be varied, and for some it would be improved by adding mixed mustard (about a teaspoonful to every pound).

(Tuesday—Strawberry Sponge.)