

Health Hints -:- Fashions -:- Woman's Work -:- Household Topics

Some Spring Housecleaning Suggestions

Spring is the season that is usually the despair of the neat suburban housekeeper. The sun in its unusual brightness seems to pick out all the shabby places in carpets and rugs, soiled or broken places in the wall paper, and faded parts in the upholstery...

Early Trials of Wedded Life

BY IRENE WESTON.

It is an old saying that great results spring from seemingly insignificant causes, and so the newly married, while avoiding such barrier reefs as ill-temper, jealousy and the like, would do well to look out for, and steer clear of the many small rocks which they are pretty sure to encounter.

"The King of Birds"

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By Nell Brinkley

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NOT you," said Love with an eye to the aviary netting, and peering at the grim dark eagle with his golden eye cold with pride, "not you, though you have flown into the blue flare of lightning, have soared against the sun with your eye undimmed with its splendor, have built your home on the corries's crest, where the wind lives, have screamed with fierce laughter at the humble aeroplane that aspired below you, and even though the Maker of birds and the man who tells about you in big books dubs you, so you

are never King! A great bird stands on one leg with a smiling black eye warm and soft, down there 'a ways,' and he knows where the garden beyond the moon lies and mites of babies sleep in lily-pads. And he can go there and fetch the! YOU do not know the way there, though the west wind is your blood-brother. And the little couple pacing along there arm in arm—and on her little left hand, I am gratified to see, is the glint of gold and dew—they know that he knows. And they will tell you that he is the King of the Birds!" —NELL BRINKLEY.

"Just Nerves"

By DR. ROBERT WATSON.

The public is generally cautious in yielding sympathy to folk whose complaint happens to be "just nerves." So many humbugs suffer from that ailment. In the experience of most cases have occurred where money and time and love and trouble have been expended lavishly, and events have either proved that the patient did not deserve such care or the recovery has been of a kind to generate uncomfortable suspicions. But it does not do to be incredulous always. A genuine nervous breakdown is as real a calamity as a broken leg, and far more difficult to repair.

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The Heavens in June

BY WILLIAM F. RIGGE.

The sun attains its highest position north on the 21st at 12:24 p. m. It is then at the summer solstice, and enters the sign of Cancer, and astronomical summer begins. That day is the longest in the year, fifteen hours, four minutes. If the minutes only are considered, the days from the 18th to the 29th are equally long. The variation in the length of the day does not exceed a quarter of an hour the whole month.

The sun is three minutes past on local time on the 1st, on time on the 14th, and four minutes slow on the 30th. On standard time it is from twenty-one to twenty-seven minutes slow.

Table with columns: SUN, MOON, Rise/Set, 1916, Rise/Set, 1915. Rows for June 1st to 30th.

Very early in life she puts on a little powder, and she drifts softly with the years into a little more, but to "make up" is very much less the fashion than it was. It is not so necessary as it was. Want of air and exercise, lack of hygiene generally, ravaged the beauties of old days and drove them to powders, pomades and other mysteries.

French Woman's Secrets of Neat Dressing

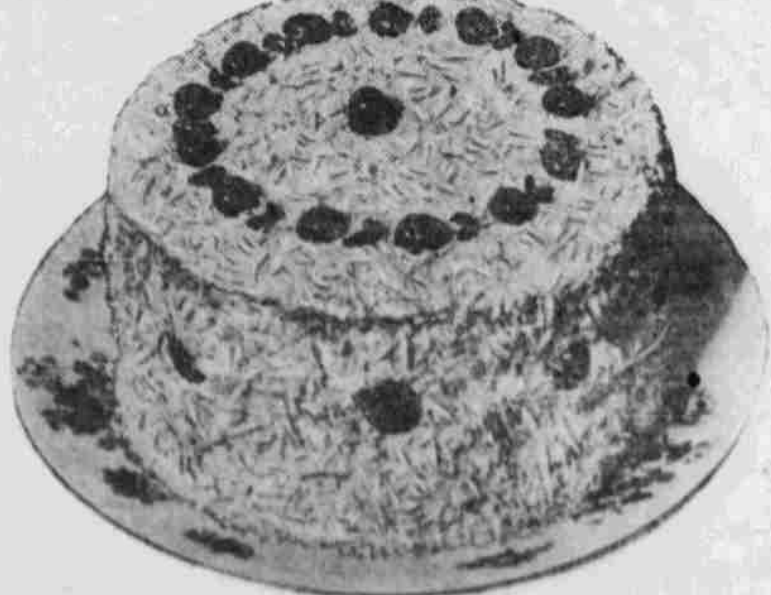
By A PARIS CORRESPONDENT.

"The little more and how much it is," the little less and what works away" applies well to dressing, and to judge by the way a French woman dresses, it means, as a rule, more finish and less trimming. The gift of selection in clothes seems to be born with the women of Paris, and when new fashions come with new seasons they gather them with a critical eye for what is most becoming.

To take dress alone: It is pleasant to see how many walk about with straight, well-set-up heels, skirts that hang straight and look as if they had been pressed the day before. A hat that does not sit on the head naturally is an exception. French people do not talk very much about their dress; they take it for granted, and only think about it when they want something new or something altered. They take it for granted that they must dress their very best and they

dress much more to please themselves than others. They trust their own taste as intuitively as some people trust their own judgment in more serious matters. The result is that as we see it, and at the present moment, at any rate, it is neat, appropriate, and charming. From the toe of the well-made boot to the topmost line of the well-worn hat, the French woman of the moment is, in homely phrase, "neat as a pin."

TODAY'S DAINTIEST DISH. COOKERY IS BECOME A NOBLE SCIENCE.



A New Cake—Queen Coconut Cream.

By CONSTANCE CLARKE. Thoroughly mixed pour into a round buttered tin, the same size as the others. The plain portions of this cake will require thirty minutes to a fairly hot oven, the part containing the fruit a little longer. When all are done and while still hot place the fruitcake between the two layers of plain cake, spreading between each layer the following filling. Take one cupful of sugar, five table-spoonfuls of milk and a piece of butter the size of a walnut. After it begins to boil let it boil five minutes. Whip white cream and one cupful of raisins and one-half cupful of walnuts chopped. When cold mix with white icing and sprinkle over with shredded coconut and garnish with maraschino cherries. (Tomorrow—Little Oyster Souffle.)

Advice to Lovelorn

By Beatrice Fairfax.

Dear Miss Fairfax: I am going about with a young man in whom I am somewhat interested. I have just discovered that he has been married once before, and that he has a child. I am very much surprised to find that he has been married once before, and that he has a child. I am very much surprised to find that he has been married once before, and that he has a child.

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