

Health Hints -:- Fashions -:- Woman's Work -:- Household Topics



Young people need clear complexions

If you find yourself "left out" because of a poor skin, and want a clear, fresh complexion, use Resinol Soap at least once a day.



should be aided by a little Resinol Ointment, in severe or stubborn cases.



"No!— I Said Calumet!"

"I want what I ask for—I know what it would mean to go home without it. Mother won't take chances—she's sure of Calumet—sure of light, wholesome, tasty baking powder—of positive, uniform results—of purity and economy. You try

CALUMET Baking Powder

lay aside your favorite brand once and you'll never go back to it. Calumet is the world's best Baking Powder—it's moderate in price.



Being Oneself

By CHARLES F. THWING.

President Western Reserve University. A singular notion it is that anyone can permanently deceive others in respect to his real character.

One may act as a part, but it is a part only, and not the whole of oneself. The mask cannot be worn all the time.

It is also important to learn that any attempt to be other than oneself is not only useless deception, but it is also weakness in one's character.

Nature never designed one to be other than he is. If she had so designed, she would have made him that other in the first place.

The true philosophy lies in accepting oneself as one is. Byron with his lameness, I am with his stutter, Fauchet with his sudden gun-made blindness.

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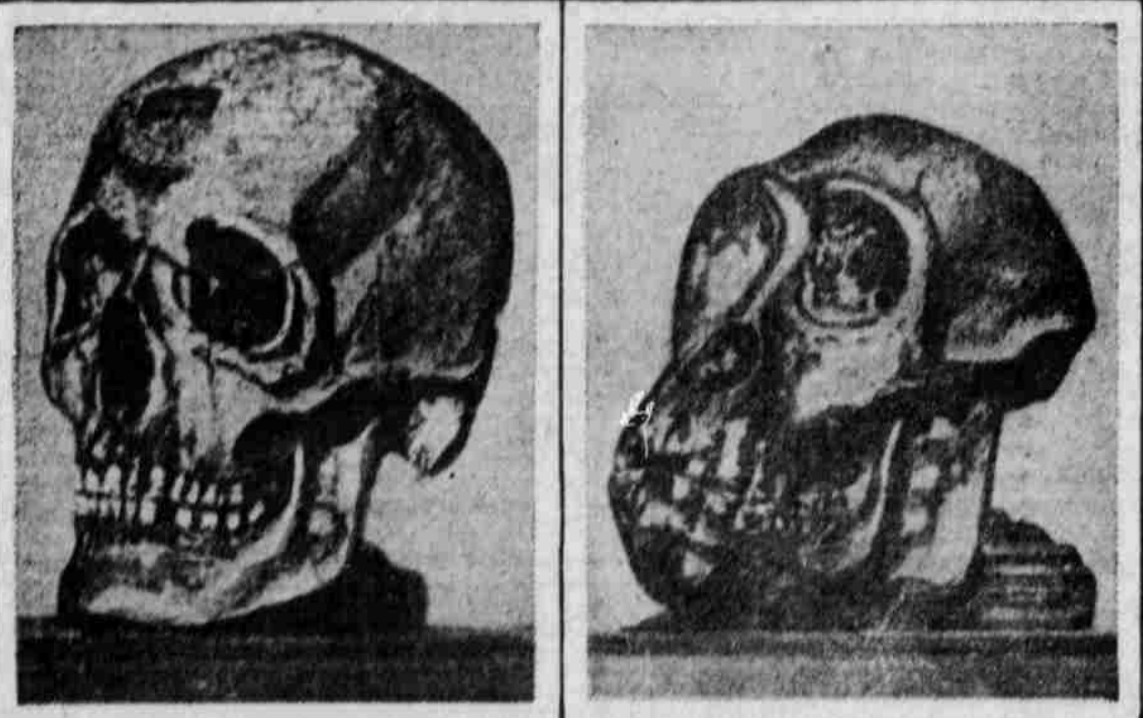
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The Sunday Bee is the only Omaha newspaper that gives its readers four big pages of colored comics.

How Old is the Human Race?



The human skull of today and the skull of a chimpanzee. Note the difference in frontal development.

By GARRETT F. SERVISS.

How old is the human race? Six thousand, ten thousand, twenty-five thousand, fifty thousand, one hundred thousand, five hundred thousand—these are some of the many answers that have been given within the last century.

Very few persons now accept the first of these estimates, which formerly was almost universally regarded in Christian countries as resting upon divine authority.

A difficulty of another kind arises from the practical impossibility of accurately applying the measure of years to the geological record.

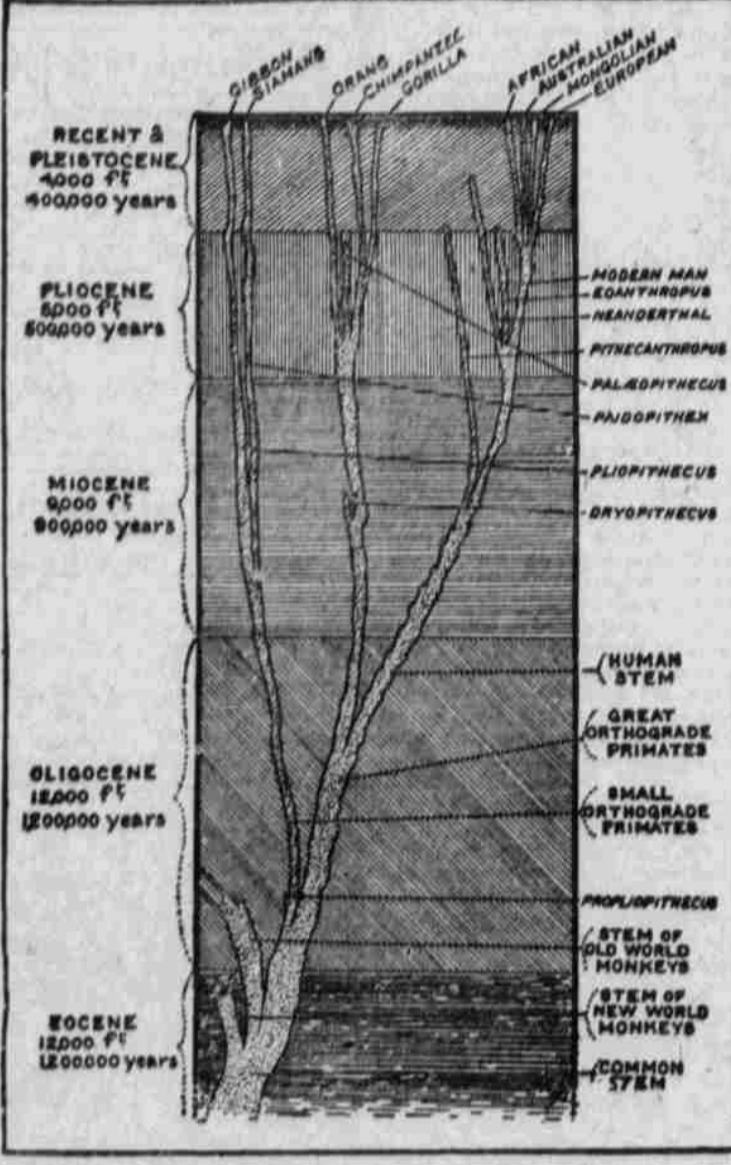
Every year the evidence becomes clearer that several successive races of men lived in Europe ages before any historical records were made or thought of.

The paleolithic races certainly lived during, or in the intervals between, some of the later glacial periods, when large regions of the northern hemisphere were more or less covered with ice.

Those early representatives of our race lived amongst animals which are no longer found in the temperate zone.

One of the greatest puzzles about early man is the fact that some of the very oldest human skulls that have been found exhibit a remarkable brain capacity.

This difference has led to the supposition that there were at least two principal races of early man, one greatly superior to the other.



A drawing, showing one view of the rise of man, as attested by the finding of fragments of skulls of past ages in certain strata of the earth's surface.

perior to the other. The entire subject is of fascinating interest, largely because of the mystery which it involves.

The oldest remains suspected to be human are probably those of the celebrated "Pithecanthropus," found in Java, in 1891.

There are unexplored depths of prehistory here which cannot yet be penetrated, but which make a powerful appeal to the imagination.

Some of the Troubles of an Engaged Girl

By DOROTHY DIX.

The engaged girl has troubles of her own, new troubles, different from those of the girl whose love is not reciprocated.

His old friends, for instance, of course, they like to see him as they used to do, and of course his fiancée wants to be rather more than she used to do.

Edwin should not neglect Angelina to spend evenings with his friends and Angelina should not grudge to Edwin occasional hours with his chums.

During engagement days the conduct of Edwin with regard to other girls may not be all that could be desired.

Any attention paid to other girls must necessarily have a disquieting effect upon the engaged girl herself.

When this happens the man should do the proper thing and confess to it. No good can come of keeping it secret.

If a man suddenly discovers that he cares for another woman more than the girl he is engaged to, he cannot be held altogether to blame.

The business of breaking an engagement is a delicate one, but it should not be shunned on that account.

It is nice to think that a girl is prepared to be true to a man through all things; but if a girl feels that she cannot face poverty, or is not disposed to wait years until fortune comes, she should say so to her fiancé.

There isn't a wife and mother for blocks around who isn't wearing herself into a frazzle over the way the Joneses and the Blankes and the Grays of their communities conduct their households.

Of course, when there is any need of a Solomon, every woman feels capable of speaking right up and answering the call, but it is well to occasionally reflect that other people are almost as capable of running their own affairs as we would be.

There was probably never a marriage when everybody in the community didn't feel that they could have made a much more judicious selection for both parties than they had made for themselves.

Women generally afflict ourselves about these matters. We are reduced to tears because Sallie Peters is going to marry the man she wants to instead of the man whom we think would suit her.

People are always wondering what the lure of city life is. His main attraction is that in a big city you are delivered from interfering neighbors.

When a widow remarries, she is usually advised to be sure that she is getting a good husband, and that she is getting a good husband.

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Minding Your Own Business Greatest Art

By DOROTHY DIX.

A man asked me the other day what I considered the finest art in the world.

To this I promptly responded: "The art of minding your own business," and I added with a sigh, "It's an art that seems to be beyond the grasp of my own sex."

And that is a sad, sad truth. Women can learn anything else except to let other people run their own affairs.

Woman is a great original and unconstructed Buttnisky. She always has been like that. She was built that way.

She has broken her heart over other people's sorrow. She has lain awake at night and lost sleep over other people's worries.

She has bankrupted herself paying other people's debts. She has brought on nervous prostration trying to run other people's lives.

The average woman attends to her business in the intervals when she isn't worrying about why the Browns don't send their children to the public school.

This inability to attend to her own business and leave other people to run their own business is the principal reason why so many women break down physically.

It is doubtless a pity that Mrs. Jones should be such a poor manager and so wasteful and extravagant.

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TODAY'S DAINTIEST DISH 'COOKERY IS BECOME A NOBLE SCIENCE'



Apple Pork Pie

By CONSTANCE CLARKE.

APPLE-PORK PIE is among the most delicious Sunday night supper dishes cooked in the casserole.

Take two pounds of fresh lean pork in four large apples. Cut the pork into inch lengths, cover with water and stew gently for half an hour.

Advice to Lovelorn

By Beatrice Fairfax.

Dear Miss Fairfax: I am to give a party, but do not know what games are appropriate.

I have expressed myself very frequently on the subject of kissing games. They are cheap, silly and undignified.

Dear Miss Fairfax: I am to and married five months. I dearly love my husband and we have been wonderful for many years.

They think I'm a fool. I have been going along with a young man for three months and he has always been very kind and thoughtful.

Advertisement for Armour's Grape Juice, featuring a large illustration of a woman and child, and text describing the product as 100% pure and suitable for children.

Advertisement for today's daintiest dish, Apple Pork Pie, with a recipe by Constance Clarke and an illustration of the pie.

Advertisement for household helps, including recipes for apple pie and advice to a lovelorn, with various illustrations and text.