Health Hints -:- Fashions -:- Woman's Work -:- Household Topics

What Has a Husband a Right

By DOROTHY DIX.

she caught him as soon as they are mar- entire plan of life.

froway women is just as unattractive casionally.

Before marriage a woman dees her Eden matrimony is a reformatory, least a neat appearance.

onal acquaintances who never throw a compliment their husbands' way or who don't interrupt them in the middle of their hest story to ask you what you think ut the latest out in fashion

his wife used in ante-nuptial days and fers with him at every turn that she will continue to make herself! as agreeable as a wife as she was as a

wife will control her tongue and temper, one of us want to jump over the bars. myself, believe that temper abould be along with him or her

There is no use in saying that a woman can't control her temper. She can, for the greatest virage on earth is so mild that butter wouldn't melt in her mouth when it is to her interest to be so. Hecause she is married to a man dots not give a woman the right to insuft him by all the cruel and bitter things a tempermaniac says in her rages. Nor does it with him. They will cheerfully barter a sheep for a cat. him to death, although many wives appear to think that it does. This is a

The very least that a man has a right to expect of his wife is that she shall conduct herself like a lady instead of a hoa-constrictor the gibola. The enakes fishwife. Nor does he marry to get som are not venomous. They sleep in the one to continually harp upon his faults. house, generally taking up their position Marriage is never so complete a failure at the foot of the stairs. When nightfall as when a man is afraid of his wife ba-approaches they begin to wake up, and cause of her temper and her tongue, and during the night they glide swiftly about because the more he is a gentleman the the premises, looking for rats. It is less capable he is of dealing with her as claimed that they are so easily domesti-

shall respect his personal liberty. By the house whence they have been taken.

pretty well established in his tastes and A man has a right to expect his wife habits, and he does not marry to get a not to throw away the bait with which guide and mentor who will revise his

A man who had had the intelligence ried. No son of Adam would ever have to succeed in a profession or hold down undertaken to support a lady if he had a job that pays enough salary for him only seen her when her head bristled with to afford to assume the luxury of a wife curl papers, her nose was shiny with cold to come in out of the rain, what to eat cream and she was attired in a wrapper and, generally speaking, how to take care that was not on speaking terms with the of himself. One might also infer that he is old enough to have a latch-key and that if a woman trusted him enough to Nor does marriage change the mascu- marry him she would trust him out of line point of view on this subject. A her sight a few hours of an evening oc-

This is the view of the subject that married as single and no woman has a men take in their prematrimonial exright to expect her husband to display istence, but, infortunately, only too an enthusiasm about coming home to many of them find when they get married her of an evening unless she presents at that they have got a judier as well as a wife and that instead of being in earthly

Yet there is many a wife who forces best to make herself agreeable to a man, her husband to out health food movers When he calls of an evening she is when his taste runs to lobster a la Newbright and cheerful, she devotes herself burg. There is many a wife who, beto amusing him, above all she hangs cause she doesn't like to drink, never perwith baited breath upon his utterances. mits her husband to have a glass of heer laughs at his jokes, encores his stories, unless he takes it on the sly. There is and feeds him on all the flattery that many a wife who makes her husband he will swallow. This makes a hit with resign from his clubs and who would the man. He marries to get more of it, no more let him have a latch key in and to acquire a permanent audience that peace than she would let a child have will always give him the glad hand, and a stick of dynamite. There is many a an incense burner who will never weary man who cannot even go to dinner with of the task of lighting joss-sticks before a friend or play a game of cards in the Yet you could count on your fingers having to perjure his immortal soul by the number of wives among your per- the lies he tells the tyrant on his hearth-

hodied man has got a right to his own opinions, to his own tastes, his own way of doing things and his own freedom This is had policy and had faith. The to come and go unquestioned just as long man who married to get somebody to ad- as he is doing nothing dishonorable and mire him has a right to expect a steady wrong and because he is married to a diet of the same brand of flattery which woman doesn't give her any right to inter-

would have happier homes and more homekeeping husbands, because there is A man has a right to expect that his something in tyranny that makes every

The qualities that have been enumerated the first cause for divorce and that either are only the most elemental things that man or a woman who finds that he or a husband has a right to expect of his she is married to a person with an unliv- wife, but if women would only respect able temper should have the privilege of them we should hear a great deal less dissolving the matrimonial partnership of a divorce court, for, after all, any where one member of the firm is so disagreeable that it is impossible to get her mind to it and is willing to take

Do You Know That

In some parts of Spanish Guinea there is a constant plague of rats-so much as that the first thing the traders ask the maniae says in her rages. Nor does it traveler is whether he has brought a cat

In certain parts of Brazil rate are a great nulsance. The common cat does not thrive for some unaccountable reason, but is replaced by a species of small cated that, if moved from one house to A man has a right to expect that a wife another, they invariably return to the

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to Expect from His Wife? "The Love-Knot" -0-

By Nell Brinkley



She tied her golden ringlets in; But not alone in the silken snare Did she tie her lovely floating hair, For, tying her bonnet under her chin, She tied a young man's heart within,

Steeper and steeper grew the bill, Madder, merrier, chillier still, The Western wind blow down, and played The wildest tricks with the little maid, As, tying her bonnet under her chin, She tied a young man's heart within,

To play such tricks with her floating hair? To gladly, gleefully, do your best To blow her against the young man's breast, Where he has gladly folded her in, And kissed her mouth and dimpled chin?

O, Ellery Vane, you little thought, An hour ago, when you besought This country lass to walk with you, After the sun had dried the dew, What terrible danger you'd be in. As she tied her bonnet under her chin!

From an old song by Nora Perry,

Trmours PRODUCTS Package Foods Don't Be a Slave to Cooking Foods, prepared in sanitary kitchens by culinary experts, spare you kitchen labor and provide unusual hasuries for your table. They include many forms of meat - Whole Tongue, Veal Loaf, Luncheon Heef, Boned Chicken, Potted Meats for sandwiches, and other food specialties to serve hot or cold. The Armour process retains the natural flavors perfectly. For lunch, late supper, picnics or afternoon tea, have AUGUT APMOUR PLOMPANY Robt. Budate, Myr., th and Junes, Dulaba, Fhone D. 1655.

Household Helps

A good furniture polish is eight ounces of sweet oil, four ounces turpentine, two ounces ammonia. Apply with cloth and

t on a line in the air. It will keep a in the newspapers? totter shape than if pegged on the line

then with a coarse flamet, spenkind the pure talked to laid ton a that blows I mph and hump. with necessarid sait. This will give a were threatened if not exchanged, that

fifth steckings about never by fromed

Do not iron imports emisons while damp contin our warn of two want them to be goff to upp white. Note was this manualists above some of week from the 18 west amountains around a his bottle out anded. When the pure left the comes hard to get along with Mr. send with this morning done through was ettle heap. Precident, I ster to offer an amondment

take a corn, put a screw through it push driven to the Jour winds of board from get along with." The amendment is an

It may be of interest to their who have to the to ber there are inflating have a large quantity of solve to take informed that she cannot govern hereaft of a some that after after beginn and appear to ask in the government of others. no long, as the care to hope closed,

Women Hard to Get Along With?

By ADA PATTERSON.

Women are hard to get along with?" They are uncertain quantities, captious, reverend childlike, unreasoning and unreasonable?

Rusty from should be heated, rubbed reading the interesting column that fol- because of their unfitness is control on a piece of because at their in lines, and lowe the headlines we read about that Inemedices are unfit for government.

the serve through the let of the hetter and serve a time on the said You will allow that will not down off nor attenty, we are high Yes if an overage a both that will not down off nor attenty, we are high Yes if an overage and high

About Unitaritied Like a woman

we hear, but here in the first paragraph of the day's report of proceedings in congress, we read that a "grave and senator wasn't speaking to one of his brother senators, let us call After washing a white knitted lersey, Perhaps. Also maybe. But what of this the snubbed one Senator Brown. But put it on a coat hanger to dry, and hang which I read, and you may have read, Senator Brown was not the only one who came under his han of silence. Two "Juror Still Holds Out" So one who others were being treated to the quiet Ground rice is excellent for cleaning 'mn could read in the hoge black heads cure by him. We will say they are Senawhite cloth It should be applied with a lines. "Number Flavon Refuses Even to tor Green and Senator White. Great place of vican white flannel left for two Walk with His Follows." three haurs, and then well brushed deed! We hear of women wranging to business of the states and territory "Women bard to get along with." In- of toose senature, and obstructed was over wars and means in their ciubs. Yet because one man was piqued. Yet women

A numan editor who labors in an of laws of your own ago. when after forty hours of hattle in the rice with a half dozen males of the same pier room they walked forth for food adjective vocation told me that also saw an sure they would in time introduce you First atomic and account to the same tour and all sure was an all sure they would in time introduce you with shad and all "Number Eleven would not walk more arbitrations of putulance and putual in their states and friends. It are wastes to any age typeness in that office to one week than the atherists of the same temperature. The age of the same temperature of women tagged behind in that Cashion look tagged behind in the find age of the same temperature. The age of these business amounted and putual section of the same temperature. "You see, they never can agree," would of are were from \$6 to \$6, while the estabation from inscesses in healthful petitionaled undergraduates of her mem-

comes hard to get along with Mr. ing to himself. 'Yet women are set to the motion, I ask that it be assended If the amb has come off the Kettis down as impossible countries. Biogenal, "Necessia, "Most busian beings are hard to

To Clorupe Brushes

To want brushes and combs pit a ness to mean far more than it does but teasurements of ammonia in a basis of you are footbally self-considers to were not water and die the Broads up and down about this man's opinion. If you really to it, belling the came Termin in the are not a love with him who are not a tion one just once a gland front has not consider the constraint of a second to the se coming will be perfectly then

Tragedy of an Appetite

A little boy who brought his mother's bottle to the dispensary to be refilled was asked by the wearied doctor, What's wrong with your mother?" For a moment his face was blank, then he caught an idea and brightened. "I think -I think she's got the appetite." he said. Whether the mother really had the complaint I am not able to state; but "Charlotte W." has it and has it in so serious a form that she writes to implors

aid. Her letter runs: "I am troubled very much with a gluttonous appoiite. I never know when I've had enough to eat. I've tried and tried to be moderate, but I can't help myself. It isn't that I cat dainties, or want them if it is only broad and tea I am just the same, never knowing when to stop. I think it must be a disease. Will you please tell me if it is or not? And what should I do or take? I feel that life is not worth living, and I do want to be tempera e. I am only 20 and have worked hard always.

That is an epistle of despair, but she signs it, "yours hopefully."

At 30 a hard worker is entitled to eat freely; and, of the last two, I would say that a girl of 30 needed more nourishment than a lad of the same age. Growth and development call for materials. Work means the combustion of nourishmant. On all counts, there must be a big de mand for food to meet every requirement and make sure that no part of the system is penalized and that the evolution of the proper woman or proper man goes on evenly and satisfactorily.

A house building means a vast deal of things, but the body-building means more in proportion; and, whereas the architent's specifications, enable exact quantities of particular things to be brought for the purpose to the house, your body has to pick its needs out of the mass of food you offer; and the matter is complicated by the fact that your building is all the while living and acting, and nceds fuel and the wherewithal to effect repairs and improvements.

Therefore I would commend to "Charlotte W." the old proverbs, "Never be ashamed to cat your meat," and 'Eat at pleasure, drink by measure." I incline to believe that the truths buried in eayings like "More die by food than by famine," and "Spit kills more than apigot," and "Gluttony kills more than if a sword." and "They are noter good who mind their felly too much," are aimed at those among the elderly who appear to live Is such an appetite a disease? the letter

asks. That would be for a doctor who had examined "Charlotte W." to answer. If, studying the maid, her meals, her work, he could not reconcile the amount consumed with the other facts of her case, he would be forced to conclude that she had-not a disease exactly, but-a symptom which pointed at disease. And he symptom has a name. Older books call it "Bulimy," modern scientific works spell it as "Bulim's," and the word comes from Greek words for "ox" and "hunger." If "Charlotte W." is a victim of oxhunger, she wants to know what to 'do or take." Irreverent readers may whisper about grass and hay being just the thing for her complaint, but the matter may be too serious for jesting. Bulimia is a symptom of disease, not a disease in itself. That means that bulimia may oc our in a number of diseases, and that other symptoms must be found (more clues) to narrow suspicion down to such a fine point that the real source of her excessive appetite may be identified. Does "Charlotte's" letter contain a hint of other symptoms?

For one thing, I think it proves her body stronger than her mind-her muscles are better than her nervous system. She confesses that though she has tried and tried she cannot overcome this appetite. even bread and tea can wreck her best resolves. But she always works hard she is vigorous, but weak-willed. Then in one dip of her pen she declares life "not worth living," and with the next she signs quite "hopefully."

Now, of the many diseases in which you may find bulimia, one great group of diseases includes such nervous ailments as hysteria, neurasthenia (nervous ('ebility'), epilepsy, brain tumors and insanity. "Charlotte's" letter is too alert. too concise for the last of these; but I think it probable that her nerves may be out of order. She may be a little hysterical and debilitated. I only throw out the hint. Let her be good to her neryous system, avoiding excitement, aiming to live without worry, denying herself ten and coffee in favor of cocoa or milk, sping early to bed, perhaps having a cold bath or a cool sponge all over before she dresses of a morning, and in general living the simple life. And if in a month or thereabouts her appetite is still irresistible, I would strongly advise "Charlotte W." to bring her case before a local

Advice to Lovelorn By Beatrice Fairfax.

Make Boy Friends.

Dear Stiss Fairfax: Maving been in New York two years and not having had the pineaure of meeting a young lady whom I cared to go out with more than a few times. I am writing to you for advice.

I am 30 years and have a good salar; In a city at large as New York it very hard for a stranger to make frients. However, if you were to join the Young Men's Christian association as a church ren would underhiedly meet young friproved yourself dignified and worthy spects, and in physical relaxation you citi forget any movind Sorries About whether or not you have a sweatheart

Non Brunding.

User Mina Paletan I have known a years and for a couple of years and have already reasons to better he think I leve him. I want to show him this to not the year.

REALIST Of course, there are men who are so competted and salf-activited that they are always interpreting a windawn friendly-