

Health Hints -:- Fashions -:- Woman's Work -:- Household Topics

"Awfully Busy!"

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By Nell Brinkley

An Old, Family Cough Remedy, Home-Made

Easily Prepared - Costs Very Little, but is Prompt, Sure and Effective

By making this pint of old-time cough syrup at home you not only save about \$2.00 compared with the ready-made kind, but you will also have a much more prompt and positive remedy in every way. It overcomes the usual coughs, throat and chest colds in 24 hours - relieves even whooping cough quickly - and is excellent, too, for bronchitis, bronchial asthma, hoarseness and spasmodic croup.

Get from an anti-drug store 2 1/2 ounces of Pinex (50 cents worth), pour it into a pint bottle and fill the bottle with plain granulated sugar syrup. Full directions with Pinex. Keeps perfectly and tastes good.

You can feel this take hold of a cough or cold in a way that means business. It quickly loosens the dry, hoarse or painful cough and heals the inflamed membranes. It also has a remarkable effect in overcoming the persistent loose cough by stopping the formation of phlegm in the throat and bronchial tubes.

The effect of Pinex on the membranes is known by almost every one. Pinex is a most valuable concentrated compound of genuine Norway pine extract combined with quaiacal and other natural healing pine elements.

There are many worthless imitations of this famous mixture. To avoid disappointment, ask your druggist for "2 1/2 ounces of Pinex," and do not accept anything else.

A guarantee of absolute satisfaction, or money promptly refunded, goes with this preparation. The Pinex Co., Ft. Wayne, Ind.



"That's as how" you look at it. People say it to one another so many times a day! Over the telephone, in a buzzing bass, the man offers it as a reason why he hasn't "dropped round" in so long a while - "I've been mighty busy!"

The artist who scratches away in black and white, and is looked upon enviously by the ashcan man, groans while he (r' she) "gets out" a drawing while all the rest of the world is asleep, "I can't get time to write to my own father - I'm so busy!"

la-la," who can have a whole afternoon to "dress" for a party if she chooses, and idle moments like fairy people ring her 'round, each with a little joy to offer - will tell you, while she pats her last curl in place and dashes for her cloak, that she's "awfully busy!"



"O-M-E Doughnut!" "Any time you want real goodies use Calumet Baking Powder! My mother uses it - she's tried all others - she's learned her lesson - now she sticks to Calumet. Unequaled for making tender, wholesome, light bakings. Wonderful leavening and rising qualities - uniform results. Mother says Calumet is the most economical to buy - most economical to use. Try it at once. Received Highest Awards. New Gold Medal Prize. See Sign in Pound Can."



WEEKS BREAK-UP-A-COLD TABLETS

The Love of Beauty

By BEATRICE FAIRFAX. There is only one form of extravagance which is utterly inexcusable - and that is waste. When you buy something you do not need merely because you want it, don't condemn yourself utterly. Perhaps your extravagance was caused by a longing for beauty, and in satisfying it you may have cultivated something artistic and lovely - even if impractical, in your nature. So you avoided waste.

Remarriage and Its Consequences

By LOUISE HEILGERS. There seems at the moment to be an epidemic of remarriage. You can hardly pick up a paper or meet a friend without discovering that some gay widower or widowess is prepared to don the motley of matrimony again and adventure afresh into those Elysian fields commonly associated by the married and the cynical with nightmare. I don't know whether an earnest desire to help the nation is at the bottom of this remarriage craze, or whether it isn't merely selfishness.

Chlorine in Peace and War

By WOODS HUTCHINSON, M. D. Men are not the only things that lead a double life. All our insect friends, for instance, lead triple existences, each stage of which is completely hidden from the other. That fellow creature of the chorus girl, the lobster, passes through a dozen different moults before he reaches the Great White Way, while that distant poor relation of ours, the angle worm, can be cut with the scissors into as many sections as he is inches long and grow a new head and tail on each one.

Facts About the Famous

The Grand Duchess George of Russia since the outbreak of the war has knitted thirty-five pairs of socks and twenty pairs of mittens for the Russian army. The prince of Wales occupies a lower military rank than any other royalty serving in the war. He has repeatedly refused to accept promotion.

Armour's STAR THE HAM WHAT AM

In the Stockinet Covering. An exclusive Armour feature. Pat. applied for. The spicy richness of Armour's mild Star cure is intensified by smoking in the Stockinet Covering - Armour's way of retaining the rich natural juices and improving the flavor. The Oval Label identifies it as Armour's best. Buy the ham whole and remove the Stockinet yourself. If your dealer cannot supply you, phone us his name.



The best of all Armour Products bear the Oval Label. Try These: Star Bacon, 'Simon Pure' Leaf Lard, Devonshire Farm Sausage, Armour's Grape Juice, Cloverleaf Butter, Glendale Omelette, Silver Churn Omelette.