

Health Hints -:- Fashions -:- Woman's Work -:- Household Topics

"Awfully Busy!"

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"That's as how" you look at it. People say it to one another many times a day! Over the telephone, in a buzzing bass, the man offers it as a reason why he hasn't "dropped round" in so long a while-"I've been mighty busy!"

The girl deep in exams scrawls on monogrammed paper to the nt. "I has

The artist who scratches away in black and white, and is looked upon enviously by the ashcan man, groans while he (r' she) "gets out" a drawing while all the rest of the world is asleep, "I can't get time to write to my own father-I'm so busy!"

The man who labors at night seems never to come out even of golf when he feels as dry as dust with the weightiness of his calling is all that "too busy" to do thus and so! The big man with five telephones circling him 'round, who dabbles in this and that, lectures, fills a good big niche of his own in the world and shows a great army under him how to fill theirs-is "too busy" to remember not to go on to a dinner in his "duster!" And the little man under him, who has but one thing to do, and is told when and how to do that, is yet "too busy to eat!"

la-la." who can have a whole afternoon to "dress" for a party if she chooses, and idie moments like fairy people ringing her 'round, each with a little joy to offer-will tell you, while she pats her last curl in place and dashes for her cloak, that she's "awfully busy!"

The little mother with a heart as big as a Benefit auditorium-

An Old, Family Cough Remedy, Home-Made

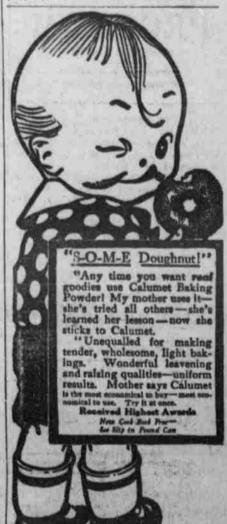
Eastly Prepared -- Costs Very Little, but is Prompt, Sure and Effective

By making this pint of old-time cough syrup at home you not only save about \$2, as compared with the ready-made kind, but you will also have a much more prompt and positive remedy in every way. It overcomes the usual coughs, throat and chest colds in 24 hours-relieves even whooping cough quickly-and is excellent, too, for bronchitis, bronchial asthma, hoarseness and spasmodic croup. Get fr.m any drug store 215. Get fr.m any drug store 215. The fr.m any drug store 215. Sources of Pinex (50 cents worth), pour it into a pint bottle and fill the bottle with plain granulated sugar syrup. Full directions with Finex. Keeps perfectly and tastes good.

good. You can feel this take hold of a cough or cold in a way that means business. It quickly loosens the dry, hoarse or pain-ful cough and heals the inflamed mem-branes. It also has a remarkable effect in overcoming the persistent loose cough by stopping the formation of phiegm in the throat and bronchial tubes. The effect of Pine on the membranes is known by almost every one. Pinex is a most valuable concentrated compound of genuine Norway pine extract combined with gualacol and other natural healing pine elements. There are many worthless imitations

There are many worthless imitations of this famous mixture. To avoid dis-appointment, ask your druggist for "21/2 ounces of Pinex." and do not accept sny-

bing else. A guarantee of absolute satisfaction, or money promptly refunded, goes with this preparation. The Pinex Co., Ft. Wayne, Ind.



I've been so busy!"

Two slim creatures who have little else to do save talk psychol-3 ogy and charity bazars, and fly from a dinner to a theater and on to a dance, kiss each other fondly while the traffic snarls and moan, "My dear-I'm frightfully busy!"

The little person who beats a typewriter all day long, or the pleasant, so-many-times-pretty girl who spreads everything she has from behind the counter for your pleasure: looks sadly at the unmended blouses, and stockings with little ladders of dropped stitches going down them, and says, "If I wasn't so busy!"

The man who rolls your ashcans from the cellar door these cold mornings enunciates with his board-like lips, "Terrible busy!"

Aren't we funny? I reckon you think that no one is just quite so busy as you! It's a notion we have.

The lovely person without ever a weight on her heart or mind.

with Plenty opening wide its hand to her at a whisper, singing "tra-

Chlorine in Peace and War

imaginary place, and while he rolls in her lap and chuckles and pulls and makes bubbles and kicks her elbows, she ties the bonnet on one little person, tucks in the hair of another, sees that they all have a handkerchief, wipes the last breakfast crumbs off Billy and wraps up his ears, hears the tall one spell her lemon, and promising to finish a new frock "for in the morning," sends one brigade to school. First lap-phisyn seconds! And that night the little mother apologizes, "I would have done thus and so-but I've been awfully busy!"

There is truth!

Are you awfully busy-or do you just think you are? -BY NELL BRINKLEY.

Facts About the Famous

The Love of Beauty

By BEATRICE FAIRFAX. There is only one form of extravagan

which is utterly inexcusable-and that is Waste.

"When you buy something you do not meed merely because you want it, don't candemn yourself utterly. Perhaps your extravagence was caused by a longing say widower or widow-ess is prepared for beauty, and in satisfying it you may to don the moticy of matrimony again bave cultivated something artistic and and adventure afresh into those Elysian lavely-even if impractical, in your na-

ture. So you avoided waste. Recently a young friend of mine saw and admired a beautiful little vase of blown glass. I came into her tawdry little foom one day and saw on her desk this exquisite vase with a single red rose in She usked me guittly, "Wasn't I wickedly extravagant to buy that? It cost

I get up half an hour earlier every morning and walk to work, and that makes up for my little splurge." Now, as a matter of fact, I think ft

would have been far more extravagant af little Jessie had stified her impulse beauty! Undoubtedly it is good for her to get a brick walk each day in the bracing air. That is good for her body and I think her soul and spirit feast high tradition. I've placed each bit beneath

each week a little money for pleasure. Perhaps it goes in dance halls, perhaps chases a bit of tinsel jewelry. But does her any deep and lasting satisfaction? to buy a fresh trousseau.

In other words is it getting her anywhere?.

vase with lovely red rose is going to think the longing for clean, sweet,

going to gravitate toward her desire for this bit of nature, and who won't laugh

wThe givi who goes off on a Sunday than it takes to get the house refurntoye of the beautiful. The girl who spends Weil ther money in cheep restaurants or com- about, but I should think he was either mon cabarets is stifling the same fine usking for trouble or anxious to use up inintlance. his stock

Remarriage and Its Consequences By LOUISE HEILGERS.

There seems at the moment to pidemio of remarriages.

the other. You can hardly pick up a paper or meet a friend without discovering that some say widower or widow-ess is prepared

fields commonly associated by the married and the cynical with nightmare.

I don't know whether an earnest desire to help the nation is at the bottom of this remarrying crase, or whether it im't of those innocent and passionless crea-For, after all, if it isn't mifish to marry

twice when so many people haven't the me \$2, and twice a week I just have to chance to many people haven't the spend 10 cents on a rose to go in it. Well, what is, Although I, for one, don't pretend to

understand the sudden eruption of secend loves, I've always understood that marriage was like the wedding cake that precedes it-frightfully indigestible and

not half so fruity as it looks. I've had quite a lot of it sent to me lately-cake, I mean, not matrimonyand although, according to time-honored The average working girl allows herself my future husband. I've dreamt of a difmy pillow to ensure a dream portrait of

ferent man each time. So I suppose I'm going to commit bigit buys a box of candy, perhaps it pur- amy. It's too much to hope every husband will conveniently die at the rate it do her any actual good-does it give of one a year and leave me the necessary

For I expect the marrying habit grows on one, really. One husband is a prepa-I can actually imagine that Jessie's ration for a dozen. Once you've lived with one man, if the devil himself popped perform a little miracle of uplift upon down the chimney to share your breakall her life. I think she works harder and fast of hacon or grape nuts, you'd probbetter for her morning walk to the office. ably find him a pleasant change from

widowedness. wholesome beauty, as personified in that There are women, of course, who seem rose, is going to make Jessie care less to prefer cuddling Pomeranians to any and less for tines and more and more husband, but I think this preference what is fine and worth having. think she is going to work toward a haven't been asked to change there arises solely from the fact that they yoal of honest success. I think she is estate, and anyway, they must cuddle something.

If I were a first hushand now, or a ther and wonder why she doesn't save ber 20 cents a week toward a pair of iancing pumps instead. first wife, I think I should look very dubiously upon all my club acquaintances or dearest friends. Somewhere here, I The rose means an aspiration toward should feel inclined to say to myself. fre, toward the soil from which we "Stands No. 2," for with the remarrycome and the cleanness of the coun- ing habit so fashionable, nobody could really expect to be mourned for longer

Well, I suppose Cupid knows his way

By WOODS HUTCHINSON, M D. 1 months, or whather chloring has been Men are not the only things that lead a double life. All our insect friends, for nstance, lead triple existences, each stage of which is completely hidden from

That fellow creature of the chorus girl, the lobster, passes through a dozen different moults before he reaches the Great White Way, while that distant poor relait does not enter into intimate combination of ours, the angle worm, can be cut tion with the life-stuff, or protoplasm, with the scissors into as many sections but only seems to serve with water as as he is inches long and grow a new a salt water bath or warm inland sea in head and tail on each one. which it can swim and feed and carry But the most astounding masquerading, out its activities. It seems to serve as a

in the most different any contradictory kind of battery fluid for our life electures-the chemical elements. In one fers at once. guine a deadly poison, in the other a lifegiving food; in one sort of company a air breathing habits we are still a walksoggy mush, in another a dangerous high

explosive. One great primitive element, nitrogen, plays the leading role in guano at one end of its repertoire and gunpowder at the other, and can pass itself off as loaves or as lyddite with equal facility. Another element, hydrogen, one of the big four-carbon, hydrogen, oxygen, nitrogen-which make and control life and all

do not eat or burn sait, or take it into its processes, is the cause of all the wettheir structure in any way, yet it is ness in the world through its two-to-one really of very great and fundamental mbination with oxygen to form water. While in another case the same two identical actors, supported by the famous

star, calciom, produce the hottest fire and most brilliant illumination knownthe oxy-hydrogen blowpipe, or familiar limelight. Whatever may be the fortune of others, these two actors are always in the limelight.

In recent years our attention has been particularly attracted to another Jekyiland-Hyde among the elements-the widespread and important element, chlorine. This substance. In various combinations, the most important and active are hydro was first discovered in sec. water, and gen, sodium and chlorine, all three of

as it goes everywhere where see water common salt, or sodium chloride. goes, which means over three-fourths of the surface of the whole globe, while most of the rocks of the other or dry land, one-fourth, have been laid down under sea water, it is tolerably ubiquious, or in the vernacular "numerous."

As we originally grew up and lived for millions of years in sea water we have never yet been able to get completely soaked out and "freshened up" yet, and chlorine in a considerable amount still is fluids.

We are all old salts, whether we follow the sea for a living or not. Whether this is simply a bad old deep sea or sub- woman the vote if we were sure that she marine habit which we cannot at once shake off, like the stavisms to shark When a man refuses to knock your and aca serpent "form" of the past few enemies he is no friend.

a vital necessity would be hard to say. Certainly its combination with sodium, thirty-five pairs of socks and twenty chloride of sodium, the common salt of pairs of mittens for the Russian army. our table and our pickling vats, has be-The prince of Wales occupies a lower come a necessity of life. There is still military rank than any other royalty servsome mystery about it, because while

common salt is found in practically every ing in the war. He has repeatedly refused living animal tissue and most vegetable to' accept promotion.

was offered a command.

Savile, was once described by the late King Edward VII. as the most comfort- for foreign affairs. able home in England.

Andrew Fisher, the new high commis- hands.

The Grand Duchess George of Russia | sioner for Australia, began life as a pit tince the outbreak of the war has knitted hand in a coal mine in Scotland

By Nell Brinkley

The dinner given by Lord Farguhar in July, 1914, was the last private social function attended by the king and queen of England.

Prince Leopold of Prusaia, who is married to a sister of the German empress, is the wealthiest of German royalties.

One of Admiral Beatty's favorite recreations is that of writing letters to some very intimate friend.

Badminton is among the favorite rec reations of M. Sazonoff, Russian minister

Edmund Gosse can write with both





That is to say, those substances which are capable of carrying electrical charges backward and forward between the different parts of the body. And of these

miniature oceans on legs, skin

locked seas, living leather bottles of

warm sea water in human shape. The

moment our supply of either water or

Although this action of sea-salting our

internal bath water may sound rather

vague and trivial, especially as our cells

For the simple reason that we are

ming more and more to the conclusion

that the real motive forces of life are

electrical, or closely allied thereto, and

as one great chemical physiologist has

vividly expressed it: "It is the electro-

lytes that put life into the protoplasm

sait runs short we begin to founder.

importance.

dife-stuff)."

In-Shoots

The woman who marries before she is old enough to know better often raises thunder when she begins to know botter In the matter of Christmas trees and Sunday school pionics the small boy plays no favorites,

The grass widow is usually equipped found in our bodies, particularly in the with a lot of unnecessary information. The wise guy does most of his drinking

when the other feilow treats. Most of us would be willing to give would not insist on joining all the lodges

trical processes, and the moment the supply of sait is cut off our health suf-With all our long, long dry land and

ing aquarium, traveling marine menage-

Sir John French had made up his mind to leave the service just before the outbreak of the Boer war in 1899, when he Rufford Abbey, the residence of Lord