# Woman's Work -:- Fashions -:- Health Hints -:- Household Topics

### of Love Varies in Sex

By DR. MAX NORDAU.

mand for that union which is able to them."

gaithy and normal person, all the brain brows. aters are developed in pretty much the Surely in such cases the use of cosa rule, put possessed powerful wills.

two sectors, so far as the maintenance can do to prevent it. of the race is concerned, also causes corresponding differences in their amatory to supply the whole material for the formation of a new being, to elaborate it completely within her own organism, and, above all, to impart to it her own qualities, just as she has inherited them from er forefathers.

Man, again, only supplies the stimula-

tute of a totally dissimilar character. Should a woman have once found her ideal, it will be practically an impossibilto do nothing else except love, places her few additions, but "make up" to be efwill, her judgment, and her imagination at the disposal of her affection, and utterly refuses to allow any attempt on the part of her judgment to struggle against the emotion by the help of in-

telligent conceptions. woman has an instinctive sensation that she ought not to make any mistake. that any error would have alike for herself and her posterity results that could not be made good, that it would under all circumstances draw along with it the lavish expenditure of a comparatively is, therefore, extremely distrustful and careful to avoid the possibility of such

In the case of a man, the matter is quite different. He may quite easily manicure your nails on the street car; far as he is concerned, has no organic results at all, and can be made good, so to speak, the very next minute, that is, so far as he shares in the preservation of the race is affected. For the same reason also his ideal of the woman who will organically complete him with much less plainly typified, and he is, therefore, apt to fall in love much more quickly and easily, with the first nice woman ne meets. For the same reason, also, he on love much more frequently, relinmuch less trouble and his love can, with comparitive case, be controlled, supreseed and even completely vanquished by his judgment.

# Mothers' Sacrifice

prompts such self-denial. For her family development. so near and dear she "gives way." elimi- During this age the rudiments of all

Probably every good mother has erred But her loving devotion should not lead concernedly taking the self-sacrifice of mother" as a matter of course.

Such renunciation is bad for every member of the family. Each should assume his or her portion of the burdens, preventing as far as possible the widening of the gulf that divides their interests, and separates the social and educational life of parents and children. If mothers could realize what opportunities for character building are lost when the way of the child is made too easy! A child cannot learn too early that to do for others is a privilege. If his efforts are appreciated, the consciousness of having performed a helpful act will so ena hand.

A mother should at all hazards resist narrowness. For her family's sake, she should "keep up interest" in her own life, its aspirations, its ideals. The domestic woman wants a happy home, and the surest way to achieve this is for her to be happy, but this she can hardly be if her own desires are being persistently thwarted. She must live for others, but germ is killing the hair roots. Delay this does not mean she must deny herself all of the time. We know women who are models of devotion, thoughtful, affecitonate mothers all the time, but they e proper belance will be found in family | zemo, for it is pure and also inexpensive life.-Mothers' Magazine.

### Consciousness Anita Stewart's Talks to Girls-

No. 14--The Use of Cosmetics I like the insensity of the feminine

By ANITA STEWART.

(Copyright, 1915, International News Service.) Healthy and natural love is always. A great many girls ask me if I believe clearly conscious of its purpose. It is in the use of cosmetics. To this I reply: the longing for the possession, the de- "It depends on how artistically you use

bring about the origination of posterity. Certainly nothing could be more re-In strong individuals love sets free im- pulsive than a woman daubed up with pulses that are sufficiently powerful to powder and rouge until she looks like a friumph over every opposing with and whited sepulcher with red roses painted overcome every obstacle. In individuals on it. On the other hand, art may bewith real wills it does not have this ca-; come the hand maiden of nature, and do pacity, the emotion continues to be sub- as much to improve the human countejective and does not become converted nance as it does when it transforms a scraggy field into a levely park.

The strength of the love of any being. I have seen hay-colored hair turned ght, therefore, not to be mentioned by into glorious golden tresses by the juthe exertions which it puts forth in order dictions use of a little peroxide. I have to acquire the beloved; for the magni- seen sallow cheeks flame into beauty tude of those exertions depends upon the with a touch of rouge. I have seen a strength of his love. It must, neverthe- characteriess face transformed by the ss, be added, in imitation, that in the darkening and emphasizing of the eye-

same proportion, so that individually we metics should not be condemned, but achave weak wills and will also hardly pos- counted unto a woman for righteousness. the instinct of love to any marked Certainly there isn't so much beauty in extent, whereas, those individuals who the world that we can afford to throw are able to love violently will also, as any possibilities of it away, and, to my thinking, a woman simply hasn't got any The difference in the importance of the right to be ugly if there is anything she

The Bible says that none of us by taking thought can add a cubit to his lives. The part which the woman plays stature, but certainly by taking thought is by far the more important. She has a woman can and a lot to her good looks, and instead of blaming her for doing so, we should be filled with gratitude towards her for presenting a pleasant spectacle to our eyes instead of a repulsive

We think it is permissible for a woman tion to this tedious and difficult, nay, who has a living skeleton figure to pad heroic work, upon which the quality of the work in question is to some degrees and for a feather-bed woman to lace herdependent, just as in truth also. To cite self down so she won't appear quite so an example, the same dynamite burns fat. Why then the criticism of the harmlessly or flares up brilliantly, or ex- woman who puts a few improvements plodes with terrific force, according as on her face and hair that nature was it is respectively set on fire by a live too stingy to give her in the first place? coal, or a lighted match or an explosive. Of course, in the old puritanic days the Woman possesses a more distinctly de- evil one was supposed to have a monopveloped idea of the man who is organi- oly of rouge and a "painted lady" was ally necessary for her, and will fill up beyond the pale of respectability, but life, nor does she allow herself to newadays that silly theory is exploded. so readily induced to renounce this and whether a woman "makes up" or ideal and content herself with a substi- not is a question between her and her mirror and not between her and her con-

As I said before, I see no objection to ity to renounce it, as her emotions rise it. Indeed, rather a virtue in it, since from her consciousness every other kind of few of us are born with such an equipcontents, so that she is henceforth able | ment of good looks that we don't need a fective must be a case where art con-

Rouge should not be plastered on like paint on the side of a barn. Powder should not be applied in a way to suggest that the face has been dipped in a flour barrel. Eyes should not be blacked until they look as if the woman who owns them had been in a fight. Yet you see these caricatures of hand-made beauty on the streets every day.



Miss Anita Stewart ready for winter's snows.

to use cosmetics to do so with restraint, girl calmly pull out her powder puff and never do it if she does her beautifying in large amount of organic labor, and she and to study the fine art of improving her lip stick and begin to touch up her public nature in such a way that it will all face at the theater or in a restaurant is seem natural. Make good use of your vanity cases, not only bad form, but dislibusionizing.

And another thing, girls, don't use your It gives the secrets of your tollette tically. Pretty is as pretty does, you vanity cases in public. You wouldn't away, and that's something a woman know. And that is doubly true for us

So I entreat you, girls, if you are going then why powder your nose? To see a always keep people guessing, but she can

## Veils

often times. I admit, but it never stands still. It will have something novel at all

never exactly logical, so It can pass. acorrect to describe this new vell.

business lines. It ends just above the | not. mouth, thereby placing no annoying restrictions upon the wearer, should she want to-smoke eigarettes!

There is certainly some sense in this new veil. The old style was a continual source of irritation to its owner-not to mention those who might be with her. A pronounced inconvenience at meal times, and, perchance, an even more pronounced inconvenience at other times (when 'it was not only herself who had to be studied for feeding purposes) it has never been really entirely popular.

The new type should insure success. it fulfills its mission, which is, I am told, to safeguard the complexion, And It cannot be said to in any way interfere with the business that the wearer may have in hand.

I have never really liked veils, I confess, but I have no sort of quarrel with the so-called Yashmak. After all said and done, it is at least frank and truthful in its purpose

Of course, strictly speaking, a veil at heart is only really a subtle form of coquetry. I don't candidly believe it was originated for the purpose of preserving the complexion.

It was used primarily as a sort of enourage-the-curiousity-not-to-mention theappetite idea. "Art is, concealment art," nce more, which as clever little maidens know, is the secret of woman's dress. However, the new vell serves both purposes, and therefore we men shouldn't grumble at it, should we, Daisy?

#### OLD-TIME COLD CURE-DRINK TEAL

Tea, or as the German folks call it, Hamburger Brust Thee," at any pharmacy. Take a tablespoonful of the tea. put a cup of boiling water upon it, pour through a sieve and drink a teacup full at any time. It is the most effective way to break a cold and cure grip, as it opens the pores, relieving congestion. Also loosens the bowels, thus breaking cold at once. It is inexpensive and entirely vegetable, therefore harmless .- Advertisement.

Advice to Lovelorn By Beatrice Fairfax

Don't Be Narrow Minded,

Dear Miss Fairfax: I have been mar-ried for several months and during that time we have not spent one evening apart. How can we learn to trust each other? v can we learn to trust each other It is, this feminine mind, like some little busy bee that is always at work accumulating fresh ideas in the realms of clothes that can be used for the enticing of male things. My metaphor seems a little mixed, but, then the feminine mind

What you both need is a sense of pro-They call it the Yashmak veil, this portion seasoned with a little himor. latest feminine innovation; at least, that's Suppose your husband does talk to anwhat Daisy called it the other day when other girl or pay her a few compliments I set out to investigate the problem --probably in the cack of his mind there though the circumstances leading to is always a consciousness that he prefers the inquiry are nothing to do with this you. Since you married each other you article, neither shall them be told here.) probably care more for each other than After all said and done, Yashmak is for acquaintances and friends, but that near enough to go on with, although quite does not mean that you must become so narrowly absorbed in each other that you The Yashmak of the east is used for have no fresh outside interests with which the purposes of hiding all the face ex- to stimulate your love. Just go ahead and cept the eyes. In other words, it a a see a little bit of other people, and when sort of I-may-look-but-you-mustn't-touch you find with what relief you return to idea. We in the west work in slightly dif- your own fireside you will see how silly was all this nonsensical introspection The western Yashinak is run on entirely about whether you trust each other or

ergy of youth-a muscle and brain-builder - contains the life of the wheat in a digestible form. Builds sturdy, robust boys and girls. Serve it for breakfast with hot milk. Made at Niagara Falls, N. Y.

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metic. Solve it by feeding

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# Little Bits of Modern Science

Rise of Man Through Stons Age

of American Museum Natural History.

(Conclusions in His Book, "Men of the Old Stone Age."—Scribner's.) the Old Stone Age cannot be traced conraces were changing; as at the present time one race replaced another, or two races dwelt side by side. The sudden ap-Altogether Too Great pearance in Europe at least 25,000 years ago of a human race with a high order of brain power and ability was nota leap Sacrificing herself for the family is forward, but the effect of a long process the "daily bread" of many a mother, of evolution elsewhere. When the pre-Every mother knows more is required historic archaeology of eastern Europe of her than she should give." And yet and of Asia has been investigated we she gives it. Do you wonder why? Love may obtain som light in this antecedent

nating her own wishes, pursuits, and the modern economic powers of man were comfort. But should she always do this? developed; the guidance of the hand by No, most assuredly not. It is not right the mind, manifested in his creative incontinually to shut one's eyes to the dustry; his inventive faculty; the curethical question involved; mothers wish it rency or spread of his inventions; the were right to yield one point after an- adaptation of means to ends in utensils. other, and finally do yield, hoping they in weapons and in clothing.

The same is true of the aesthetic powers, of close observation, of the sense in this direction more than in any other, of form, of proportion, of symmetry, the appreciation of beauty of animal form her constantly to efface herself, while and the beauty of line, color and form other members of the family go on un- in modeling and sculpture. Finally, the schematic representation and notation of ideas so far as we can perceive was alphabetic rather than pictographic. Of the musical sense we have at present no evidence.

Th religious sense, the approiation of some power or powers behind the great phenomena of nature, is evidenced in the reverence for the dead, in burials apparently related to notions of a future existence of the dead, and especially in the mysteries of the art of the caverns. All these steps indicate the possession

of certain generic faculties of mind simflar to our own. That this mind of the hance his personality that he will be Upper Palacolithic races was of a kind more eager with each opportunity to lend capable of a high degree of education we entertain no doubt whatever because of

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paychology and of history.

By PROF. HENRY F. OSBORN. the very advanced order of brain which outstanding feature of the history is developed in the highest members of western Europe, was fully typified in the of these ancient races; in fact, it may be very ancient contests with stone weapons fairly assumed from experiences in the which were waged along the borders of education of existing races of much lower the Somme, the Marne, the Seine and the brain capacity, such as Eakimo or Danube. No doubt each invasion, each The rise of the spirit of man through Fuegian. The emergence of such a mind conquest, each substitution of an indusfrom the mode of life of the Old Stone try or a culture had within it the imtinuously in a single race because the Age is one of the greatest mysteries of pelling contest of the spirit and will of man, the intelligence directing various The ries and fall of cultures and of industrial and warlike implements, the industries, which is at this very day the superiority either of force or of mind.

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Shelled Corn, 100-lb, bag \$1.40
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Bran, 100-lb, bag \$1.97
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7 lb lbs. for ... 25o Tollet Paper, roll, 3c, 2 for Sc Princess Pineapple, nothing finer packed, large cans 19c Macaroni, pkg. 7c, 3 for 19c Macaroni, pkg. 7c, 3 for 19c Macaroni, pkg. 7c, 3 for 4c Bull Frog Polish, can 4c Vulcanol, can 7c Sait, 5c sack, 3c; 10c sack, 5c; 2cc sack for 13c Bottle Pickles, sweet or sour Sc Bottle Pickles, sweet or sour. Best pkg. Butter. 18. 29c, and 32c Fomatoes, large cans ... Standard Corn, can Jap Rice, 4 lbs. for .... 31c 90c 15c 13c Jap Kico, 4 ibs. for Bulk Oats, lb., 4c; 8 ibs. for... Early June Peas, can Cider Vinegar, gallon Apple Cider, gallon Best Lard, ib. Select Storage Eggs, lb. Fresh Eggs

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