

THE OMAHA DAILY BEE

FOUNDED BY EDWARD ROSEWATER. VICTOR ROSEWATER, EDITOR. The Bee Publishing Company Proprietor. ONE BUILDING, FARNAM AND SEVENTEENTH.

TERMS OF SUBSCRIPTION. By mail, per month, \$1.00. By carrier, per month, \$1.10. Daily without Sunday, \$3.00. Evening and Sunday, \$3.00. Evening without Sunday, \$2.00. Sunday Bee only, \$2.00.

REMITTANCE. Remit by draft, express or postal order. Only two-cent stamps received in payment of small accounts. Personal checks, except on Omaha and eastern exchange, not accepted.

OFFICE. Omaha—The Bee Building, 307 North Omaha street. Council Bluffs—14 North Main street. Lincoln—20 Little Building. Chicago—201 Heart Building. New York—Room 109, 28 Fifth avenue. St. Louis—206 New Bank of Commerce. Washington—734 Fourteenth St. N. W.

CORRESPONDENCE. Address communications relating to news and editorial matter to Omaha Bee, Editorial Department.

SEPTEMBER CIRCULATION. 54,663

State of Nebraska, County of Douglas. D. Wight Williams, circulation manager of The Bee Publishing Company, being duly sworn, says that the average circulation for the month of September, 1918, was 54,663.

D. WIGHT WILLIAMS, Circulation Manager. Subscribed in my presence and sworn to before me, this 1st day of October, 1918. ROBERT HUNTER, Notary Public.

Subscribers leaving the city temporarily should have The Bee mailed to them. Address will be changed as often as requested.

October 31 Thought for the Day Selected by Ruth Caltra The buds may blow and the fruit may grow, And the autumn leaves drop crisp and arow; But whether the sun or the rain or the snow, There's ever a sun somewhere, my dear. —James Whitcomb Riley.

Uneasy lies the head that wears the Serbian crown. That holdup man is altogether too backward in coming forward.

With the boom in trail blitters, "Billy" is entitled to wear a broader smile.

It was a cold day in New Jersey, but fashionable furs mocked the chilling blasts.

The case of General Carranza helps to show that whiskers are not an insuperable obstacle to success.

To the war proclamations of Italy and Russia, Bulgaria can answer, "We expected this, only sooner."

Incidentally Omaha spends about twice as much money for fire protection as it does for police protection.

It is not clear now whether the president's conversion to suffrage was an asset or a liability to the cause.

Britain's new plan to call the bachelors to the colors ahead of the married men ought to produce more war brides than the other system.

Indian summer days and nights flecked out with the brilliance of a harvest moon fittingly reflect the peaceful serenity of this land of plenty.

Mankind has solved many mysteries of earth and air, but the unchanging and irresistible lure of the public pay-roll remains a mystery that defies solution.

Colonel Roosevelt puts out the claim of being the original "preparedness" man. That is one platform where Colonel Bryan will not accuse him of stealing his clothes.

There is no mistaking the issue put up to the stay-at-homes in Great Britain. Volunteering must provide the men or conscription will round up the needed "cannon fodder."

CARRANZA has been formally recognized, but those Texas winter resorts still hold fast to the soldier boys who belong up here at Fort Crook. For us it is still "watchful waiting" for their return.

Opportunity waits on enterprise wisely directed. Bumper crops in the middle west insure steady currents in the channels of trade and ample rewards for pushing business. Get a hustle on.

A billion dollars for defense, \$50,000,000 for a merchants' marine, in addition to the expenses of the government, outlines the remarkable program of a party which preaches economy to the opposition and turns its pledges into "scraps of paper."

Thirty Years Ago This Day in Omaha

An audience which would flutter any actor greeted "The Two Johns" at Boyd's. The play has plenty of fun and was vulgar enough to tickle the gallery.

The annual hunt of the gun club has been scheduled for next Tuesday.

A pleasant progressive euchre party was given by Mrs. Dr. Coffman at her home on St. Mary's avenue.

Howard N. Bittinger, formerly with Steels, Johnson & Co., who with his wife went to Florida about a year ago, died there last Saturday. His two boys, Guy and Ralph, are in this city.

Mrs. H. P. Devel has come to visit friends in Lincoln. W. A. Smith, superintendent of the street car company, went to St. Louis to attend a meeting of the American Street Car association.

Mr. and Mrs. W. E. Gratton have the sympathy of many friends in the death of their infant child. Charles Stevens has returned with his wife from their bridal trip in the east.

Omaha's Police Department.

A police department with a maximum strength of one hundred and eighty-two members, of which only ninety-five are on patrol duty, and of these not more than thirty-nine walking the beat at any one time, tells the whole story of Omaha's situation with respect to police protection.

To put it in another way, nearly one-half of the entire police department consists of officers, plain-clothes men, traffic corps, motorcycle men, court and jail attendants, and morals squad, and less than one-fourth are on patrol at the time the thugs and thieves usually do their prowling.

Omaha is spending an amount well up to the average of other cities of its class on its police department. The police fund has been moved up from time to time, but each time the legislature has boosted police salaries almost enough to eat up the increase, so that the actual additions to its strength have been scarcely visible.

Omaha also has what is called the "three-plateau system," which makes only about a third of its patrolmen available at any one time—a system that prevails in very few other cities. We are not sure whether the three-plateau scheme is good or bad, but there is no question about its being costly.

All things considered, Omaha has a pretty good police department, but it can and should be improved, and this improvement must come through better distribution of the men, stricter discipline, and a more definite police policy.

Those phases of the police department we will discuss further. Suffrage Losses in New Jersey. An adverse majority of 50,000 in New Jersey's answer to President Wilson's announcement of his conversion to suffrage and intention to cast his ballot for the state constitution that was to clothe woman with the vote.

By his own suggestion it would have been highly improper for him to exert his official capacity to influence his fellow citizens in their vote on a purely state matter, but no doubt can be held as to the purpose of his public statement. It was to put behind the suffrage fight whatever of personal influence the president carries in his home state.

If so, the conclusion is inevitable that the action of the voters is a correct measure of that influence. In no state has Mr. Wilson more bitterly disappointed his party than in New Jersey. The public will now wonder if the vote taken there on Tuesday is significant of the difference in his standing throughout the country today as compared with three years ago, when he was chosen to be chief magistrate.

Carranza Now Has His Chance. Formal recognition by the United States of Venustiano Carranza as de facto president of Mexico has been carried out with all official punctilio, and the "first chief" is now established as far as outside influence may achieve. Vested with all the power that attaches to his office, his future must be molded by himself.

So far his career has been entirely negative; he is recognized for what he is yet to do, and his conduct from this time must be positive. Unless his actions as head of Mexico's affairs measure up to a proper standard, he will disappear as have the others who have aspired to fill the seat of Porfirio Diaz.

If he can tranquillize his country, restore its activity along peaceful pursuits, build up its agriculture and its industry, give his people security in person and property, and open the road to progress to them, he will make for himself a place in Mexican history of true greatness.

That he is to have the active support of the United States, at least to start on, is shown by the order from the president, putting an embargo on all shipments of arms or munitions of war to Mexico, save such as are consigned to Carranza authorities. This is a first friendly service from our government to the new Mexican government, which will be multiplied many times, if Carranza shows himself worthy.

Lord Derby's Difficult Task. Lord Derby has just been assigned to the difficult task of making military enlistment so popular that the United Kingdom will not have to resort to conscription. His undertaking will require that he induce men to enter the army voluntarily, and to this end he has set about in a spirit of enthusiasm.

Opposition to army service is much more general in Great Britain than is well understood on the outside, and the recruiting offices have not of late been crowded. The natural aversion of the Briton to involuntary servitude of any kind is notorious, and the talk of conscription is nowhere quietly listened to. That it is heard at all is due entirely to the attitude assumed by "the better classes," and it is their persistence in the belief that the "masses" are in duty bound to battle for British institutions that has aroused the present threat of a storm.

Socialists have seized the opportunity thus afforded, and have spread their propaganda with more than usual zeal, not that they are especially averse to fighting, no matter what their professions, as witness their presence on the firing line, but because the condition in England gives them a splendid chance to thwart the "masters."

Democracy is making a tremendous thrust against Toryism in Great Britain at this time, and it does not appear likely that the traditions of all the past will now be overthrown that an army of conscripts may be raised. Lord Derby will meet with much opposition, but more of success as the prerogatives of the privileged slowly disappear beneath the rising tide of the people's power.

Is Fatness Just Laziness?

The MOST common type of obesity is merely a matter of excessive intake of fuel coupled with plain laziness. Let us hasten to add that laziness means, in this indertment, lack of real exercise; as a rule, the unfortunate doesn't know how to play.

As long as a fat man (or woman) is still ready to play, even if he feels that he is making a monkey of himself, there is hope. When he reaches the point where he hesitates to get down and roll, to turn somersaults, or at least try valiantly to set the part of indignity, he is a fat man for keeps, diet or no diet.

Some obese individuals are anemic, short of blood, while others are plethoric, damped with too much blood. Anemic obesity develops, frequently, during periods of enforced rest, as after operations, typhoid fever, fractures, or other confining disability.

Victims of incipient tuberculosis sometimes develop anemic obesity from rest and forced feeding carried to extremes. In plethoric obesity the subject is generally over 30 years of age, and, for a time, rather proud of his heavy good health.

Some of the young persons, but coldly do they receive an applicant over 30 who boasts of more tissue than he ought to be carrying around. Muscular exercise is the natural draft for the oxidation process, the physiological accelerator of the vital fire which must be kept burning brightly.

For the average individual four miles a day—rain, shine, roast or shiver—should be the rule. If there is any heart-trouble the walks must be carefully graduated by the medical attendant, according to the heart's efficiency. Room gymnastics are more particularly adapted to the reduction of excessive fat deposits about the hips, back and abdomen.

Another very efficacious measure is fasting. After all, a three or four-day fast is no great strain upon the fat man, for he is literally stuffed with good nourishment which will tide him over safely. The main thing is to get away from that fool notion that is dangerous to life, the meal or supper fast.

The human stomach, like most other useful pieces of machinery, is none the worse for a rest once in a while; in fact, the whole metabolism gets a better grip on duty after a brief fast. Of course this is a matter for medical supervision, too. Since cold water increases the secretion of gastric juice when taken at meals, the obese with an abnormal appetite should deny himself this boon of the dyspeptic; a small drink of hot water half an hour before the meal is preferable, if fluid must be taken.

Anemic obesity is certainly made worse by much water drinking; plethoric obesity may be improved by water drinking. One good scheme of reducing weight is to eat but one kind of food at a meal, although this is not advisable for anemics, nor for any one in poor health.

By taking a little fat food it is easier to get along with a minimum of starches and sugars. Crisp bacon is one of the most digestible, satisfying forms of fat to eat. Fresh green vegetables which grow green and give the appetite a tonic and lend to the necessary in the diet, and bread, too, with very little butter. Lean meat may be taken once or twice a day when other items are limited, especially by the anemic obese.

Nothing Coming. The topic having turned to mathematical problems, Congressman Jacob A. Cantor of New York told of an incident that happened in a public school. The teacher was instructing a junior class in arithmetic, when she started to give the youngsters some mental exercises.

"Johnny," said she, turning to a youngster of 10, if you went to the grocery store and bought 10 cents worth sugar, 5 cents worth of soap, 25 cents worth of coffee and 10 cents worth of crackers and gave the cashier a dollar bill in payment for these articles, how much change would you get?"

"I wouldn't get any change, Miss Mary," was the rather surprising response of the boy. "You wouldn't get any change?" exclaimed the teacher. "How do you figure that out?"

"Storekeeper wouldn't give up," answered Johnny. "He would take from me to it for the old bill."—Philadelphia Telegraph. Live and Learn. With a sleepy yawn the guest who had arrived at the hotel on the previous night limped into the dining room for breakfast.

He did his best with the bacon and tomatoes, but gave up at last and went to sleep on a sofa in a corner of the room. When he awoke he found the hotel proprietor standing near, looking at him curiously.

"Didn't you get enough sleep last night?" "Didn't I get enough sleep?" repeated the other, sitting up suddenly as though he had just awakened. "Tell me one thing—what on earth do you stuff your mattress with in this place?"

The Bee's Letter Box

New Use for Regular Army. FREMONT, Neb., Oct. 26.—To the Editor of The Bee: We are living in a time when every man should have a thought for his country's weal.

That we must put our house in order and be prepared for invasion is daily growing more evident. We are stacking up reasons every day for why we may expect trouble from abroad when this war in Europe comes to a close, or rather when that breathing spell comes, in 1917-18, when that ten kingdom confederacy is formed, every additional million of credit extended to Europe is another good reason for trouble.

These big millions of gold that are accumulating here will look very big and tempting; how easy it will be for the allies to start something. Japan has a sore spot. Then the others with their billions of debt, how natural for them to conclude that the easiest way for them to square the account and at the same time get those millions of gold is just come over and clean up the country.

This is what I would like to see: Every city of the United States of upwards of 100,000 population with soldiers of the regular army for police duty. This would maintain quite an army and an army disciplined and ready for service. These troops would be under pay by the United States, and each city pay its expense to the government.

This would be a big saving to the city and put an end to political police and other bad features that would not be tolerated by officers of the army. If this plan were adopted each city could double its force and then save money. This would doubtless give our country 300,000 men that could be assembled in short order.

P. H. WINTERSTEEN. WOULD A World-Wide Fraternity. WILDEN, Neb., Oct. 18.—To the Editor of The Bee: The "Citizens-of-the-World" movement is rapidly extending its work into the belligerent as well as the semi-neutral nations; for it is the conscience of the individual that needs the awakening; for far too long have nations and racial groups been isolated and their governments have systematically schooled them to "hate" all others, and in this atmosphere of blind, prejudiced patriotism, their poor souls are taught to think that all others are heathen, and that an "unreserved devotion" to this, their government (the only one earthly), is the duty of every individual.

By such means prodigal courts are maintained in splendor and vain extravagance, while the scullion plebeian gives his service and life to perpetuate such vanities. There is an international justice, as well as each government deigns to maintain a judicial department, and to defend a nation, "right or wrong," is a blind patriotism, and cannot survive, for justice is of the same essence whether administered in a local or national court or in the court of universal conscience, for the Turk may appreciate the spirit of justice as well as the Briton.

Governments that are honey-combed with dishonesty and maintained by secret diplomacy can only exist by being able to clap the bridge of prejudice upon their serfs; hitch these martyrs to their juggernauts, maintaining their positions by the blood of blind devotion, as a travesty on justice; being elevated on a throne of skulls; but as soon as the individual awakes to look beyond the national and racial confines with which he has been encompassed, he will cease being an abject slave, and find his place as a "citizen of the world," while the tyrants and usurpers who have drained the noblest blood to satisfy their own voluptuousness continuing their reigns by pitting nation against nation, will be reduced to the ranks and forced to disgorge what they have glutted—the rights of humanity—and learn that promotion must be because of ability and justice and not chance or birth—"World-Wide Fraternity," attaining to the degree of "Ye are brethren" and "In honor preferring one another." CHARLES P. LANG.

What is the World's Champion? OMAHA, Oct. 26.—To the Editor of The Bee: That is a very beautiful belt that was purchased for Joe Stecher by his Nebraska friends. Nebraska is justly proud of Stecher, but I fear that we have no right to call him a world's champion when the real world's champion has never been defeated.

If some one would chloroform Frank Gotch and Farmer Burns we could claim the championship for our native son, but as long as they are living they will remain two strong reasons why Stecher is not the world's champion. The writer is an ardent admirer of Joe Stecher, but cannot see how Stecher can claim the title until he throws Gotch, and that job is about as easy to accomplish as to push the sun from its course. E. M. WAYMORE.

Woman's Activities. Nearly 11,000 women have enrolled as female police in Italy and they will undergo special physical training and wear uniforms. Hundreds of women are now at work on lathes, drilling machines and stamping out machines in the Russian factories where they make high explosive shells.

Miss Alice P. Adams, who has just come from the Japan schools at Okazaki, says that there is no objection to religious teaching after or before school hours, but not during the school session. The Japanese are a religious people, she says.

Mrs. Elizabeth Brown Davis of Washington is said to be the greatest authority of her sex upon astronomical mathematics in this country and possibly in the world. She has been making computations for the National Almanac, published annually by the United States Naval Observatory at Washington.

Mrs. Alice Carey Riley, recently elected president of the Army Nurses of the Civil War, at the Washington meeting, was born in New Orleans. As a girl she helped her mother give aid to all who were in sympathy with the Union. During the war conditions were such that her family moved from New Orleans by steamboat to St. Louis. She became an army nurse. She now lives in Jefferson City, Mo.

Twelve of the New York schools have adopted the Gary plan, which requires the teachers to give six hours of work each day, but no teacher teaches any study except what she wants to, pupils going to one room for arithmetic, to another for grammar, and so on. Each teacher uses her own methods and is only judged by the results she gets. The departmental idea is not necessary for the new method of teaching. Started in Gary, Ind., this new method has attracted a great deal of attention.

SMILING LINES. "Is your neighbor a man for peace?" "On the contrary, I have reason to think that he believes in the mailed hand." "What reason is that?" "His a postman."—Baltimore American. "Father, I had a fight with Percy Raymond today." "I know you did," replied the father severely. "Mr. Raymond came to see me about it." "Well," said the son, "I hope you came out as well as I did."—Ladies Home Journal.

KABIBBLE KABARET DEAR MR. KABIBBLE, DO YOU BELIEVE IN ELOPEMENTS? YES—I WISH SOMEBODY WOULD RUN AWAY WITH MY WIFE

Mabel—You and Harold seem inseparable. Gertrude—We are together a good deal. You see, Mabel, I take a peculiar interest in him. Mabel—Oh, do you? Gertrude—Yes, I was engaged to him at one time, and in love with him at another.—Judge.

THE HAUNTED PORCH. Washington Star. The rocking chairs keep rocking, As the breeze comes wandering by, Though empty is the summertime hotel. The little birds are flocking From the chilly autumn sky. Quite undisturbed around the porch to dwell. And an influence all ghostly Seems to gather 'round the pot. As you recollect the gossip and the game That were mild and harmless, mostly. They are faded and forgot. But the rocking chairs keep rocking, just the same.

There's a trace of youthful sighing In the tremor of the breeze As it hovers, now unwelcomed, through the place. There are voices harsh and trying: There are murmurs ill at ease. Though of human presence there is not a trace. With the flowers they have vanished. With the flowers they'll return. Those summer throngs that met with glad acclaim. The music has been banished. And the lights no longer burn. But the rocking chairs keep rocking, just the same.

This Coupon is good for 10 trademarks toward this Quaker Cooker. Cut it out. Then buy a package of Quaker Oats, see our offer, and note how much this means. But only one of these coupons can be applied on a Cooker.

Madam—It's Yours Quaker Oats is yours, if you ask for it, without any extra price. And it means luscious flakes, made of queen grains only. This perfect Cooker is yours to retain the flavor, and to cook in the ideal way. See our offers in each package.

Any grocer, if you ask him, will supply you Quaker Oats. Many grocers now display this Cooker, and make a feature of it. So if you want this extra quality, and want it better cooked, you can very easily get it. Try it some morning and you will never go back to less inviting oat flakes.

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