The Bee's Home Magazine Page

Breakfast! (Honeymoon Style)

By NELL BRINKLEY Copyright, 1915, Int'l. News Service.



Acquire Good Manners

By ELLA WHEELER WILCOX.

Copyright, 1915, by Star Company. A high school boy has made a request for a series of articles on good manners. The boy may acquire good manners if he will indulge every day in a little selfanalysis and find

While it is an excellent rule to pass

that the fundamental principle of good manners is kindness of heart. Next comes consideration of others. Never to indulge in any habit or conduct or speech which can a n n o y, wound or displease without good cause those with whom we associate-that is the platform on which we can easily build a structure of good manners.

OF BRY.

bright, intelligent youth, ambitious to acquire a pleasing deportment needs only to watch and listen to the wellbred people of his acquaintance to obtain a founedge of the right things to dc.

be serviceable. One is:

Three things to observe with care; Of whom you speak, to whom you speak, And how and when and where

The other is-before repeating any un-

virtues, it serves a good purpose to keep true, is it kind, is it necessary?" Sometimes an important statement may a little mental notebook of the things which annoy us in others, but to keep these notes only as reminders of the things we do not wish ourselves to do not kind, and yet necessary to repeat. A man who was eager for an education baby in her arms if she is about to call

and who had acquired the principle of at a house where there is an infectious disease, that such a condition exists thrown, much with illiterate people in his within. But it is only where there is daily associations. After some years necessity to warn or where there is a he became notable for his elegance of possibility of helping and changing the he became notable for his elegance of existing conditions that one is really jus-language, and his fine powers of con-tified in repeating and commenting upon versation. He was asked how he manthe disagreeable and painful things of aged to avoid acquiring the alip-shod expressions and grammatical mistakes of People who possess the refinement of

his companions. good manners always leave a pleasant The man answered, "Whenever one of The man answered, "Whenever one of my comrades or acquaintances uses an expression which I know to be correct I brief interview in which only the ordimentally say the phrase as it should be said. For instance, when I hear a man say. 'I done it,' or 'I seen a feller do mentally say the phrase as it should be that,' 'I hain't got it,' or similar phrases, ners spring from a good heart will find I repeat mentally, 'I did it,' 'I saw a man an opportunity to leave an agreeable do that,' 'I haven't got it,' etc. I never and brightening effect. by without mental correction. In that man, then call your brain, your memory,

way my mental notebook is filled with your powers of observation to bear upon the right expressions and the wrong ones life, and you will need no book of etido not come to me when I wish to speak." quette to direct you, although it may This is an excellent rule for acquiring not harm you to read ong. of good language. The same rule can be applied to manners. Whoever wounds

us by rudeness, vulgarity, loud talking in public places, or other disagreeable habits, should be observed and remembered only as a guard to better manners for ourselves in these matters. Any you will find that the tough white skin

dation for good manners, and a knowl-Then by reading out of his mental notebook the things which he has found displeasing to himself in others, he can soon acquire a long list of the things not to do. A well modulated voice in men or women and a clear-out, distinct enunciation in speech are important facts in an agreeable personality. These can be acquired by a little practice. Courtesy

to older people and to women is of great importance. The absence of haste or noise in the partaking of food and the avoidance of lounging attitudes at the table are also important. In conversa tion with our fellow beings there are two well known quotations which may

lightly over the faults of others and to pleasant news or disagreeable gossip dwell upon their worthy qualities and about any one, to ask one's self: "Is it

a bit of trouble. I recommend Lydia E. Pinkham's Vegetable Compound to

every suffering womam."-Mrs. HARRY FISHER, 1625 Dounton St., Nicetown, Pa.

Another Woman's Case.

Another Woman's Case. Providence, R. I.— "I cannot speak too highly of your Vegetable Compound as it has done wonders for me and I would not be without it. I had a dis-placement, bearing down, and backache, until I could hardly stand and was thor-oughly run down when I took Lydia E. Pinkham's Vegetable Compound. It helped me and I am in the best of health at present. I work in a factory all day long besides doing my housework so you can see what it has done for me. I give you permission to publish my name and I speak of your Vegetable Compound to many of my friends."—Mrs. ABEL LAW-son, 126 Lippitt St., Providence, R.L

Danger Signals to Women are what one physician called backache, headache, nervousness, and the blues. headache, nervousness, and the blues. In many cases they are symptoms of some female derangement or an inflam-matory, ulcerative condition, which may be overcome by taking Lydia E. Pink-ham'sVegetable Compound. Thousanda of American women willingly testify to its virtue.



HOUSEHOLD HINTS.

Before peeling oranges, set them in

the oven to heat for a few minutes, and

easily removed with the yellow rind. This makes the oranges much mater to give to children.

Pears are ripe when the pips are black,

Oysters are not only very indigestible, ut have no food value.

Onions absorb all poisons and nozious smells quicker than anything else.

Rose cuttings should be slit one inch up from the bottom, and a grain of wheat inserted.

WOMAN COULD HARDLY STAND

Because of Terrible Back-ache. Relieved by Lydia E. Pinkham's Vegetable Compound.

Philadelphia, Pa.-"I suffered fron. displacement and inflammation, and had

such pains in my sides, and terrible backache so that I could hardly stand. took six bottles of Lydia E. Pinkham's Vegetable Compound, and now I can do any amount of work, sleep good, eat good, and don't have

San Toy and the dog Oh Joy-for they had their own food and did Here is the reason Billy and Babette put on their little hats and not eat bacon and eggs at all, at all .- NELL BRINKLEY, had breakfast at a hotel so many mornings. What cared the cat

Wisdom of Making Most of One's Own Field

Most of the friction that exists in the with what belongs to us and then going about to secure satisfaction by trying to get hold of what

helongs to somebody To become content to cultivate one's own field or discess, instead of grasping territory that lies outside is a lesson that it is going to more and more necessary to learn, according as population multiplies and pressure of man upon man and frontter upon frontier becomes more and nore close and in-

shall have been diminished by the larger He was a very good moralist, as well atmosphere of our own personal comentisfied with what we possess and to "I have learned, in whatsoever state I cern. being of the general public.

By CHARLES H. PARKHURST. | principle for which I am contanding to them instead of taking time to realize unembarrassed opportunity to give these The time was, and not very long ago. | what is already contained in them. The ancient worthies a fair rating.

when land in our country was so abund- policy I am insisting upon is the only That, however, cannot yet be said re-ant and extended itself toward the west one that can secure peace between in- garding the personages that are playing world proceeds from being dissatisfied in such unlimited area, that the farmer dividuals, states and nations. As we a role in this great contemporary tragneeded only to skim off the surface have not the power to create anything edy. But the time will come when that woalth of the soil, and then move far- new, getting more for ourselves usually can be done and when it will be done. ther on to soil that was still virgin, and means getting it away from somebody And it will be great reading. Epitaphs where the process of exhaustion had not else; and that means guarrel; it means and obituary records will be traced with

even been begun. That policy is now be- war, social war or international. That an historic pen that will draw deeper coming increasingly impossible. We have not yet reached the limit of burope, and for similar conditions as they have existed down the whole line of another to read it when approaching it, and with this result, that the agriculturist is finding himself in-creasingly constrained to get more out of the land which he already owns rather than to increase his holdings by the acquisition of additional acres. That is what is understood by intensive farmer and the legislated. It will be made possible only by a change of dis-position. Individuals will quarrel and to satisfy themselves with what they is what is understood by intensive farmer of the land. The base of the present are all by, and when from the voluminous records, that are now from day to day in course of preparation, there has been distilled the final verdict that will remain unrepealed approaching it, and with this result, that history.

is what is understood by intensive farm- have instead of trying to satisfy them-ing, a method of so treating the soil as seives with what does not belong to to make it yield more than it yields of its them. own accord.

I have no present interest, however, in years from now in order to read a just that time, to all present appearance, our the solution of the agricultural problem history of the events that are now except as it illustrates the principle that transpiring. We are too near our own the true policy of life, whether for the day to be in a situation to assess a fair individual or otherwise, lies in cultivating our blessings and in getting all purposes. Our judgments may not be While the nations that are now in convalue upon people and their motives and hausted.

It is impossible to conceive what the world will become in that respect when war shall have be-come eliminated by the spread of a more whatever may be their nature, rather than come eliminated by the spread of a more come eliminated by the sprea

confine our afforts to raising it to the am, therein to be content." that is to say, Mones, Julius Caesar, Alfred the Great, vitality and of the enlarged opportunity highest state of productiveness is the to be self-sufficient, not obliged to go and a few of somewhat later date, lived given it to be a leader among the peo-

to be pursued, whether it be our individ-und well-being that we consult or the We are all of us indifferent to our fair estimate. Their relatives are all are the national exponent. give us opportunity to put upon them a principles and institutions of which we present mercies, and lose the advantage dead and the istrantic which engage us What a splendid challenge addresses

on to landed property will illus- and comfort proper to accrue to us from today are so different from those whitrate in a simple way the bearing of the them, by the exclusive endeavor to add occupied them then as to afford us an will rise to the level of the opportunity.

The last scene of the tragedy that is One would like to be alive a hundred played and the curtain rung down. At own country will be standing forth with strength unabated and with mental. moral and financial resources unex-

more than conscious of its strength and

itself to all such of our young men as

GIVE COMPLETE SERVICE TO 2 DISTINCT TYPES 225 403 405

Nemo Self-Reducing Corsets with Nemo Relief Bands were introduced in They have been popular from the beginning, and are now in greater 1006. demand than ever. For some types of stout figure, they are the most satisfactory corsets ever made.

The Improved Relief Bands are now composed largely of semi-elastic Lastikops Webbing. They simply gather up a large "spready" abdomen; support, reshape and reduce it with delightful comfort.

The elasticity of the Relief Bands and the gentle friction of the Self-Reducing Straps produce a passive massage that gradually softens the excess fat, which is absorbed and removed, permanently reducing both the size and weight.

Three distinct models, for three distinct types of the full figure:

No. 402—For a short stout figure, small or flat bust, excess flesh on abdomen rather than on hips .

No. 403-For a figure of medium height, with full \$100 bust, large hips and abdomen

No. 405-For a tall figure with full bust, large hips

CAUTION: The supporting, reducing and auto-massage service of these corsets is due to the Nemo patented construction-the free play of the Bands and Straps against the body. Imitations are made with straps and bands of similar appearance, sewed on to the corset, and therefore IMMOVABLE. These, of course, have no supporting, reducing or auto-massage value, and only add to the weight and bulk of the corset. Look for the trade-mark-NEMO. That is your protection against useless imitations.

Every Nemo Corset is an extra value simply as a corset. For the hygienic features -which are priceless you PAY NOTHING EXTRA.

The Nemo Hygienic-Fashion Institute, New York

