## The Bees Home Magazine Dage

Mystery of the Eskimos: : Unigne Among tho Racas in Proo


Read It Here-See It at the Movies

## be Goddess--

By Gouverneur Morris and
Charles W. Goddard
arpets of Revious Chapl

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BLUE MILK


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Minor Lights of Stage Plead for Fair Play
by klla wherler wifoox.
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## Ben Franklin Was a Vegetarian

Franklin's massive personality dominated and overshadowed the eighteenth century. You don't have to be a strict vegetarian to attain success in any department of endeavor, but if you cut down your supply of meat you should eat

## Shredded Wheat

which contains more real nutriment than meat or eggs, is more easily digested and costs much less. Get "the Shredded Wheat habit" and learn what it is to have good digestion, muscular vim and clear brain. A man's food for a man's work. A woman-saver because it is ready-cooked and ready-to-serve. Try it for breakfast with milk or cream. Eat it for lunch with berries or sliced bananas and cream.

Made only by The Shredded Wheat Company, Niagara Falls, N. Y.

