

What a World Famous Dietitian Says of Macaroni

If we Americans selected our food more from the standpoint of nutrition, we would have less of the high cost of living. We find, especially among families of very moderate incomes, that meat is eaten to excess, the idea being that an abundant meat diet is essential to maintain and repair the system.

We can well afford to cut down materially on meat and look elsewhere for nutritious and much more economical foods. Meat Faust Macaroni for instance. Of macaroni, Dr. Hutchison—recognized as one of the world's famous dietitians—says: "The energy value of macaroni compared with beef is in the ratio of 100 to 92"; and that "Macaroni is absorbed almost in its entirety," which means that it is practically all utilized to enrich the blood and build tissue.

Faust Macaroni is a highly glutinous food—muscle and energy builder. Can be prepared in many tempting ways. Cut down on meat—substitute Faust Macaroni.

MAULL BROS.,
St. Louis, U. S. A.

COCOA NUTOIL FINE FOR WASHING HAIR

If you want to keep your hair in good condition, the less soap you use the better.

Most soaps and prepared shampoos contain too much alkali. This dries the scalp, makes the hair brittle, and is very harmful. Just plain mildified coconut oil (which is pure and entirely greaseless), is much better than soap or anything else you can use for shampooing, as this can't possibly injure the hair.

Simply moisten your hair with water and rub it in. One or two teaspoonfuls will make an abundance of rich, creamy lather, and cleanse the hair and scalp thoroughly. The lather rinses out easily, and removes every particle of dust, dirt, dandruff and excessive oil. The hair dries quickly and evenly, and it leaves it fine and silky, bright, fluffy and easy to manage.

You can get mildified coconut oil at most any drug store. It is very cheap, and a few ounces is enough to last everyone in the family for months.—Advertisement.

Clear Lake Iowa

A Family Resort

Features of Clear Lake that appeal to and please the young and old.

Clear Lake is really reached from your town. Moderate prices prevail both at the hotel and at the cottages for rent and all living supplies.

Dances, bowling, tennis and all forms of harmless amusements for the young and old.

Learn more of this resort. Write for a copy of Commercial club for handsome illustrated booklet of Clear Lake.

The "Saratoga of the West"

Our Paragon Typewriter Ribbons and Red Sea Carbon Papers

are recognized as the leading ribbon and carbon lines on the market.

They are the leading lines not only in quality, but in completeness.

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Today is Better Than Too Late

Beginning right now to be a "WELL-KNOWN SAVED" at the South Omaha Savings Bank may save you some day from the bitter disappointment of seeing a golden opportunity slip through your fingers. It may save you too from a bitter trial.

It is too late to begin to save when emergency and opportunity knocks at your gate.

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HENRY POLLOCK
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Nebraska BULLS OUTNUMBER BEARS IN THE STATE

Labor Commissioner Coffey Has Reports that This Year's Yield Will Double Last Year.

BOARD OF CONTROL INVESTIGATE

(From a Staff Correspondent.)
LINCOLN, June 1.—(Special.)—The bulls have the bears far outnumbered in the reports on the wheat crop that Labor Commissioner Coffey is gathering from all over the state. Several are of the belief that this year's yield will double the big yield of last year. The majority opinion makes the 1915 crop from 10 to 15 per cent better.

Special conditions in a few localities lead to pessimistic reports. For instance, C. W. Conkling of Tekamah, Burt county, says that the ground has been badly flooded in that section of the country and that the yield as a result may be 20 per cent less than last year. The ravages of the Hessian fly lead G. W. Grenard of Ruskin to predict a crop 20 to 25 per cent less in Nuckolls county.

The above, however, are the only two of a similar kind out of over 100 Western Nebraska authorities are particularly enthusiastic about prospects. J. A. Woten of Potter says Cheyenne county "may double" its crop. John W. Patterson of Kearney says Buffalo county wheat will go 100 per cent better than last year. Senator I. S. Bygland of Bradshaw says Boone county will have a 30 per cent better crop. J. H. Schubert, down in Richardson county, puts in a conservative 10 per cent increase in the northeast part of the state in Dakota county, also estimates a 10 per cent increase. Representative W. L. Bates says Cheyenne county will double last year's yield.

Against Duplication.

A delegation from Sterling, which included William Kershaw and J. E. Stutheit, called on members of the State Railway commission this morning in connection with the application of the People's Telephone company for permission to issue \$20,000 worth of stock and bonds for the construction of a second and rival plant in Sterling. The commission is about to issue the order in the case, it having been submitted some time ago. Commissioner Hall is open in his opinion to a duplication of plants and it is rumored that in this instance at least the other two members are with him. The Sterling case was the "horrible example" that Commissioner Hall held up before the legislature last winter when he sought to secure his "certificate of public necessity" legislation. This would put the question of the duplication of plants in the hands of the commission. "It is a question whether it is better to begin with whether it is better to begin with the Smith in conference."

Attorney E. P. Smith of Omaha, employed as special counsel by the State Railway commission in the fight that is being made on general order No. 13 by out-of-state interests, was in conference today with Commissioner Clark and Rate Expert Powell. No date has been fixed for the next hearing, but it will probably be held in Omaha some time during the summer.

Board to Investigate.

The State Board of Control will investigate on its own initiative the circumstances surrounding the death of Charles Steckelberg, an inmate of the Norfolk asylum, which occurred last week. According to the report of Superintendent Guttery, Steckelberg attacked Newsum, an attendant, and in the clinch that followed fell and fractured his skull on the cement floor of the barn. Dr. Guttery exonerated Newsum from all blame and recommended his retention.

Bonds Are Filled.

Paving and curbing bonds in the sum of \$19,000 have been filed with State Auditor Smith for registration by the authorities of the city of South Omaha. The village of Siletion has filed light bonds in the sum of \$8,000. There is some question about the registration of the latter, the "history" of the bonds not appearing fully enough.

WESTERN BAR ASSOCIATION WILL MEET IN LEXINGTON

LEXINGTON, Neb., June 1.—(Special.)—The third annual meeting of the Western Bar association will be held in this city tomorrow. A program has been arranged which will take place in the court room. The principal speaker of the day will be W. V. Allen, of Norfolk, Neb. Judge Hobart of Geneva, Neb., the president of the association, will call the meeting to order at 10:30 a. m. This association includes the lawyers of the Thirtieth and Seventeenth judicial districts. A banquet will be given in the evening at the Cornland hotel. An automobile ride has been arranged for the afternoon. An invitation has been extended to the supreme court.

A contract has been let to a Grand Island firm to build an opera house in this city, with a seating capacity of 600. The building will be of reinforced concrete and brick. Lembach & Welso are the parties putting up the building.

Baccalaureate at Chadron.

CHADRON, Neb., June 1.—(Special.)—Bishop George Allan Beecher of the Protestant Episcopal church preached the baccalaureate sermon to the graduating class of state normal Sunday morning in the new wing of the new building. Diplomas will be presented to twenty-five graduates of the normal course and fifteen from the high school course at commencement exercises Thursday.

Insect Bites and Infection
Apply Sloan's Liniment to any bite, sting or bruise. It kills the poison and heals the wound. Only 5c. All druggists.—Advertisement.

Nebraska UNI COMMENCEMENT CARD

Alumni Will Receive Special Welcome at Lincoln on June Fourth and Fifth.

DR. MADISON BENTLEY ORATOR

(From a Staff Correspondent.)
LINCOLN, June 1.—(Special.)—June 4 and 5 will be gala days at the University of Nebraska for the alumni. Among the functions will be class reunions, senior play, alumni meeting, alumni council meeting, alumni carnival and the Lincoln pageant play.

Dr. Madison Bentley, '96, will be the alumni orator. He is now with the University of Illinois.

The following program for the day is announced by "The Nebraska Alumnus":

FRIDAY, JUNE 4.
2:30 P. M.—Alumni council meeting, alumni headquarters. Class reunions, breakfasts, luncheons, dinners.
5:15 P. M.—Senior class play, Oliver theater. The Sankers' Hall. Gerhart Hauptmann. A fairy play in five acts.

SATURDAY, JUNE 5.
9:30 A. M.—General Alumni association business meeting. Memorial hall.
10:30 A. M.—Alumni oration by Prof. Madison Bentley, Psychology of Settlement. Memorial hall, city campus.
2:30 P. M.—Pageant of Lincoln. Three hundred characters. City campus.
6:30 P. M.—Alumni carnival. City campus. Opening by Charles Sawyer. Stunts by classes. Dancing in gymnasium. Refreshments. fireworks.

"Founding of Lincoln," a dramatic pageant to be presented by the Lincoln Commercial club and the Alumni association of the University of Nebraska on June 3 was written by Hartley Alexander and Howard L. Kirkpatrick.

This explanation of the production is offered in a foreword by the authors: "The pageant of the founding of Lincoln is partly symbolic, partly historical. The symbolic scenes are set to music and make free use of allegory; the historical scenes are dramatic in form and they aim to be vividly reminiscent of the events of early days rather than to reproduce those events with fidelity."

The characters are: Spirit of Progress, The Adventurers, Spirit of the Prairies, Chieflain, leader of a band of Indian hunters; Prophet, an old man of the tribe; Two Scouts, Men and Women of the band; Governor David Butler, Secretary of State Thomas P. Kennard, State Auditor John Gillespie; August P. Harvey, clerk; James Sweet, capitalist; citizens of Lancaster, Elder J. S. Gregory, William T. Donovan, Elder J. M. Young, Dr. John McKesson, Postmaster Jacob Dawson, Stephen B. Pounder, William W. Cox, Luke Lavender, Jacob Pfing, Mrs. Donovan, Mrs. Dawson, Mrs. Cox, Two Boys, John Cadman, J. W. Pugh, Mr. Pugh, Mr. Pugh, Mr. Pugh, Omaha and delegates from Nebraska City.

Sunlight Is Money For City of Omaha

(From a Staff Correspondent.)
LINCOLN, June 1.—(Special.)—"A couple of weeks of this means \$700,000.00 pouring into the state of Nebraska," said Governor Noyeshead this morning with reference to the June sunlight that flooded his office.

"You bet," chuckled the newspaper bunch that was draped around the gubernatorial furniture, "but we don't see where we get it very strong."

"Oh, I don't know," said the governor. "I've got a little wheat down in Richardson county, speaking for myself."

"How much, governor?"

"Oh, not much this year, only about 20 or 30 acres."

Nebraska School News

DAVENPORT, Neb., June 1.—(Special.)—The twenty-eighth annual commencement of the Davenport schools was held in the Methodist Episcopal church Friday evening. Rev. A. A. Brooks of Hastings delivered the address. The class consisted of ten members, as follows: Floyd W. Row, Ernest Holst, Earl Berkey, Glen Keith, Melvin Teter, Ray Surber, Bessie Inogenie Spriggow, Grace Vitroch, Jessie Laving, Mary Surber.

The entire class finished the normal training work and will receive their certificates. The entire teaching force has been re-elected for the coming year. All will report for duty but Roy W. Deal, who has resigned, and will take up work in the Wesleyan university.

Nephew of Beatrice Man Killed in France

BEATRICE, Neb., June 1.—(Special.)—Gus Schmitt of this city Monday received a letter from his sister, Mrs. Anna Klump of Rothfels, Baden, Germany, stating that her only son, Joseph Klump, had been killed in an engagement with the French troops, and that thirteen other young men of the Rothfels' vicinity had met a like fate. Klump was 28 years of age and was decorated with the iron cross and other medals for bravery on the battlefield. Mrs. Klump says that food supplies are plentiful, but the prices have doubled the last few months. She adds that the country where she resides is almost depopulated of men ranging in age from 20 to 65 years.

Host of New Auto Licenses Are Issued

(From a Staff Correspondent.)
LINCOLN, June 1.—(Special.)—Secretary of State Poyne reported for the month of May shows the issuance of 4,134 new automobile licenses. His report also shows an expenditure in administering the new vehicle registration of \$1,245, in which the big items of expense were postage and labor.

Mr. Poyne's semi-annual report for the half year, beginning December 1, and ending May 31, shows total office receipts of \$2,101.73. The filing of articles of incorporation netted \$10,000 and the granting of corporation permits \$9,456. These were the two large items in the total.

FULLBLOODED WINNEBAGO IN THE FOOD DEPARTMENT

(From a Staff Correspondent.)
LINCOLN, June 1.—(Special.)—The dairy industry has not been a popular one with the Indian farmers of Nebraska. Oliver Labiere of Winnebago, a full-blooded member of the Winnebago tribe, who went to work today for Food Commissioner Harman as summer dairy inspector for that section of the country, will, incidentally to performing the regular duties of his office, strive to make his people realize the profit that there is in the milk and butter business.

Labiere was appointed by Governor Noyeshead. He has been pushing the cause of industrial education among his people for the federal government. As far as known he is the first Indian appointee of any Nebraska executive. He is a Carlele man and was a famous gridiron man while in that institution. He has a pleasing personality and sings first tenor in an Indian quartet, which will be his big feature in the pageant that the State Sunday School association is holding in connection with its convention at Broken Bow on June 14.

News Notes of Lyons.

LYONS, Neb., June 1.—(Special.)—The Lyons public schools have closed, the term being considered the most successful ever known at this place, with Superintendent William Fleming in charge. The graduates are Frances M. Whitte, Rose M. Broucher, Mabel V. Rhoda, Edna M. Ingham, Helene Loppow, Jeannette Dyrson, Harold McMillen, John F. Schulze, William A. Riech, Orville S. Ramsey, Harold L. Douglas, Burton L. Piper, Ruth E. Stuffer, Alice M. Swanson, Inez M. McDowell and Eva Miller.

Lyons has just completed a four-foot cement sidewalk to the cemetery, about a mile out in the country, costing over \$1,000. The work was done under the supervision of the Woman's Relief corps.

The Lyons Mirror has just published the "Searchlight," the Lyons High school magazine, for May.

Van V. Boyce of Adel, Ia., has bought the Sun at this place and will take charge this week. J. J. Hayden, the retiring editor, expects to move to Minnesota.

See Want Ads Produce Results.

Turk Losses on Gallipoli Peninsula Estimated at Over Forty Thousand

LONDON, June 1.—A prisoner captured a fortnight ago in the Dardanelles says that the Turkish losses in the defense of their positions on the Gallipoli peninsula were, at that time, over 40,000 men. This information was given out in an official statement in London today, which read: "Regarding the operations in the Dardanelles, Turkish prisoners recently arrived in Egypt say the Ottoman losses in the fighting on the Gallipoli peninsula have been terribly heavy. The Twenty-fifth regiment was almost annihilated, its colonel alone of all the officers escaping death or capture. Almost equally severe were the losses borne by the Fifteenth and Fifty-sixth regiments. The loss in officers generally has been very heavy, and the gaps are being filled by naval officers and cadets from the military school. Men from every military class, Nizam Redif and Mustafis, are now found in the same unit.

"The attacks on the Krithia position early in May were most costly operations for the Turks. Ordered by General Liman Von Sanders to attack with empty magazines with the bayonet only and by night they assaulted our columns repeatedly. They were caught by the searchlights of the allies in close formation and terribly punished at point-blank ranges by machine guns and rifle fire. Only 150 could be collected out of a regiment originally 3,000 men strong.

"The mountain guns of the allies on more than one occasion caught the Turks as they were assembling at night for attack and assisted by searchlights they were kept for some minutes at a time under the heavy rifle and shrapnel fire, which inflicted serious losses.

"The landing," said an Arab officer, who was among the prisoners, "was costly and difficult, but it was boldly carried out, and when our troops were once established on the peninsula, it was our turn to suffer the heavier losses in a series of desperate and unavailing counter attacks. I was made prisoner a fortnight ago. We then had lost at least 40,000 men in killed and wounded."

"It is further declared by prisoners that two Turkish battalions attacked each other by night near Gaba Tepe, losing heavily and ultimately stampeding in spite of the efforts of their officers to rally them.

"Prisoners say that the firing of the British machine guns has been particularly well directed and violent and that the naval guns have at times been most effective. Men who were in the trenches near the points where the heaviest shells burst were frequently so dazed and shaken by the explosions as to be paralyzed.

"The prisoners in some cases frankly admit that they do not in the least know why Enver Paasha and Talaat Bey went to war, while others curse the Germans heartily.

Stella, Neb. June 1.—(Special.)—Mr. Jake A. Cook and Miss Ethel Sloan Houts were married at the home of her parents, Mr. and Mrs. I. E. Houts, in Verdon Sunday afternoon at 3 o'clock. The bride was a teacher in the Vandevanter district, near Stella, the last year.

Memorial Sunday at Chadron.

CHADRON, Neb., June 1.—(Special.)—Special memorial exercises were held at the court house Sunday afternoon under the direction of the local chapter of the Daughters of the American Revolution and the teachers of the Chadron public schools. Members of the Grand Army of the Republic and Women's Relief corps were guests of honor. Music was furnished by the Chadron band and flag exercises were given by the pupils of the second and fifth grades. Addresses were made by Bishop George A. Beecher, of the Protestant Episcopal church, from Hastings and Mayor A. G. Fisher of Chadron.

TWO ARMENIANS DIE MAKING MEMORIAL DAY FLIGHTS

TROY, N. Y., June 1.—George L. Newberry, a professional aviator of Kirkwood, N. Y., was fatally injured here today when an aeroplane with which he was giving an exhibition in Reasner park fell from a height of 400 feet into a nearby cemetery. He was hurried to a hospital, where he died in a few minutes.

CLYDELAND O., June 1.—Frederick Rada, professional balloonist, plunged 300 feet to death late this afternoon in attempting a triple parachute drop at Willoughby Beach park. His third parachute failed to open. Three thousand persons saw the accident. Rada declared before the ascent that atmospheric conditions were not right, but went up rather than disappoint the crowd.

On Saturday, June the 5th The Central Furniture Store Will Put On Special Sale Hundreds of Pairs of Portiers and Lace Curtains, Portieres and Couch Covers

A big purchase of beautiful lace curtains, portieres and couch covers, bought direct from the mills at a price which was away below the market, enables us to put the entire shipment on Special Sale for this ONE DAY ONLY at a price which will mean a saving to you of at least one-half. In this big purchase are included an elegant assortment of Gable and Bobinet Curtains, Irish Point, Arabian Net, Scotch Guipure, Nottingham, Scrim, etc. Also a choice variety of couch covers and portieres, in Roman stripes, floral patterns and a great many that are plain, while others have the wide and narrow borders. Below we quote a few sample prices which give an idea of the many excellent values we have to offer and as usual you make your own terms.

You Make Your Own Terms at the Central

The Newest Weaves	LACE CURTAINS	The Latest Patterns	
Choice new patterns at, each	25c	Choice new patterns at, each	\$1.10
Choice new patterns at, each	35c	Choice new patterns at, each	\$1.20
Choice new patterns at, each	45c	Choice new patterns at, each	\$1.35
Choice new patterns at, each	55c	Choice new patterns at, each	\$1.45
Choice new patterns at, each	60c	Choice new patterns at, each	\$1.50
Choice new patterns at, each	75c	Choice new patterns at, each	\$1.65
Choice new patterns at, each	85c	Choice new patterns at, each	\$1.85
Choice new patterns at, each	95c	Choice new patterns at, each	\$1.95
Choice new patterns at, each	\$1.00	Choice new patterns at, each	\$2.25

This Sale Is for One Day Only, Saturday, June 5

Couch Covers	PORTIERES	
Beautiful Oriental Pattern, plain and bordered.	Beautiful Portieres in Silk and Tapestry; many are plain, others with wide and narrow borders.	
Elegant couch covers at, each	All are fresh, crisp and new; at a pair	\$1.75
Elegant couch covers at, each	All are fresh, crisp and new; at a pair	\$1.95
Elegant couch covers at, each	All are fresh, crisp and new; at a pair	\$2.35
Elegant couch covers at, each	All are fresh, crisp and new; at a pair	\$2.65
Elegant couch covers at, each	All are fresh, crisp and new; at a pair	\$2.95
Elegant couch covers at, each	All are fresh, crisp and new; at a pair	\$3.25
Elegant couch covers at, each	All are fresh, crisp and new; at a pair	\$3.45
Elegant couch covers at, each	All are fresh, crisp and new; at a pair	\$3.85

OUT OF THE HIGH RENT DISTRICT CENTRAL

1717 AND HOWARD STS.

Gouverneur Morris—"Father of the Penny"

AMONG all the framers of the Constitution of the United States none were more adept at constructive statesmanship than the "father of the American decimal system" and originator of the copper cent. The finish, style and arrangement of the Constitution fairly belong to the brilliant and eloquent Morris. From his youth to the hour of his death he was a devoted and dauntless worker for American progress. His unrivaled ability as an orator was known throughout Europe, and his funeral orations on Washington, Clinton and Hamilton are treasured American classics. Gouverneur Morris was an indomitable supporter of the Louisiana Purchase. He it was who rescued LaFayette from prison walls and aided him from his private purse. Personally he was very handsome, his nature was impulsive, but his heart was warm and generous. He loved society, and his hospitality was famous. All his life he drank the creative brews of malt and hops, and who will dare say that it weakened his will power or detracted from his success, his fame, his glory and his might? It was upon the tenets of the Constitution of the U.S.A. that Anheuser-Busch's 58 years ago founded their great institution. During these 58 years they have daily brewed from the finest barley and hops beers famous for being alive with natural force and nutriment. Their great brand BUDWEISER, because of its quality, purity, mildness and exquisite flavor, exceeds the sales of any other bottled beer by millions of bottles. BUDWEISERS popularity grows daily, and 7500 people are daily employed to keep pace with the public demand.

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