


Silent
Heroes


Elephants presented to King Alexander, from a French manuseript of the Fourteenth century.






## Do You Know That

Does the clinging skirt portend a swing of the pendutum away from the very full skirt? Cer,
tainly Premet bas selected a narrow model for this tete de negre satin, with tunle of cobwebby
lace and corage of embroidered beige-colored mousseltine. A/ curtain of brown lace falls from
y Premet. Over the fourreawn of cloth designed $=$ surprisingly clinging one, is dropped a tunie of
gold tulle embroldered in blue and outinned in ermine. The corgage of gold tulle is embroidered in vari-colored stones and the Bleeves are of blua
tulle.

## To Tell of Love or Not ::

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By dorothy dix. (1)

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 Advice to Lovelorn









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could dras a woman down and make
companion to


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## The Cost of High Living

is not in dollars and cents alone, but in the breaking down of those vital functions of the body that bring happiness and long life. Neither the high cost of living nor the cost of high living need disturb the man or woman who knows

## Shredded Wheat

Two of these crisp, brown loaves of Shredded Whole Wheat, served with hot milk, make a warm, nourishing, satisfying meal and the total cost is not over five cents. It supplies all the human body needs to work on or play on. Keeps the stomach sweet and clean and the bowels healthy and active.
Two Shredded Wheat Biscuits, heated in the oven to retiore crispnest, served
cost of five or six cents. Also delicious with fruits. TRISCCIIT io the Shrodded
white flour bread or crackert.

