Man-Made World

* Hands Across a Thousand Forgotten Ages

The Human Hand, One of Nature's Marvels of Efficiency, and How It Differs from That of the Gorilla
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Poverty and Ambiion Do World' Best Work



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## Money in the Bank

is good, but a good stomach in a vigorous body is better than Dyspepsia with Wealth. Health is beyond the reach of money-bags. It is purchased with good habits and a simple, natural food.

## Shredded Wheat

is a simple, elemental food that supplies all the body building material in the whole wheat grain made digestible by steam-cooking, shredding and baking - the maximum of nutriment with the least tax upon the digestive organs.

## Made in America

Two Shrodided Wheat Bincuite, hoented in the oven to rotore crimpoes served with hot milk or creom, make a complete.



The Shredded Wheat Company,

Niagara Falls, N. Y.


