# The-Bees-Home-Maiazine. Pase 

Golden Rule Works in Sing Sing


Germ of a Fatal Heart Trouble 費 By Nell Brinkley


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\begin{aligned}
& \begin{array}{c}
\text { Reduced silighty from her normal sike. Bhe is the wayward } \\
\text { heature who inhabits the world as the winds that blow about it, }
\end{array}
\end{aligned}
$$

$\begin{aligned} & \text { and there destroying him utterly. Studenta Ware! For she reachen } \\ & \text { out from the plate whereon you coldy study her and attacka your }\end{aligned}$
heart with deadly surety. The symptons are if youve never suf-
$\begin{aligned} & \text { the next futters itke a blrd boating ita wings in a box, Whan you } \\ & \text { get theas the matter with you, aud a flock of other thingw ax well }\end{aligned}$

Are You
Superstitious?

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Advice to Lovelorn
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## Living on a Dollar a Week

Of course you don't want to live on a dollar a week No one wants to do the sensible thing when it comes to the selection of food-but it's easy for the person who knows

## Shredded Wheat

Two Shredded Wheat Biscuits with hot milk, make a warm, nourishing, satisfying meal at a cost of not over five cents-a meal on which you can do a day's work and reach the top-notch of health and efficiency. Supplies every element needed for the perfect nourishment of the human body. Delicious with all kinds of fruits in season.

TRISCUIT is the Shredded Wheat Wafer, eaten as a toast with butter or soft cheeses or as a substitute for white flour bread or crackers.

Made only by The Shredded Wheat Company, Niagara Falls, N. Y.


