

## Monkey Furs and the New Line

By Lady  
Duff - Gordon.



Charming Little Dance  
Dress for a Young Girl.  
Green Chiffon and  
Satin. "Lucile" Model



Gray Gabardine, Pleated at Sides of Skirt.  
"Lucile" Model.

LADY DUFF-GORDON, the famous "Lucile" of London, and foremost creator of fashions in the world, writes each week the fashion article for this newspaper, presenting all that is newest and best in styles for well-dressed women.

Lady Duff-Gordon's Paris establishment brings her into close touch with that centre of fashion.

By Lady Duff-Gordon.

BACK in New York and seeing all you bright and happy Americans makes it easier for me to forget Paris and my beautiful house in the Avenue Du Bois, where the *salle de fetes* is now rowed with beds of wounded soldiers, and my dogs that used to play around the *tables* of my Versailles pavilion are now probably sitting up begging to the overworked French commissariat staff, who are using it as offices.

One of the hardest things I ever had to do was to leave Paris, but every one has a duty, and mine was and is to retain in employment the hundreds of women who work for "Lucile," many of whom in England and France are already widows and fatherless.

In England we are booming a phrase, "Business as usual," its aim being to keep open all the firms who employ a large number of hands, and to persuade all they can to spend as much as they can to this end.

One of the accompanying costumes is of gray gabardine, pleated

at the sides of skirt; the bodies long waisted and tied around the hips. A flat hat, with a band of fur, accompanies it.

The charming little gown in the centre is a little dance dress for a young girl, in pale green chiffon and satin. The skirt is draped and girdled with silver flowers, with gray satin foliage. In another picture on the page you can see the front view of this dress, with its sash and buttoned front.

Monkey fur is the most popular and smartest of trimmings.

Here is a restaurant gown of purple tulle trimmed with it. The broad sash is of blue and purple brocade, finished with a spray of flowers, an exact reproduction of those worn in the brocade. The hat has its encircling band of the same fur.

Still another new model is the panne afternoon gown in golden brown trimmed with buttons, with girdle and buckle of the same. A fur collar and cuffs of fox completes the whole effect. The new line has a



Panne  
Afternoon  
Gown  
in  
Golden  
Brown.  
"Lucile"  
Model.



Front View of Gray Gabardine, Showing the  
Sash and Buttoned Front.

tendency toward more fullness, as you can see by these photographs. Skirts are baggier and so are waists. With this go larger girdles. There is much more fullness about the knees. There is more room for us to walk. Withal, I think that the present line is just as graceful as the more revealing one it has supplanted.

The "buttons down the front" is a new note that is made possible by the new line. It is in reality, of course, a very old note. But so is the fullness. It is the art of fashion to take the old things and make them not only seem new but make them actually new. Just as life is nothing but old things constantly dipped into youth.

Restaurant  
Gown by  
"Lucile"  
Trimmed with  
the New  
Monkey Fur.  
Purple  
Tulle and  
Brocade.



## Why Carry More Than 150 Tons on Your Heart?

THE commonest cause of death is heart disease, and, according to many doctors, we are creating this deadly peril by our habits of living.

That the alarming increase of heart disease, due largely to the fact that in these strenuous days people do not lie down often enough and long enough to relieve the severe strain on the most important organ of the body, was the argument of Dr. G. Harlan Wells, of Hahnemann College, Philadelphia, in an address before the Bureau of Homeopathy of the American Institute of Homeopathy.

"Few people," said Dr. Wells, "stop to consider the terrific strain they put upon their hearts. Actually the organ lifts about 150 tons more than four feet from the ground during the average waking day of the ordinary human being. In earlier days the people lolled around at every opportunity. People of to-day fail to do this. They remain in an upright position for long periods and do nothing at all to relieve the strain on the heart."

"The savage usually lies flat on the ground when he eats. Every time he

fat or his back on the ground. Lolling around so that the heart would simply have to push the blood through the arteries and veins, instead of having to lift it, would relieve the swelling feet and legs which are one of the first signs of heart trouble. It would allow the blood which has become settled in one point to become redistributed and revived. People would do well if they would manage to lie down for an hour in the afternoon at a point midway between their waking hour and the time they retire for the night."

A number of men of affairs whose business keeps them at fever heat the day through are prudent enough to stop and rest for five or ten minutes several times in the course of the day, and they usually spend this period in a reclining position to relieve the strain on the heart which a standing or sitting position involves.

A well-known banker used to say that the lounge which occupied one corner of his business sanctum and on which he made a practice of reclining for at least a quarter of an hour in the morning and again in the afternoon was of more value to him than the desk at which he worked.