



in the marriage service.

The word "obey" has no meaning what ever in the marriage service. It is noth ing but a lie, which should be eliminated. for it forces a woman to commit perjury at the most solemn moment of her life, and at the moment that she should most intend to keep the yows that she is mak-

When the modern girl swears at the altar to "obey" the man she is marrying she has no notion whatever of doing Her heart may be running over with love for her husband; she may be giving a boundless devotion, and pledging him every service of brain and hand, but one thing that she has no expectation whatever of doing is to obey him. And the man knows this. Whatever else he expected of hi wife, ho dosn't expeet obedience. He doesn't even arrogate to himself the right to be master to her. She is neither a child nor a slave to be ordered about and subject to his com-

Why should an intelligent woman, old enough to get married, be made to promise to obey? If she has not sense enough and sufficient judgment to know to conduct her own affairs, and what to do under the stress of life, her place is not at a man's side in a household, but in some institute for the feeble

If marriage is the right sort of a marriage it is a partnership of a man and aan, who unite their fortunes and their lives, and establish a home. Each partner has everything that he or she has in the world invested in this venture. and both should have the same authority. When two men go into partnership in business there is no questoin of one obeying the other. They confer together; they discuss ways and means together, each yields certain points to the other, in this way they work out a harmoniplan of action.

And this plan prevails in every household that is a success. The wife respects husband's judgment and follows his advice along certain lines. The husband readily admits that his wife's opinion on certain other lines is of more value and weight than his, but neither blindly obeys the other.



unfinished bits of jewelry without a peacock, the high-headed bird, in his aigrette, his splendor of dress and color,

And even though you may hold it of slash of Maxfield Parrish color across the ing the hungry eye that roves and delights radiating and pulsing with the moving

tints of the rainbow, green and gold, and And though I have given her a polished blue and bronze, carrying a train of feathlittle use, still is the world without a bril- mirror, the dictionary (so it does) says ers that are eyed in a black-like velvet liant note in its song of life if there were hotly that the peacock is no vainer bird and rustles with the peculiar sound of no Peacock Lady-gorgeous of hue- than any other. And yet when it puts all stiff silk"-why shouldn't they be vain as his glimmering, his pride, moving like a crested-and filling her setting-satisfy- this after the name-"gorgeous of hue, Narcissus himself?

NELL BRINKLEY.

Get at least eight hours' sleep every night in a well aired room. On awakenng sip slowly a glass of hot milk or cup of chocolate. Throw the windows wide open and go through the breathing exerclaes in Lesson X. Follow these by the wand exercises in part II of this lesson. Bathe and dress and you will have a good appetite for breakfast.

For breakfast eat all that appetite demands, but choose food easily digested. Take no fried food, hot cakes or strong tea or coffee. Fruit, cereals and cream, eggs, bacon and buttered toast make a nourishing and not too heavy meal. Hot rolls, graham muffins, stewed fruit, creamed potatoes, creamed flaked fish. brolled fish are all suitable breakfast dishes.

No matter what the weather or your occupation, spend a part of the morning out of doors. Make the early part of the day the busiest. Lunch at 1 o'clock should be light, but nourishing. Soup. preferably one made with cream, a vegetable with cream or butter sauce, a light dessert of stewed fruit or custard and a glass of milk make a satisfying lunch. I should add here that milk should not be drunk with a meal that includes meat. For this reason it is suitable for lunch but not for dinner.

After lunch lie down for an hour and sleep if possible. With a little practice sleep will come. Two hours before dinner take a glass of hot milk, malted milk or chocolate with a few biscuits or light cakes. Follow this with a walk or some form of exercises.

Dinner should be the important meal of the day; if practical, have it served in courses, in pleasant company and eat slowly. Dinner should include soup, fish, if one likes it, chicken or a little grilled or roasted meat, several vegetables, salad with olive oil dressing, pudding or fruit. The only beverage is cool (not iced) pure water, but the meal may close with a small cup of black coffee if this does not induce sleeplessness.

Before going to sleep sip a glass of milk with a dry biscuit. This regime gives you nourishment five times a day. Do not eat more often. Lesson XIII to be continued.

mme Ssitell)

There is a theory that in the old days when women were more subject to men than they are at present, the word "obey"

In the marriage service literally meant happened to be a woman, and her name what it says, and when a woman took was Anne Hutchinson. that yow upon herself she intended to This remarkable woman was the daugh- jish.

keep it. I doubt this being true. It has ter of a London ever been the privilege of the slave to clergyman. Marrydeceive the master, and our meek look- ing in London, she ing grandmothers probably had their came to Boston in tongues in their cheeks. Just as much as 1634 along with her have when they humbly promised husband, a man to obey the husband they meant to hood- who was destined wink while they did as they pleased. to be totally At any rate the independent, intelligent eclipsed by his bril-

girl of today is not going to give blind liant apouse. edience to any man just because he is When Mrs. r husband, She halls from Missouri, Hutchinson reached and has to be shown that his way is a Boston she was better way than hers, his judgment about 44 years old. clearer than her own, before she accepts it. All the evidence

The old idea that it was necessary for a woman to venerate her husband as an oracle to prove her affection for him is an exploded myth. A man does not necessary for that we have goes to show that she was a woman of ex-traordinary intellectual ability and un-usual charm and sweetness of tempera-ment and manner and manner is an exploded myth. A man does not necessarily have to be a Solomon in enemies were never able, with all their arder to be lovable. Indeed, many of the inquisitorial probings and searchings, to most sympathetic, agreeable and fasci- find a thing against her womanly purity. nating men in the world are in no danger of setting the river on fire with their wonderful story of Anne Hutchinson? brilliancy, and they have wabbly enough What lay at the bottom of the deep and Judgments

hitter hatred that the parsons and mag-In many a family the wife is the clear istrates felt toward her? Why was she headed one who runs things, and she persecuted and finally driven forth into does it without loss of dignity to her the wilderness to perish?

husband or loss of affection for him. Simply because she was Anne Hutchin-In the face of the actual conditions of son-a bright, brainy, progressive personmodern society it is absurd that women ality in the midst of ignorance, fanaticshould still be made to promise to "obey" ism and superstition. Anne Hutchinson the men they marry when neither the was ahead of her time, and she had to sen intend to do it, nor the men ex- pay the penalty of her too early appeet them to do it. Undoubtedly it pearance upon the stage.

ness.

does away with the solemnity of the Justice to America's first "new woman" marriage service for it to be handicapped compels the additional statement that with this yow which both parties take in there appears to have been no little per- the time" is commonly used, but really cannot prove it to others, hence I am a pickwickian sense. brain power, diplomacy and eloquence

WHY SCRATCH? **RESINOL WILL** STOP THAT ITCH

The moment that reamot Childhert desire and courage to speak out. of the others in every conceivable way. have startled me more. desire and courage to speak out. If each will not agree with all the others. But this author did not say a word as vaccination. tors have prescribed it successfully for other things discussed at the woman's it is not called a law, but a theory. nineteen years in even the severest cases meeting were the ministers' sermons. The of eccema, polson ivy, tetter, ringworm, discussion seems to have been free, and and be attacked on all sides, and by time is a sensation due to the rotation of proceeded to fix a shield over the sore rashes and other tormenting, disfiguring not always favorable to the ministers' mathematics, before 't can be printed in the earth on its axis and to its revolution place. with Reshool Soap, Reshool Ointment downright insult in their eyes. makes the skin or scalp perfectly healthy, Not only so, but the woman's meeting spectroscope, biolometer, thermopile ther- time. quickly, easily and at little cost.

hards of injurious and can be used on out from the Sunday congregations to graphing the invisible. Roentgen ray make clocks with marks around the dial restically every druggist solis Resinol strange pabulum that was being dealt out and higher researches within "he mird of the hands would not correspond with tment (56e and \$1.99), and Resinol by Mistress Anne Hutchinson. Clearly, mase, laws have been discovered; but as anything in nature.

Anne Hutchinson

Copyright, 1914, by Star Company. ; and done quickly Hence it came about that Anne Hutchin By REV. THOMAS B. GREGORY.

son's woman's meeting was declared to be a menace and she was arrested. There is abundance of evidence to show One of the "men who made America"

that the proceedings were a complete "frame-up," in which the prisoner had risk a year's imnot a ghost of a show from start to finprisonment.

The loaded dice were thrown, the mock trial came to an end, and the unfortunate woman was found "guilty." And thus, 277 years ago, did the Puritans excommunicate Mistress Anne bird owned by a Hutchinson, emptying upon her head the subject under the vials of their bottest wrath, and casting king's permit, and her out, as they thought and purposed, this marking, or from the compassion of man and the "swan-upping

mercy of heaven. takes place on the The outcast, having nowhere else to go, Thames at a fixed went to Rhode Island, the only spot in date every year, the this land where Christian s loved one 1st of August for another enough not to want to persecute the old idea of the for honest difference of opinion. She king's exclusive lived until 1643, when she was captured ownership survives at least in form.

and murdered by a band of Indians. Anne Hutchinson deserves an exalted place in the history of the country. She

was the mother of the "woman's movement" which is today one of the greatest forces of the world. In the work of emancipating woman from the senseless slavery to which she had been so long sub-What, then, is the explanation of the jected, Anne Hutchinson was the ploneer of ploneers, and without doubt the Puritime, to come into her own with flying colors.

sonal jealousy at work against her. In time always remains stationary. B main- careful not to say that it is a law that tains that time pastes away. Please setmind is the sole cause. Personally, the Anne Hutchinson was head and shoulders the this dispute according to science.theory to me is so firmly ingrained in above the leaders of the little theocratic R. L. G. my being that it comes hear being a law.

colony, could out-think, out-preach and A .- All that science is now able .o do out-draw the regular preachers, and it is to watch by night and by day without ferential calculus, or the calculus of high-salaried metaphysician, not a scienwas determined to put her out of busi- | ceasing, and high-grade humans are new For, observe the fact that right in the year in the laboratories around the world change, aid values of infinitesimal differ- and explain? But the calculus may yet Hutchinson had established a "woman's laws of nature.

meeting." at which the happenings of the Every law discovered 's instantly given changing things in nature. Suddenly this day were treated in a most fearless and to the world and recorded in books. Sev. mighty sentence appeared: "Time is the original way by the organizers of the eral hundred rigid laws have been dis. only constant." ment that Reginol Ointment meeting, and by such others as had the cotvered. These are compared with all A thunderbolt from blue sky could not Tommy Tucker's village, in consequence

> to what time is. He was certain that he made by telescope, tele-camera, tele- we would be without anything to detect

steadily grew in numbers and influence. mometer, pyrometer, ultra-ultra micro- Many curious essays have been written Optiment contains, nothing One by one the sisters began dropping scopes, ultra-micro-photography, photo- on this obscure subject. Thus men could derest or most irritated surface. find out what might be the new and analysis, researches in radiant energy and start the pendulum. But the rootions

England's Royal Bird

By GARRETT P. SERVISS.

In England swans are crown property. They are the king's birds, and no subject

the royal permission. Formerly to steal a swan's egg was to

By the old English law a special "swan mark" must be cut on the bill of every

This seems a great deal of honor to pay to a bird, but the swan is worthy of a century or more of life, while pike and know when you are doing right and when the recognized type of grace, beauty and

dignity in the feathered kingdom. There is an air of legendary mystery about the swan. Some swans are mute, lands, and those of North America fre- purity, instead of seeking to destroy you. but most have sonorous voices of sur- quently have a spread of wings of eight prising power and reach. Poetle tradi-

play the swan and die in music." And

Portia says, in the Merchant of Venice, 'He makes a swan-like end, fading in music.

A hundred other poets have used similar can legally own a flock of them without expressions, and yet naturalists declare that the swan does not make any music and trying to mislead me, to which I object is jected, and because I would not consent to this he says he cannot keep company with me any longer and not get anything a but love out of it. I have more respect is for myself than to let him mislead me, and please tell me, should I quit going with him, or what should I do. I love is the loves me he will forget about that and the loves me he will forget about that and act like a gentleman? I do not wish to astain my name with anything like that and would rather give him up before consenting to anything of that kind. My dearest friend, give me your advice as quickly as possible, so that I may keep in y soul pure.
I am away from home now on a visit. Should I write to him or not? I do not should I write to him or not? I do not go advise me. A FRIEND.
You do not need advice; you need courin dying, though it may make a noise. And these same naturalists aver that the great vocal powers of swans are due to a special sounding apparatus formed by for 'the colling of the long traches (windpipe) within the stornum" (breastbone). The crane, whose trumpet-call, when a flock is setting off for a long, high flight, can be heard from above the clouds, after the birds are out of sight, is furnished with a similar vocal instrument. The swan is famous for its longevity. It is said to live 100 years, and there is at least one recorded instance of a bird in captivity living seventy years. It is lon-

ger-lived than the raven, but, according to some authorities, the goose keeps well You do not need advice; you need courup with it in the race for length of years. There are no birds that live longer, but age and common sense. You surely know elephants and whales are credited with this man only means you harm, and you

its distinction, for all over the world it is carp are said to attain 250 years. England is now the only country in the keep your soul pure, have nothing to

world where large flocks of swans are do with this man, until he can treat you kept. The wild birds are found in many with respect and honor you for your

feet, and a length from bill to tail of five tion declares that the swan sings in dy- feet. Those seen along the Atlantic tan dame is destined, in the fullness of to indicate the last effort of a poet- dor, and winter with wild geese in Chesa-"awan-song." Othelio exclaims, "I will peake bay and the North Carolina sounds. There are only about ten apecies of swan known, and they are all large, beautiful, graceful, grave birds with great power of wing, which enables them to fly high and range widely when once they quit the water for the air.

The presence of wild swans in America was a delightful surprise to some of the carlier settlers, and they inspired what many have regarded as the most beauti-My own pet theory that I am now ad- ful landscape picture in American poetry, be-

> On thy fair bosom, silver lake. The wild swan spreads his snowy sail. And round his breast the ripples break As down he bears before the gale.

But I was reading a treatise on the difvariations, and the author was explaining tifle man. For if that great writer on unworthy things to gain her ends. doing this very thing each hour of each the set laws of variations and rates of calculus did not know, who is the to i se To the Ankle. Dear Miss Fairfax: I am a giri 13 years old. I am five feet three inches and a half. I am old looking for my age. Every-one thinks I am 15 or 16. Will you please tell me how long to wear my dress. GEORGIA K. midst of the Puritan stronghold Mrs. -watching the exact operation of the ences of consecutive states of moving discover a cause, for it is now known to entities. He was within a wilderness of be infinite.

From Bitter Experience.

for you. Talk the matter over with your of which there was a hasty rush for mother and let her determine when you are to go into long skirts. Tommy was one of the first of the vic-

A discovery must run a fierce gantlet, did not know. The meaning of the word time. After the deed was done the doctor

"Can't I have it on the other arm. doctor ?" he asked eagerly. "Don't be silly, Thomas!" said his

mother. "But I'm putting it over the place where you have just been vaccinated, my boy, so that your school fellows cannot hit you there," exclaimed the doctor. Soap (56). For free trial, write to Dept. the miniaters were loaing their power and yet no hint, suggestion or trace of any I cannot answer R. L. G. I do not the boys at my school; I do. So please know what time or any other cutitly is. To the other arm." "I know that, doctor," answered

By BEATRICE PAIRFAX You Need Courage,

Try to Cure Her Silliness.

To the Ankle.

Ankle-length skirts are the proper thing

Advice to Lovelorn

Household Hints. You Need Courage. Dear Miss Fairfax: Please give me your advice and help, as I look upon you as my dearest adviser. I am a young giri and have been keep-ing company with a young man for some time, but lately he has been coaxing me and trying to mislead me, to which I ob-jected, and because I would not consent to this he says he cannot keep company with me any longer and not zet courbing

An oven that is constantly in use requires to be kept scrupulously clean. It should not only have the shelves scrubbed out with soda occasionally. In addition the shelves should be painted with quick lime two or three times a year. An oven treated in this way never becomes caked with grease, and there is no unpleasant smell when it is being used.

All wooden buckets and washtubs when not in use, should have about two inches of water left in them. This is especially necessary when they are made of jointed wood, as it prevents them from becoming too dry, and the wood from shrinking so that they leak.

Brown boots and shoes that have stains and spots on them may be renovated by rubbing them with a piece of flannel dipped in methylated spirits, leaving them to dry before polishing.

To remove stains from white flannel you are doing wrong. If you want to shirts and similar things, smear with equal parts of yolk of egg and glycerine. Leave for an hour and wash in the usual way.

> Should an extra polish be required on an old grate, first rub the bars with a piece of lemon, after which they will take black lead better and polish more easily.

Allow cabbage water to get quite cold before pouring out. You will find it will leave no unpleasant smell behind, as it does when it is poured away hot.

When boiling green peas add a lettuce leaf and a tablespoonful of sugar, and they will retain their color and have a much better flavor.

Try to Cure Her Silliness. Dear Miss Fairfax. I am 19 years of age and go out with a girl two years my junior. This girl, in an effort to gain my love, has been aending me mysteri-ous letters which are supposed to be sent by a boy friend of mine who is jealous of me. I will quote a few lines from one of these letters: "Who is the beautiful, sweet, blue-eyed girl I see you walking with so often? How lucky you are, and unfortunate am I." and other words in-tending to make her more desirable than I really think she is. I have found that it positively was this girl who wrote these letters. Before I received these letters I thought I might learn to love her, but now I am puzzled and ask your advice in the matter. PUZZLED. This girl has been doing an absurd and This girl has been doing an absurd and bages, greens, etc., the less objectionable The more water used in boiling cab--if she signed someone else's name-a will be the smell given out by them. A diahonorable thing. Suppose you tell her piece of bread, tied in muslin and boiled that you have discovered what she has with the cabbage, also mitigates the been doing and are sufficiently her friend smell. It should, however, be removed to grieve over such action on her part. after fifteen minutes' boiling and burnt, If you are a fine enough boy you may have a god influence over this girl and

If a room becomes filled with smoke, prevent her developing into a very emoa towel dipped in vinegar and hot water tional creature who will do all sorts of and wrung out, then taken and thrown above one's head through the room, will remove all smoke in a few moments. small portion of vinegar in a little water is sufficient for the purpose.

> Grass stains may be removed from white clothes by first of all rubbing the solled parts carefully with a little fresh lard before washing in the usual way. After being treated in this manner the stains will have entirely disappeared.





By EDGAR LUCIEN LARKIN. Q .- A insists that infinite time itself vancing throughout the world is that, Percival's lines on "Seneca lake" never passes away. The term "passing mind is the only cause in existence. I ginning