# The Beers-Home-Magazine-Page

The Way to Grace Via the Minuet



By Mae Murray

Olivette's Fashions



A Charming Paris Creation



By MAE MURRAY. orie-step and the tango and the maxixe dancers no not touch. In the second ers bow or courteey to each other, and dance we have for two reasons. In the charm-every one admits that. first place the partners do not touch Of course the steps are really nothing

other extreme, people are beginning to to minust tempo. Every one knows, or too beautiful to say goodbye to forever, and measured; there is nothing about it correspond with the three forward steps, ber that the minuet is going to be the The minuet is the least heating of any to make one hot, and it has so much and the minuet is based on a one, two, standard by which the grace of a girl is three tempo.

each other at all. This is one of the to learn, the movement is simply up and feet as the lady curtiseys for the minuet. possess true grace, so practice up and be chief reasons for the revival of the down, the partners hold hands lightly The forward limb must be held right for perfect in the art, for we never know minuet, for after we have gone to the and step forward three steps very daintily the low curtsey, while the balance is held when the test will be made

you think that the minuet had wake up to the fact that dancing amounts at least I hope every one knows, that only the beginning of the curtaey, for the stepped out forever? Well, it hasn't, or, to more as an art and is far more at the minuet has its own particular music. feet cannot be seen at all if the bow is if it did step out for awhile, while the tractive from every standpoint where the At the end of every three steps the danc- deep, as it should be became popular, itis coming back to place the minuet is popular for summer everything in the minuet depends on the the bow from the side with one hand the ballroom, for its stately leveliness is dancing because its movements are slow bow. The bow takes three counts to held out to a possible partner. Remem-

going to be tested this season. They say Picture one shows the position of the that a girl who cannot curtsey does not



## The Jealous Wife



This Trait is Nothing More Than a Disease, and Could Be Cured by Specialists

By ELLA WHEELER WILCOX.

Copyright, 1914, by Star Company. 'If you will stop and consider the subject dispassionately and honestly you will find only a handful of married women of your acquaintance past 35 years who are no't miserable because of their jeal-

pusies. "Every time the husband of the average middle-aged woman looks at a younger woman. every time he pays meaningless compliment, or shows a gallant impulse, she is devoured by jealousy. It is the law of the sex and

the age. Only women who have some object or occupation to widen their horizon, or women who have gallantries of their own, or women who have settled into a piggish tendency to eat and sleep away and have lost all sentiment, are exempt

from jealousy," It was a brilliant man of wide experjence and large outlook on life who were ten women miserable with jealousy fifty years ago, there is but one now. Because woman's narrow boundaries

#### **layful Anticipation** of Motherhood



There is apt to be a latent apprehension of distress to mar the complete joy of expectation. But this is quite overcome muscles and to thus so relieve the pres-sure reacting on the nerves, that the natural strain upon the cords and ligaments is not accompanied by those severe pains said to cause nauses, morning sickness and many local distresses. This splendid embrocation is known to a multitude of mothers.

Many people believe that those remedies Many people believe that those remedies which have stood the test of time, that have stood the test of time, that have been put to every trial under the varying conditions of age, weight, general health, etc., may be safely relied upon. And judging by the fact that "Mother's Friend" has been in continual use since our grandmother's earlier years and is known throughout the United States it tions and to develop new powers of may be easily inferred that it is some-thing that women talk about and gladly An excellent method to escape the misour grandmother's earlier years and is

recommend to prospective mothers.
"Mother's Friend" is prepared only in our own laboratory and is sold by drug-Co., 407 Lamar Bldg., Atlants, Ga.

into new fields of thought.

her husband was to lean over an embroidery frame and dream of his return, ture than it is today.

Perhaps when divorce was more diffiuit jealousy was more acute. The knowledge that escape is possible when a situation becomes intolerable acts as a salve to the jealousy wounded hearts of some types of women. And there can be no question that mental development and varied occupations for the minds are aids lect during the prenatal period of her to the cure of jealousy.

Jealousy is often caused by self depre dation, induced by unthinking parents who destroy the peace of mind of a daughter in a crude effort to prevent her from becoming valn. If a young woman is continually made to think herself unattractive and to regard others as her superiors in charm, jealousy is a natural sequence.

Wise parents, teachers and guardians spoke thus, and the woman to whom he of the young will endeavor to give a spoke was not able to dispute his sweep- young girl poise by assuring her of and ing statement. Yet the statement can be aiding her to the possession of grace. modified, and this can be said with youthful attractiveness, reposeful mantruth of the subject, that where there ners and loveableness, and then direct her mind toward the attainment of all the mental and moral qualities which complete winsome womanhood.

The girl who is forever dissatisfied with her appearance and who regards herself as plain, uninteresting and without magnetism, is sure to be miserable, and sure to overestimate the attractions of others. When she marries it requires small occasion for her to be torn with

inreasoning jealousy. A little happy vanity is a wholesome trait for any woman to possess. The Puritan precepts which exalted stern virtues and excluded beauty as an unsecessary and dangerous asset for owmanhood made excellent fertilizer for

the soil of jealousy. Women reared with these ideals are tractive as youth slips away and middle. you have caught happiness without dreamage approaches, and so they grow settled and sallow and stolid and uninteresting. by the advice of so many women to use and when they see the men whose names 'Mother's Friend." This is an external they bear admiring youth and beautyapplication designed to so lubricate the as it is man's nature to do while a spars of life exists in this mortal frame-they

suffer untold agonies. It is fortunate for women that an era has dawned where it is deemed to the This credit of the whole sex when any woman keeps herself young in appearance, in

thought and in deportment. An era when the boundaries of middleaccomplishments, to take up new occupa-

eries of middle-age jealousies for any wife is to devote a portion of every day to study while she is yet in her youthgiats everywhere. Ask for a bottle to-day to study while she is yet in her youth-and write for a special book for expectant ful prime, to begin to make herself a mothers. Address Bradneld Regulator musician, an artist, a sculptor, a linguist,

have enlarged and her view extended and read and think and to keep in touch with corders; but the disease of jealousy which her occupations have grown more nu- everything which means progress; to is the most painful and dangerous of all merous and her education has advanced take care of her complexion, to avoid Long ago, when a woman's life was over-eating and under-exercise. To cul- specialists to make it a study. But even

counded by four walls and when her most tivate a religious state of mind every day parents allow the maisdy to grow, unexciting occupation during an absence of to thinking of the invisiols realms and checked, until it develops into a disease the hosts of spiritual beings who dwell which wrecks a home. there, and who are ever ready to help to and when her mental recreating was in overcome out weaknesses and strengthen perusing a romance of a decided woman our best cunities if we ask them. All demands it who died of a broken heart, jealousy was these things will aid to growing in charm. much more rampant in the feminine na- and will direct her mind from petty and a threshold and barring out happiness. humiliating Jealousies.

For to be attractive and entertaining to all men prevents a woman from being jenious of one, without cause at least. With cause—the woman who it not capable of jeniousy is not capable of love. Jealousy in some natures is a disease inherited from a mother suffering neg-

child. In one such case the father was unfaithful to his wife; and she became separate interests, pleasures and friends, convinced of the fact and hid the bitterness of her sorrow from the eyes of her relatives and near friends until the birth of the child. Then a separation took in her infancy, the violent jealousy of her nature. She alternated between rage and despair when any other child, especially a child of her own sex, received attention from her mother or from any one in whom she was interested. And now, as a young girl, just budding into

wise counsellors. It is a curious fact that we have of the human being. We have nerve

-has received no attention from science. growing coarse and unwielly through Yet it could be cured were a school of

Let us have a school of jealousy specialists established by science. The age

Jealousy is the ogre standing at many Unless jealousy is driven from the home, not only marriage, but life itself becomes a failure

also the sisterhood, A little practical application of common sense, and a little daily use of reason of mankind, and by the time I have and good will and judgement will accomplish this most desirable eviction of the practiced my beautiful and altruistic intruder in many-not all-cases.

It is natural and right and wise for both husband and wife to have their is no account, and It keeps life richer and wards off the possible approach of monotony and ennul. I have to let her The husband's club, the wife's club, the go and get college associations of either or both. place. The child, a girl, indicated even should only act as appetizers for the later having a head and employment of the pleasures found at the a back that are given to aching. I am al domestic hearth.

When either wife or husband feels jealousy of the other's separate pleasures it is usually the result of the lack of thought.

The wise, considerate and tactful huswomanhood, she is the victim of this band will prevent such a state of mind malady, which will destroy her whole by taking his wife into his confidence future unless curbed and corrected by and close sympathy regarding his business or college associations. He will tell her about them, talk to her of the dif-'specialists" for every physical malady ferent members, and introduce to her such of them as he feels would be agreespecialists and specialists for mental dis- able and congenial acquaintances.

## Pleasures That Wear Well

By BEATRICE FAIRFAX.

Happiness does not lie in a butterfly the elusive pot of gold at the end of a rainbow. But if you go about looking for joy you will find her always winging glights no one else. Give joy and you will away just where you cannot reach "We must cultivate our garden," says

the old French proverb. And to be happy we must cultivate the garden of our lives. You must not plant that fall at a touch of bad weather. You gardens. must sow it with hardy perennials and shady hedges and fragrant, deep-rooted shrubs and honey hearted roses. You must keep out weeds and thoras. Just as you would tend a real garden

you must tend the garden of your life, You must fill your life with "durable satinfactions if you mean to have it serene and happy and worth while. The pleasures that wear well are not

severish enjoyments or the chase of excitement, variety and gayety. The "durable satisfactions" of life are those that will stay with you and make

In books, in music, in all that is a Make happiness the direct object of study of real beauty or a cultivation of pursuit and she will lead you a wild your mind you will find a lasting pleasgoose chase. Follow some other object to ure. In friendship and unselfish affection ashamed to cultivate beauty, ashamed to a goal of ambition and achievement and is lasting joy. In improving yourself and make any effort to keep young and at- in your work you probably will find that making your garden grow in sweet, fragrant memories; in keeping abreast of the times and serving well wherever you are put will find happiness that will chase of some dassling beauty. It is not wear all the excitements of a moment of dance and song and merriment. Be merry-but see that your merrimen

find your own store of it increasing. You never need be sad or lonely, for the world offers you a chance for lasting joy in cultivating the garden of your own life and in slipping cuts and sprigs your "garden" with delicate wind- flowers of happiness to bring to your neighbors

#### Household Hints

A little vinegar placed in the ringing water on washing day will prevent the hands from becoming rough and chapped

are built on opposite plans and specifica-For grit in the eye apply a drop or two of castor off; it relieves the irritation.

"For example, take the matter of a woman working to help her husband. If If the edges of a saucepan are well but does it pay? Oh. dear, no. Far from or merely a well-informed woman. To life richer and fuller tomorrow because buttered the contents will not boil over. it. There's not one self-made man in a I think it is right.

"You can't." said the Woman Philosopher, as she stirred her tea, 'do your

By DOROTHY DIX.

duty by your husband or your servants

without ruining them.

"Now I never

have a good serv-

ant more than six

months at a time,

because I am a hu-

manitarian, and

strong for the

upon a maid she is

so spoiled that she

" Wor instance.

tick and a promise dusting."

spoiling out of her.

to the poor.

"But does Mary appreciate this? Is she

so filled with gratitude for a considerate

mistress that on the day she does feel

shine like the handle of the great front

door in the 'Pinafore?' Not at all. Mary

considers that my letting her off easily

her carte blanche to slight the work all

maid until some martinet of a house-

"And it's the same way about holidays

realize how monotonous domestic serv-

"But the way they repay this kindness

is by staying out later and later on their

days off until finally they don't come

back until midnight, and after I've had

that we women never grasp, because we

and backs.

brotherhood,

Chic and Strictly Up-to-the-Minute.

Too Many Dutiful Wives Spoil Their Husbands

cept help him spend his money. pulse to put her shoulder to the wheel is give me presents on anniversaries.

thrift. I did all my housework, and in- selfishness.

wo hired women for fun. "And because I had done without good clothes and pretty things I had firmly would take the best of everything for established in his mind the idea that I myself. I would force my husband to ways looking out for the dull and heavy could dress on nothing a year. I'd eyes and sagging shoulders in my maids spoiled him, you see, and to this day he instead of trying to smooth them over, I that indicate that they also have heads has conniption fits over the price of a de- would lay on the floor and kick and cent hat or gown.

"So I will say, 'Mary, you don't look "In those days, too, when we were well today, so take things easy. Don't sweep under the beds. Don't scrub out poor and I felt that he had all the burthe bathtub, just wipe it up. Give a den that he could stand I made no de- he has for me, and treat me a hundred

#### well she polishes up things until they Advice to the Lovelorn By BEATRICE FAIRFAX.

on the cleaning up when she is sick gives Talk to Your Father.

Dear Miss Fairfax: I am an only daughter of 18. My father is very strict with me. I can hardly get out of his sight without his accusing me of meeting young men. I have 'been going to high school, but I stopped because if I was ten minutes late coming home he would yow I had been talking to the boys. He won't let me go to work in an office because I would see too many young men. I like a young man of 22 years of age, He likes me, too, and wants to keep company with me. Although I haven't mentioned the subject to my father, I know Talk to Your Father. the time, and she's ruined for a housekeeper takes her in hand and knocks my ice is, and so I give my maid about three times as many days off as other people

tioned the subject to my father, I know he would not consent. What would you he would not consent. do if you were in my place? I wou love to keep company with this you man. I don't want to get married, for I am too young to love yet. DORIS M.

to cook a dinner or two I find myself in the employment agency hunting another Talk this matter over very seriously servant to spoil. It's the hardest and with your father . Remind him that it is most difficult mistresses and the ones natural for you to want the companionwho treat their servants most as if they ship of boys as well as girls, but that were mere machines who get the best you want him to meet and approve all servants, which is discouraging to those your friends and to realize that you will of us who would like to be little staters not make any friends who are not worthy "And precisely the same thing applies of coming into your own home. Tell him to husbands. The only way to make a you will always be honest with him, and man treat you properly is to treat him that now, in fairness to you, you beg of as badly as you can. Men never ap- him to meet a young man whose preclate what women do for them, they friendship you would like to have. only appreciate what they do for women, Bring all your tact to bear on the mat and the more that a woman does for a ter and see if you cannot persuade your woman the more value she has in his father to remember his own youthful in-

CHICAGO, Ill.—Dear Miss Fairfax: Do you think it is wrong for a Gentile to marry a Jow when they have been the best of friends for two years, and have he is poor that seems to be her duty, proved that they are true to each other

eyes. Which is a masculine peculiarity terest in nice girls as well as boys.

hundred that doesn't get gay when he worked hard and I petted him and congets rich, and pass up the toil-worn wife, setted him, and put him to bed at night who has grown old before her time help- so that he might feel fresh for the next ing him make his fortune, for some young day's struggle. I never asked him to and pretty creature who wouldn't turn take me to the theater, or out to a resher hand over to do anything for him ex- taurant, or to go to parties with me, and because money was scarce I never intim-T've never seen a woman who worked afed that I would like to have little hard to help her husband get even so treats-to go on trips, or to have him much as a 'thank you' for it, and so my bring me flowers and candy, such as advice to any woman who feels an im- other men bring their wives, or even to

to restrain herself, because she'll wear years, he would try to make up for those "Now, when I married, my husband lean ones, but he doesn't. It never enters was a poor young fellow, and I was aw- his head to show me the attention that fully in love with him and wanted to other women have exacted of their hushelp him, and be the ideal wife, and so I bands, and get. Nor does he ever make started right in to be a model of industry me a present. He was spoiled by my un-

stead of being down on his knees in "I have an amiable and quiet disposigratitude to me my husband seemed to tion. I never make scenes or lose my think that I had a curious passion for di- temper, or answer back, and that has verting myself with the cook stove and spoiled my husband also, because he feels the washtub. When we got able to have that he can safely indulge his own temper pervants it was years before I could con- and say what he likes to me, as he would ince him that I didn't do the work of not dare to do to a woman who would fight back.

"If I had my life to live over again I consider me, and when things went wrong shrick. I'd be the spoiled one instead of the spoiler, and my husband would have ten times the affection and respect mands upon him that I could help. He times better, for as I said in the beginning, you couldn't treat your husband right without ruining him.

"If I was starting out in matrimony again, with my own experience as a warning, my ideal would would not be to be the best wife in the community, but to make my busband the best husband."

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