

## Getting Out of the Ruts Onto New Roads

## By ADA PATTERSON.

Are you making new thought paths this year? Have you driven along a country road'

just as the winter was "breaking up?" Then you will know exactly what I mean. The ruts of that road have grown

too deep, "hub a farmer deep" will tell you, and he will add that it is a risk to the wagon bed to drive longer in the old So, with a ruta. mighty bumping and thumping and grinding, he swings laboriously out of the old road and makes a new one. He starts new tracks and the wagon wheels roll

lightly and easily along them. If the ruts of our thought paths have grown too deep that is what we must do with our minds, turn to the right or left, form new paths, avoid the old, worn ruts. We will know that they are too deep if we find our thoughts recurring to frequently to one subject, if our friends



is a penetrating application after the for-mula of a noted family doctor, and lubri-ticates every muscle, nerve, tissue or tendou affected. It goes directly to the strained affected. It goes directly to the strained The story opens with the death of his mother, killed virtually by sorraw over

To all young women Mother's Friend is one of the greatest of all helpful influences, for it rohe childblich of all its agonies and dangers, dispoint and fread, ah sense of fear, and thus enables the mind and body to awalt the greatest event in a woman's life with untrammeled gladness. Mother's Friend is a most cherished such peculiar merit and value as to make it essentially one to be recommended by all women.

into the soil of a roadhed. I know a woman who has been thinkto do that even in this age of cruel competition and the unreleating pressure of thoughts, her interest in all else. necessity upon our heels. The woman's thoughts would turn from a conversation about the sewing circle, about her sister's orphaned children, about the weather. about the last tidbit of heighborhood talking about it. Since the new year no themes. scandal, to the subject of her bank ac- one has heard her speak the word "sav-

tell us we dwell too much on one theme, the kind of a man who takes things so member of the committee to devise ways choose between the lonely road and the lady is Miss Frances Starr, who is playif we and others begin to suspect that easily that all the rest of the family had and means to prevent truency of school certainty of heartbreak and humiliation ing in "The Secret." which such distrac- you undertake, will, in short, give you it we and others begin to support this begin to support this begin to support the support of the we are one-there are institutions fined to take them heavily to keep the family, children ran away from school because with strange eyed people who have sub-mitted to the tyranny of one idea, that we are relentlessly riding a hobby. It is possible to determine that we are wear-possible to determine that we are wear-possible to determine that we are wearing too deep paths in one direction, as own fortunes were established and were away to avoid the study. She had been She needs to get her wagon out of the "that is, we seek beauty is youth. we can see at a glance the great gashes further entrenched by a permanent habit arranging for an early first recess lunch- runt, to lift it upon fresh ground and and eternal youth is gained through one gleaned from practically nothing. And the too frequently travelling wheels cut of saving, the woman realized that the con of milk or coffee and sandwiches guide it along new tracks. She might thing only, mental activity. So to begin you will wonder until some day revelapendulum had swung too far. She for the little ones and is enjoying the try one of the accomplishments, the at the foot of the ladder to work our way realized that the habit had become too fine glow of consciousness of work well music of which she was so fond in up, we must first keep mentally activeing too much about money. It is possible deeply rooted, that its root was a tap- done. Before the end of the year the youth, the amateur photography that this will keep us young, and with youth metally youthful you have relained the root, drawing from her conversation, her thought tracks will be deeper, and if has long attracted her, gaining a read- in our possession beauty only too eagerly freshness of physical youth and with

She resolved to drive her mental wagon drive out and form new ones. The best Spanish or Italian, but if she have not means that we cannot approach beauty which seems to be so fleeting, you in new tracks. She knew that one way road is the wide one, and the best mind the opportunities, or inclinations for directly-it is like a problem in algera, recognize what you have long pursued, to avoid thinking of a subject is to stop is that which responds readily to many these accomplishments, there is always if x equal y and y equals z, then x

count, People had begun to look sig- ing" nor heard a single reference to her married and twice divorced dwells connificantly at each other when some one last savings bank deposit. There is no tinuously in thought upon the inconbroached economy. A too frank neighbor danger that she will swing to the other stancy of men. She believes that too ferent nature than her own. She would at any cost; they are not content with a poured their treasures in your lap. old her she was hipped on the subject, extreme. The thought paths are too common trait is universal. If she is a better give comfort to the woman whose roundabout process and consequently and another neighbor's governess talked deeply worn to become ineffaceable. Nor guest at a wedding, she pities the bride of "obsession." There was much reason would we wish them to be. But they are because she sees her smile fading into who is orphaned or the mother who is is the result, not youth in its truest.

economy. Her long life had been a toll- are faint, new thought tracks. She had unfaith. If a girl, her heart, overflowing Begin today. It is not too late. Every some one. She had had, by way of a joined the Women's Civic Progress club with her happiness, tells of her engageday is New Year's day when there is a

these tend to become too deep she can ing knowledge of French or German, or growns us with her laurels. All this that freshness, that breath of youth

the public library and the crushing clos- equals z. Another woman who has been twice ure of her bitter memories. Better than "That is just the trouble with most ing up every atom of energy to your worthy husband is dying, or to the child they never really attain it. Immaturity

himself to the new conditions of life.

to keep mentally active? Oh, yes, if ba- necessary. lieve absolutely in secrets. I think a beauty secret is valuable simply in its suggestion. You know if a person has

> beauty secret and believes in it implicity. a benefit of some kind is bound to be the result. And so, my secret of keeping mentally active is simply this: Be interesed in everything, no matter how trival. Make op your mind to see good in every thing and to be able to deduce something of personal importance to yourself in everything modern and up to date. This will give you an interest in affairs of the

By MAUDE MILLER.

light. On other occasions his next task was to light a fire. By sheer force of habit he gathered together some sticks and bits of paper and arranged them in the grate. But the task was irksome to him. It was absurd to seek any degree of comfort for the few minutes he had to live, Better end it at once. Moreover, the gift on two occasions, and Philip had a storm was sweeping up over the East End. with such marvelous speed that the lighthis mother by the colliery company, so ning now played through the tiny room his position, desperate enough, was just with dazzling brilliancy, and the wretched bearable had he but sought to accustom candle burned with blue and ghostlike feebleness. The cold of the house, too, There was a chance that his wild broodbegan to strike chilly. He was so exings would have yielded to the necessity hausted from hunger that if he did not eat soon he would not have the strength left to carry out his dread purpose.

He sprang erect with a mocking little laugh, picked up the candle and the piece of rope and climbed the stairs. He paused irresolutely at the top, but, yielding to an overwheiming desire, went on and stood at the aide of the bed on which his mother had died. He fancied he could see her lying there still, with a smille on her wan face and unspoken words of welcome on her lips.

A flood of tears came and he trembled violently.

"I am coming to you, mother," he murmured. "You told me to trust in God, but think God has forgotten me. I don't want to live. I want to join you, and, then, perhaps, God will remember me.

(To Be Continued Tomorrow.)

## Miss Frances Starr.

day, will keep you from being bored with Such a dear, hewildering native little life or from boring the lives of others, will impart fresh interest to everything that mental activity which is in itself

developed in life, these bits you have tion will come in the realization that you are young. Because you have kept but seemingly in vain, beauty. You have solved your problem. While you were giv-

"Hehold my beauty secret, and let any-

one dare to tell me I am wrong." And Miss Starr, curling up a little closer in the depths of the big wicker chair, amiled "And now the secret of learning how at me defiantly. Just as if it were at all



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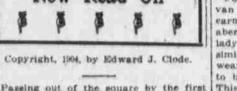
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tendency to screness or strain. By its daily use there will be no pain, no distress, no nauses, no danger of laceration or other accident, and the period will be one of supreme comfort and joyful anticipation. To all young women Mother's Friend in their hour of need, and when his mother's death comes. Philip is in the

You will find it on sale at all drug stores You will find it on sale at all drug stores at 51.00 a bottle, or the druggiet will grady get it for you if you insist upon it. Moth sint trips over Phillp in his excitement. He cuffs the boy and calls a policeman. The girl pleads for Philip and he is al-issisted, a vary instructive book to expectant mothers. Write for it to-day. boy, rescues a girl from the carriage issue before it turns over. A man with the sint trips over Philip in his excitement. He cuffs the boy and calls a policeman. The girl pleads for Philip and he is al-isseed, a vary instructive book to expectant mothers. Write for it to-day. boy, rescues a girl from the carriage issue before it turns over. A man with the sint trips over Philip in his excitement. He cuffs the boy and calls a policeman. The girl pleads for Philip and he is al-isseed to go after learning that the man was Lord Vanstone. boy, rescues a girl from the carriage issued to man with the success that he unknowingly turned success that he unknowingly turned stables and warehouses. The kee a coffee stall, touched one night woebegone appearance, gave him balf-dried coffee grounds in a pap gether with a handful of cruss. "Put 'arf that in a pint of wate success that he unknowingly turned was Lord Vanstone.



sisted him. For two days he was chosen to act as grateful an' comfortin' it tastes on a van boy for a parcel delivery firm. He cold night. As for the crusts, if you bake earned a few meals, but in a fit of 'em over the fire they're just as good as aberration induced by the sight of a the rusks you buy in tins." lady who was dressed in a costume This good Samaritan had repeated his

similar to one he remembered his mother wearing at Dieppe, he allowed a ham fairly large supply of small coal, sent to to be stolen from the rear of the van.

Passing out of the square by the first This procured his instant dismissal with eastward street, Philip Anson, with his threats. Then he sold newspapers, only head erect and hands clinched in his to find that every good site was lealously guarded by a gang of roughs who pockets, strode onward at a rapid pace. The lightning was less frequent now, mercilessly builted any newcomer. Perand the thunder was dying away in sullen sonal strength and courage were unble, and the storm was slowly subsiding, availing against sheer numbers. His face His mind was occupied with the des- was still swollen and his ribs sore as perate condition of his affairs. His the result of being knocked down and mother had been buried, and he was now kicked at Ludgate circus; at Charing alone in the world. Prospects could not cross next day he was hustled under the have been darker for him, yet he did not wheels of an omnibus and narrowly es-Each night he crept back to the poor and more disastrous outbreak of the

just before it turns over. A man with the with which he met the open hints of the a coffee stall, touched one night by his and rapid walk. When he unlocked the undertaker's assistants, barely sufficed woebegone appearance, gave him some to keep him in food for a week. Then he half-dried coffee grounds in a paper, to-

to carn a living and that when next situation was offered to him he would keep it, but the occurrence of this stormy night had utterly shaken him for the hour. He was on the verge of lunacy. As he passed through the dark archway leading to his abode the desolate stable yard was fitfully lit by lightning. and in the distance he heard the faint rumble of thunder. The elemental strife was beginning again. This was the second

evening of March 19. Although he was wet to the skin he was warm now on acount of his long door another flash of lightning revealed the dismat interior. He closed and locked

the door behind him. On the mantelpiece "Put 'arf that in a pint of water." he were a farthing candle and some matches success that he unknowingly turned said, looking critically at the sodden mens. He groped for them and soon had a

for the woman being interested in less often traveled and close baside them anguish at the bridegroom's prospective bereft. horrible example, a spendthrift father, in her town. The club has made her a ment, the woman tells her she must wise facing about to be done.