BRIEF CITY NEWS
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AFFAIRS AT SOUTH OMAHA



West Point Man Comes to Omaha to Pay His Income Tax

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## "Eat More Bread"

Of course you should "eat more bread" - and less meat -but be sure your "bread" contains all the body-building material in the whole wheat, prepared in digestible form. all these requirements is

## Shredded Wheat

It is made of whole wheat, steam-cooked, shredded and baked. It is a natural, elemental food and is not treated or compounded with anything. Its purity, cleanliness and food value stand unchallenged, being endorsed by the highest health and dietetic authorities in the Unite States and Canada. Every grocer sells it.

> Always heat the Biscuit in oven orestore crispness. Two Shredded Wheat Biscuita with hot milk or cream wwill supply all the energy needed for a hhalf day's work. Deliciously nourishing when eaten in combination with baked wapples, stewed prunes, sliced bananas or canned or proserved fruits. Try toasted Trisuit, the Shredded Wheat wafer, for luncheon with butter, cheese or marmalade.

Made only by The Shredded Wheat Company, Niagara Falls, N. Y


## Apollinaris

Bottled Only at the Spring, Neuenahr, Germany, and Only with its Own Natural Gas.

The Spring from which the Whole World Drinks.



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     TELLS POLICE THEY CANNOT MAKE HIM GO TO WORK
    
    
    
    

