TIZ Frees You From Sore Feet

All Foot-Aches, Pains and Swellings, Quickly Cured by TIZ. Corns, Bun-ions, Calluses Relieved Right Off.





re's How I Ran for Car Before Using TIZ.

When your feet play out there's not much When your feet play out there's not much joy in living. Foot misery takes the spunk out of any man or woman. TIZ, for tender feet, is a quick, sure remedy for all foot troubles; a comforting foot bath tablet that clears out the clogged-up pores. It brings instant relief to corns, bunions, calluses and chilblains. Chafed, tired, blistered feet—shoepinched and smelly, are soothed back to health and comfort by this foot gladdener, TIZ, for tender feet.

and comfort by this tender feet.

Be sure you get T1Z; don't take anything else. Price 25 cents at druggists' and department stores. If your dealer won't supply T1Z, we will, by mail, on receipt of price. Walter Luther Dodge & Co., 1223 S. Wabash Ave., Chicago.

Do Away With Bands of Steel and Rubber



posely to boid the distended nuscles securely in place. No straps, buckles or surings attached to the Plapao-Pada, Cambot stip, so cannot chafe or press against the puble bone. Thousands have successfully treated themselves at home without hindrance from work—most obstinate cases conquered. Soft as velvet—casy to apply—inexpensive. Awarded Gold Medal, Rome: Grand Prix, Parls. Process of recovery is natural, so afterwards no use for trusses. We prove what we say by sending you Trial of Plapao absolutely FREE. Write name on post card and send TODAY. Address.

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have done you a great injustice. No man has a right to deprive another of his livelihood. I have bitterly regretted it. It is you whom I wish appointed manager."

"Challis," said Stranleigh, "take the car, and bring your wife. Say her father wishes to see her."

Challis disappeared, and in an incredibly short time, during which Anson and Stranleigh chatted together, the door opened, and Gertrude Challis came in.

"Father," she cried, "Jim says he means to scrap all the machinery in the factory. Shall we throw our differences on that scrap-heap?"

The old man gathered her in his arms, and kissed her again and again. He could not trust his voice.

That night Ponderby thought it

again. He could not trust his voice.

That night Ponderby thought it had been long since he had seen his master look so satisfied, and the valet's hopes soared high—it might mean a speedy return to England.

An account of the meeting between Lord Stranleigh and the most beautiful woman in America, will appear in

ful woman in America, will appear in an early number of the Semi-Month-LY Magazine.

NEW WRINKLES

The keeping of recipes clipped from papers and magazines is a problem. Into a large strong envelope marked "Untried Recipes," put six small envelopes marked "Meats and Vegetables, Salads, Desserts, Candies, Canning and Preserving, and Miscellaneous"; place all clipped recipes into their proper envelopes. Then, if possible, test out from one to three new recipes a week. If the results are pleasing to the palate paste the recipe in its proper place in a loose-leaf scrapbook; if not, destroy it. The sorting-out plan saves much time; and the testing-out method saves the scrapbook from being crowded with scrapbook from being crowded with undesirable recipes.—O. A. H., Hinsdale, Ill.

Baby's stockings become full of Baby's stockings become full of holes at the top where they are constantly pinned. This may be prevented by sewing a little square of muslin to the top of the stocking which is just the right size for the safety pin. When the stockings happen to be a little short, this device lengthens them a good inch and by preventing raveling adds greatly to the life of the stocking.—H. M., Seattle, Wash.

tle, Wash.

To remove the fat from broth or soup interded for a delicate stomach, it is not necessary to allow it to become cold as is usually done. Instead place a fine wire sleve on ice, until it is thoroughly chilled, and pour the liquid through this. If the liquid is partially cooled, the fat will solidify on the cold wire, and the broth will be ready for immediate use.—A. L., Denver, Colo.

When hot cloths are necessary in

When hot cloths are necessary in time of iliness, a colander is a laborsaving device. Place the colander with the hot cloths over a kettle that is half full of boiling water. Cover colander closely and keep the kettle on the back of range. In this way the change of cloths is quickly and easily made.—L. R. H., Los Angeles, Cal. When hot cloths are necessary in

A delicate thickening for soups is obtained by the use of pearl tapioca. Boil the tapioca till clear, then strain the liquid from it into the soup. The result is a clear soup.—S. C. C., Providence, R. I.

brella, where they are fastened, with vaseline. It is rust that loosens and forces the little wires out, and this will prevent it.—W. D., Philadelphia, Pa. Rub the ends of the ribs of the um



HE fair women who despair of protecting their complexions against the ravages of outdoor life will be greatly interested in the following extract from a letter written to the Frederick F. Ingram Company by Cleo Ridgely, a well-known motion picture star.

"I am very fair and having ridden through rain, cold and excessive heat, my skin is in just the same condition as when I started, although my husband is so sunburned and tanned that he would be taken for a Mexican, hence they think my husband is riding and I am traveling by train, but such is not the case. Leaving New York I tried many things to guard against the elements and protect my skin to some degree at least, but n't until I started the use of Milkweed Cream did I find the proper article.

"I want merely to thank you for placing such an article of merit upon the market and carnot recommend it too strongly. It is an article that I will never be without.

"Sincerely, CLEO RIDGELY."

Let Ingram's Milkweed Cream be your shield against the weather. It brings a charming sense of cleanliness to your skin and keeps it soft and smooth.

For the woman who is kept indoors it is a mild stimulant to the skin, giving it a natural, radiant glow.

Ir.; cam's Milkweed Cream is applied lightly, night and morning. Requiring no rubbing— it does not enlarge the pores.

Let us prove to you the value of Ingram's Toilet Specialties by a personal test; write us yours and your Druggist's name and address, and receive through him, free, our box of samples. Or enclose ten cents and we will mail them direct.

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