THE OMAHA SUNDAY BEE MAGAZINE PAGE

"I'll Swim to France to Win Votes for Women!"



forever to all this twaddle about the weaker sex. Yes, I am a firm be-

Bo declares Miss Lily Smith, who is known up and down England as the peer of all lady swimmers in Great Britain, and who is frequently referred to as the "English Water Lily." You may pick up your morn-ing paper on any one of the remain-ing days of this month to read a London dispatch telling of Miss Bmith;a success in swimming across from Dover to Calais, for she intends to try it before the first November morn makes its appearance.

loes not advocate the throwing of batchets at prime ministers or the smashing in of plate-glass windows order to get the vote. Other omen may pursue the militant purse, even her two athletic sisters, if they wish, but by demonstrating that the sexes are physically equal-intellectual equality she takes for granted—she expects to be of better service toward winning the franchise

The distance between Dover and Calais is twenty-eight miles, and were it a question of distance alone Miss Smith's task would be an easy one, but the Channel waters are herous, embracing as they do many currents and counter currents.
Only two human beings have succeeded in swimming across this bit
of water that has made the history England what it is, the first person having succeeded having been the famous American awimmer, Captain Webb. He did so in 1875 just a few years before he lost his life in an attempt to swim the Niagara Rapids. In 1911, thirty-six years after Cap-

Oh, Yes; She Understood. A teacher in one of the public schools was endeavoring to impress the public takes a verb in the plural subject takes a verb in the plural. "Remember this," she said, "girls its, boys are; a girl is, a boy is Now io you understand it?"

Every hand in the room was raised in assent.

Well, then," continued the teacher, "who can give me a sentence with girls plural remember?" This time one hand was raised, and that belonged to a pretty little miss. "Please, ma'am," she said, with all the assurance of a primitive reasoning. "I hat on straight?" 'Girls, are my

Not a Racehorse. A man was attending to his motor. Trouble? asked a bystander. "A little," was the income
"What power car is it?"
"Forty horse," came the answer.
"What seems to be the matter

"Well, from the way she acts, I should say that thirty-nine of the horses were dead."

A Glad Relief. "Thank Heaven, those bills are got rid of," said Bilkins ferwortly, as he tore up a bundle of statements of accounts dated May 1.
"All paid, ch" said Mra. Bilkins.
"Oh, no," said Bilkins. "The dupit-cates dated June 1 have nome in, and I don't have to keep these any longer."

coarsened the texture of the skin. This was because you did not take precaution of well-informed houseworkers, who are careful to preserve their good looks, rubbing olive oil or mutton tallow freely into the arms before they are exposed to contact with the water. By doing this dish washing is robbed of

AM going to swim the Channel tain Webb established his unique record, the feat was again accomplished, this time by a Yorkshire blacksmith named William Burgess, but between the date of Webb's suc cess and that of the Englishman's their tries at it, only to be helped out of the water before the French shore was reached. Not all of them have had their chances at it. They were Annette Kellermann and Rose Pitinof. It is seen, therefore, that if the "English Water Lily" crosses successfully she will have just rea-

> ber 11, 1912, she dived from the gov-erament pier at Dover and started out with a strong stroke for the other side and kept at it for six and one-quarter hours, but then, like Miss Kellermann, she was overcome with seasickness and had to give it up. Nevertheless, she had covered a dis-tance of twenty miles in that time, which is something of a record in

> Honors have come to Miss Smith and other members of her family so often, however, that their novelty has worn off. Her father is James G. Smith, a superintendent in the London County Council Fire Department, and wears many medals for bravery and life saving. Two years ago he made his way through smoke and ammonia fumes in order to resthree men who were entrappe in a burning refrigerating plant, and for the deed won the plaudits of all don. But he is a man who would rather not talk of his own triumphs

He and his daughter were on the and prefers to speak of those of his daughters, for Lily's sisters, the

Misses Nellie and Gwendoline, as well as herself, have won medals again and again for feats in the

Rose Pitonoff, the American Swimmer, on Her Unsuccessful Attempt to Swim the English Channel.

Laly had earned the title of "Chamon of all London" before she was fifteen years old by virtue of her success in many competitions. Dur-ing her sixteenth year she swam for five hours side by side with Jabez Wolffe, who was at the time attempting to cross the Channel. The young girl's daring on this occasion was quite disquieting to her father, for though he knew that she was a capable swimmer he did not like the idea of seeing her sporting in such treacherous waters for such a length

tugboat that was accompanying Wolffe, and when they left the English shore no one in the party sus-pected that Lily intended to enter the water, even though she was wearing a bathing suit. Suddenly, when they were half way across, she announced that she would try to swim to land and dived overboard. Both she and Wolffe had to give up the struggle, however, for a strong wind came up and, blowing in exactly lowed by the current, kicked up such rough water that for the most of the

time the swimmers could not be seen by those on the tug.

In her seventeenth Miss Smith made the fifteen-mile awim Richmond Blackfriars Bridge, in pitted against thirtyfour men at the time and crossed the finish line ahead of twentyfive men, having cover-ed the distance in four hours and nine minutes This was in 1907, and that marks the date of the first swimming competition in which woboth entered. She made

equally good showings same course in 1908 and 1909. She first made England sit up and notice when, in 1910, she covered twenty miles through rough water in six hours and thirty-five minutes. She started at Dover, struck out for Ramsgate and then came back down the Channel to Deal.

This was the most remarkable feat woman up to that time and bore out prophesy made by that great

sportsman, Sir John Astley, when in 1876 Agnes Beckwith, a girl still in her 'teens, swam from London Bridge in Greenwich, a distance of five miles, in one hour and seven min-utes." The Baronet said at that time, "I should not have believed it pos-

sible had I not seen it with my own eyes. After this I can say that I am

How the Channel Has Baffled All but Two Swimmers.

Miss Lily Smith, One of England's Prettiest and

Only Two of the Countless Attempts to Swim the English Channel Have Succeeded. Captain Webb, (A), an American, First Accomplished the Feat in 1875 and He Was Followed 36 Years Later by William Burgess, (B), an Englishman. Annette Kellerman, (E) Gave It Up After Going 20 Miles and Rose Petanoff Also Failed. Wolffe, an English Swimmer, (D), Covered 17 Miles of the Distance and Lily Smith, Who is Now Going to Make Another Attempt, Once Came Within Eight Miles of Reaching Calais.

Most Athletic Suffragettes, Who Will Brave the

Treacherous Currents of the Channel to

Prove That Woman Is Man's Physical Equal

Lily

Wearing

Medals

Has

Swimming

Contests

Worn

sure the time will come when a twenty-mile swim will be accom-plished by a woman." Not content with merely doing

Smith decided to do something in the following year which would go the Solent from Southsea to the Isle of Wight and return, a distance of twelve miles each way.

She trained faithfully for this event all during the Spring of 1911, for the proposed feat was a difficult one, having been performed pre-viously by only one swimmer, Horace Davenport, who accomplished it in

Leaving Southsea on the minute of 6 o'clock, August 24, she started bravely on the first leg of the journey, reaching Ryde Pier, which marked the end of it, at 10:45. She merely touched the pier, and immediately started on the return journey. When within five miles of Southsea she received a serious cut on the knee from a submerged barrel with which she came in contact. She did not give up the struggle, though the wound bled profusely, but bandaged the limb while still in the water and then resumed her task. She kept on pluckily for half an hour longer, but the injured member proved to be too great a handicap, and so, against her own wishes but acting on the advice of her trainer, Walter Brickett, she

gave up the battle. This was a remarkable perform-ance because the Solent waters are more dangerous and flow with greater speed than those in the Chan nel. It was her showing on this occasion that won her the confidence of her friends and the praise of her compatriots, and from then on she has been regarded as a fit candidate for the cross-channel swim. She was still fresh when she was forced leave the Solent on account of her injury, and this in spite of the fact that she had swam nineteen miles. That she would have finished—and in good time-had she not met with the barrel, there is not the least

During that swim it was her lot to pass very close to H. M. S. Thun-derer, which was in the Solent. The officer on watch earned a little notoriety for himself by ordering a boat manned and lowered and having it row around and around his ship when she approached. He was under the impression that Miss Smith was merely swimming from shore to the Thunderer, and he was determined that she would not be permitted to "land" on the vessel. Hence, he had put out a boat to keep her off. When those who were accompanying her on a tug shouted through a megaphone and told Miss Smith's real intention, the boat was called in and every man on the Thunderer came on deck to give three cheers for the plucky English girl.

Miss Smith's next accomplishment in the water was a swim from Worthing to Brighton, a matter of twelve miles, which she did in four hours and thirty-five minutes, coming in only six minutes after Jabez Wolffe,

Not all of Miss Smith's triumphs were won in long-distance events, further than any prophesies made up nor were they confined to competito that time—she decided to swim tions held in England. In 1909 she went to France, and at Rouen succeeded in capturing third place in a competition involving eleven men besides her, the one woman. In a 1,000metre race held over a course in the Seine during that same year she led the way right from the start to the finish line, and was followed by all the other competitors in the race— eighteen of them, and all of them

> In all, Miss Smith has won seventy-three medals for her prowess. The Channel swim, which she has tried once and which she will try again, has been attempted many times by Jabez Woiffe, who is fre-quently her trainer. Woiffe once got within three miles of the French shore, being forced to leave the

> water. Annette Kellerman was the first woman who ever made the attempt and who was qualified to make it. Seasickness brought about Miss Kellermann's withdrawal after she had been in the water over four hours and had travelled over twenty miles.
> "Seasickness will be the greatest obstacle to all women who attempt to
> swim the Channel," she announced at that time, and she was evidently correct, for Miss Smith was troubled with mal de mer when she tried it last year, and she has never b been so troubled in any of the long swims she had made

> Will Miss Smith end man's supremacy in the water? She will not be the first woman who has attempted to do so at least. In 1901 Mme. Isacescu, an Austrian woman, swam forty-eight miles in the waters of the Danube and did it in eight hours and ten minutes. No man has succeeded so far in equalling that record. Mme. Isacescu became famous after that, and was looked upon as one who would, without be able to swim from Dover to Calais if she but made the attempt. Her friends and all those interested in swimming in Austria urged her again and again to try it, but she would not do so.

> Agnes Beckwith, mentioned above established some records that have never been lowered. Over a ten-mile course in the Thames she swam in two hours and forty-one minutes. She swam twenty-five miles in the ocean and took only nine hours and thirteen minutes to do it. Her record for twenty miles was six hours and twenty-eight minutes.

Another record held by a woman that of Miss Annie Johnson, an English girl, who, in 1899, succeeded in remaining under water for three minutes, eighteen and one-fifth sec-

But if Miss Smith succeeds in crossing the Channel her record will eclipse all others held by womenand mainly for the aid and glory of woman suffrage.

My Secrets of Beauty-By Mme. Lina Cavalieri-How to Restore the Lost

to your stock of vitality; that brightened your eyes and melted away pounds of superfluous flesh, that gave your movements a new strength and freedom, has robbed you, you complain, of the who ordinarily sees only perfection in you has looked with disfavor on

their coarsened brown surface. You are right. It is time to do something about it, for the brown or freckled skin that did not look amiss protruding from short pink or blue linen sleeves will look quite otherwise against the delicate background

of your evening gown. Begin by doing what would have protected your arms and saved you much of this mortification as to their present appearance had you but known. The dipping of the arms into salt water at the shore has its terrors. From this time keep your arms as moist with oil or tal-low as formerly they were with salt Soon the texture will imsalt water, may have irritated your skin, which is naturally sensitive. In that case use no soap, but instead use a handful of catmeal or of al-mond meal when bathing your arms. pared arm tub: The sensitiveness will disappear and the skin resume a silken texture if

you patiently apply this lotion at morning and at night and as often between as circumstances permit. Orange flower water..... 6 drams Glycerine% ounce Powdered borax...... 3 drams If your arms have been sunburned at mountain shore or field, begin

promptly on your return from your vacation, or before, to use a good leach on them. This spread freely on the arms as

paste gives gratifying results with few applications. Beat, until light, the yolk of one egg, forty drops of benzoin poured into the egg drop by depp, and an ounce of glycerine and an ounce of rose water. After spreading this thickly over the arms from wrist to elbow, wrap loosely around the arms a long strip of cheese cloth, fastening the bandage at elbow and wrist with safety pins. These should be allowed to remain on the arms

ne girls dislike "bother," though I have noticed that they pay the pen-alty of this dislike to take pains to preserve their beauty, by either look-

than they might. If you dislike "bother" or are really too busy to "fuss," as you Americans say, with these nightly applications, give your arms daily baths in this easily pre-

Into two quarts of warm water pour two heaping cupfuls of catmeal and add a dozen drops of benzoin. Plunge Your arms into this bath to the elbows, leaving them thus to soak for five minutes or longer.

Into this bath some English wom en who have beautiful arms pour the uice of a lemon to whiten the arms, but it is more effectual to rub the arms thorpughly with alices of lemon after the bath.

After these baths rub cold cream freely into the arms, or use an oil instead. It is mere extravagance to use your expensive face cream for such purpose. Olive oil or coccanut oil will suffice.

Have you had a good look at your elbows since you returned from your Summer vacation? Probably those neglected parts of your body haven't met your eye for months. Hold them up before the mirror and critically inspect them. I thought so; you are horrified. You ask how long they have been brown and coarse and calloused? No one knows or will tell, but those elbows can quickly and easily earn you the reputation of being neglectful of your appear-ance—in other words, of not being

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it round and

starved elbow has been well fed. Treat the other been arm in the same way. Then reresting the elbow this time in half a lemon. will whiten them as effectually as cess softener them. Or should they be persistena teaspoonful of powdered pumice quantity of lemon Juice and rub the discolered apot

gently with it. Perhaps much rowing or golf playing or swimming has forced the outer bone of the wrist to come into unlovely prominence. Massage the knob gently with coconnut or olive As the tissues surrounding the unsightly bone are fed, they gradually fill out and surround the pro-

truding bone, veiling if not quite The freedom from long sleeves



coarsening depilatory powders on skin already coarsened by Summer exposure. Instead, aid the process of whitening the arms by bathing them in equal parts of peroxide or hydro gen and witchhazel. The peroxide gradually whitens the hairs, at the same time weakening their roots, so that ultimately some of them will

