

The Grind

By WILLIAM F. KIRK.

It is not the patient labor of the man that tills the soil, Though his muscles slowly stiffen after years of steady toil. He must creep away to slumber ere the darkness shrouds the earth He must start anew his plodding when the birds first thrill their mirth; But no blight is cast upon him at the moment of his birth.

It is not the rough endeavor of the men that sail the seas, Though great Neptune's home is latticed with the bones of such as these. God can blow them with his bellows from a long expected coast Out to meet the Flying Dutchman, captained by a glbbering ghost. But they are not doomed to failure, even they who suffer most.

No. The grind is in the city, where too many beings strive, Where the weak, all unconsidered, drop like dead bees from a hive. There the grind is grim and ghastly; there the herd must squirm and shove, Tramyling on the weaker mortals God intended they should love. Yet the strongest swimmers linger, glad to keep their heads above.

Ella Wheeler Wilcox on Protecting the Birds-Boys Should Be Taught Not to Shoot Them, and Schools

and Mothers Should Combine to This End

By ELLA WHEELER WILCOX

Copyright, 1913, by Star Company, Dear Friend: Please permit us to call rour attention to a great and serious vil now menacing our insect-enting birds Millions of small birds in migration are destroyed yearly by

the people of the southern states and used for food. This destruction, now lpcreasing, is having serious effect on the numbers of song birds in the north Negross are armed with guns. and many are proficient other means of truction. In the also, large s of foreign coming

usands in the south

Not one boy in a thousand receives this proparation and guidance.

The average boy teases for a gun, and receives it as a birthday or Christmas sift; and proceeds to use it after being told to "be careful" by the "loving parent," who goes away and leaves him to his amusement.

At one of the resorts not far from New York City, a woman made herself unpopular with her neighbors (mothers of sons of the air gun age), by telling the boys they must not aim at or shoot birds of any kind on her grounds. Her action was considered unneighborly and her words of advice to the boys to study bird lore and learn kindness were con idered impertinent.

There is nothing our public schools need nore than to include this education which the Audubon society offers in the school ourses. If you, dear madam, who peruse one lines, want to help make this beau tiful world more beautiful and loss and you want to aid in forming higher ideals and kinder instincts in the rising eration, in ordering or trimming your min hat try and use good commo New York City, and they are still some, and a little individual taste, and

wear a hat which is becoming and beau Audisbon societies, which have tiful and entirely devoid of any part of checked the killing of native a dead bird. Plumes from the birds for millinery purposes, now pro- do not mean the destruction



stop the slaughter of song birds bird, for the ostrich is a robust fowl food in this country. This is a stuhous task. It must be done by edupress and the clergy, and by securing welty of robins, blusbirds and bobo- goar attractive links is becoming noticeable over wide areas. Will you not help us to the best

of your ability to stop the slaughter which is now depleting our fields and woods of feathered songsters? A word of encouragement will be appreciated. Yours sincerely.

T. GILBERT PEARSON. Secretary."

This letter ought to reach the heart and the brain of every man and woman of common sense and common sensibility in our land.

it ought to reach the hearts of mothers of young sons who have arrived at an age where they want to express their nanty qualities by using a gun.

Air guns are only a degree less manac-ing in the hands of young lads than revolvers in the hands of gunmen. Every year distreming accidents are re-ported in the daily press from the use of "toys" by boys. Companions are stinded or crippled, and the precious lives of beautiful birds are sagrificed. while the killing instinct in growing childran is cultivated and festered. All because women believe themselves

"good mothers," and consider they rating the manliness in their tie boys by providing them with guns

Meantime, if the mother began as soon as her little boy could talk, or under-George, stand, to awaken in his heart a love and sympathy for birds and heasts, and then stipulated that his gun praculd consist wholly in target shoolunder proper guidance and instrucgood marksman and yet humane and kindly in his instincts.

know how to use a Every man should aun and revolver

edge is important.

But there is no part of a youth's eduwhich needs a more careful and have saw a few more of the latest plays you ever read is the form sheets and his place up the

other.

ashamed of his ignorance.

won't be so dense."

maybe after you have read them you

LIVE CHEAPER-CUT DOWN MEAT BILL DOWN

You can cut down your meat bill two-thirds and get more nutritious food by eating Faust Macaroni. A 10c package of Faust Macaroni con- it yet, but I am going to as soon as I tains as much nutrition as 4 lbs. of get settled down. Then I will let you beef-ask your doctor.

Faust Macaroni is extremely rich in gluten, the bone, muscle and flesh It is made from Durum Wheat, the high protein cereal.

Delicious, too, You can serve that the man wrote, and you nearly have Faust Macaroni a hundred different ways to delight the palate. Write for free recips book showing how. In air-tight, molature-proof pack-ages, 5 and 10 cents.

> MAULL BROS. St. Louis, Mo.

and the plumes grow while the ostrich exists, just as the goose grows new down each year. But beside plumes, there are exquisite grasses and flowers, and laces laws and better enforcement of and jots, and velvets and ribbons and the laws now on the statute books. The other trimmings which can make head

> Use your good taste and ask your milliner to show some original ideas in building you a hat.

> Remember the osprey and algrette mean the death and torture of the mother birds, and the slow starvation of their young as a rule

> Any refined woman should be ashime soon wearing an algrette. Spun giass and preserved grasses and ferns produce quite as artistic effects.

Help the Audubon society save birds.

The man who keeps the woman he loves behind bars in a gilded cage keeps her hands idle, and her brain and body dull and listless

The Manicure Lady

By WILLIAM F. KIRK.

wrote all these books that I have in this new set about the same time that Mister Shakespeare wrote his plays. I got a swell ast of Mark Twain last suppose the reason there was so many mock." said the Manicure Lady. great writers then was because they all "Het of what?" asked the Head chummed together. Mister Twain would

take lunch with Mister Shakespeare and Barber tell him all he know, and then Shaker-"Mask Twain," said the Manicure Lady. "You poor simp, don't you know who Mark Twain is?" could help one another.

"No." admitted the Head Barber? "You ought to be ashamed to admit

it," said the Manicure Lady. Why, 1 thought everybody knew minds to associate with." about Mark Twain and Oliver Dickens and Marie Corelli and all them grand pears did," said the barber at the secauthorities. If I thought I would ever ond chair. set as old as you and be as dumb, I either: He was an American. No Engwould get sick abed right away and lishman could have written Twain's on the way to do her boy would grow up skilled as stay there till the final summons had humorous stories. And he died within came. Mark Twain was a great the last few years. Shakespeare has cussing the anwriter, the greatest American funny been dead two centuries or so."

man and sad man combined, it said in "I don't know who asked you to horn Mr. Vincent Astor the circular. I haven't read none of in," said the Manicure Lady, freezingly proposed to fly There are occasions when such know- his stories yet, because the set just came "Me and George was talking about and I have been busy going to the new something that you ain't supposed to every morning in a shows the last week, but as soon as I know nothing about. All the literature hydroplane from se preparation, and guidance, than this I am going to stay home nights and read the tips to betters After this when me Hudson. They were this set right from one end to the and George is discussing art or litera- fairly shocked at

> "What did he write about?" saked like you trying to disturb the chain of millionaire taking the light Barber, not in the least our thoughts. Let that filter through such risks with his precious life. your brain, Tony, and don't declare your-"What didn't he write about?" retorted uelfin no more.

the Manicure Lady. "He wrote about a lot of things, George. As I just told you. ain't had a chance to read any of take any of the books you want, and

> Dear Miss Fairfax; I am 18 years and have been keeping company with a young gentleman, in years of age, for the lass three months. As his birthday is near, I would like to know whether it is proper for me to give him a gift. If so, kindly give me a few suggestions. ANXIOUS.

idemith and this Mister Twain. fie note wishing him many happy returns.

The Price of Happiness; Only the Poor Have It

Who get the most real pleasure out of pears would go somewhere with Twain life, rich people or poor people? Is happed and give him pointers. That way they ness for sale over the counter, like a peck The reason of potatoes or a diamond tiara, and can

Brother Wilfred can't get no greater as a | only those writer is because he is kind of alone in chase it who have literature now and can't find no master the price? The other day "Mark Twain didn't live when Shakes | two clorits, strong,

healthy young fel-"He wasn't an Englishman, lows earning fairly good salarias and nouncement that down to

ture I don't want no flap-cared wop the thought of a

Advice to the Lovelorn

Certainly.

Your friendship warrants a remem-



that in so doing they were disproving, in the most conclusive manner, their own theory that wealth brings happiness, and the more money people have the more fun they get out of living. For the mere

fact that we are poor enough and inconspicuous enough to do as we please withut its making a particle of difference to . the balance of the world, or calling for a headline in a newspaper, means liberty. fort which is the very foundation-stone of happiness, and that is a luxury that the

poor rich man never knows; We are continually called upon to weep over the pathetic fate of poor children whose home is the street and whose playground is the gutter. We might as well shed other tears over the sad lot of the multi-millionaire baby whose cradle is guarded by armed detectives, whose food is regulated by a high-priced doctor, whose toys are sterillsed, who has only a bowing acquaintance with its parents and who never knows what it is to have one single hour of natural, untrammeled

Poor children are happier than rich - 11 children, and they have a better chance in life, for it is the curse of wealth that it kills ambition and numbs effort. Some

"Gee!" exclaimed one of the youths, one said to a very rich self-made man "If I was as rich as he is I'd he so afraid once that he had given his son every adgetting hurt I would go about in a vantage of education. "Yes," replied the wise old man sadiy, "every advantage goat cart surrounded by a steel cage. You wouldn't eatch me doing any death but the greatest advantage of all-povdefying leap in a hydroplane, or seroerty. I couldn't give my son the chance plane, or even an automobile." in life I had myself."

Certainly, however, the vast majority "You are right," agreed the other young man. "If I had as much to live for as of people believe that whalth brings haphe has I wouldn't even cross a street for piness and that a young man as rich as fear of being run over by a perambu Vincent Astor, say, gets more real fun lator until they had stopped traffic both out of living than does the youth in circumstances-the young may Thereopon the two young men fash who, by his own efforts, is making a

ing that there wasn't any particular purcomfortable income.

Your friendship warrants a remam-brance, but you must make it simple and in preserving the lives of 50 a week just as highly treatured, just a little note wishing him many happy returns.

which is no respecter of pocketbooks. He and position. How ittle domestic happi-cannot sleep in but one bed. He cannot wear but one suit of clothes at a time. He can enjoy no more heat in winter nor breezes in summer; use no more light. nor more bath tubs, than any man of moderate means. After you reach a certain not very exalted point of wealth in these days of modern convaniances the purchasing power of money is nil bringing you any physical com-

How do they figure this out?

Work? That's not a misfortune, but bleasing. Work is excitement, thrill never-dying interest. It is the most absorbing game on earth, and the man who gets up every morning with the knowl edge that there's going to be a fresh dea of cards, and that he's got to pit his skill and diplomacy and intelligence against the champions of his community, has got something to live for. Bealdes no other people on earth work so Hard

and so drearly as those whose sole cupation is killing time. Vanity? You think it must be delightful to be kowtowed to because you are rich? Perhaps so. If you have been poor and made the money yourself, because that means that you've fought the fight and won out. But there's nothing to be chesty about-no thrill of gratifiel vanity in money that you have inherited. It takes fuck, and not talent, to be born with a bank book in your mouth.

Friendship? That's the choicest pleas ure in life, but it's referved exclusively for the delight of the poor. No rich man

has any friends, because experience of condies and sycophants has taught him to be so suspicious of everybody that he trusts nobody and believes in the sincerity of no one.

Love? A paradise before which Cupid stands with a golden sword and turns the millionaire away. No rich man may ever even hope to be loved for himself alone. He is the prey of the adventures.

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The truth is that money doesn't buy happiness, and the man with a moderale income can get far more pleasure out of living than the millionaire can. Which is a comforting thought for the vast maority of us who are engaged in the exciting and pleasurable sport of chasing the wolf from the door.

Grandma Used Sage Tea to Darken Hair

and sulphur to bring back color, gloss, thickness.

Common garden sage brewed into a neavy tea with sulphur and alcohol added, will turn gray, streaked and faded hair beautifully dark and luxuriant, ramove every bit of dandruff, stop scalp itching and falling hair. Just a few applications will prove a revelation if your hair is fading, gray or dry, acraggly and thin. Mining the Sage Tes and Sulphur recipe at home, though, is troublesoms. An easier way is to get the ready-to-use tonic, costing about 30 cents a large bottie at drug stores, known as "Wyeth's Sage and Sulphur Hair Remedy." thus avoiding a lot of muss.

While wispy, gray, faded hair is not sinful, we all desire to retain our youthful appearance and attractiveness. By darkening your hair with Wyeth's Sage and Sulphur, no one can tell, because it does it so naturally, so evenly. You just dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time; by morning all gray hairs have disappeared, and, after another application or two, your hair becomes beautifully dark, glossy, post and luxuriant.

seemed almost santlegious to them for anybody with that much money to even take a chance at getting killed.

I don't see that you've got anything on me," declared the Head Barber. "You can't tell me a single thing

a fit when you find out that I don't know any more than you do. What

time did he live and in what constry. If you are so acute?" "I believe he was an Englishman," said the Manicure Lady airly, "Nearly all of them great authorities was Eng-light. Lke Oliver Dickens and Charley

By BEATRICE FAIRFAX

