

### The Doctor's Advice

By Dr. Lewis Baker



The questions answered below are general in character; the symptoms or diseases are given, and the answers should apply to any case of similar nature.

Those wishing further advice, free, may address Dr. Lewis Baker, College Building, College-Ellwood streets, Lincoln, O., enclosing self-addressed, stamped envelope for reply. Full name and address must be given, but only initials or fictitious names will be used in my answers. The prescriptions can be filled at any well-stocked drug store. Any drugist can order of wholesaler.

sements, thin, watting, nervous and debilitated. I recommended that you begin their use at once and continue regularly until your system is able to assimilate the fatty elements of your food; then you will grow plump and have plenty of red blood, with color in your complexion, bright and sparkling eyes of health.

"Sick M. G." writes: "I have been affected for some months with rheumatism and have taken much medicine in vain. Please give prescription that will cure."

Answer: The most efficient prescription I have ever given for rheumatism is: Iodide of potassium 2 drams, sodium salicylate 4 drams; wine of colchicum, one-half ounce; compound essence cardo, 1 oz.; compound fluid balsam, 1 oz.; and syrup sarsaparilla comp. 1 oz. Mix and take a teaspoonful at meal time and at bedtime.

"Farmwife" writes: "You once recommended a home-made cough-syrup. I tried it and found it the best cough and cold syrup that I ever heard of. It was so prompt in relieving the severest coughs and colds and a pint bottle made at home lasted so long that I have forgotten the ingredients. Kindly publish again."

Answer: The splendid laxative home-made cough syrup is made by mixing a 25 cc. bottle of concentrated essence mentholatum with a home-made sugar syrup. Directions on the bottle tell how to make and use. It is a fine, cheap remedy.

"Joanne" writes: "I am bothered greatly with indigestion. Things I like to eat nearly always cause a heavy, ill-at-ease feeling in my stomach, and my breath is bad, while I am nervous, irritable and frequently cannot sleep."

Answer: A very excellent treatment which is widely prescribed for its gradual curative action, as well as the instant relief it affords, is tablets triopropine, packed in sealed cartons. Take a pink tablet after breakfast, white tablet after dinner and blue tablet after supper. Continue and the curative agencies should soon restore natural digestion.

"Mrs. M. C." writes: "I am recovering from long illness, but am very weak, nervous, sleepless and have little appetite. Can you give me a good tonic restorative treatment?"

Answer: Have the following prescription filled and take a teaspoonful before meals: Syrup of hypophosphites comp. 5 ozs., structure codonatum comp. 1 oz. (not codonatum). Mix and shake well before using. This is a fine nerve tonic and system tonic for old and young.

John R. Me asks: "Don't you think it is wise to take medicine to reduce my weight? I weigh about 16 pounds too much."

Answer: I do think so; and a very convenient and effectively flesh-reducer medicine is sold in sealed tubes with full directions for home use. It is called E-grain arboreal tablets and any well-stocked pharmacy can supply them. They are essentially good.—Advertisement.

"Gloria" writes: "I would like you to prescribe a good hair and scalp treatment. I am bothered with itching scalp and dandruff. My hair is faded and falling and none of the remedies I have tried have done any permanent good."

Answer: Go to your drugist and obtain a 4 oz. jar of plain yellow Minvyl. Apply as per directions. This treatment differs from all and I have actually seen the astonishing transformations which result from its use. The dandruff and itching are conquered with two or three applications, while it makes the hair glossy, wavy and full of intense natural color.

"Myrtle" writes: "Owing to my extreme thinness I am frequently embarrassed by slighting remarks of young people. Can you prescribe a safe remedy to increase my weight?"

Answer: I have so many gratifying reports from the users of three grain Hypo-Nutrient tablets, that I have become to regard these valuable little tablets as a specific and prescribe them to all who are

# Home Building and Home Furnishing

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MAGNIFICENT STRUCTURE COMPLETED THIS SUMMER AT FORTY-SECOND AND DEWEY AVENUE TO BE DEDICATED THURSDAY.

### TIMELY REAL ESTATE GOSSIP

King Ak-Sar-Ben and Base Ball Fall the Edge of Market.

### BRISKER TIMES ARE COMING

Dates of Meeting of National Association of Real Estate Exchanges to Be Set by Executive Committee.

The last two weeks have been comparatively dull in the real estate business of the city. This is attributed by real estate men largely to the activities of Ak-Sar-Ben, which detracted attention from the business of buying and selling real estate of the city. During the week when the big parades were in progress, they held, prospective buyers could not have pushed through the crowds to get at a real estate office, even if the parades had not drawn their attention far, far away from any idea of buying city lots and city property.

"And this week," said a prominent real estate man, "it is all base ball, and what do people care about real estate when the world's series is on? In the first place most all the real estate men themselves are fans, and then customers are sure to be fans. So they all watch the bulletin boards."

Of course there have been some good transactions in the last few weeks, and a great many sales of small homes that have counted up in the aggregate. There are a large number of sales every day of homes running up to \$2,000 or \$3,000. These transactions make some activity every day and real estate men say they are the substantial thing, as they are sales made directly to home seekers and not to speculators. In fact the activity in the buying of modest homes on the installment plan has kept up pretty well even during the week when there were lots of attractions to draw attention away from home and home seeking. The buying of homes on installments is becoming more and more popular, especially with persons of moderate incomes who are on a fixed salary and know what they can afford to pledge themselves for in the way of monthly payments.

The executive committee of the National Association of Real Estate Exchanges is to meet in Knoxville, Tenn., October 22 to 24. Byron Hastings of Omaha is a member of the executive committee and intends to make the trip to Knoxville for this meeting. The committee has several important matters to take up, including the choosing of a date for the next meeting of the national association at Pittsburgh. They will also consider the matter of getting the shoulders of the association back of the National Real Estate Journal to push it and boost it as it has not been boosted before.

Three store buildings west of the Board of Trade building will be occupied by the United States National bank while it builds its new bank building at Sixteenth and Farnam streets. The new home of the bank is to be rebuilt in 1914. Plans are now being drawn. The quarters to be occupied temporarily by the bank when the work of building commences are the Demoghuis florist establishment, the Omaha Stationery company's place and a vacant store building next door.

Charles W. Martin & Co. say that business is now beginning to pick up since the hot weather is actually over. They say that a large number of inquiries are beginning to come in that indicate brisk fall business. Some of these recent sales are:

- M. C. Nelson, 174 Charles street, bought a lot in Hollywood and will build a bungalow at once for a home.
- Mrs. Eunice Wonder, mother of F. N. High, cashier of the State Bank of Omaha, bought a lot on the Florence boulevard in Norwood addition for \$1,000. Mrs. Wonder is moving here from Crawford, Neb., and will build a home at once.
- Oscar Johanson bought a lot in Laurelton addition on which he will build a home, consideration, \$750.
- John Beshliss bought two lots in Laurelton addition, on which he is already building a home, consideration, \$1,250.
- James L. Quinn bought a modern home at 303 Meredith, consideration, \$2,750.
- C. M. Fisher of the Manhattan Oil company bought a new bungalow in Laurelton addition for a home; consideration, \$2,400.
- A Levine of the State Furniture company bought the bungalow at 138 E. 11th avenue in Midwest addition; consideration, \$1,250.
- Stephen C. Wirtz, a bungalow in Laurelton addition; consideration, \$1,300.
- E. K. Baymiller bought a lot on the Florence boulevard in Norwood addition; consideration, \$1,100.
- E. F. Weare, a lot in Laurelton addition; consideration, \$100.
- Bert C. Hynes of the Lining Imp-

### Building Construction More Active

Building construction in ninety cities for September shows an increase of 5 per cent over the corresponding month of the year ago. Permits were taken out in ninety cities during the month just closed, according to official reports to Construction News, for the erection of 2,515 buildings, involving an estimated cost of \$4,526,715, against 20,204 buildings at an estimated cost of \$4,501,245 for the same month a year ago, an increase of 1,112 buildings and \$25,470, or 5 per cent. This is a very satisfactory showing, as each of the last few months for a considerable period has shown a loss. The figures in detail are as follows:

1912	1913
No. of Bldgs.	Estimated Cost.
Chicago	7,858,229
New York (Horns, Man. and Bronx)	6,250,486
Boston and vicinity	6,247,600
Philadelphia	4,383,935
Brooklyn, N. Y.	2,486,759
San Francisco	2,274,722
Detroit	2,085,656
Cleveland	1,949,548
Los Angeles	1,781,893
Portland, Ore.	1,748,066
Grand Rapids, Mich.	1,551,530
Syracuse	1,449,079
Birmingham	1,424,720
St. Paul	1,414,011
St. Louis	1,339,223
Troy	929,000
Milwaukee	874,649
Newark	872,376
Rochester	791,929
Buffalo	721,000
Baltimore	687,227
Washington	679,346
Indianapolis	623,725
Seattle, Wash.	617,416
Wichita, Kan.	591,000
Toledo	572,485
Newark	561,236
New Bedford, Mass.	501,000
Duluth	473,807
Columbus, O.	470,191
Portland, Me.	466,425
Oakland, Cal.	444,389
Omaha	404,419
Springfield, Mass.	387,844
Akron	384,721
Atlanta	369,425
Portland, Me.	369,425
San Francisco	369,425
Sacramento	369,425
Louisville, Ky.	369,425
St. Paul	369,425
Memphis	369,425
Fort Wayne	369,425
St. Paul	369,425
Cedar Rapids, Ia.	369,425
New Haven	369,425
Springfield, Mass.	369,425
Springfield, Mass.	369,425
Evansville	369,425
New Orleans	369,425
Elizabeth, N. J.	369,425
San Antonio	369,425
Portland, Me.	369,425
Jacksonville	369,425
Toledo	369,425
Norfolk, Va.	369,425
Berkeley	369,425
Yonkers	369,425
St. Paul	369,425
Peoria	369,425
Paducah	369,425
San Francisco	369,425
Des Moines	369,425
East St. Louis, Ill.	369,425
Tampa	369,425
St. Louis	369,425
Sioux City, Ia.	369,425
Richmond, Va.	369,425
Harrisburg	369,425
Holyoke, Mass.	369,425
Davenport	369,425
St. Joseph, Mo.	369,425
Altoona	369,425
Pueblo	369,425
Scranton, Pa.	369,425
Covington, Ky.	369,425
Reading, Pa.	369,425
Kansas City	369,425
South Bend, Ind.	369,425
Pateron, N. J.	369,425
Springfield, Ill.	369,425
Fresno	369,425
Charleston, W. Va.	369,425
Nashville, Tenn.	369,425
Columbus, Miss.	369,425
Colorado Springs	369,425
San Jose	369,425
Hoboken	369,425
Totals	\$4,526,715

There were gains in forty-four cities and losses in forty-six. There was much improvement in building in the larger cities, and New York, while notwithstanding it had a loss of 29 per cent for the month just closed, shows a better condition of affairs and gives evidence leading one to believe that things are on the mend, the large areas of vacancy apparently being taken up.

It is almost superfluous to marvel at the growth of cities, but the increase in construction is only short of marvelous. Chicago shows a gain of 5 per cent; Boston, 15; Philadelphia, 11; Brooklyn, 5; San Francisco, 28; Detroit, 5; Cleveland, 4; Portland, Ore., 15; Minneapolis, 19; Pittsburgh, 6; St. Paul, 8; Milwaukee, 9; Cincinnati, 24; Baltimore, 20; Seattle, 14; Spokane, 24; Toledo, 31; Duluth, 43; Dallas, 31; Akron, 17; Sacramento, 14;

### Pointed Paragraphs.

Any way, the fool is always liberal with his folks.

The recollection of a mean act is a shoe that pinches.

And many a man indulges in horseplay for her husband if he helps her wash the dishes.

A woman may have more love than respect for her husband if he helps her wash the dishes.

It is natural for a woman to talk, but silence must be acquired.

She is a wise bride who insists that the culinary handiwork of her husband's mother is far superior to her own.—Chicago News.

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### SEWING MACHINES IN ARABIA

How an American Salesman Got Things Started in the Land of Oman.

American salesmanship abroad is extending the foreign commerce of the United States in a marvelous way. It has already revolutionized the automobile trade in England by its wide-awake and enterprising methods. Perhaps the best example of its recent triumphs is to be found in the introduction of the sewing-machine among the Arabs. The tale as told in a consular report from Maskat, in the sultanate of Oman, would surely have provided the lamented "O. Henry" with a subject for one of his breeziest yarns. An American manufacturer of sewing machines learned by chance that Arabia presented an entirely virgin field. The Arabs had heard of the sewing machine. Even a few of the wealthier families and a daring tailor or two in the bazaar had come into possession of the unholly contrivances by importing them from India. But the faithful regarded them askance. The prophet had never dreamed of such an ungodly device and there was no warrant in the Koran to justify its use. Although small machines in large numbers had been sold in Egypt, India, Abyssinia and other places having population and conditions not unlike those in Maskat, the most progressive Arab merchants refused to undertake an agency for the cursed thing.

Along came an American salesman equipped with a knowledge of Arabic sufficient for practical purposes. He carried the best stall in the bazaar and arranged his stock of sewing machines to make an attractive display. Tin placards announcing his wonderful wares were distributed lavishly over the city. He trained a number of Arab women as demonstrators and sent them into the harem. He made presents of machines to two of the highest personages in the country. Then he set about instructing a lively Arab as local agent and initiated the inhabitants into the mysteries of the installment plan.

The result was the sale of a number of machines and the beginning of what is confidently expected to be a large export trade for the American manufacturer who is first in the field in Arabia. This incident embodies the spirit of American salesmanship in its adaptation to peculiar circumstances, and this adaptability whether at home or abroad is bound to work wonders in building up trade.—Philadelphia Press.

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