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The Lookout

By ADA PATTERSON.

High above the sand of the beach stands what resembles a cabin on stilts. Within this cabin open at every side for unob structed view in every direction, a mar

sits crosslegged as smoking hour Brown faced, stalwart, red legged. keened eyed in this You might think him a bather resting up aloft while he watches the anties of other bathers, unless you happen to note the tenseness of his bronze features and the straining of his eyes far out at sea sweep the beach

from end to end.



note the crowded hundreds of bathers an rest longest on the dark spots farthest out at sea, bobbing as corks on the waves At last a hoarse warning cry breaks "The lifeboat!" be calls, and men slip the long white craft that has been resting on the beach into the water One of the bronzed men lounging in bathing costume on the beach springs into the water's place, and the man you have been watching is down with a bound. He lengs into the life boat and is off to the spot where a second before he has seen three spots appear where one had been Two arms had been flung upward and they and the head had sunk

It may be ten minutes. It may be half hour before the man comes back Water drips from his brown arms. There's gash on his powerful red leg, where had been brushed by the boat as he went down into the mystery of the green But there's something resting in bottom of the boat. It leans against It is very pale and its eyes are closed. He lifts it from the boat and carries it to the little hospital where s nurse waits to complete the work he has begun. You see the figure a little later flushed now and frightened and a bit ashamed still wearing her bathing suit, she makes her way with a curious following, to the figure up aloft in the little cabin on stilts.

"I thank you," she called up to him, 'for saving my life,'

He looks down at her composedly and answers. "That's all right. Better not go

His eyes strain out again to sea "The lookout." says the crowd and disperses again, breaking into little groups and quickly forgetting that it has witnessed a rescue, that a life has been

While we rest and doze on our deck chairs on a transatlantic cteamer a man stands as far at the front of the boat as he can go and he to strains his eyes to He is looking for derelicts, wreckage that drifting, almlessly and valueless, can yet injure a vessel, plowing its determined way through the sea. If he is near the shore he looks for rocks.

The trained, straining eyes, may see the jagged edges of these rocks cutting the water, or they may see them beneath the surface where we see only the lapping, laughing waves. In a fog he may see a far wreathlike shape that in a few minutes will resolve itself into a steamer or an leeberg, where he had discerned a the other day. He was a bright young

gray enveloping mist. He, too, is a lookout. His face is tanned by the wind. His eyes are used to looking long distances and seeing what others untrained and careless do not, and the ship would not be safe for a sixtleth of an hour were it not for him and such

How grave are their faces, how thoughtful the eyes, how warning the hands of he promised to the lookouts who sit at the edge of the marry-when sea, or who cross in with us. They are was a full-fledged. those who know and who would save us He graduated. from dangers that impend and at which with we, being ignorant, laugh.

There are lookouts sitting on the shore girls waiting for of humanity's sea, straining their eyes him, and hadn't the courage to face wayes. We call them reformers and we But there is a gread deal for them to do and the man or woman with a great deal to do has little time for jest and the man who had to borrow money from sees tragedy where we, with careless a woman to pay for his education wasn't vision, see only gayety.

They see bathers creating the little smail after all! waves, laughing carefree, heedless, but They so seldom seem to be these men the lookout sees what the bather does not, who borrow money to go through cola great engulfing wave rearing its black lege, especially when they can't find swimmer. The little waves have been to lend them the money but some woman casual interests, passing faults, but that who is in love with themgreat towering, enguifing wave is a su- I've watched several such cases. There's preme emotion, a dominant passion, a the well-known writer, he was ill, ragged purpose that will sweep us from our feet, hungry. will carry us far out to sea, will perhaps drown us in its black embrace. That is and sent him to school-he was worth what the lookout sees. That is why his more than the most of them, this parhoarse cry rings out-The lifeboat; the ticular borrower-he did turn out to be

Ladies! Secret to Darken Gray Hair

Bring back color, gloss and thickness with Grandma's recipe of Sage and Sulphur.

Common garden sage brewed into a heavy tea, with sulphur and alcohol added, will turn gray, streaked and faded bulr beautifutly dark and luxuriant; remove every bit of dandruff, stop scalp itching and falling hair. Mixing the Sage Tea and Sulphur recipe at home, though, is troublesome. An easier way is to get the ready-to-use tonic, costing about 50 cents a large bottle, at drug stores, known as Wyeth's Sage and Sulphur Hair Remedy," thus avoiding a lot of

While wispy, gray, faded hair is not sinful, we all desire to retain our youthful appearance and attractiveness. By and Hulphur, no one can tell, because it dampen a spenge or soft brush with it comes beautifully dark, glossy, soft and years and sent him to "study." luxuriant and you appear years younged

Advice to the Superstitious



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By Nell Brinkley



"Always look at the moon over your right shoulder."

Billy, whispering into Betty's ear under the September moon (and it's the last moon they'll see out of doors): "There are a few things that you really ought to watch-little superstitions, you know. Such as-see now-there's a new, thin moon, silvtry as your hair was when you were a little fellow. Always look a it over your right shoulder. Turn your head-a little more-. I don't need to look at it; I've "Always make a wish at a shooting star.

seen it already. Tip your chin up-and you'll have good luck! Can

"Always make a wish at a shooting star! You've got to be quick there, little chap! A shooting star falls like a bright hope. You never have time to make a noise. Just watch its flight-like a match flipped from the hand of a man with a cigarette. Watch it hard with your blue eyes, and wish if you can-. Is that what you wished for?

"See a pin and pick it up, all day you'll have good luck."

"'See a pin pick it up-all the day you'll have good luck.' Even if it's on the steps of a trolley and we hold up the whole system, stop to pick up a pin, small person! Drop on your knees-so your hand and mine grope for the pin. It's a pretty small pin, isn't it? Look at me all the time-that's the right way to play it. Your eyes are close, little fellow, and they're awfully blue! Your lips are close, and they're red as a pomegranate blossom-oh, leave the pin, chere!

"Oh, I say—none of these things are any good unless I'm around!"

Men Who Borrow From Women

By WINIFRED BLACK. A young doctor killed himself out west

man, and he wanted to graduate at the medical school, so he could so right to

borrowed money to pay for his educa-

He borrowed the oney from two girls-and each girl

really so very much worth educating

A woman who loved him married him a genius after a fashion, but when he did, he forgot the woman who gave him his chance and he didn't give her a

He left her as coldly as if sho were ome unworthy beggar at his gates-and they say she cried and begged him to

There was the man I know-the ne'er to well, of good family-he married a little stenographer. She was proud of his name and his mother's carriage, and she sent him to school to be a doctor.

He learned-after a fashion-just enough to put a sign upon his door, and that was all, and he ran away with his office assistant before he'd had that sign up a year. He never turned out much of a I saw him keeping the surgeon's place warm for him in a coast steamer not long ago. He wanted to ask after his wife that used to be, but he

His assistant was stewardess on the unpleasant for him at times, first with her savage jealousy, and then with her almost equally savage filriations. Somehow I couldn't feel so very sorry for him. one small strand at a time; by morning sister—a kindly, elderly person, who was ness' and self-reliance. On national best suited to them, and that the particular of the press. He would have no epall gray hairs have disappeared. After so grateful to him for making love to her grounds this must be deplored; but no ular virtues and qualities which have presented to him for making love to her grounds this must be deplored; but no ular virtues and qualities which have another application or two your hair be- that she jest shough difference to make arguments which distinguished women throughout the ages their desire to spread abroad among men There is just enough difference to make He studied-very hard-from life, poor progress" in this respect has not really their giory and treasure.

fool, and the lessons that life taught him really in love with his rich wife-if he ware not pleasant ones. So he shot him- himself is poor? Did you ever know a self like the young doctor out west-and man to be grateful to a woman who bewhen his elderly wife came to get his littled him by helping him too much? body, she said the reason his pictures were never hung at the academy was be- things away from a man, though you do cause there was a clique against him. it with a kiss-and he'll hate you for it. jealous they were, all of the clique, and as if you offered him cold poison.
the symbolist's queer friends had so much Who is the child the mother loves the agreed with her and hid the pictures of

n decent peace. Never much of a success-these men

for him? Have you ever seen a man are so few of you after all?

Self-respect, courage, pride-take these

that was decent about them that they best! The one most dependent upon her. Who is the woman a man loves most he girl he had gone mad about, and faithfully? The woman who demands helped her get her husband's body home the most from him-and what a glorious thing for humanity it is that it is so. Poor, foolish young man-you who died who borrow from women, are they? At out west the other day-because you had least not for the women from whom they borrowed money and faith and confidence and love and could not repay it-when What is it about a man that makes the time came-you are just one of a him dislike the woman who does too much type, I am afraid. Isn't it fortunate there

been retrogression in disguise, as old-

Women of the Future

By CLARICE VAINE.

The question, "Where are you going which a popular novelist recently in the world.

creased opportunities of earning their

fashioned people might be led to suppose In connection with this "progress," it must be added that there is certainly one head, towering mountainous above the any one to have faith enough in them asked in the title of her new book, is point on which old-fashioned people will being asked now of the female sex, not be inclined to stick to their guns, and only by men-"quiet" or otherwise-but that is on the power wielded by the sex by a large proportion of women them- today compared with yesterday and the What are we tending to become, day before. In these days when women and what is the goal to which all this are active on boards of guardians and developing of their capabilities-a de- have brought about a state of things velopment which has been, perhaps, the which sooner or later sooner, if wise most extraordinary feature of the last counsels prevail-will necessitate their decade-is helping women to attain? The being enfranchised, there are many who question is eminently perplexing, and feel that the influence of the gentler sex there are perhaps as many different an- has never at any period in modern hisswers to it as there are different people tory been so negligible. This is a hard saying, and I merely quote it for what it On one point, however, there seems to may be worth, as a belief which is be comparative unanimity. Women un- widely held today. Those who hold this questionably get a "better time" now view affirm that it is impossible to get than their mothers or grandmothers did: round the fact that nature has ordained they have more opportunities of educa- that in the hyman partnership man must trical energy that is tion; fewer restrictions; the possibility be the executive. Consequently when working such mirof leading healthler lives and widely in- women exercise a paramount influence actes in this age over their men-folk they in the true of ours. But, like own living. One result of this increase sense of the word ruled the roost. To the invisable powof liberty is an astonishing alteration in use the trite phrase, "the hand that ers of nature, the physique. While the men of the race rocked the cradle ruled the world." All work of the great tend to grow smaller and weaker, the this has certainly disappeared. It is the Latin secretary of women are growing taller and more pow- aim of the woman of today to attain her erful. This is a phenomenon which the ends by crude force, by warfare, and by has been serving most ardent feminist must view with an exercise of right rather than persome dismay, or at all events with mixed sussion. The result of this (so many The Parliament of 1643, under the was given to the word on that 28th day feelings. One practical result of it may people hold) is that even though women be found in the fact that marriages are get the vote and every other political on the decrease. The stalwart, self-re- privilege, their influence in the world will erty of printing, and with a sublims same boat. They say she made it rather liant-wage-earning young women of the decrease because their moral influence fearlessness Milton challenged them to noment is at a disadvantage when ap. over the opinions and conduct of men will battle. His challenge was this same plying for protective affection of a di. have vanished altogether—the nemesis of Aroopagitics, which made them sit up minutive male. The male thinks he is that law of compensations which says and think, and which convinced them better out of it. In any case, it is an that one cannot have a thing both ways. There was the man who wanted to outstanding fact which cannot be ignored | For myself, I cannot say that I am England who loved intellectual liberty darkening your hair with Wyeth's Sage study in Paris, "symbolic art," he fan- in any estimate of the woman of today much alarmed by the horrifled warnings and understood perfectly well how to cled; but his father's just a grocer and or any forecast of the woman of tomor- of the conservative, nor greatly im- defend it. does it so naturally and evenly. You just not so very rich, and oh, so very unsym- row, that marriage as an institution has pressed by the glowing promises of the In sentences that are like the blasts pathetic, so he went to visit a school decreased in popularity proportionately oformers. I believe that the times we of a trumpet Milton protested against and draw this through your bair, taking friend and-married the school friend's with the increase of female "aggressive. live in will eventually produce the type the infamous attempt to throttle the free-

By ELLA WHEELER WILCOX.

Whatever Is--Is Best

(Coppright, 1913, by American-Journal-Examiner.) I know as my life grows older, And mine eyes have clearer sight-That under each rank wrong, somewhere

There lies the root of Right; That each sorrow has its purpose. By the sorrowing oft unguessed, But as sure as the sun brings morning, Whatever is-is best,

I know that each sinful action, As sure as the night brings shade. Is somewhere, some time, punished, Tho' the hour be long delayed. I know that the soul is aided Sometimes by the heart's uprest, And to grow means often to suffer-But whatever is-is best.

I know there are no errors In the great eternal plan, And all things work together For the final good of man. And I know when my soul speeds onward. In its grand eternal quest, I shall say, as I look back earthward, Whatever is-is best.

Freedom of the Press

Milton's "Areopagitica" was given to the world two hundred and sixty-nine and perfectly free, also, to put his year ago, August 28, 1644. Not one in a thousand of the readers

of this newspaper or of any other newspaper, has read the Arconagita, or even

than he has seen the force of gravity, or the electhe Old Protector

dominance of the champions of tyranny. had passed an ordinance against the lib-

would be brought forward to show that will continue, whatever happens, to be the thoughts of the mind. Poresceing the future, and exulting in her a greater respect for you.

By REV. THOMAS B. GREGORY, | its happy deliverance from every form qt mental tyranny-the era in which every one should be perfectly free to think thoughts into print-Milton did what he ould to belp the good time along. Likening truth unto the eagle, which

in its royal might scatters the "timorous birds that love the twilight," he excoriated the unrighteous attempt at shackling the press and predicted the time when a free and enlightened press would be the salvation and glory of humanity, All England was forced to listen to his glorious plea for free printing, and for two and a half centuries the echoes of his noble appeal have sounded and resounded in British cars and in the ears of all men.

Wherever floats the British flag today here, under its protecting folds is to be and the mental hospitality-the large freedom of thought and expression-waici dates back to Milton's great plea which of August, 1644.

Advice to the Lovelorn

By BEATRICE FAIRFAX.

Certainly Not.

Dear Miss Farfax: I am a young man 29 years old and am deeply in love with a young girl if years old, and I know my love is returned. I am earning a good salary and have no bad habits. I have asked this girl to marry me and she has accepted, but do you think the difference in our age is too great? S. W. M. You are not a day too old for her. ages, 5 and 10 cents. you more considerate of her and to give

The Head Waitress

By HANK.

"Where's Mr. Flakes?" asked The Steady Customer of the Head Waitress n the Cafe d'Enfant as he noticed the absence of the genial manager. "He's on his vacation," she replied.

Pretty soft for some guys. You just come back from yours, didn't you?" "Yes, Louise," said The Steady Customer. "For one beautiful week I traveled on the water in a motor boat with my friend Jimmy."

"Did it always mote?" asked the Head Waitress. "Most always," replied The Steady

Customer. "You see, we had a good engineer on board. You needn't ask who he was. Modesty would prevent my replying. "Sure, you always did hate yourself."

said the Head Waitress. "I was in a motor boat once myself. The engine behaved as if it had chronic presumption. and hesitated every now and then like you do when you're figuring on whether you can afford creamed chicken on toust or browned hash. But say, all joking aside, you want to stop writing about Mr. Flakes in the paper. One of the bosses was speaking to him about it the other day, and said it looked as if he was getting too familiar with the cus-

"That's too bad said The Steady Customer, "if they had more managers like Mr. Flakes they'd have to turn away the crowds. There's nothing that cheers anyone up like walking into a place like this and seeing somebody wearing a genial expression. Why I often take an extra piece of ple just to be able to exchange a few more cheerful words with him. Who's the new manager?"

"That's Mr. Governor," said the Head Waitress. 'He's a very nice man, too. That's one thing I like about Mrs. d'Enfant, she always picks out real gents for managers. That's what I call having erspicattity."

"That's too much for me," grouned The Steady Customer. "I suppose you nean perspicacity, but give me my heck, I feel faint."

"Louise is getting too high brow for ne," said The Steady Customer to Marie, the cashier. "She tried to say perspicacity just now and even the beans turned cold."

"Perspicacity in Indiana, where I come from, is a very ordinary word," replied Marie loftlly. "Very ordinary. I'm surprized at you. This way out."

LIVE CHEAPER—CUT DOWN MEAT BILL DOWN

You can cut down your meat bill wo-thirds and get more nutritious food by eating Faust Macaroni. A 10c package of Faust Macaroni contains as much nutrition as 4 lbs. of beef-ask your doctor.

Faust Macaroni is extremely rich in gluten, the bone, muscle and flesh builder. It is made from Durum Wheat, the high protein cereal.

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