## THE OMAHA SUNDAY BEE MAGAZINE PAGE

The Newest 13 louse 13 eauties of Spring. ADY DUFF-GORDON, the famous "Lucile" of London, and foremost creator of fashions in the world, writes each week the fashion article for this newspaper, presenting all that is newest

and best in styles for well-dressed women. Lady Duff-Gordon's new Paris establishment brings her into close touch with that centre of fashion.

Lady Duff-Gordon's American establishment is at Nos. 37 and 39 West Fifty-seventh street, New York City.

## By LADY DUFF-GORDON ("Lucile")

Paris, April 1st, HERE is of course a direct coning little trot-about suits and the delectable blouses that are the rage in Paris this Spring. Before describing any of these separate blouses, however, I want to describe briefly the tailored costumes shown here this week. They are to my mind perfect examples of the Trot-About costume.

The picture inthe centre shows my latest Eton costume. Its newest points are the long effect in the back, and the sleeves, with their seams almost to the elbow. The coat is cut on the bias and the skirt on the straight.

A strong contrast is the costume in the second picture. The coat is long and full in the skirt. It is the new box coat, and its distinguishing points are the buttons and the low cut revers. The skirt has the new box pleat in the front and the hat, you will notice, is one of the small shapes with the

wide wing trimming. I am showing you the third picture so that you will be able to see the latest way to wear the ribbon-bound wells. This is the chic manner for the Spring, and all the mondaines are

thus wearing them.

I find myseif falling in love with almost every new blouse I see this this senson, and I expect you will do the same, and go to the further length of acquiring, as well as admiring, any number of the pretty things.

For they are really pretty, as well as novel, and every one of them is as soft as soft can be in fabric and fashioning, so that the natural curves of the body may be faithfully and fascinatingly followed. And to further this desirable result the corsets are always, of course, cut very low indeed, many of them low indeed, many of them, in fact, only just outlining and holding in the waist. And one the waist. And one very popular model is there modelled in elastic, and only over the hips merges into lightly boned batiste, the idea being that, however thin the blouse or bodice may be, it can give slightest outer hint of the inner ginning of the corset, the elastic elinging to the body like a ceond skin. As you

know, I am always in favor of the low-cut corset-in fact, I am now advocat ing-and making (and incidentally wearing myself) uere which only com mences its career at the waist, but which makes

up for this late start by then extending almost to the knees. Hownection between the charm- ever, as its material is a silken tricot and it is only lightly boned, and, furthermore, is laced with elastie below the central busks, it is beautifully comfortable and supple, and if you wear it you simply cannot acquire that awful "trussed-up" and stiff look, which is quite bideous

And now about those blouses. The special feature for the season is the veiling of fine net with hemstitched ninon, and very dainty is the resulting effect, I can assure you. Sometimes, too, the simplicity of the outer ninon is further contrasted with inner bandings of lace. A typical and lovely model of this kind, making use first of flesh-pink ninon, then of a blending of ivory and dull gold lace, arranged in alternate, encircling bandings and insertions.

which is itself left practically untrimmed. It can boast, however, of an array of the newest and prettiest buttons made-just imagine it-of a blending of the lace and the ninon. So that there is not one touch of stiffness about the whole soft and charming garment.

Sometimes, again, the ninon, instead of completely veiling these inner and dainty fabrics, will be so draped in handkerchief points on the shoulders and sleeves as to bring them into outer and welldeserved prominence. Personally, however, I favor the all-veiled effects, because they are more

The Craze in Paris for the Odd Little "Trot-About" Costumes Which Has Brought Into Prominence the "Waist Beautiful" made in fine white voile, with quaint the particular purpose, and for many hand-darned devices for their adorn- others, too, for the matter of that, ment and lace beadings to finish off The new, long, low collar is a

> The simpler "shirt blouses" are picot edging is a new finish for these for the most part made in the good down-turned collars, and the cuffs, quality crepe de chine, which is, I too, and either pearl or crystal but-A "Norfolk" blouse, too, makes

well as an actual fastening.

the few seams. Bolder designs, em- feature of all these models, while broidered in cotton or floss silk, also the "dropped" shoulder seam is also show up effectively on a voile back- well in evidence, its position being ground, and in both cases crochet sometimes only an inch or so above buttons provide a pretty finish, as the elbow, where it will be accentuated by triple cordings. A

tons are used on the central

a change from these more familfar models, its narrow box-pleats being set in beneath a long shoulder yoke and being combined for some three or four inches beneath a waist belt of colored suede or black patent leather. The collar is deeply downturned, and over it is laid a second and smaller collar of fine cream canvas, with a picot edge, the two being permanently and prettilly united in the bondage of a loosely tied scarf bow, which must, of course, match the waist belt in color. Such a blouse as this will help you to wear out some of your old skirts, which are not of the most up-to-date corselet variety, so its purchase will



TOO SMART.

N hotelkeeper, having got a cask A of whiskey, was busily engaged in the cellar transferring the liquor by means of a pump to his own barrels. Assisting him in this operation was his man John, whose mouth was watering all the time at the smell of the spirit he liked so well.

The hotelkeeper received a cull from his good wife to the upper regions to speak to some gentleman who desired to see him, and, being afraid to trust John alone in the presence of such a great temptation as the pump presented, he at length hit upon the expedient of chalking John's lips with the piece of chalk

used in scoring the number of gallons. John was quite agreeable, and at once held up his lips to be chalked The master, however, merely made a pretense of doing so, by drawing his thumb across John's lips, and the man, believing all fair, at once began pumping away with a virtuous vigor that seemed proof against all temptation, while the master went upstairs. When he returned, in the course of half an hour John half an hour, John was still as in-

Of course, he had "never tasted a drop," but the curious thing was that his lips were now very carefully chalked!

## ENOUGH SAID.

Brown-What did your wife say about your being so late home the

Jones Nothing at all. She just ent down at the piano and played "Tell the Old, Old Story."

The New Box Coat Costume, Showing the Skirt with the New Front Pleat. The New Wide-Winged Hat.

The Latest Eton Costume of Striped Silk Serge, Showing the Odd High-in-Front Skirt and the Sash Girdle.

"The chic mondaine wears her rib bon-bound veil in this manner."

## By Mme. LINA CAVALIERI, My Secrets of Beauty---No. 223--Exercise Your Teeth---The Most Famous Living Beauty ture designed it should. It remains

By Mme. LINA CAVALIERI

VERY organ in the body is placed there for a use. The teeth are no exception, though the habits of Americans would indicate that they so think.

There are two reasons why the teeth should be exercised. One of these is contained in the admonition seen in some of your popular restaurants: "Chew your food. Your stomach has no teeth." That is clear enough. We should not by our laziness at table and the vulgar habit of bolting the food throw an overburden of digestion upon the stomach. We should chew every morsel of food so well that it passes into the stomach in fluid form as nearly milk-like as we can make it. The other reason is the preservation of the teeth themselves. The first concerns our general health. second has to do with the

health of the teeth If we neglect to exercise a muscle what happens to it? It grows flabwithers and becomes useless. In the case of the teeth they weaken and in some cases fall. Of nothing is it more true than the teeth that

to live we must work. The work of the teeth is to masticate, but we must give them something worth their while to chew. An extremist has said that the teeth of dogs are strong and white because they eat bones, and he advises us to eat bones. I advise him to go to a

retreat for maniacs. But let us give them some worthy work to do. First, let us not cook our food in many waters in order to destroy, for the result is we throw away the lime and salts that strengthen the teeth. I have heard cooks say with pride that they had bolled onions in three waters, not including milk. Foolish!. They should have cooked them in one water to keep in the vegetable all the mineral matter so enriching to the teeth.

Cabbage has a wealth of lime in it. So also has the dandellon, which we are just now enjoying so much for our salads. Potatoes, rice, asparagus, spinach, beets, cucumbers. all contain lime, and lime is the material of which teeth are largely made. What if the vegetables are tough if cooked in but one water?

They give the teeth precisely the exercise they need.

Fruits contain much lime, meat also-and do not cook the lime out of meat by cooking It too long nor In more than one water. Nuts are opulent in lime. Habitual nut eaters usually have firm white teeth, provided they are wise enough never to attempt to crack a nut, no matter how soft the shell, with the teeth. Whole wheat is one of the best exercise articles for the teeth as well as a stimulant for the entire intestinal tract.

Eggs, soups, soft cereals, cheese, are of no use whatever, so far as giving exercise for the teeth is concerned. Lettuce and other green salads are as good as eggs and soup are bad for tooth exercise. Soda and lime are lacking in the dlet of the average meal placed upon the average table.

Study the list I have given you and remedy that lack in your own housekeeping or order intelligently you must dine at restaurants or

A third reason for giving the

teeth plenty of exercise concerns

neither the teeth nor the stomach.

The food that is not well chewed may pass unchallenged the gate of digestion-the mouth-and make its way through the stomach, but unless it has been well digested it does not pass into the blood as na-

E. A. M. writes: "Up to about two years ago my hair has always been that of a blonde, but it has gradually grown darker and darker (probably from lack of washing), until now it is such a dark brown that at night it can be mistaken for black. As I do not li e any color hair but blonde, you will greatly

to bring it back to its original color. Your hair will become lighter if. after washing it, you rinse it with camomile tea made in the proportion, of one heaping teaspoonful of the camomile to a pint of water. Ammonia in the water, a half dozen drops to a pint of water, lightens the color. Peroxide in the same proportions also does. Wash your hair every week. Vary the lighteners I have mentioned with borax, a tea-

oblige me if you will advise me how

fat cells, so adding to the weight. Beauty Questions Answered spoonful to a quart of the water in

in the large intestines to rot. It

adheres to the walls of the intes-

tines, a clogging, barnacle-like mass,

and gradually changes to unhealthy

which the hair is washed. Yet these are all likely to make the hair dry and brittle. "Will you kindly give me a remedy for a thin neck at your earliest convenience?" asks O. B. S. "I will

appreciate it greatly if you can help me to fatten my neck so that I may wear low collars when the warm days come."

Deep breathing and exercise with the arms will develop the upper part of the chest and appreciably strengthen and enlarge the neck if you persist in the treatment for many months. Also exercise your by moving the head backwards and from side to side. Invest in a can of olive oil and feed the neck by rubbing the oil well into it with an upward stroke every night. Lanoline used in the same way should help the process. Wear your collars loose, or wear no collars at all, to give the skin of the neck a chance to breathe.

CASE FOR A GOOD LAWYER.

"Why are you so sad?" an acquaintance asked a young man whose aunt had just died. "You never appeared to care much for the poor lady."

"I didn't." said the youth delefully; "but I was the means of keeping her in a lunatic asylum during the last ave years of her life. She has left me all her money, and now I've got to prove that she was of sound mind."

ONE EXCEPTION.

Grandfather (to small boy who is returning to school)-Now, my boy, I hope we shall have a better report of you next term. The last wasn't at all satisfactory—last in your exams last in the term marks-in fact, last everything.
Indignant Small Boy-Not last in everything, grandfather; I was top in

OH! THE LANGUAGE!

Ethel—Have you noticed how Lord Blinker drops his aspirates? Fred—It's nothing to the way he drops his vowels; I've got more than a dozen of his I O U'S myself.