

Naturally, people wonder how he does it — what the secret is of his health, his longevity. No doubt the blessing of a good heredity has had somewhat to do with it; no doubt also he has been aided by always leading the tomografic life. by always leading the temperate life. But there is another factor that has counted for more than either of these and that is the fact that President Eliot thinks. This is something that we can not too firmly bear in mind, or take too di-rectly home to ourselves in drawing up New Year resolutions.

## es Mental Exercise Pays

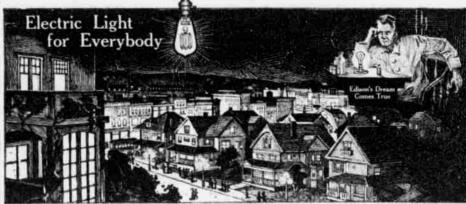
EXERCISE your body if you will-E XERCISE your body if you will— that can not harm you, and is pretty sure to do you a great deal of good. But whatever else you do or neglect to do, keep thinking. The well established law of the physical universe that a machine tends to rust out more quickly than to wear out holds equally good in the psychi-cal sphere. cal sphere.

cal sphere. It is no mere coincidence that most of the great thinkers of the world—whether in philosophy, science, industry, litera-ture, or the arts—have lived to be old men, despite the fact that in youth they were in many instances physical weak-lings. Significant, too, is the fact that the majority of them began to think, began to exercise their minds along the lines in which they ultimately achieved greatness, while they were still young. There is here a pregnant hint for parents. Whatever aptitude, whatever special interest, your child chances to display, en-courage him in it. Don't deaden his de-sire for knowledge, his instinctive ten-dency to think, by indifference, by failure to answer his incessant bombardment of questions. Rather thank God that your It is no mere coincidence that most of

to answer his incressant bombardment of questions. Rather thank God that your child has an active mind, and set about training him in the proper use of it. Teach him the principles of observation, of analysis, of synthesis — the principles, in short, of truly effective thinking. Ac-custom him to thinking things out for himself, and seek to interest him in what ever it is well for him to know. You need not be afraid that he will overtax his mind. No child's mind — and no man's either — is overtaxed by anything in which a real interest is taken.

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Deep Thought is Wholesome Thought  $T \stackrel{\mathrm{HE}}{\to}$  trouble with most of us is that we are not really interested in any is that thing. We have interests, to be sure; but



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the nearly two million homes that the next SEMI MONTHLY starts in visiting. As a smiling introduction is an AAIOwen Johnson story — Kreping Up with Multiville — a story taken verbatim from the Log of the Bar and Bottle Club. Mark Twain, were he still walking the world, might homorously regret having neglected to write this story himself. Waltiville, incidentally, is not the name of a town, but of a man — a very club-lable man who sleeps in Philadelphin and lives in New York. His waking hours, with which this waist-straining story is exclusively concerned, are a rollicking revelation. The story, by the author of Storer at Yale, among many other good things, is wittily illustrated by Oscar Cosare, the famous cartoonist of the Sun. Continuing the exploits of November Joe: Woodsman Detective, is The Mys-tery of Fletcher Buckman, by Hesketh Prichard — another thrilling adventure in crime and its detection in the Canadian wilds. Mr. Prichard, in his series of new idea detective yarms appearing exclu-sively in the SEMI MONTHLY MAGAZINE new idea detective yarns appearing exclu-sively in the SEMI-MONTHLY MAGAZINE sively in the SEMI-MONTHIAY MAGAZINE SECTION, has succeeded in making each successive tale a bit more intense and compelling in interest than the one pre-ceding. The illustrations are by Percy ceding. " E. Cowen,

E. Cowen. In Needed — More Than a Falstaffian Army, Major General Leonard Wood con-tributes an editorial with a ringing note of warning. War, pleads the Chief of Staff of the United States Army, comes in a flash, not gradually — and prepared-ness is the only thing that approximates insurance against it. General Wood urges the necessity of 600,000 men being sur-ciently trained for hattle service on short ciently trained for battle service on short notice

notice. Hardly so serious, as the title indi-cates, is *Fricolous Business*, a neverthe-less rememberable article by Charles W. Mears. It has in it food for thought as well as for chuckles—and so have the very ingenious pictures drawn by Horace Taylor. Then—but why show all the cards in the index! It's studded with trumps, not only for the next number, but for the next year—each number ahead having the promise of being better and brighter than the one behind.

