

Fashion's Last Word.

Two Charming New Gowns and a Dainty Hat of Gold Velour, Designed by Lady Duff-Gordon



Autumn Leaf Afternoon Costume Created in Dull Mahogany Brocade Showing the Long Postilion Back.

LADY DUFF-GORDON, the famous "Lucile" of London, and foremost creator of fashions in the world, writes each week the fashion article for this newspaper, presenting all that is newest and best in styles for well-dressed women.

Lady Duff-Gordon's new Paris establishment brings her into close touch with that centre of fashion.

Lady Duff-Gordon's American establishment is at Nos. 37 and 39 West Fifty-seventh street, New York City

By Lady Duff-Gordon ("Lucile")

I AM showing you this week two costumes that I think are ideal.

The evening costume is very elaborate, just as I think such costumes should be. The afternoon or reception gown is a splendid example of elegant simplicity.

The latter I call an Autumn leaf gown. It is developed in soft, supple brocade that is just the shade of maple leaves when they have turned a deep shade of red.

As the fabric is so ornate I have not used any decoration on the gown, for the real lace collar can by no means be called trimming. The

girdle and sash ends are of shaded green and brown chiffons.

From shoulder to hem the gown is absolutely plain. Even the sleeves are severely long and plain, as you will notice. This is the correct sleeve for the Winter costume. No other is admissible, if you want to be ultra smart.

The hat worn with this charming gown is a reddish-brown satin beaver, having as its only decoration a long quill of green and gold. The muff is a large flat affair of mink.

The small hat shown in the centre picture is one of the gold velours that Paris has adopted for

Small Mountaineer Hat of Gold Velour, Trimmed with Band of Mink Fur, and Large Pompom of Brown and Gold Feathers on Side.



morning wear almost exclusively. The band of fur is mink and the feathers are brown and gold. This shape is the acme of smartness and is becoming to nine out of ten women.

The evening costume is a decided contrast to these two models. It is elaborate to a degree. The fabric is a white crepe charmeuse. The panniers are rather large, but the new court train gives the long lines that are so necessary. The sash girdle as arranged is suitable only for a slender figure. The rhinestones embroidered on the bodice is duplicated on the front of the skirt.

Hair ornaments were never more elaborate: they range from real lace caps to huge osprey feathers. It is possible, however, to use smaller effects.

So let me introduce and recommend to you a narrow and quite light bandeau studded closely with paste, which shades from shining black to a white brilliance and which is worn right across and low down on the forehead, the little wire loops at either end permitting of its easy and firm fastening under the hair at the sides. And then directly in the centre there uprises to the extent of some fourteen inches, a light osprey mount whose shading from black to white is followed and accentuated by the use of a central line of first black and then white stones. The whole thing is extraordinarily becoming and effective, and it could, of course, be carried out in shades of emerald green or sapphire blue, while though it is so tall, it is

not it can never be a nuisance to those who sit behind it at theatre or opera, so that its wise wearers will not have to undergo the unpleasant and nerve-trying experience of hearing purposely loud and vicious comments on their selfishness in the choice of hair ornaments.

Elaborate Evening Gown of White Crepe Charmeuse, the New Train and Sash Girdle.



MY SECRETS OF BEAUTY By Mme. Lina Cavalieri,

No. 200-Watch Your Elbows



IN these months when, if we wear evening gowns at all, we wear them frequently, you should watch your elbows. Yes, I know that you are probably no acrobat, but the mirror comes easily to our aid when we want to become acquainted with our elbows.

Much is asked, and much from time to time answered, about the care of the arms, yet an attractive arm may be hopelessly marred by an ugly elbow. Resolve that your arms are only as pretty as your elbows, and set to work upon them.

First examine them closely and while you examine them keep in mind the standard for a lovely elbow.

To be lovely it should be little in evidence, so little, in fact, that it seems to be merely an appearing and disappearing feature—so to speak—a dimple playing peekaboo.

Instead of this what do you probably see? A sharp, bony corner, or a mass of unsightly wrinkles, in either case darker than the surrounding flesh. Almost certainly the skin covering it is dark and rough, "a patch of goose-flesh" a young girl complained when dressing for a dance.

Now what is to be done? Try first to rid the elbows of their disfiguring redness or darker color. Rub them every night before retiring with a half grape fruit. This is better than a lemon because the elbow can settle into it and work about it. If you place the halves of grape fruit on a table and rest your elbows in them you can read or chat or meditate and leave the elbows to their bleaching for an indefinite time. Repeat this every night until you notice an improvement in their color.

But do not be satisfied with this progress. Scrub the elbows daily

with warm water and a bleaching soap. One of the peroxide soaps would be useful. Or use castile soap with water, into which you have sprinkled a few drops of peroxide of hydrogen or of ammonia.

An ingenious girl I knew bound slices of lemon on her elbows every night before going to bed. While this is not as quickly efficacious as the grape fruit it is cheaper.

When this gradual whitening of the elbows has been accomplished take the next step in their beautifying, which is smoothing them. If they are very rough, scrub them with a pumice stone that has been dipped into warm water. Rub the roughened spots gently with this, and slowly, lest you irritate the skin. Then apply cold cream or olive oil to allay even any tendency to irritation. Or if they are only slightly roughened, rubbing them round and round with fingers that have been spread with coconut oil is enough, if long continued, to soften them.

If the elbows are very sharp massaging the flesh about them with palms well greased with nut-tion tallow should in time nourish them into roundness.

Two German women whom I met in the Black Forest had their arms swathed about the middle with strange, bulging bandages. I asked them what malady afflicted them and they first looked puzzled, then laughed.

"Madame," they replied, "We are calling the sheep to the aid of our arms." Having taken the baths too strenuously their arms had grown thin and they were fattening them and rounding out the elbows by means of one layer of mutton tallow, one of cotton and a final one of linen.

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Beauty Questions Answered

By Mme. Lina Cavalieri.

M. J. ASKS if she can reduce the size and prominence of her cheek bones.

No, but you can so arrange your hair and select hats that they will not seem so prominent. Make a study of it, and when you have solved the problem for yourself let me know. I should have to know more about your general appearance to further advise you in this case.

L. C. G. complains of gooseflesh that mars the beauty of her neck and arms.

Avoid the causes. Exposure to cold causes gooseflesh. If you are nervous sometimes has the same effect. More attention to bathing and exercise will help remedy that condition. Rubbing the affected parts with pumice stone and afterward with cold cream is sometimes done with success.

M. M. C. desires counsel about a defect of her figure. One hip, she complains, has become larger than the other and is noticeably so. "Carrying books and standing on one foot have caused it," she says, indirectly answering her own question.

Stop doing what has caused this irregularity of figure. Shift your weight to the other side and give that a chance to grow. Carry the books in the other arm. Nature is always glad to help restore the balance lost by our bad habits.

"My neck has become yellow from exposure to the sun, also from tight, high collars. What would you recommend to whiten it?" continues M. M. C.

I should first very lightly rub pumice stone over the stained part of the skin and apply any good cold cream to relieve the irritation. When the irritation had quite healed I should resort to rubbing the spot, if still stained, with slices of lemon. This falling, I should bleach it with peroxide applied with cloth or sponge. A last measure would be to scrub it with warm water, into which a few drops of ammonia or benzoin had been sprinkled, using oatmeal or almond meal instead of soap.

M. M. C. asks further advice as to what shall be done with hair that is darker in the back than the front, here being dark brown in the back and light brown in front.

That is not unusual, and simply shows that your hair is beginning to grow darker, since you are twenty-one. If you were forty-one or fifty-one I would suspect that the reverse were taking place. You might wash the back part of the hair oftener than the front, using a spoonful of borax in a bowl of water, or the same amount of lemon juice, or a half tablespoonful of ammonia. But it is doubtful whether your hair would not still be uneven. Better let it all grow darker.

E. B. complains of one eye following the other in her eyes, and

suspects that her blood requires purifying.

I don't doubt it. I am personally partial to a mixture of equal parts of cream of tartar and sulphur for that purpose. I take a dose of a teaspoonful of the mixture after every meal while clearing my skin. Sulphur and molasses in equal quantities is a fine old-fashioned remedy. Eat much fruit and drink ten glasses of water a day and your complexion will improve.

How to prevent the falling of her hair. M. L. C. asks me to advise her hair and itching of her scalp, and on the same page asks how to prepare henna tea for dyeing the hair, which she says is growing gray at the temples.

Don't try the henna until you have reinvigorated your scalp and hair by shampooing and massage. If you wash your scalp and hair two or three times a week the itching should cease. The twice a year shedding of the hair should not alarm you if you do not lose more than about a hundred hairs a day. Loosen the skin of the scalp by daily massage and rub into it one of the hair growers, as pure olive oil.

F. H. desires a formula for a reliable hair grower and advice as to how to develop the bust.

If your hair is dry, and falling hair usually is, use this old French remedy: Almond oil, 3 oz.; oil of rosemary, 1 oz.; oil of cinnamon, 30 drops. Massage the scalp with it.