

# THE OMAHA SUNDAY BEE MAGAZINE PAGE

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## When-The-First Leaves-Fall Dresses



A Simple "Lucile" Fall Costume of Charmeuse for Tall and Slender Women.

### "Lucile" Coat and Skirt Showing the New "Drooping" Figure.

Lady Duff-Gordon

The long plain lines of the afternoon gown shown in the photograph will appeal to all tall, slender women. This gown of plain nattier blue charmeuse is almost seamless. It is made, of course, of the widest charmeuse. The only seams are under each sleeve and down each side. The sleeves end in wide flounces. The waistline is very long and narrow. Freedom of action and the necessary fullness at the bust line are given by three little crosswise plaited.

In the sketches I am sending, you will notice the sunburst cloak, which has been said to be a triumph of simplicity and draping. More interesting perhaps is the coat and skirt shown in another sketch, which fashionable women are going to cultivate.

I am sending, too, a sketch of

gown I created for Miss Gertie Millar in "Gypsy Love" which shows the effectiveness of a black costume when relieved by a glimmer of gold, flashes of scarlet and touches of purple and blue.

And then, not by any means least in interest among the season's creations are the new "Mermaid modes," if I may be permitted to thus christen the latest bathing dresses, which are really so attractive that they will give one a new interest in the daily dip, and more than make up for all the preliminary and subsequent trouble it involves. Though, to be sure, the necessary undressing and redressing are both alike very much simplified nowadays, thanks to the fact that underwear is reduced to a minimum, and that the all-in-one dress, with its

array of stud-fasteners in place of refractory buttons and loops, or the even more elusive hook and eye, is practically the universal wear of women of all ages.

And, do you know, there is extraordinarily little difference between the day dress you will discard and the suit you will don for the sea, and whose fabric will almost certainly be the taffetas silk, which has been simply supreme all through the season, and is now bringing its brief but glorious reign to a by no means unworthy end by thus fashioning the smartest bathing dresses. For you may take it from me that the fever of favor for this particular fabric has burnt itself out by now, and that within the next two or three months we shall have transferred our allegiance from taffetas to bengalines and Ottomans, heavy soft crepes and the always exquisite charmeuse. Yes, taffetas has almost had its day, but in these, its last hours, you are going to love it almost as well as when it first made its appearance and its instantaneous success, and it will probably be associated with some of your greatest successes, if, for example, you elect to have a silken bathing dress whose tunic is all of demure black, save for just a central and bordering piping of cerise silk between narrow bandings

of black braid and for some tiny, closely clustered buttons, which repeat and emphasize this same vivid coloring. The tunic is deeply curved in front and at the back, slit up almost to the waist at either side, where bandings of braid hold it together sufficiently to preserve the slender outline of the figure, but not so closely as to hide the piquant presence and contrast of knickers of cerise silk. For this is the novelty note of the season's bathing dresses—the wearing of very brightly colored knickers, either cerise, emerald green, sapphire blue or royal purple, with a black tunic, the swathed turban head-dress always repeating and emphasizing the chosen and contrasting color, while very often, too, high satin boots and silk stockings to match will be added to a toilet which will certainly, therefore, be sufficiently eye-catching to satisfy the woman who wants to attract attention. Oh! and you must not forget either to have a waterproof satin bag, which will give a final touch of color, while I would suggest, too, that you should provide for a very desirable variation of effect in your toilet by further investing in a cap of reversible satin, outwardly black, but just showing a flash of the inner color in the bow loops at one side, and then in a pair of black stockings and satin boots.

Another and somewhat less startling idea is to wear rather full "trousers" of black and white spotted foulard beneath a tunic of black taffetas, finished off with a deep sailor collar and loosely knotted scarf of the soft spotted silk, the correct accompaniments for this distinctly attractive toilet being black footwear and a square handkerchief of the foulard, which is laid over and permanently attached to an inner and closely fitting cap of rubber which protect the hair and leaves the outer silk free for draping and decorative purposes. The other most favored form of headwear is a Dutch cap, which is generally made in plaid silk, and always provided with a capacious bag of waterproof silk to match, the care which is taken to have all the accessories of even these somewhat informal toilets in complete accord being a very satisfactory sign of feminine realization of the importance of the little details in any successful scheme of dress.



"Lucile's" Creation in Black and Gold for Miss Gertie Millar in "Gypsy Love."

### The "Lucile" Sunburst Cloak.

#### By Lady Duff-Gordon "Lucile."

I AM able to give you to-day the very first glimpse at a few modes designed for the early Fall and there are those who will not be sorry how soon that de-

There is a slight draped effect at the front of the waist-line given by two shallow folds just at the belt-line. The rest of the robe falls in graceful folds to the floor. The skirt is very long in front and has a graceful clinging train. The

remedies she suggests in an article full of valuable advice.

Rest, sleep and plenty of fresh air are among the

remedies she suggests in an article full of valuable advice.

By Mme. Lina Cavalieri.

MME. CAVALIERI tells to-day how the woman who is "run down" may regenerate herself.

It isn't a question of too little exercise, she de-

clares, but rather a matter of too much.

Rest, sleep and plenty of fresh air are among the

remedies she suggests in an article full of valuable ad-

vice.

By Mme. Lina Cavalieri.

YOU are "all run down," you say?

Have you ever considered what that old-fashioned phrase means?

Then you have not watched any one tire from running, his muscles limp, his head bent, his features drawn, his eyes dull from exhaustion. When you are "all run down" you are in exactly the condition of that spent runner. What does the runner do?

Rest. What should you do? Rest. Well meaning persons seeing your dull eyes and noting your listless manner may advise exercise, but that is because they mistake fat for sluggishness. If you are growing fat and heavy and inert from inactivity, assuredly you need exercise, but being "all run down" is quite a different state. In the first case your vitality is clogged and impeded. In this the vitality is nearly gone. The reservoir of your strength is almost empty. It is a matter of the greatest concern to you to, as soon as possible, refill it.

Never mind if you cannot sleep at first. Be persistent and woo the "sweet restorer." Do not believe that the late hour habit of yours cannot be broken. It can. I know, I have broken it.

Take a midday rest. The best method is to retire to a dark room, loosen your stays, lie flat upon your back, without a pillow. But if this is not feasible, at least recline in

one of the long chairs used on the

deck of a steamer, or sit with your

limbs outstretched on a level with

the seat of your chair. Go where

you can get the cleanest, freshest

air, and breathe deeply of it. If you

are in a city go to the roof.

At the same time eat nourishing

food. Depend more upon careful

chewing of the food than upon large

quantities of it. Eat meat once a

day and eat vegetables rich in iron,

for they are makers of good blood.

Eat asparagus and beets, cabbage

and spinach and tomatoes and little

First rest. "Catch up" with sleep. Or, as I have heard busy persons

say:

Never mind if you cannot sleep at

first. Be persistent and woo the

"sweet restorer."

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