

deep blue of the waves was changing to a metallic

kitchen before ten." glitter as they caught the light, and then broke into while crests of foam. But through her thin night dress the salt air was piercingly cold. Slipping into | to know you couldn't put over any such rule as that." her bathrobe she rang for the bath stewardess.

Then turning to Helen, as the steward

sengers."

10

moments that the sun is 16,000 degrees

But ice cream is not an unmixed bless

ing, as Dr. Wiley reminds us in his

moved off. "You see? That's the way to If only Warren would sleep until she handle those fellows! You've got to put could get dressed and out. The stateroom up a kick-let them understand you was so small she wanted to get all her know what good service is and that you things put away before he got up, or intend to have it." he would complain again about her "But I thought the service all over the bringing a lot of "truck."

boat was very good," protested Helen. Although it took her almost an hour, "It seems to me they do everything they she was dressed and was just tying on can.' her veil when he awoke. "Why shouldn't they? They've got you

"Uh-h." turning with difficulty in the here for a week and it's up to them to harrow, creaking berth and pushing back make you comfortable. Besides there's the curtain. "You up?" so much competition now between these big lines that they've got to keep up

"Yes, dear, I'm all ready to go on fieck. I thought I'd hurry and get out so their service or they don't get the pasyou wouldn't be crowded. "What time is it?"

Warren's attitude was always that he "Ten minutes of eight." looking at the was conferring a favor upon anything tiny traveling clock which she had put that he patronized and he exacted and in one of the net racks.

"Oh; that thing's not right-they set the time forward on you now every twelve hours. It's nearer 9. Ring for the steward, there, will you? And shut that porthole-it's infernally cold in here.'

"It is shut, dear. Wait, I'll give you your dressing gown."

"Hand up those slippers, too-there by that suit case. And see if you can't locate that steward as you go out. Hustle him in here. It took him half an hour yesterday to fix my bath."

Helen sent in the steward and then went up on deck. A number of passengers were walking about, and a few were already settled in their steamer chairs.

It was a glorious day. The deep blue of the sky dotted with fleecy white clouds seemed almost exactly reflected in the deeper blue of the sea, with its caps of white froth.

Helen walked briskly up and down, taking deep breaths of the fresh air angazing out at a sleamer that could just be seen on the horizon.

She was thinking of Warren and hoping he would spend more time with her today. Yesterday morning he had tucked her up in her steamer chair and then strolled off to the smoking room, not reappearing until lunch time. After luncheon he had walked her around the deck a few moments, and again bundled her up in her chair and left her.

"Ready for, breakfast?" demanded Warren, as he now came up behind her. "Oh. yes." Then pointing to the steamer now hardly more than a faint streak against the sky, "Look, dear-there's steamer out there."

"Never mind about steamers now-I'm hungry. It's this air and the salt baths." And he hurried her down.

The long white dining saloon with its red velvet carpet and chairs, and its flower-laden tables was most attractive. With an air of satisfaction Warren took up the breakfas card.

Grape fruit, kippered herring, and a Spanish omelette-that's about my size this morning. How about you?" throwing the card over to Helen. "I'm sorry, sir, interrupted the stew-

hot and capable of pouring on every foot ard apologetically, but we don't serve of sweltering humanity enough heat to anything but boiled eggs and coffee after 10 o'clock. enable an engine to raise a hundred tons a mile high!

"The devil you don't!" "It's a rule of the boat, sir."

Good Housekeeping Magazine article for Well, it's a new rule; other boats of this line don't have it."

July. It is mixed in a double sense, first in that it carries some degree of danger. Warren had never been on any other boat of this line, but it was his habit to if it is too rapidly eaten, especially when one is geratly heated; and, secondly, beintimidate waiters in some such way. cause the universal spirit of fraud and However, in this case it did not work. falsification has selzed upon this summer The steward walted, respectfully at-



While Helen's attitude was always an

apologetic one. She was always afraid

she was asking too much or causing un-

necessary trouble. Yet, curiously enough,

it was Warren's ability to "lord it over"

everybody that was for her a part of his

When they finished breakfast and went

up the band was playing on the saloon

deck, where it played for an hour every

There was nothing that Helen loved

more than to walk around the deck with

Warren during these band concerts. The

sea, the music and Warren beside her-

But now when they had walked around

only a few times, Warren paused before

there was an intoxication about it all.

fascination.

morning.

These Are Ice Cream Days

their steamer chairs.

usually received, as he expressed it, "all "Better sit down and let me wrap you ing room again?" that was coming.

Who said anything about spending "Oh, no, not yet." pleadingly. "Do let's the day in the smoking room? I said I walk a little longer-it's so lovely this was going to play off a rubber of whist." door after the horse is stolen. All of

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"And then you'll be through? You're the good they can get out of finding morning." Reluctantly he made a few more not going to leave me alone all the out about this scurvy villain will be rounds and then drew up again before trip?" She knew she should not ask this; the gratification it will afford their curitheir chairs. The deck steward had al- just the guiver in her voice would anger ready brought up their rugs, and now him.

Warren took one and spread it over "I'm going to do exactly as I darn please!" savagely fucking the rug about the poor girl would have been saved Helen's chair, holding the other ready her. "I'll spend my time on this trip in from making her fatal mistake. to put about her when she got in. "Why, you're giving me both rugs- the smoking room or wherever I see fit.

don't you want one?" She tried to ask If you think I'm going to hang around it naturally, as though, of course, she you all the time-you'll get badly left." expected him to sit down beside her, but And he strode off, leaving her misershe was fearful of the answer. ably conscious of the sympathetic glances "No, I'm not going to sit down. I'm due of two women who sat near, and who died out of the music. And in spite of the for a rubber of whist about now." imust heard.

"Oh, Warren." tremulously, "you're Hejen leaned back motionless, her eyes not going to spend the day in that smok- fixed far out on the waves. The band waste.

not rich, as she supposed, or connected was its former owner, t with a big hospital, as he told her, nor of temper and disposition it had, and had he ever been heard of at a famous getting a veterinary's certificate that it was sound of wind and limb." medical school where he professed to But people will let a girl marry a man have graduated "The girl and her family are doing a

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without making a move to find out what kind of a family he belongs to, whether lot of investigating now into the pedihis people are honest or jail birds; gree and record of the ex-husband, but whether he has tainted bloed in his veins it's a trifle late after all the harm has or not; whether he has got a wife somebeen done. It's like locking the stable where else or not; whether he is a drunkard or a gambler or not: whether he has any settled and honest way of support-

ing a family or not. Of course, it's easy enough to see why osity, but if they had spent one-tithe sirl with no experience, of life, and of the effort in turning the spotlight on infatuated with a man's agreeable perthe gentleman's record before marriage sonality might think that it didn't make any difference who he was, or what he had done. She might be willing to This case does not stand alone as an buy a pig in a poke; as it were, and

illustration of the monumental folly with marry a man without any investigation of his standing and character, but there

is nothing else on earth so amazing as still played, but for her all the joy had the indifference of fathers on this subject, and that a father would permit his sunlight glittering on the water, the little unsophisticated daughter to marry ocean seemed now only a gray, dreary a man of whom he knew absolutely

> nothing. Yet they do it continually. Many man sees his prospective son-in-law for the first time when the youth comes to go through the meaningless form of asking for Mamie's hand in marriage. For Mamie has told papa to say "yes," and papa is so busy and careless that he hands over Mamie, soul and body, with every one of her potentialities for misery or happiness, to the stranger, with as little thought as he would a pound of tes across the counter. Worse. He wouldn't let the stranger have the tea unless he could show that he could pay for it, but he let him have Mamie without finding out whether he can support her or not.

> And this isn't because father has such respect for Mamie's judgment. He wouldn't trust her to make a \$1.000 inst vestment alone. If she had that much money to put into a stock or real estate or to lend he would take upon himself the task of looking up the title or security and seeing that it was giltedged before he permitted her to part with her money, but he will let her give herself away without bothering to see T she is swindled and goldbricked in the trade or not.

In this day of telegraphs and telephones and newspapers, we live in the slare of publicity, and there is no difflouity whatever in finding out all that is necessary to know about anybody else. A postal card written to the hospital with which the young man menion at the beginning of this article said was connected would have brought out the truth about him, but none

(Picture reproduced by permission from Good Housekeeping Magazine for July.) ashamed, if it can do its deeds of dark-

A TYPICAL STEET SCENE.

ness in a secret corner. The genuine virtue of ice cream resides in the cream. Cream is derived from the fat particles of pure, fresh milk. of cream is a fraud, and it is not less a rich quick."

fraud even if it be innocuous. Cream, if it is to retain its best qualities, should not be used more than twenty-four hours after it is separated from the milk When the cream is frozen, to make ice cream, it should be sweetened with ugar, and flavored, says Dr. Wiley, with some natural, harmless material. That appears to be all there is of genuine ice

cream. The definition is plain and sim-Luckily for consumers, there is a sreal

deal of good ice cream on the market. but unluckily for some of them there it in the manufacture and sale of a dish also a great deal that is fraudulent which offers a common pleasure to rich Much of this may not be absolutely dangerous-the adulterators have no wish to demand at just that season when all kill their customers, for that would be mankind feel drawn together in the sym- killing the goose that lays the goldan pathy that comes from bearing a com- eggs. But good cream, and nothing but tentive, but without any sign of yield- dish, this delight of children and young mon burden. But such confidence, as Dr. cream; and good sugar, and nothing but persons, and made it a means of putting Wiley shows, and as we all know, would sugar, and natural, harmless flavoring hold up for an indefinite period, testimony

those who are content with a moderate return on their money, but altogether too costly for those who want to "get

So we have "ice cream" which is made up of starch, gelatin, skim milk, antique eggs and coal tar dye. Probably it will not kill you if you eat it. But you will be robbed just the same. If a dealer sells you such stuff under the name of ice cream and charges the price of Ice cream for it, although it has cost him much less, what standing could he have in a court of real justice? Yet ice cream is, and about the law that t appears that he may have a very solid standing indeed in some of the so-called courts of justice which now exist. At public in this matter-and this is just

east that is what I gather from the folowing statement of Dr. Wiley: "In a case brought in the District of

the manufacturer of a debased loe cream. which contained a thickener to make it cream, which is not so very difficult,

cious and wholesome, is at the same either milk or cream in it and the paoge the girl's family took the trouble totime costly. Not teo costly, mark, for of the court upheid this theory and re- write it. A day spent in the man's home fused to apply the standards which have town; a ten minute's talk with his em ployer; a few judicious inquiries amonia been fixed by the Department of Agrihis friends would show any father culture under the authority of congress." whether the man who wanted to marry However, it is reassuring to be inhis daughter would make her a good formed that a federal court judge in Cincinnati has since then upheld the husband or not. An inquiry through Dun

> mation as to any young fellow's past and present performances and abilities sentiment of all lovers of ice cream. support a wife. Dr. Wiley tells you all about the With these sources of information at

"dubious" kinds of ice cream and what hand is it not simply incredible that any they contain, and all about what real father would be so criminally negligent as not to at least find out what sort of some over-confident persons have thought a life partner his daughter is getting would suffice to protect the innocent when she marries?

No possible excuse can be afforded for the time to read all that. But don't let their attitude in this matter. Before a anything you read dissuade you from father gives his consent to his daughters eating ice cream when you feel like it. marriage he should have gone over the Columbia by the health officer against and are in a condition to do it-only young man's record with a magnifyingglass and a search warrant. It is his make sure that you are getting exactly which had a very low content of butter fat what you pay for. And if you can't be business to protect his little girl, and and a very high content of bacteria, and sure of that, then make your own ice he signally fails to do it, unless he does his best to keep her from making a mintake in the most important act in life,

Showing the effect of running cream through a "homogenize integrates the fat glob

But You Must Look Sharp if You Want to Get the Pure and Genuine Article

This shows how the fat globules of cream in its natural state appear under a By GARRETT P. SERVISS.

pockets. Who does not remember her, or his-Fortunately, genuine ice cream, made t is more frequently her-first dish of of pure materials, in a cleanly way, is ice cream? As we grow older we are nutritious as well as cooling in its effects probably less fond of the delicious refec- and offers no danger, provided only, as

tion than in our younger days, and yet, if already remarked, that it is taken slowly, Anything else that goes under the name I knew the name of the inventor of ice and when one is not in an overheated cream, I would try, in this hot weather, state. In France a small dish of ice to sing his praise. He, or it may have cream, taken at the end of a meal, is been she, was a great benefactor. The popularly believed to be an aid to digesdog days must surely have been more tion. Perhaps doctors would not subscribe terrible when there was no ice cream to that particular opinion--I do not know to make one forget for a few delightful

-but, at any rate, there are plenty of doctors who eat ice cream. One might think, if he had a great deal of confidence in the fundamental goodness of human nature, that the adulterators and substitutors would have

avoided introducing their mean and dishonest, and sometimes no less than satanic, methods of quick money getting and poor alike, and which is most in

more dishonest money into rapacious (be misplaced. The spirit of greed is never | materials and nothing else, make up a was given to the effect that ice cream combination which, although it is deli-

standards as legal. More strength to that or Bradstreet will give accurate inforgood federal judge's arm, will be the

