

presenting all best in styles

cornflowers. And though all these models are of the rather wide-brimmed variety, which is certainly banaficial to the eyes, as well as becoming to the complexion, when the sun is at all inclined to assert itself, you must not for a moment imagine that the small shape is not equally in evi-dence. For indeed it is very much

of the cereals corn, wheat and eats belong in this class. The bread made from them has the same properties, especially if they are used in their natural, unadulterated state. Corn bread, made from rough yellow meal and spread plantifully with butter, is one of the best means

Lady Duff-Gordon's new Paris ent brings her into close touch with that centre of fashion. Lady Duff-Gordon's American establishment is at Nos. 37 and 39 West Fifty-seventh street, New York **By LADY DUFF-GORDON** (Lucile)

HE inspiration of Ascotwhere, if a woman wants to make a mark at all, she must be very, very smart indeed!always seems to result in the creation and the choice of some wonderful hats. And this year the millinery marvels are even more attractive than usual. So that any one of those of which I am going to tell you might be depended on to save its wearer from the fearsome fate of looking merely ordinary, and, therefore, being en-tirely overlooked. In a crowd, indeed, a striking hat

is of even more advantage-from the point of view of attracting at-tention-then a gown which detention-then a gown which de-manda free space and a full length view in all its details are to be

seen and appreciated. A good many Leghorns are being d. This old-time favorite in way of straws is gaining many and potent attractions by rea-of such schemes of trimming as, for example, an encircling wreath of giant wild roses, whose petals are made of differently and delicately shaded net-not, please understand, the ordinary fine drese net, but a coarser, more canvas like variety, which can be depended on not to readily get limp and shape-

Blue and pink and yellow and blue, in the palest possible shad-ings, are the colors which are thus brought together in those quite beautiful blossoms and some dear little half-opened buds, while the leaves which trail between and complete the wreath are all of silk and of a still paler pink shading, this being the most becoming tint, too, of the aerophane, which lines

o, of the aerophane, se brim: By the way, another novel fabric for the fashioning of roses is proderie Anglaise, a dozen or more of those pure white flowers more of those pure white flowers the clustered—with some white the shady hat, by the way, another novel fabric with High Girdle and Skirt Trimmed with Lengthwise Tucks and Horisontal Puffs Rome sause leaves on a big, shady hat, whose crown is covered with a closely folded softness of white which then gives place to chiffon, which then gives place to a brim of straw, with just a bor-dering of the softer fabric, a hig butterfly bow of wide satin ribbon holding those flowers together. And really they need something to thus keep them in bondage, for they look almost light enough to fly away at the first breath of wind. Another Leghorn hat is wreathed round with ly leaves in alternate

another Legnorn hat is wreathed und with ivy leaves in alternate ustars of white and softest green, vided by bunches of little white thin berries; these having for uckground, not the rather deep softwo of the straw, but the softlightly frilled fullness veils the

Still again, imagine a Leghorn hose wide "Soppy" brim has all fascinatingly irregular curves d dips followed by a wide band black velvet ribbon, whose ar-

to the fore and every day that brings us nearer to the Autumn season of styles, will see its increasing popularity ove rthe larger models.

models. One such deliciously plauant af-fair is of white moire, with corded pipings to encircle the crown and accentuate the alight-upward tilt at one side of the boat shaped brim, which there shows, too, the effective contrast of a black satin lining.

> This Lucile Model Shows a Simple Scheme of Drapery Carried **Out in Softly** Shaded Charmeuse. An Oriental Fabric is Swathed at the Waist

nt of the body Potatoes, if used in connection with eggs, cheese and milk are important alds in that direction. A French physician of unusual skill prepares to fatten his thin patients by requiring them first to fast for a short time. Sometimes he asks that this continue for three days, though in my opinion fortyeight hours are quite enough. This is to clear the body of all remnants of former manner of diet. This is followed in his system by an exclu-

sive milk diet of three more days, he permitting the patient to drink as much as she likes, but insisting on at least two quarts a day, drunk very slowly, ten minutes for the consumption of each glass, almost literally eating, rather than drinking it. Should the appetite rebel at the milk it may be varied by an occa-sional glass of orange juice or of lemon juice and water, half and half.

The third step in this rejuvenating of the bedy before beginning to take the flesh forming foods, is to eat nuts and fruit freely for a day or two or longer, unless your appetite becomes too rebellious.

When you have begun with the flesh forming foods, which I have stated before in other articles, always includes meats containing considerable fat, be careful to chew them so thoroughly that all turn to liquid form in your mouth before swallowing.

I knew a woman once, extremely thin, who always ate a half dozen dates for dessert, after a full meal. To this she ascribed her rapid gain in welcome flesh.

ing into wrinkles and makes me look old."

Wear a chin band of muslin or rubber at night. Bathe your chin frequently in cold water or press a piece of ice against it. Massage that rebuilds and makes firm the sagging muscles will strengthen the in, but trust this task only to an expert.

C. R. inquires what she shall do to "keep the skin from looking withered." Use a good cold cream plentifully, patting it well into the face at night after cleansing the face. She asks also the best way to massage the face to fill in the hollows. "I prefer slapping the face gently with the paims of the hands to any other method." A third inquiry from the same

source is "how may I develop the bust and make it firm?"

Develop the bust by improving the general health and by the deep breathing exercises I have so often described on this page. Gocca but-ter or coccanut oil patted lightly into the bust may enlarge it. To make it firm it is best to wear cormake it nim it is pest to wear cor-sets having no bust supporters, those cut very low. If you are no longer young it is not well to begin. But those who from their youth wear no bust supporters are rewarded by firm breasts except in

R. W. asks: "Will you kindly let me know how I can remove superus eyebrows? Not that exactly, but I might well call them extension evebrows, for they grow over the

A. W. L. asks "what to do for a bridge of the nose and my friends sagging chin," and adds: "It's fall- all tell me that is the one defect in my appearance."

Pull them out with tweezers, a few hairs at a time, until they are all removed. After each operation wash the spot with peroxide of hy-

fever and would like your advice about repairing its ravages. My skin and scalp are very dry. Please publish formulae for a good hair tonic and skin food. I also have

them? Also please tell me how to massage my face." This usually promotes the growth of the hair. Massage it well into the roots every morning and eve-

ning. Oil of sweet almonds, 45 grams. Essence of rosemary, 45 grams. Oil of mace, 2 grams. While restoring the hair, be sure

he necessary.

skin food.

liver spots:

For the liver patches, "hepatic thing!"

affected.

face.

Elder flower olntment, 1 oz. Sulphate of zinc, 20 grains.

seventy-five."

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can, taking a nap at midday if possible. Thin persons are nearly all worriers. Fat persons, as a rule, do not worry. Massaging the body with olive oil

or vaseline aids in flesh formation. Drinking olive oil has the same result.

Infusion of rose petals, 1/2 pint.

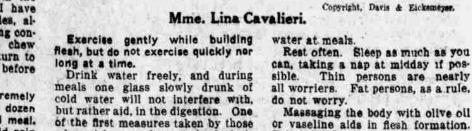
Citric acid, 30 grains. Apply with a piece of soft muslin

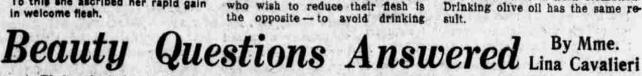
If so dab some of this on the parts

I advice dipping the paims into cold cream and gently slapping the

Almond mixture, 1/2 pint.

Goulards extract, 1/2 dram.





Rub this mixture upon the affected spot at night. In the morning wash it off with water and mild soap. Dr. Erasmus Wilson, whose recipe is the foregoing, advises, after washing the prepara-

drogen to purify it, and apply a good cold cream to heal it. K. W. says: "I have had typhoid. tion from the face, the application of this: or linen. In sensitive skins an irritation may follow this application.

liver spots. What shall I do for

On a Secure Basis. to keep the scalp free from dan-se DAD, lend me two hundred dol-druff. A shampoo once a week will [lars!" cried the financier's son.

e necessary. Pure lanoline is an admirable "What for, my boy?"

"Oh, a lovely little deal-a sure

spots," "masks" or "morphew," as "How much shall we make out of it?" they are variously called, a stan-asked the old man cautiously.

they are variously called, a stan-dard remedy in England is the in-ternal one of taraxacum or extract of dandelion. A pill of taraxacum every other night until the skin begins to clear is the amount of the dose. This freckle remedy pre-acribed by Dr. Erasmus Wilson has

been used with success in removing us consider we have made this deal, and it has succeeded. You make twen-

ty-five and I save one bund-and and

rangement is so exceedingly skilful that it has no suggestion of being

stitched into position. Beyond this again, there comes a

fold of widely tucked white tulle, which slightly overhangs and distinctly softens the ortm, while, round the crown, these same well-contrasted fabrics are again united and then finally tied into a huge bow rather toward one side at the back.

back. Still another Leghern has a brim awkwardly and lightly covered with white ninon against which the straw is then rolled upward to form a series of four points. For the rest, some wide white moire ribbon is folded about the crown and caught in at one side by a bunch of velvet cornflowers, all of brightest, deepest blue, while at the other the blue velvet blossoms are intermixed with some which are modelled in pure white muslin. There are quite a lot of these

velvet flowers to be seen just now. Some gorgeous crimson clematis. for instance, being grouped into a tall bouquet at one side of a black pedal straw hat, where there are also laid about the crown some full-blown silk petalled roses, in "dead" mauve and pink-a quaint and somewhat daring idea this of thus bringing brilliance into close con-trast with the most elusive and delicate tints known as "scheme of selicate tints known as "ashes of roses

White lilies, too, are putting in s pretty appearance on some of the newest hats, but always in con-junction with some other and col ored blos-soms. For

example, on a black straw hat, with a broad inset band of white on its brim,

