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Gaby's New Clothes.

Captivating Gowns and Hats with Which the Beautiful Prima Donna Is Holding Paris



Gaby's New Chic Black Tulle Hat.

LADY DUFF-GORDON, the famous "Lucile" of London, and foremost creator of fashions in the world, writes each week the fashion article for this newspaper, presenting all that is newest and best in styles for well-dressed women.

Lady Duff-Gordon's new Paris establishment brings her into close touch with that centre of fashion.

Lady Duff-Gordon's American establishment is at No. 17 West Thirty-sixth street, New York City.

By LADY DUFF-GORDON ("Lucile")

I KNOW that you are more or less interested in little Gaby Deslys, and so, perhaps, a description of her new Summer clothes may be rather interesting.

Here is a picture of her rose-colored silk afternoon walking costume. The silk is relieved with touches of black velvet. The opening in the skirt shows a petticoat of rose lace. Of course, Gaby's costume is a panner.

The new walking habit is quite distinctive. It is of white broadcloth, and Gaby calls the coat her Napoleon coat. The collar and cuffs and vest to match are of bright green kid. The coat is cut high to show the waistcoat. The buttons are of silver, and the tails of the coat extend far down the back, and are cut Napoleon. The riding hat is a fine white straw.

Gaby is very fond of mountainous millinery. One of the pictures shows her new black tulle hat, with folds of white tulle underneath, surmounted by two large black aligrettes in the back. The other shows a black afternoon hat of straw, with aligrettes covered with long old aligrettes down the

back nearly touching the shoulders.

Next I have two phases of tailor-made fashion to introduce to you—and to prove to you that really this season you can be fashionable and consequently happy in a style that happens to suit you best. A dark blue serge of the fine coating variety, which wears as well as it looks, first displays on its trim coat a deeply down-turned collar of white embroidered lawn and lace, and then a centre fastening of buttons centred with blue serge and bordered with tartan silk—blue-green, black and red—this prettily patterned silk being also used to outline the buttonholes and follow the curve of the coat down the front. There is a broad silken sash, too, folded about the waist, but though thus accentuating its line not suggesting the least inward curve, and being just finished off at the left side with short sash ends, edged with a silken fringe, which blends the two dominant colors of blue and green. On the short and straightly cut skirt the central piping and buttons are combined in an unbroken line, but its scantiness is so marked that one wonders where



Gaby's Charming New Riding Habit of White Broadcloth.



Her New Evening Hat of Black Straw.

standing ornament of brilliant red coloring, which is of such novel aspect and effect that you do not at first realize that it is merely an ordinary silk cord tassel, treated in an extraordinary way—that is, turned upward instead of hanging downward, and after being provided with a central stiffening to keep it in this position permanently, being tied round in the centre with a twist of silk.

Now the coat sacques of this costume reach well below the hips, but another new model is made distinctive by a little Empire bolero of black cloth, which ends its brief but beautiful career just beneath the bust and is fastened across the front with several bar strappings of royal blue cloth and groups of bright black shoe buttons. Yes, nothing more nor less than shoe buttons—these ordinarily prosaic but now glorified things are clustered still more closely all down the front of the corseted skirt of bright blue cloth, or where the blue strappings, too, are continued, though having there a background of the same color. They are rather less noticeable, while the finishing touches of the costume in this, its first aspect are provided by a softly frilled collar and jabot of ivory lawn, edged with blue (other and narrower frills fall far over the hands, by the way), and a belt of black patent leather, which marks

and accentuates the high waist-line. And then belt and coat removed there is revealed (for indoor or luncheon wear) the whole beautiful color of the high corseted skirt of royal blue cloth and the mellow-toned softness of a complete and charming blouse of the lawn.

And now, how do you like these latest and smartest aspects of the coat and skirt costume, and will you decide to wear, I wonder? There is at any rate sufficient variety for every one of you to be well suited, and not one in which you cannot look specially and satisfactorily smart.

In the matter of millinery, "beanstalk" trimmings are in great vogue, but you may see—and wear if you will—other hats, whose adornments are absolutely flat instead of up-standing, one quaint model which I have in mind being again of the black pelad straw, which is as durable as it is fashionable, and having a wide brim, of somewhat "mushroom" tendencies, allied to a rather low-domed crown. And round this are set a number of little tangerines most realistically copied in orange, hued and closely clipped wool, which set in the front is a big ornament, formed of a central and paler-hued lemon, encircled with the little, brightly hued tangerines. It is amusing to note, too, that this same passion for extremes is even affecting the little bouquets which are the fashionable and fascinating wear with all kinds of costumes and dresses just now. For while there are many of flat cabochon formation, with, perhaps, a centre of pink moss-rose buds set round with a broad band of forget-me-nots, and then again with closely clustered "cherry pie" and a star-shaped edging of green leaves—there are also being shown now some tall bouquets of flowers, which are miniature reproductions of the "beanstalk" hat trimmings, and which are intended to be fastened at the waistband, instead of higher up on the corsage, as are those flat cabochons. There will be some fresh green leaves to form a base—the stalks are not shown at all, you must know—and then half a dozen pink roses will be massed together beneath a tapering cluster of forget-me-nots, in the very centre of which will be set one half-opened pink rose. The whole thing is both quaint and pretty, and though only just introduced is in great demand.

And Her Silk Afternoon Pannier Walking Costume.

are those wider garments which were promised! They are possibly available in some cases and sometimes, it is true, but apparently no one seems to want to wear them! Nor must we by any means omit from my chronicle or your copying of this costume a companion hat of dark blue Tegal straw, whose tri-corne shape is absolutely untrimmed save for a central and up-

down the front of the corseted skirt of bright blue cloth, or where the blue strappings, too, are continued, though having there a background of the same color. They are rather less noticeable, while the finishing touches of the costume in this, its first aspect are provided by a softly frilled collar and jabot of ivory lawn, edged with blue (other and narrower frills fall far over the hands, by the way), and a belt of black patent leather, which marks

My Secrets of Beauty.

By Mme. LINA CAVALIERI, the Greatest Living Beauty

THERE is an appalling ignorance of, coupled with an equal indifference to food values. Most persons eat whatever they want, and as much as they want, without the slightest thought of whether they are putting into the body that which will nourish and rebuild, instead of clog and destroy it.

Mme. Cavaleri's article gives valuable advice as to how to check overeating and gives valuable recipes for semi-fluid or fluid foods at a time when the stomach is resting from too heavy feeding. The article may be read with profit.

By Mme. LINA CAVALIERI.

I AM glad to note that women are making diet a matter of special study, for the relation of food to health and beauty is too great to be measured.

Train yourself to note your symptoms and treat them by diet. When your face has a mottled appearance you may be sure that you are eating too much food of all sorts, or that you are eating too much that is greasy or rich or sweet. A chic Parisienne when she notices such symptoms limits herself to one moderate meal a day—her dinner—and the earlier part of the day contents herself with fruits and salads, drinking water moderately at these meals and copiously between them. She lunched with me one day at a fashionable hotel on the Place

Vendome and I began my study of the menu by asking her if she would have some of her favorite chocolate. She shrugged her shoulders and answered bravely: "Not for a long time will I enjoy another cup of my beloved chocolate. To-day I shall lunch on rolls, Romaine salad and vichy."

And she insisted upon this ascetic meal, explaining while she slowly ate it that her breakfast had been of oranges and apples chopped very fine and covered with their own juice. This with one dinner daily—more than usually well masticated—cleared her complexion in ten days. There are many times when we "feel our bodies" and are growing too heavy or too lazy that it is well to submit for a few days on a liquid

diet. These nourishing drinks strengthen the body even while the work of removing the remaining ashes from the body goes on:

Whole Barley.....2 Tablespoonful
A Slice of Lemon

Boiling Water.....2 Cupfuls

Place the barley and slice of lemon in an earthen dish. Over them pour the boiling water. Cover the dish and let the mixture stand for ten minutes. Then strain into another earthen dish. The drink may be flavored with a small quantity of sugar if preferred. The quantity given is for one meal for one person.

This is a drink often taken by athletes to refresh them during their training period in England, but is useful to women taking a semi-fast for beauty's sake.

Bran.....2 Tablespoonfuls
Seeded Raisins.....1 Tablespoonful
Lemon.....1 Thick Slice

Chop the raisins fine and place them with the bran and lemon in an earthen bowl. Over these pour a half pint of boiling water. Let stand to cool and blend for ten minutes. Strain and drink while warm. Raisins are of special value in cleansing and toning the kidneys.



Mme. LINA CAVALIERI.

The water in which peeled apples have been stewed and to which a few currants have been added is a strengthening, cooling and cleansing drink. It is made more appetizing by the addition of a few cloves or a broken stick of cinnamon. This is another tonic and refresh-

No. 180---FOOD VALUES---A Study for Beauty

ing drink during the time when you are eating little, or nothing:

Squeeze into a large coffee cup the juice of one orange. Fill the space remaining in the cup with boiling water. Add a teaspoonful of liquid honey and the same amount of lemon juice.

This, too, appeases hunger:
Milk.....1 Pint
Hot Water.....1 Pint
Slowly sip in lieu of a meal. The use of water in a way prevents the clogging of the system that sometimes follows an exclusively milk diet.

A drink much in use in England, that is half food, half medicinal, is this:
2 Tablespoonfuls of Whole Wheat.
A Little Caraway or Celery Seed to Flavor.

into a pint bowl of boiling water stir the whole wheat that has been ground. Add the caraway or celery seed. Sweeten, if you wish, with a half teaspoonful of powdered licorice.

Nut drinks are among the strengthening beverages substituted for food during a beauty fast.

Ground Peanuts, 1 Tablespoonful
Boiling Water.....1 Cupful
Flavor with equal quantities of honey or lemon juice as desired.

Perhaps you prefer meat juices in the thinning or rebuilding time. In that case:

Pour over finely chopped beef or chicken twice their bulk in boiling water if you wish the tea to be strong, three times if weak.

Beauty Questions Answered

M. S. complains of a red nose, scant hair, rough red hands, and thin yellow face. M. S. was certainly not looking her best when she wrote that letter. If your nose is red, your hands gitto and your face yellow, your circulation must be poor and you would do well to visit a physician and let him prescribe a different manner of living.

Your scant hair leads me to think, too, that you are anemic and your body needs rebuilding. The physician can help you to this. But help him by giving more intelligent care to yourself. Contribute to get all the sunlight you can, all the fresh air possible, to eat your food slowly and let it be the most nourishing you can get. Bathe every day in cool water, rubbing the skin well with the palms or a brush or rough washcloth. My advice can be summed up in three words: "Live more hygienically."

L. W. L. asks whether there is any remedy guaranteed to remove superfluous hairs from the face and keep them off.

No, I have repeatedly said that there is no certainty that the hair will not grow again, for even electrolysis has failed in some cases. But it is successful in more cases than any other treatment has been. As you say, there is danger if inexperienced or unreliable persons attempt it. Be sure that the operator is experienced and responsible

and of good standing in the community. She asks also whether I would advise taking medicine internally to reduce the weight?

Never. "I am a boy of fourteen," writes "Unfortunate," "and am forced to shave on account of a large growth of hair on my face. Will you please let me know how I can prevent this growth of hair?"

Peroxide of hydrogen will bleach the hair so that it will be less conspicuous in color. But there is no remedy in your case for the growth of hair.

Make the best of it. In a few short years you will not regard it as an affliction. It is not very uncommon even at your age.

S. R. asks me how to remove summer freckles, adding that they "look horrid."

Try simple remedies first. Bathe your face in buttermilk every night before retiring. Lemon juice mixed with an equal part of glycerine is often efficacious. If these fail, paint the freckles at night with glycerine, 1/2 oz.; tincture of iodine, 1/2 oz.

A. R. requests: "Will you kindly give me a bleach for the face, neck and arms, one that will not grow hairs?"

Try equal parts of lemon juice and glycerine, or equal parts of lemon juice, rosewater and glycerine.