

# The Bee's Home Magazine Page

## How to Train a Wife

"Well," said the Confirmed Commuter, "I had a great shock today. Young Brown came in and told me he was going to be married—and he won't be 21 years old until next March."

"Shock!" echoed the Helpful Housewife. "What is there shocking about his marriage? But it supposes he's chosen some irresponsible person. Of course that's what you mean!"

"No," her husband answered, candidly. "I understand she's a very nice little girl. But that's not the point. It's the idea of any man sacrificing his liberty before he has had time to realize what liberty means."

"My dear child," said the Helpful Housewife, "husbands are like bananas—they should be picked green and allowed to ripen afterward. That is, really, the only way to keep them for any length of time."

"Lemons as well as bananas, are picked green," observed the Commuter.

"Don't you know the first principle of tanning a lemon is to slip into only such fruit as has assumed the standard size for picking, indicated by the lemon rings? I think marriage is just the same—lemon rings and wedding rings are the standard test," answered his wife, who read all the get-rich-quick articles in the magazines.

"You're just talking," announced the Confirmed Commuter, good naturedly, "and sometimes you talk very well. But I'm more practical. I gave young Brown some sound advice—just a hint or two, you understand, but I think it will do him a lot of good."

"What about?" his wife inquired, with a rapturous glance.

"Why, marriage, of course," he answered, lightly. "Just a little talk on the choice and training of wives."

His wife smiled with a whole-hearted pleasantness that would have disarmed a devil. "Let me take your hat and pitchfork," might have been her sarcastic salutation; "sit down in this easy chair and I'll get a cushion for your cloven hoofs."

"What do you mean by the training of wives?" she asked sweetly.

The Commuter had been sparring anxiously for a chance to repeat his advice on the subject given to the matrimonially inclined young Brown.

"I don't mind telling you," he said. "I told him that marriage and prize fights were alike in this respect—that in both the one fatal mistake is to underestimate the strength of one's adversary. I told him that lumps of sugar, otherwise compliments, are invaluable in the training of wives, and that one must always go around with a pocketful of them ready to reward good behavior at a moment's notice."

"Did you tell him how his wife should answer to 'Hello'?" asked the Helpful Housewife, quietly. "And that after a while she would learn to carry the whip in her mouth?"

"No," said the Confirmed Commuter, explosively. "I didn't. I gave him a good, plain talk that I think will benefit him."

"Oh, I see!" exclaimed his wife. "You told him everything. And still," she added quizzically, "I wonder if he will remember that the most important thing of all in training a wife is not to overtrain her. Do you know, sometimes I begin to feel a little bit stale."

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"LEMONS AS WELL AS BANANAS, ARE PICKED GREEN."

## WHEN A MAN'S MARRIED



## Some Notable Food Tests

An innovation as novel as the famous "poison squad" of Dr. Harvey W. Wiley has been brought into use by Dr. E. F. Langworthy of the station of experiments in the Department of Agriculture, who in his contribution to the year book of the department, tells of remarkable food tests made by means of a "respiration calorimeter." The device is intended for the practical test of different foods as fuel to the body. One man has been subjected to thirty different tests, and Dr. Langworthy has thereby been able to determine just how much work a man can do after eating a particular kind of food.

The man who has been subjected to the experiments—his name will not be disclosed by the officials conducting the tests—is said to be as nearly as perfect specimen as could be found in the Department of Agriculture. He has suffered no ill effects from his participation in the tests of the respiration calorimeter, and it is expected, will continue his duties next year.

The respiration calorimeter is an instrument which records the volume and quality of energy. During an experiment the subject spends his time in a metal walled chamber 6½ feet high, 6½ feet long, and 4 feet wide. The space between the double walls is airtight. That the air of the chamber may be continually changed it is drawn out through a pipe at one end of the respiration chamber and returned through a pipe at the other end by means of an electrically driven blower. After leaving the chamber the air is chemically purified so that the subject is constantly assured a full supply of fresh air.

## Loretta's Looking Glass—Held Up to Woman Who is Baby-Mad



"He is jealous of his own baby! Think of it! The fiend!"

Do you realize that it is your husband who is being called that name? You ought to jump up and fight! With all those amply able weapons nature gave you, you should say and look your resentment of the accusation.

But do you not. You invert the sense of the words and annex the implied compliment—that you are a devoted mother.

But you are wrong. You are a baby-mad. With a lack of sense, an utter failure to appreciate that you owed your husband a duty before you had a baby, and that your duty is neither lessened nor

changed, now that you are a mother, you recast your whole life according to a baby schedule. You wear yourself out with a hundred unnecessary acts of what you call devotion to the child; and then you are pouty and abused when he resents having a human frizzle, a kind of tag end excuse for a wife.

If he protests that you need not wear yourself out with the baby, you fall back on that irritating idiotic statement; and you half snivel as you make it—use the old-fashioned line of "I'm devoted to you" (that a man does not know anything about a baby).

He has a rather sane notion that a baby is not a little beast that has to be spoiled by overattention. He has a pretty accurate idea of the principle that humanity is not incumbered with one duty that takes all of its time so that all others go undone.

He watches his home turned into an institution for the baby. He sees the baby become the bugbear of the household. He watches his wife's latest fad. And he recognizes that she not only follows it with the desperate enthusiasm which women are prone to expend upon their latest interest, but she has the excuse of serving the future, the blanket of "devoted motherhood," to give countenance to her self-indulgence.

It is self-indulgence. These baby maniacs are simply rioting in doing what they like best to do. It's the maternal spirit running crazy. You love it! You delight in thinking that "not one moment of your time, not one instant of your thought went to anything but your baby." You read and theorize, you stew and fret, you make your husband yield to his child—you seem to forget that he has a right in it and that you acquired yours through him—you go baby mad.

And the baby suffers! He gets an in-growing temper because you indulge it. He acquires a dominating habit that is made out of the multiplied instances of your indulgence. He becomes a hypersensitive, nervous little Nether! And you

## THE BEE'S JUNIOR BIRTHDAY BOOK: This is the Day We Celebrate

WEDNESDAY, July 5, 1911.

Name and Address.	School.	Year.
Clifford Anderson, 2409 South Sixteenth St.	Castellar	1907
Isabel F. Austin, 116 North Twenty-fifth St.	Central	1904
Henry Bastian, 2708 Farnam St.	Farnam	1894
Josephine M. Bruner, 2312 Ohio St.	Howard Kennedy	1899
Alice B. Barnes, 3325 Franklin St.	Franklin	1899
John T. Clark, 2913 Woolworth Ave.	Park	1904
Carmella Desanto, 2327 Pierce St.	Mason	1907
Rosie Epstein, 1910 Epstein St.	Lincoln	1907
Charles William Ehlers, 2014 Miami St.	Lake	1907
Ethel Fisher, 1116 North Twentieth St.	Long	1907
Sam Fogelman, 1145 North Twentieth St.	Kellom	1904
James Gerson, 3315 Grand Ave.	Monmouth Park	1894
Ethel Hammond, 2624 Franklin St.	Long	1907
Bertha Hass, 1508 Marcy St.	Long	1907
Teddy Hawes, 1812 Miami St.	Lake	1907
Eva H. Jones, 4340 North Thirty-seventh St.	High	1894
Charlie Jordan, 2320 Leavenworth St.	Mason	1907
Peter Krugweid, Eighteenth St. and Himebaugh Ave.	Sherman	1907
Louis Longpaul, 1261 South Thirteenth St.	Comenius	1898
Mildred Long, 3102 Vinton St.	Windsor	1900
Mira Lehman, 2508 Sherman Ave.	Lothrop	1905
George Lee, 2410 South Fifth St.	Train	1907
Dorothy M. Morton, 563 South Twenty-eighth St.	Farnam	1902
Anton Ort, 1306 South Third St.	Train	1905
William A. O'Connor, 2421 North Twenty-fourth St.	Lake	1903
Wick Payne, Sixty-third and Dodge Sts.	High	1897
William Proksel, 2317 South Fifteenth St.	Comenius	1903
Charles Phillips, 3219 Franklin St.	Franklin	1907
Bessie Rauer, 135 Poppleton Ave.	Train	1902
Mary M. Ryan, 4718 Marcy St.	Beals	1907
Thomas M. Rich, 3517 North Twenty-second St.	Lake	1907
John Swartz, 527 Park Ave.	Farnam	1897
Martha Schropp, 2464 South Seventeenth St.	Castellar	1896
Marion Towle, 2602 Pacific St.	High	1895
Joe Vopalka, 1324 South Fifth St.	Train	1894
Frank E. Volencek, 1418 South Fifteenth St.	Comenius	1905
Alan Wolcott, 4623 Dodge St.	Saunders	1903

## Blow the Horn—Live Long

Allments of the heart and lungs have been frequently attributed by pathologists and others to the blowing of wind instruments. It has even been asserted without any definite foundation in fact that the cornet, trombone or oboe player is "blowing his lungs away" and will die before his time.

Dr. Forchheimer in his "Prophylaxis and Treatment of Internal Diseases" shows the fallacy of the belief. He states emphatically that "just as many players of stringed instruments have emphysema as players of wind instruments," and after a long experience of musicians he has come to the conclusion that "neither emphysema nor its predisposition is a result of their occupation."

To determine statistically the effects on longevity of playing upon wind instruments, Dr. James F. Rogers recently consulted Grove's "Dictionary of Music and Musicians" and Champlin's "Cyclopedia of Music and Musicians," and calculated the average age of 100 performers upon wind instruments and of a like number upon stringed instruments. The average length of life of players upon wind instruments was 52.5 years and of players upon stringed instruments 52 years. Of the former 24 per cent reached ages above 70 years.

For the different wind instruments the average ages were as follows: Flute, 61.5 years; oboe, 61 years; bassoon, 62 years; horn, 64 years; clarinet, 63 years; trumpet and cornet, 61 years. It is interesting that the players on wind instruments who exert the greatest intra-pneumonic pressure—namely, performers on the trombone and cornet—were the longest lived, while the players who exert the least pressure, the flutists, were the shortest—New York World.

**Blissless Bachelorhood.**  
Canon law forbids bachelors to marry or become monks. In ant quity citizens who remained bachelors all their lives were considered unpatriotic. Spartan law prohibited men who continued their unmarried state after middle age from holding civil and military offices. At certain ancient feasts bachelors were exposed to public scorn; and were led round the market places amid the derisive shouts of the populace. Augustus, Roman emperor, compelled bachelors to pay extra and special taxes, and they were made incapable of acquiring legacies and devices of real estate by will, except from their nearest kinsfolk. Cretans of old adopted the corymbantian dance, which was of the wildest character, the married performers dashing their swords and shields together with extravagant fury. The average cost of a convict in prison is \$111 per annum.

## Cure for Auto Speeding

Under the title, "The Tyranny of Speed," E. H. Hodgkinson has brought out a book in England, dealing the auto speed crash in that country, which contains suggestions of value in dealing with the speed mania of recent years. It has become so bad, he says, that motorists expect pedestrians to get out of the way, instead of turning out themselves, though a foot passenger on his own side of the road has as much right there as a vehicle. As an example of the absurdly egoistic view which high-speed motoring encourages Mr. Hodgkinson cites the complaint of an English motoring journal: "Why people will persist in walking in the middle of the road at night without carrying lights has often been a puzzle to motorists."

## Small Man, 30 Cents

A recent Berlin dispatch says that the unmarried young ladies of Germany have gained a great victory in the law courts. They have established the principle that an oral betrothal is legal and binding, and that an unfaithful swain who breaks it can be sued for damages. This decision was given by the district court of Celle. Hitherto the German courts have not recognized oral engagements unless they are backed up by the present of the girl of an engagement ring. This present was considered to make the engagement formal. In this case there was neither written contract nor engagement ring. According to German law, damages for a broken heart are not given. All the of-fended party can claim is money spent on dresses and furniture. A four weeks ago a thirty man on Cologne sued the lady who flitted him for 30, the cost of various tram tickets bought on trips to suburban parks. He got a verdict and costs.

## What Can a Poor Girl Do?



1855? YES! 1911? SURE! 1967? MAYBE! 2023? PERHAPS!

## Did She? She Did!



NOW MARY, FOLLOW THIS RECIPT CAREFULLY AND YOU WILL NOT MAKE ANY MISTAKES! THE RECEIPT READS: COVER WELL WITH PASTRY AND WAIT TILL BROWN!