

DR. LEE ON HYGIENE VIRTUES

Former Omaha Physician Author of a Significant Article.

WANTS A NEW PLAN HOSPITAL

Would Banish Serums Entirely, Reduce the Use of Drugs and Chemicals and Rely on Good Food and Cleanliness.

Dr. Elmer Lee, A. M., formerly a practicing physician with a large clientele in Omaha, now of New York, has in the November number of the Medical Times an article which is attracting a good deal of attention among medical men.

His article is entitled "Perfect Nutrition as the Basis for Accurate Therapy." He takes a decided stand against the use of serums.

Hygiene is held by Dr. Lee as being competent to work all the cures that are possible, and safely, assisted by surgery in exceptional cases.

Dr. Lee is also advocating what he calls a "new plan hospital," from which he would exclude serums and discourage the use of drugs and chemicals.

He asserts the better plans for treatment are known and perfected and that nature, aided by hygienic management, restores the sick if wisely directed.

Normal Method Hospital. He says: "There should be a normal method hospital to prove to such as are interested what this form of treatment is capable of accomplishing."

Such an arrangement would certainly fit cases of the character above described, for they are numerous enough it would seem, alone to call for its adoption on single track roads.

Working hospital, managed on the plans proposed, general in scope, open and accessible to observation by friend and critic, does not as yet exist, says Dr. Lee.

Criticism of Outdoor Sanitariums. Of recent developments in outdoor treatment, he says: "The present sanitarium is approaching excellence in housing, yet in treatment there is excess of the artificial, exaggeration of infection, magnification of germs, waiting, uncertainty, lack of accuracy in diet, food, feeding, bathing, exercise, milk, hardships, prohibitions, too much cold water, raw air, and in the end unsatisfactory results, with very frequent relapse and discouragement both to patient and others concerned."

In a recent trip to Mexico and California the sanitarium and best treatment was examined and studied by Dr. Lee. He admits some cases do well, but asserts many are discouraged, homesick and die from the combination of the disease, accelerated by loneliness.

Medical men, by patient research, have demonstrated that drunkenness is a poisoning of the blood, and that the drunkard is one in need of medical attention.

The disease of alcoholism can surely be cured, thanks to the Neal treatment, which has demonstrated that it is an infallible remedy striking at once at the roots of the trouble.

On the question of stimulants Dr. Lee expresses the conviction that the lack in abundance of favorable and sustaining foods is responsible for the extensive use of mineral waters, drinks, beverages, stimulants, liquors, drugs and tobacco.

The doctor draws his conclusions in closing his article: Prolonged daily use of weak, watery and stale table preparations, badly cooked and soggy vegetables, fried and much roasted meats, gravies, fats and oils clog, corrupt and debauch the human body, cause irritation, congestions, inflammations, suffering, debility and disease.

Wrong kitchen cooking is the principal destroyer of mankind and the dining table an altar of human sacrifice.

Sound health is the vital and precious asset of life.

Life is freely transmitted, but food to sustain and develop it can only be obtained by great, persistent and thoughtful labor.

By letting your barber give you a Fitch shampoo every week or two, you can be done with dandruff troubles.

Defects in Nebraska's Taxation System

In studying this subject we have endeavored, as far as possible, to adopt principles that have been tried in other states, and have resorted to our own theories only when we have failed to find anything in the laws of other states that would reach the result we desire.

PREVENTING TRAIN COLLISIONS

Another Simple Means of Averting Disaster on Single Track Roads.

A western reader has lately called attention to the lucky escape of a passenger train on the Denver & Rio Grande railroad. The operator at one of the stations on the line had been ordered to hold a night passenger train there until a freight had been sent out from a station farther down the line could come up and pass the passenger train at that point.

The operator forgot to act on the order and let the loaded passenger train go by. He knew that the freight was coming on and that a collision which would kill many people must be inevitable.

At present we have three kinds of real estate tax and two kinds of personal tax, each known by a different name, becoming due and delinquent at various dates, each being kept in a separate set of books.

1. That all taxes of every kind become due at one time and be payable on the same date, which dates should be arranged to suit the convenience of the taxpayer, so that it would be possible for the taxpayer to ascertain at one time what his taxes for the entire year would be, and know that one rule as to time of payment would apply to every kind of tax.

2. We suggest that all taxes affecting real estate should be included in one item and kept in one book instead of three, as at present. Iowa includes the county tax, the city tax and special tax in one item and overcomes the confusion met by Omaha taxpayers.

3. We suggest having taxes payable in two installments at the option of the taxpayer, for the benefit of those who do not find it convenient to pay the whole sum at one time.

4. We suggest making the extension of time for the second installment conditional on the payment of the first installment before a given date—that is, if the first installment is not paid by the date fixed for its payment the whole tax shall at once become delinquent.

5. We suggest that if an installment of tax is not paid by the day fixed for its payment, interest should be charged from a prior date, so that allowing tax to become delinquent would add a penalty of several months interest instead of a few days interest.

6. We suggest that a small discount be allowed if both installments are paid before May 1. This would give those who unintentionally failed to pay their first paying interest by paying both installments at once before May 1, and in addition this would offer an inducement for people to pay their tax at one time and thus reduce the cost of collection.

7. We suggest that a small discount be allowed if both installments of tax are paid before a given date. Kansas allows 5 per cent discount on one-half the tax if the whole is paid before a given date. Kentucky allows 3 per cent if paid by one date, 2 per cent if paid by another date, and 1 per cent if paid by a third date.

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not amount to much, and allow the tax to run past the date of payment, and when the date is once past the habit of procrastination becomes fixed and before they know it they have an accumulation of interest that makes the tax a burden.

TRAINING NEGRO MINISTERS

Institution of Significant Character Opened Last Month.

LOCATED IN NORTH CAROLINA

Will Be Devoted to Preparing for a Big Work the Future Religious Leaders of the Colored Citizens.

DURHAM, N. C., Nov. 5.—(Special).—The opening of a school here, known as the National Religious Training School and Chautauque presents to the educational world a new institution for the colored people unattempted by anybody heretofore.

The founder and president of the school, Dr. James E. Shepard, issued bulletins announcing the courses and those who will direct them, declaring his belief that the quickest way to racial elevation is religious training rather than industrial. Dr. Shepard has planned a school that accords the first and gives liberal time to the second, himself directing the industrial departments.

The president is beginning with the negro minister. That individual is the undisputed leader of his race, a fact known of all men in the south. In former days when the black man voted under no restrictions at all, the candidate for office needed but to make his peace with the black minister and the laymen were voted solidly. It was full knowledge of these conditions that moved President Shepard to plan his school, dedicated largely to the black minister's education.

Preacher the Natural Leader. "He is the leader of the race," Dr. Shepard says, "and his power is such that intelligent leadership is imperative. We have 3,000 colored ministers in the country and every tenth man is a black man. The 60,000 blacks are led by 20,000 ministers, of which number only 5,000 are educated in any sort of way befitting leaders of the race and preachers of the gospel. These figures show the appalling conditions of the colored clergy, a race of feeble but earnest people, as a rule, wholly unequal to the task of lifting up the benighted people far from towns and cities."

The school and the president have won the friendship of this municipality and through the Merchants' association, which has given it a hearty endorsement, twenty-five acres of land have been donated to it. Upon its campus now stand permanent buildings which are to serve its purposes the coming winter. An auditorium, a men's and women's dormitory and a dining hall are ready for the first school year, and in these during the last summer a chautauque course was given by some of the country's leading preachers and teachers of both races, closing after six weeks of the most successful work ever attempted by southern negroes.

Advisory Board is Strong. The advisory board is composed of thirty-seven distinguished men of the community.

Be a Booster, and boost in The Bee. Through its columns your boost amounts to something. Try it. Advertise.

Catarrh

One of the most common of blood diseases, is much aggravated by the sudden changes of weather at this time of year. Begin treatment at once with Hood's Sarsaparilla, which effects radical and permanent cures. This great medicine has received

40,365 Testimonials

In two years, which prove its wonderful efficacy in purifying and enriching the blood. Best for all blood diseases. In usual liquid form or choicest tablets (no alcohol) also in 100 doses 11.

COMPULSORY REMOVAL SALE

WE MUST VACATE JANUARY 1st

The Greatest Compulsory Removal Sale of the Year---a \$250,000 stock of merchandise must be disposed of at once---the edict has gone forth to all the managers of the different departments to reduce prices from one-third to one-half. Positively the greatest and biggest values ever offered in Omaha or in the West can be obtained in this sale. Complete home outfit buyers, young folks just going to house-keeping will find in this sale an opportunity to save practically one-half on their home outfit. It will pay you to anticipate your future wants as the values that you can obtain in this sale are most wonderful. We must reduce stock immediately.

CASH OR EASY PAYMENTS

COMPULSORY REMOVAL SALE OF DINING-ROOM FURNITURE
\$11.15 Dining-Room Chairs, wood seat, golden finish, 79c
\$11.75 Dining-Room Chairs, made of American quarter sawed oak, wood seat, brace arm—Sale Price 98c
\$22.25 Dining-Room Chairs, made of American quarter sawed stock, fabricol seats—Sale Price \$1.69
\$25.00 Buffets, made of American quarter sawed stock, French bevel plate mirrors—Sale Price \$13.95
\$30.00 Buffets, made of solid oak with fancy glass doors, highly polished—Sale Price \$19.75
\$35.00 Early English Buffet, French bevel plate mirrors, an extra special value—Sale Price \$24.50

A Word to Cash Buyers, Hotel and Rooming-House Keepers:
The opportunity to purchase Furniture, Carpets, Stoves, Rugs, Housefurnishing Goods, etc., at by far the biggest discounts ever offered will be found in this sale. Two months is a very short time in which to dispose of this immense stock, but it must be done. The quality of the goods offered will be found to be of the highest. Every article in this sale is fully guaranteed in every respect. We guarantee you savings of fully 50 per cent. Anticipate your wants and buy now while this chance of a lifetime is presented.

Compulsory Removal Sale of LIBRARY FURNITURE
\$ 7.50 Library Tables, strongly constructed of American quarter sawed oak, top fitted with drawer, \$4.95
\$15.00 Library Tables, strongly constructed, highly polished, French maple legs, sale price \$9.50
\$15.00 Library Book Cases, made of quarter sawed oak, choice of golden or early English finish, a most \$8.95
\$20.00 Combination Book Case, made of quarter sawed oak, highly polished, large book compartment with adjustable shelves, French \$11.75
\$27.50 Combination Book Cases, constructed of quarter sawed oak of choice grain, large compartment, glass doors, double strength, top ornamented with fancy bevel plate mirrors, sale price \$14.95

Sideboards and China Closets
\$20.00 Sideboards, built of American quarter sawed oak, one drawer, lined for silverware, top has French bevel plate mirror—Sale Price \$12.50
\$27.50 Sideboards, made of American quarter sawed oak, very massive, highly polished, a most unusual value—Sale Price \$15.75
\$25.00 Sideboards, massively constructed, richly ornamented with heavy carvings, a splendid value—Sale Price \$22.50
\$27.50 China Closets, very massive, frames of quarter sawed oak, highly polished—Sale Price \$27.50

Iron and Brass Beds
\$29.00 Iron Beds, well made, can be had in all sizes, durable, guaranteed—Sale Price \$17.95
\$50.00 Iron Beds, fancy design, four coils of durable enamel, full size only—Sale Price \$37.75
\$10.00 Vermin Martin Iron Beds, very heavy tubing, hand decorated panels—Price \$6.50
\$15.00 Brass Beds, large tubing, heavily lacquered, strongly constructed—Sale Price \$11.75
\$22.50 Brass Beds, large 2-inch tubing, well made, highly finished—Sale Price \$14.95

BUY NOW—PAY LATER
BRASS BEDS
Here is positively the finest Brass Bed obtainable anywhere, strongly constructed of selected stock, highly finished in a durable lacquer, and will give the best of service, worth \$15.00—Sale Price \$11.75

DRESSERS
\$15.00 Dressers, made of selected stock, strongly constructed, French bevel plate mirrors—Sale Price \$10.50
\$17.00 Maple Dressers, extra well made, large French bevel plate mirrors—Sale Price \$11.50
\$20.00 Dressers, made of American quarter sawed oak, highly polished, diamond shape bevel plate mirrors—Sale Price \$13.75
\$25.00 Dressers, made of quarter sawed oak, full front, oval shape French plate mirrors—Sale Price \$16.50
\$18.50 Princess Dressers, made of solid oak, large French plate mirrors—Sale Price \$10.93

KITCHEN FURNITURE
\$4.75 Drop-Leaf Tables, well made, highly finished, drop-leaf sides—Sale Price \$2.95
\$8.00 Kitchen Cabinets, two large 60-pound flour or two 30-pound flour drawers—Sale Price \$4.95
\$12.00 Kitchen Cabinets, large double bin base and upper cabinet top, well made, highly finished—Sale Price \$9.75
\$17.50 Kitchen Cabinets, solid oak base and top, extra well made and finished, special value—Sale Price \$12.50
\$21.50 Kitchen Safes, strongly constructed of selected steel, double doors, glass panels—Sale Price \$7.50

REMOVAL SALE OF STOVES
\$17.00 Cook Stoves, four large 3-inch lids, good size fire box, good baking oven, large flues, nickel trimmings—Sale Price \$12.50
\$19.00 Oak Heaters, heavy cast iron base and top, blue steel front, nickel trimmings—Sale Price \$4.95
\$25.00 Base Burners, first-class medium-priced stove, a good heater automatic feed, nickel trimmed—Sale Price \$24.50
\$40.00 Cook Stoves, large heat radiating surface, large guaranteed fire pot, automatic feed mechanism, large nickel trimmings—Sale Price \$27.75
\$25.00 Square Ranges, large fire box, equipped with Duplex nickel ovens, large nickel trimmings—Sale Price \$25.50

THE PEOPLES STORE
LEADERS OF LOW PRICES
10th & FARNAM STREETS, OMAHA.

REMOVAL SALE OF RUGS AND DRAPERIES
\$6.00 Art Reversible Rugs, made of a special grade of Ingrain carpeting—Sale Price \$3.75
\$17.50 Tiger Brussels Rugs, size 11x9 feet, made of a special "wear-resisting" Brussels carpeting—Sale Price \$10.75
\$27.50 Regal Wilton Velvet Rugs, size 11x9 feet, made of a special grade of Wilton velvet carpeting of a \$16.50
\$20.00 Nova Axminster Rugs, size 10x8-2, made of a special quality of Axminster carpeting of a deep rich pile of a most desirable quality—Sale Price \$21.50
\$2.50 Nottingham Lace Curtains, good quality, full width and length, pretty patterns—Sale Price per pair \$1.98

Geel! But it feels mighty fine.
D.R. SHAMPOO (Dandruff Remover)
By letting your barber give you a Fitch shampoo every week or two, you can be done with dandruff troubles.