

SIDELIGHTS ALONG WASHINGTON BYWAYS

There is no love lost between Speaker Can-, of the house and senate. The history non, on the one hand, and Senator La Fol- congress records more than one famous lette of Wisconsin on the other. Whenever statesman who received his training as a the speaker makes a speech about insur- page boy. The little chaps are thoroughly gency in the house he invariably drags in familiar with this history, and because of the name of Senator La Follette and deals it and every one of them is fired with amwith that legislator in a manner which bition to some day occupy a seat in the leaves little to the imagination of the house or senate and to snap his fingers

at the page boys of future generations. It Senator La Follette has had a few obser- is not unusual for the pages to assemble vations to make about Speaker Cannon an hour or two before noon, appoint a



cently and he took advantage of it with a of order, etc.

sardasm, turning in the direction of Speaker | that Cornelius is picked for the job, and it Cannon, 'until the conversation near by is a thousand to one that the job is done rank of Jesus in the universe of being is ination. When you reflect a moment you

in his own paper, but he had an oppor- speaker and hold a mock session of the tunity to put one over on the speaker re- house or senate, discuss legislation, points

broad grin on his face. The senator was Senators have their favorite pages, and making a speech on the railroad bill so do the members of the house. There Speaker Cannon came over from the house is one page in the senate, however, who is and took a seat in the last row on the re- a universal favorite, not only with mempublican side and began an animated con- bers of congress, but with every one who versation with Senator Culion of Illinois comes in contact with him. His name is who, for a moment, was occupying the Cornelius Spedden, and a brilliant career chair of Senator Clapp. During his speech is predicted for him by every one who Senator La Follette turned and saw his watches him speed away on errands for traducer. He continued his speech for a the legislators. Cornelius is remarkable in few moments and then paused, with his more ways than one. He is a very handright hand extended and in the middle of some chap and is also remarkably bright. What we are willing to admit as a revela- man could by any possibility take away



remarks on the subject of railroad legis-

lation for the benefit of senators." mosphere of tobacco smoke.

Not the least interesting among the cap-

Cornelius has a prototype in the house. The boy has been known to every one as

members. Incidentally, Foster is an en-

Vice President Sherman, an old crony of Foster, his given name, so long that few the speaker, was presiding. There was know his last name. If Foster suspects happiness in this world and in the next that nothing for him to do but rap for order, that he can be of service to a member of and as he did so a smile went around the the house or to the correspondents the heart and mind are rested in finding senate. "Uncle Joe" moved uneasily in his he performs that service before the member One Teacher with Gibraltar-like founds. Ing. The reasoning faculty is a glorious ful living through the inspiration of the the house, which he uses in ordinary con- but the heart of the matter is not here. versation, much to the amusement of the

TLE SERMON FOR THE WEEK ENDS

By Boy. B. Leon Hyde, Pas-

tor Hanseom Park M. E. Charch.

The Patth That Makes Patthful. Romans, 9:30. "The righteouvness which is of faith."

St. Paul here puts the philosophy of the right life into one word; Falth, Evidently men of sense and candor will find their permanent interest excited in the endeavor to grasp the meaning of that word. Salvation must always remain the supreme concern with men of clear ideas. But salvation is declared by St. Paul to be the fruit

The true and faithful life with which God s pleased has been the dream of all high souls since the world began. And that ideal and most blessed life is declared to be the necessary fruit of faith. Not only so. But in every part of Holy Scripture faith is recognized as the omnipotent spiritual force by which our life is transfigured and made beautiful in the eyes of God and in the eyes of all pure and noble souls.

There is a faith that is historical and critical. It considers the history of Gud's plans and programs in His effort to recover the human race from sin. The question of the origin of the pamphlets which we have bound together, and called "The and many in which we find much that is dent to all men, namely, that the devout valuable to man. But there are certain have an unfailing source of cheerfulness. tion from God, and it is the province of from them. That Joy they have. It transpamphlets that are up to that grade. The it does not arise out of an act of the imagconsidered and fixed by the faith that is can see that the apostles were not imaghistorical and critical. He is compared and inative men. They were all practical and contrasted with all claimants to reverence and faith of mankind. He is found to be first among them in all the quality of His life from first to last. He never comes to the place where He is dominated by the low motives of men with fleship —not men of adjectives and adverbs. And by the low motives of men with fleshly when you consider the unlettered men who hearts and dull eyes. All the other claim-ants are given to pathetic lapses in their personal career. Then the things He says faith, it is manifestly ludicrous to describe reverence are always better said; more humanly said. And the range of truth where He says everything and all the others say nothing, is so extensive and so vital to our ates the vast universe which he sees with we find His place fixed impregnably. How

La Pollette resumed his speech. He then be served. He has a boyish laugh that His whole claim to the reverence and love which truth is discovered. It is always one. Quite all Christians are sound in the started for the door, but Senator Cullom would excite a response from even such a of mankind. Now everything which hiscaught him by the arm and took him into morose person as Representative Shackle- torical and critical. Would it were as the figures stated by Senator Hale will authorized will be able to land shells upon the republican cloak room, where the con- ford of Missouri, and he has at his tongue's portant, and may be said to be a neces- wardly and as unworthily as a house true to say that quite all Christians are more nearly represent the ultimate cost opposing fleets while the enemy's shots versation was continued in the blue at- end all of the parliamentary language of sary part of the faith that makes faithful, painter would appear if he should try to sound in the faith that makes faithful. My next remark is to direct your atten- door with a single color. So the results of damental matter in religion. The whole tion to two common errors concerning the our reasoning for the most part are colored world is now coming to recognize it. We itol employes are the pages who run hither thusiastic follower of sports, particularly faith that makes faithful. The first of by our prejudice and our selfish interests. are at last coming to understand what the and you at the beck and call of members base ball. which the scriptures count as so important ing out into the open, however, where love needs.

his telescope.

reamoning.

It is not a matter of consequence how fourteen inch guns will hurl fourteen tons For years there has been a constant you interpret that great text in Ephesians, of metal against the opposing fleet. This rivalry between gun power and armor reis only possible to highly imaginative souls. matter-of-fact men. St. Paul was a logiclan. That was his intellectual character-St. Luke was a physician-a man of them as men of imagination. The Christian does not create his faith with his imagination, no more than the astronomer cre-The second of these common errors is to sons. But what argument against religion reproduce the Sistine Madonna on a barn This sort of soundness in faith is the fun-

of truth is the supreme passion. Now the The authorization of congress of the of bearings that had run for thousands o

If you say that faith is the gift of God, metal will be propelled by nearly eight sistance. As soon as new methods of makor if you say that salvation is the gift tons of powder, and the aggregate cost of ing armor more capable of resisting the In short, that faith itself is an act of the of God, it all means one thing at last. The cach broadside will represent more than penetration of shells were brought about. ture and Religion" that "Recipiency, and use the wire-wound method of gun manu-Now, we have no more power to alter or It is asserted that when thus made the faithful and pure life than we can alter or to 100 tons to the inch, as compared with only so, but this falth that makes faithful is the only effective and final argument for others in favor of the American guns. the religion of the Christ, Think of that. The schemes of spologetics and all arguments to what the actual cost of the new battlefor religion belong in the realm of historical faith. These arguments may be resisted, and reasoned against, and rejected. Of course we think these arguments for religion are rejected always with poor reasons, but nevertheless they are called reasuppose that faith is the result of reason- can stand up in face of the fact of faith- clared that the cost would not be more five shots struck within 100 yards of each chair, but held his ground until Senator or correspondent suspects that he needs to tions under His life and His teaching, and attribute in man. It is the instrument by fire of faith in the heart. Absolutely not Lodge said that \$11,000,000 would approxi- will be greater by geveral miles, and with

Things You Want to Know

reason is in constant use in securing the building of two new 27,000 ton battleships knots under such pressure that even the results of historical faith which is the en- marks the highest notch in naval progress tool marks were not worn off. trance door to the giordous temple of say- yet reached. One of these ships will be as In a number of ways the United States ing faith-but it can not be said that the large as two of the best which took part has an important advantage over other nafaith that makes faithful to the result of in the Spanish-American war. In gun power tions in its naval strength. The average it will surpass the strength of any three age of its effective warships is less than This brings me to say that the faith that of the ships which helped to sink Cevera's that of any other nation. This has remakes faithful is a fire lighted in the soul fleet off the coast of Cuba. The fourteen suited in keeping sughtly ahead of all by the Holy Ghost. It is first, midst and Inch guns which these new monsters will other countries in the effectiveness of our last supernatural in that it comes to us mount are powerful beyond anything yet defense. England usually has led the way from God; and yet it is natural in that known to naval ordnance. With a 25 in the adoption of improvements in battleour nature is suited exactly to receive this pound charge of smokeless powder, of an ship construction. The United States has fire from God. Indeed, we are not in our explosive force compared with which dyna- followed closely enough upon the heels of normal relation to God until He lights in mite seems as harmless as sawdust, they John Bult to afford it an opportunity to us this fire of faith. Precisely as the body hurl a 1,400 pound shell through the air profit by the mistakes as well as by the is alive and in health and in its normal at an initial velocity of nearly one-half triumphs of British naval constructors. It condition when that mysterious thing which mile a second. So great is the force with must not be supposed, however, that the we call "life" is in the body, so in like which this shell is propered that it has a United States has inched initiative when manner the roul is alive and in health and possible range of nearly twenty-five miles, obvious advantages were to be had. The in its normal condition when that myster- At seven miles it will pierce the heaviest new lattice work mast of the American lous thing which we call "faith" is in the armour that covers the hull of any battle- dreadnought is one of the evidences of the soul; that is, when the fire of God is in ship in any European navy. At every progressiveness of the American naval broadside of these two ships their twenty architect.

Bible"—that is "The Book"—is considered imagination wholly. Christian believers are faith-faculty in us is a gift from God, as the annual salary of the admiral of the then the gun makers entarged the calibre than the gun makers entarged the calibre sholls. by historical and critical faith. That is not a small question. It is immensely serditions that cheer them. This error arises ditions that cheer them. This error arises from placing false premises in front of a vation, is likewise His gift. Principal stand ahead of all the rest of the world to be an undecided one. At last the gun Shairp told us long time ago in his "Cul- in the manufacture of powerful guns. They maker began to secure a slight advantage, high and clear marks which belong to Christ promised His own a joy which no and the chief actor. The guns consist of a comparaand the chief actor is not man, but God." tively small steel tube wrapped with wire. able to place on a battleship. The armor "I pause," said the senator with biting message over to the house, it is ten to one historical and critical faith to fix the list of figures life and makes death glorious. But faithful and pure life than we can alter or to the house, it is ten to one historical and critical faith to fix the list of figures life and makes death glorious. But faithful and pure life than we can alter or to 100 tons to the line. amend His law for the circulation of the a pressure of from thirty-four to forty-four armor that thirteen inches of the best modblood God offers faith to every man as tons to the inch in the case of steel-jacketed ern armor is more powerful than fifty the crowning giory of his life, and as the guns, such as are used in the American inches of ordinary wrought iron. Knowing adequate and only inspiration to holy ac-tivity. Other inspirations to activity there agree with those of England in this parti-the modern commander will fight his battle But the inspirations to holy activity cular, and, while they admit that the life at a very long range. Perhaps five miles -activity from pure motives-comes only and safety of the British guns may give from the faith that makes faithful. Not them some advantage, yet they assert that these advantages are counterbalanced by resolved itself down into the point where

the services of 1,000 men, and an outlay of One of the main efforts in present-day \$1,000,000 a year for maintenance. This out- battleship construction is to make them

tent in time of war.

Not only have battleships grown in size and in the strength of their guns, but also fighting craft, the Colossus. It is more cannot he praise the pudding of his wife in their efficiency. The use of steam turas well as the cooking of his neighbor, bines instead of the reciprocating engine vessels authorized by Congress. It has a Mrs. Jones? Why cannot be speak kindly has brought about a wonderful improvedisplacement of 22,500 tons. All ten of its of her mince pie, and charitably of her ment in speed and ecenomy of coal. The twelve-inch guns may be fired broadside on sponge cake? Why cannot be say that the Delaware of 20,000 ton displacement, burns either side, and in addition to these, it has new hat is becoming to the face of the less coal than the Connecticut of 16,000 tons. a large number of thirty-five-pound guns woman who loves him? Kind words make The Massachusetts, with a tonnage of disposed throughout the ship in such a his wife happy, and no decent man ought slightly more than half as much as that of way as to make them effective in repelling the Delaware, required more fuel to steam torpedo attacks. sixteen knots an hour than the Delaware The new battleships will be built under

sands of gallons of oil a year, the importheavy pressure. This has been instrumental in effecting great savings through the overcoming of hotboxes and similar

and he is now at that point where his shells

the battleship is like the prize fighter-the There is a wide difference of opinion as one which has the longest reach possesses ships is to be. It was asserted recently by In the new fourteen-inch guns, the Senator Hale, who for a long time was American navy will have an effective chairman of the Naval committee, that the fighting range greater than that of the ultimate cost of each vessel would be be- navy of any other country. Even its tween \$16,000,000 and \$18,000,000. On the other twelve-inch guns have a range that is hand, the present chairman of the com- great and accurate. One of these was than those given by Senator Perkins. But, yet fall short of their mark. It will be the however much they may cost, it is but little aim of the commander of a squadron of as compared with the outlay in their up- such vessels to defeat the opposing fleet keep. In times of peace they will require before it can get into good fighting range,

ay will be exceeded to a considerable ex- safe against torpedo attacks. Since a little submarine boat of the American navy made So rapid has been the progress in naval its own way at sea for many hours under armament in the past decade that the last such weather conditions as led to the word of yesterday in battleship building breaking of the cable by which it was being almost unreckoned today. Even the towed, the world has come to the congreat Dreadnought, which but a few years clusion that the submarine boat possesses ago was the talk of naval circles through- hitherto unsuspected elements of strength out all the world, and the admiration and and danger to opposing fleets. While the despair of every rival of John Bull, today United States has been looking well after seems hopelessly eclipsed by the monsters the construction of these little engines of that are being authorized by the various war, it has hardly kept page with some of governments. Two of the battleships just the European countries in this regard. Its authorized by the American congress would recent provision for five new submarines make more than three like the first Eng- will give it front rank in the number of these vessels.

England recently launched its largest

requires to steam twenty-one knots an the eight-hour law. This is taken by some hour. This same condition of economy has to mean that they will cost at least \$1,000,000 been found to be possible in other branches more than they would if they were built of battleship operation. In the matter of without this provision in the law authorizsubricating oil a vast saving has been ef- ing their construction. On the other hand, fected, and as a big battleship uses thou- it is claimed that in the experience of Germany and some other countries, more work ance of this item is not to be overlooked. has been accomplished by the eight-hour-a-On some of the newer vessels oil is forced day laborer than the one who has been into the bearing of the machinery under worked for longer hours. The whole country will watch this latest test of the eight-

hour labor contention. BY PREDERIC J. HASKIN. troubles. It was noticed in the examination Tomorrow-Canadian-American Pisheries.

How to Reduce Surplus Fat on Hot Summer Days

Utilizing the Cheap. Cuts of Meat in Palatable Dishes. BRAISED BEEF, POT ROAST AND

VANAS BYTTING BERNIT

BEEF A LA MODE. The above names are given to dishes made from the less tender cuts of meat. They vary little either in composition of method of preparation. In all cases the meat is browned on the outside to increase the flavor and then cooked in a small amount of water in a closely covered hetor other receptacle until tender. The llavor of the dish is secured by browning the meat and by the addition of the seasoning vegetables. Many recipes suggest that the vegetables he removed hefore as to the average man, they are palatable serving and the liquid be thickened. As when rightly prepared. the vegetables are usually extremely well seasoned by means of the browned fat Three pounds mutton (shoulder), or three and the extracts of meat, it seems unfortu- pounds round or chuck steak, one cup car-

the meat all play their part in the matter. sliced onion. a prime cut, will take less time than a cubes, with two teaspoonfuls salt; cook thick piece from the ship. Such dishes until the voge bles are tender, which will quickly cooked, but to the epicure, as well of flour.



BEAN POT ROAST.

rots cut into small pieces, one cup potatoes Of course, the kind, quality and shape of cur into small pieces, one-quarter cup

Extra time is needed for meats with a Cover the meat with boiling water. Place good deal of sinew and tough fibers such the cover on the bean pot and let the meat as the tough steaks, shank cuts, etc.; and cook in a moderate oven for two hours; naturally a fillet of beef, or a steak from then add the vegetables cut in half-inch require more time and perhaps more skill require about one hour; then serve, pourtheir preparation and may involve more ing a sauce over the meat, made from one expense for fuel than the more costly cuts, cup of the liquid in which the meat was which like chops or tender steaks may be cooked, thickened with two tablespoonfuls

Summer, the ideal season for reducing latter. Such a bath is both cleansing and But a moderate amount of food, well massuperfluous flesh, should be taken advan- refreshing. Then a cup of coffee or tea, ticated, will keep strength and not deprive tage of by women who are too fleshy by in which may be milk, but not cream. A life of any joys of eating. long, fast walks while dressed in heavy light breakfast without hot bread, cereals fiannels that will help produce profuse or potatoes. Instead, thin dried toast, one perspiration and take off the fat.

too strenuous.

Before starting on the walk a glassful of While a strict diet would undoubtedly ot water must be drunk. Immediately on returning all clothing sential if discretion only is used.

soft boiled egg, or at most, two, should be Such reduction regimen is not pleasant, sufficient to keep the body nourished or in addition to physical discomfort a Water taken throughout the day, at interpatient must rise early to take the exer- vals of half an hour, will allay pangs of ise before the heat of the sun would make hunger, and at no time should one cat heavily.

hasten the slimming process, it is not esmust be removed and the body sponged Such articles as sweets, cereals, cream with alcohol and warm water, a table- pastries, etc., are flesh making and musspoonful of the former to a pint of the be omitted. So, too, are all fresh fruits

Water should never be taken with meals.

MARGARET MIXTER.

Why cannot a man show his wife that he appreciates her efforts to please him? Why

Brightside and His Boy Encouraging Youths

BY LAFAYETTE PARKS. "Prizes are to be given by a New York Pather. society in an effort to encourage youths marks Brightside, when the heir apparent with the air of an authority. for the guidance of his parent.

"Don't have to hang up medals to coax us to be high filers," replies Son, puffing splash, one souse, to 'One drop, one drink.' his cigarette with the air of one who has A club with highbrow ethics like that ought reached all altitudes.

"They seem to think the flying business is a good one for young men to get into to flying." Father resumes. now," resumes Father. "Fine business for ambitious ginks to rise in the world, but it has its ups and downs,"

is Son's suggestion. "When they do have bumped without getting a diagram from the boss of how it happened." "I suppose the higher one goes up in the

air the more exciting the sport seems," is Father's opinion. That's the dope among the high fliers along Broadway," says Son. "When the golfig a good, and only the high spots are louched, as a recreation center the Great White Way Aviation club has got all other

outdoor or indoor sports lashed by the "It seems to me that it would be very dangerous to fly about the city," cautiously

suggests Father. "The trooly rooral flying isn't in it with the stunts of the city men birds." admits "Sailing across green pastures and Uncle Si's buckwheat crop, if you break a wing, you're only apt to hit a tame cow. When a chap falls off his airship in Broadgway, besides dodging taxicabs and trolleys, there's always the bright eyed skirt brigade

to sidestep." I'de ment to live by a river," Father opines. Most husbands today juggle a fried egg thing," approves Son; then you and a pot of coffee on the gas stove while invite your aviator friends to drop wifte is asleep, or pretends to be, in a room far enough away so the cooking doesn't

Me you did fall in it wouldn't hurt much annoy her.

and you could swim ashore," continues

'Landing in damp stuff is the favorite to take up the science of aviation," re- pastime of city high filers." announces Son strolls in with the usual grist of advice danger is because they don't swim out soon enough. The Broadway Aviation club ought to change the rule reading. 'One to do well."

"I notice a number of women have taken

"Us men can't beat the dames when it comes to tearing off the flighty stunts," comments cynical Son. "Hubby will have to be more careful than ever in his cona come-down they know they've been versation now to keep wide frog going up in the air."

"I'd want to be very sure the machine was in perfect condition before I would let my wife ride in an aeroplane." says Father.

"Some guys might figure it would be cheaper than sending wifie out to Reno, surmises Son. "Take it from me, there'it be a new song this summer entitled, "My Wife's, Gone Up in an Airship, Hooray Hooray.'

"If they would fly slowly there ought not to be so much danger," is Father's belief. "Then if anything happened you wouldn't hit the ground with so much force." "If us high filers always had time to pick out the soft spots to fall on." concludes

after another. But you never can tell when

you're going to land on the rocks."

"life would be just one bump of joy

(Copyright, 1910, by the N. Y. Herald Co.) The Old-Fashioned Woman. What has become of the old-fashioned woman who used to get up and do a day's "If I were in the flying machine business work before her husband went to work?

ADVENTURES BAD HALF DOLLAR I'VE GOT A SCHEME FOR I'LL TAKE THIS YES-MADAM-PASSING MY PLUGGED ONLY FIFTY HALF - I'M GOING TO TRY FLOWERS ARE CENTS-IT ON THE FIRST PERSON WHO YOU HANDS ME A BILL JUST A MOMENT. LADY. I'LL SHOW YOU THE COLORFUL EFFECT OF LOOK THE SUMS STRAIGHT AT THE SUN ROSES. THROUGH THE SE FLOWERS AND YOU'LL SEE RUBIES APPHIRE DAMCING MORNING REALLY . SIR - I CAM'T LOOK ANY HERE'S MORE . THE SUN IS SO IT TAKES HEHRICKIS POWERFUL - I CAN SCARCELY TO FOOL EM . IALWAYS KHANGE SAID I WAS SMART. SEE SINCE LOOKED MADE FOR THE LOVED OHES AT HOME . IKNEW SUN GOT IN HER EYES THAT SHE SEE THE BAD SPOT ON THE HALP caner

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Types We Meet Every Day

The Sweet Girl Graduate .

BY BOBBIE BAFFLE Says Trivia, with an anxious brow "Commencement days are coming now, When every serious college maid, In gown and mortar-board arrayed. Spends many a thoughtful hour at home Writing her graduation 'pome' That shall, in proud or puny verse Illuminate the universe!

After four years of toll and grind The erstwhile freshman you will find Transformed into a senior grave,



Learned, sedate and grown so brave That serious problems of the times Are solved completely in her rhymes; Oh, yes, her proud or puny verse

Illuminates the universe "She tells the world how ft should wag,

Urges reformers not to lag. Teaches the suffragettes to vote, Points out the black sheep and the goat, Enlightens art, solves work and wage, Uplifts the drama and the stage, And in her proud or puny verse Illuminates the universe

'At twenty she is far more wise Than gray-haired men with tired eyes. She rocks no cradle, yet she shows Why infants should not bite their toes; Of present fashlons she is judge: She knows just how to make good fudge; But, more than all, her puny verse Dluminates the universe!

"Don't judge her harshly," Trivia said, Because you see har pretty head Is full of many learned things-Dates, formulae and lists of kings. She gained so much she needs must yearn To give back something in return That's why her proud or puny verse Hluminates the universe!" (Copyright, 1910, by the N. Y. Herald Co.)

Daily Health Hint.

In cases where the muscles are injured or are so weak that little exercise can be taken, rubbing, beating and pinching them so as to increase the flow of blood into them is important and helpful.

Sad Oversight.

How many persons who go
Away on vacations to roam
Take trunkfuls of perfectly useless thing
And leave their manners at home.
T. E. M.

Afterwards.

Now-the sowing and the weeping.
Working hard and walting long.
Afterward-the golden reaping.
Harvest home and grateful song.
-F. R. Havergal.