No more grateful and comforting treatment is possible for skin tortured and disfigured infants and children than warm baths with Cuticura Soap and gentle applications of Cuticura Ointment. For eczemas, rashes, itchings and chafings; for sanative, antiseptic cleansing; for skin preservation and prevention of infantile humours, Cuticura Soapand Cuticura Ointment are unrivaled in purity, safety, efficiency and economy.

**Tooth Powder** 

Cleanses, beautifies and preserves the teeth and purifies the breath Used by people of refinement for almost Half a Century



# MME. YALE'S HAIR TONIC

This well known tollet article is extensively used and highly recnmended by men and women everywhere. It is a standard article of lasting reliability. Mme. Yale says: "I can conscientiously recommend my Hair Tonic to all who are in need of an article of this kind. I have used it myself for over thirty years, and the perfect andition of my hair and scalp is sufficient proof of its excellent and harmless efficacy. Hundreds of thousands of people all over the civilized world will say as much in favor of Yale Hair Tonic as I can. Yale Hair Tonic Is good for Fall-ing Hair, Thin Hair and Gray Hair, It is also recommended for Scalp Treatment,

A Most Efficient Bair Dressing For the perfect grooming of the hair nothing excels Yale Hair Tonic. It gives the hair a delight-ful texture, gloss, softness and richness of tint, Everyone can use it with decided benefit to Hair and Sealo.

Scalp. Yale's Hair Tonic comes in three sises. Our special prices-25c size, special .... .....23¢ 50c size, special \$1.00 size, special ...... 896

Ask for a free copy of Madame
Tale's 96-page Souvenir Book at
our Toilet Goods Department. Aiso mailed free to those living out
of town. Write for a copy. For
sale at \$1.00 size, special



# На!На! ны ны

does that takes a CASCARET sight BEFORE, when he looks at the fellow who didn't. For OVER-BATING and DRINKING nothing on Barth cleans you out as a CASCARET, naturally early, without that upoet sick feeling. Don't neglect—at bed time—9 P. M. or + A. M.

WOMEN HELPING AT PANAMA

Unique in History.

CHEER AND COMFORT HUSBANDS

No Previous Record of Women Aiding in a Great Public Work Nor of Such Service as Women's Clubs in Zone Render,

The part that women are taking in the building of the Panama caral is unique so far as the records show in the history of great public works. The record of the Tower of Babel is of the briefest and only grapher who would also be a humorist. The building of the Pyramids is lost in obscurity. The organization of Chinese soand along the level lengths of the grand canal unthinkable.

A search of the records of the French attempt to build the canal gives a no more pleasing or important account of the part taken by women on the isthmus than the story of how little Mile, de Lesseps (Tototte) gave the first stroke to the great work with a gayly decorated pickage brought from France by vicariously turning up the dirt aboard ship, as the low tide prevented a landing. Thus after five days' festivities the canal was begun. The scene of operations is a jungle, in-

ensely hot, swarming with mosquitoes, makes, alligators, scorpions, centipedes, the yellow fever, typhus, dysentery and now people who crowd thither." The description was not exaggerated.

Now to this same scene hundreds of American women and children have gone fearlessly to live. Henry Savage Landor says that the Americans are monomaniacs tion. This is an indictment Americans can well afford to let stand. Thanks to the medical department of the army, as represented by Colonel Gorgas, sanitation applied to the canal zone has taken away its

Death Rate Brought Down.

The death rats is less than that of New York City. Already in consequence a donestic civilization has been grafted on to the colossal undertaking, and this has been done with an apparent unconsciousness of its larger import and uniqueness in the history of great undertakings that is as amusingly naive as it is wholly admirable. Calmly these women-wives, mothers, helpers-have transferred to the Canal sone the social organization of Dayton, Peoria and Muscatine-of the countless towns and villages of the United States.

Already they have become component engineers show in their labors. That the work is self-imposed does not affect the situation.

In looking after the odds and ends and in lessening the shock of an alien life for sun's rays, cleared away spots and p thousands of homebred, hard working men, in cheering, sustaining and diverting, in transporting the influence and example of family life they are rendering a service in the building of the canal not to be estimated in cubic inches or in congressional appropriations.

It is one of the unforseen designs of providence that the women's clubs and their social machinery, which beguiled the leisure of women at home, should have been so easily adapted to these new and untried els have not been more quickly effective.

The canal, from Colon to Ancon, is fortyor rather like ganglions on a nerve whence sponsible heads. Each of these towns has skin smooth and soft. its community life in barricks, its family life, its homes, its wives and children. Be-

Miss Boswell Given Credit.

To Miss Helen Varick Boswell is given the credit of carrying to the Canal zone the machinery of the Women's clubs and organizing these isolated groups of women for work. By federating the clubs all the rest touch hands in organized interest and common endeavor.

The Canal Record, the official journal of the Canal sone, which presents the doings of these women's clubs with the regularity and exactness that it gives to the excavations, presents the following roster of the officers of the federation: President, Mrs. George E. Goethals: vice presidents, Mrs. Lorin C. Collins of Christobal, Mrs. William L. Siebert, Culebra; Mrs. Chester Harding, Colon; recording secretary, Mrs. F. M. Miracle; corresponding secretary, Mrs. Lewis Baker, Gorgona; treasuter, Mrs. F. R. Roberts, Pedro Miguel; auditor, Mrs. J. C. Barnett, Paraiso; chairman of the advisory committee, Mrs. Frank Monson, Gorgona.

These clubs still write and read papers But their concern is not with Egyptian art and Byzantine architecture interests them no more. They listen and discuss "The Needs of Gatun," "Slum Work in "Community Life," such as the Colon," homeless men represent and how to ren-

der this more satisfying. Study Practical Nursing.

The head hospital nurse instructs them on "Home Nursing." They tackle educational problems on the isthmus. "How Shall We Bring About a Better Understanding Between Teachers and Mothers?" "How Shall Schools Be Provided for Our Boys and Girls of High School Age?" They organize a humane society to look out for point committees to work among the

Jamaican negro women. Now it is Ancon that forms an altar guild of St. Luke's, while Paraiso starts a ach-upsetting, high-priced patent adver-Sunday school. Coruzal goes in for horti- tised "fat remedy,"

ranal to the world at large.

The hollidays are celebrated, even Halowe'en, which has always seemed to be-Their Part in Canal Digging Will Be long to frosty nights. Thanksgiving, Christmas are each observed as nearly tome as a torrid sun permits. At Christnus Culebra had a real fir tree from the states, while Gorgona constructed a fireplace from which a Santa Claus came forth long bearded, ermine coated, with a pack on his back laden with gifts for the chiliren and not forgetting the native children, who shared in the happiness and good will of the day.

Visiting Relieves Tension. At other times there is visiting by day and night all along the line. Ancon gives a flower dance, each of the guests personating a flower, and Pedro Miguel entertains with a clipping social, whatever that may be, and gives prizes. Cuiebra is great on whist and chess.

There are concerts and the trip of merry affords material for the imaginative para- feet is heard from Colon to Ancon. The men have their clubs, base ball and other sports, and the Young Men's Christian association has produced all its varying ciety with its immutable traditions makes diversions for the ditch diggers. There is the presence of women along the slopes an interchange of amenities and hospitaliwhich the Great Wall climbs and descends ties between the men and the women; and if the days be filled with labor and sweat t is not all work and no play.

Montaigne says, "Let nothing be done without gayety." The American as an individual takes his tasks lightly. But never before has play as a by-product of work taken organized form and assumed such importance as part of the great whole as in the digging of the Panama canal. While government bands are heard all along the line, even the administration became an impresario and sent four young women with their fiddles to the isthmus to give concerts for the men.

When the canal is finished every man who has borne his share in making it an accomplished fact will receive a medal of honor. home of even as nature has made it of But when the story of the great ditch is written it will-be an unfaithful historian made more deadly by the multitudes of who will forget the courage, the devotion and the labors of the women and even of the children, who stayed by to cheer, to comfort and sustain.

### ODD OLD BEAUTY RECIPES on two subjects, sanitation and educa- Toilet Tricks that the Women of Centuries Ago Tried-Wayside Flowers Were Used.

"It is wonderful," remarked a wellknown doctor the other day, "to what lengths folks will go in order to become beautiful. A perusal of the old medical and other works show a surprising number of infallible remedies, many of which are horrible, some quaint and others amusing,

"The common wayside flower, the lady's mantle, was once in great repute with the ladies, as it was thought that it had the power of restoring feminine beauty, however faded, to its early freshness, and the wild tansy, laid to soak in buttermilk for nine days, had the reputation of making the complexion very fair. 'The maiden who on the first of May, went to the fields at break of day and washed in dew from the They have taken there their children, their hawthorn tree, would ever after handsome sewing baskets and afternoon teacloths and be.' The common fumitory was used when have set up as composedly their household gathered in wedding hours and boiled in gods under the palms and beneath the trop- water and whey as a complexion wash by ical sun as under the beach, buckeye and the country maidens. In Algiers, even to elms and beneath the shifting skies of this day women cat a plant called fenugreek in order to secure red cheeks.

"An old book says that if one will make parts of the great scheme. Their work is a powder of elder flowers gathered on staked out and they follow it with as close midsummer day, dry them and use a spoona devotion to the ultimate end as the army ful thereof in a good draught of water morning and evening for the space of a month it will make him or her young and handsome for a long time.

"Rose water made over the fire or in the rosy. The oil of walnuts, prepared in the same manner as oil of almonds, made smooth the hands and face and removed scales and scurf.

"In France and Italy it is believed that rosy cheeks will come to the lass who burjes a drop of her blood under a rose bush. In many parts of this country ladies wash their faces in dew before on May day in order to become beautiful. conditions. The dredges and steam show- In the old days it was quite generally believed that the eating of hare's flesh would cause the eater to look fair, lovely and seven miles long. Like beads on a string, gracious for a week together afterwards, while the entrails of crocodiles were concome the impulses of action, are the small sidered excellent to whiten the skin. The towns that correspond to the sectional divi- same was true of the grease of lion mixed sions of the work. Each of these towns with oil of roses. The ashes of an oyster has for its inhabitants the battalions of shell calcined and then mixed with honey workers, their foremen and their more re- will remove wrinkles and make a woman's

"The eyes of the pike powdered were believed even now that the eating of freckles. herring's brains gives one beauty. The the sun with a little honey for a day or the skin. The fat of the lamprey, although women were brought in touch with one efficacious in making one's skin smooth annother. Ancon, Colon, Culebra, Empire and clear, and would also remove smallcertain cure for cutaneous eruptions. The Good Friday is also very good. Chinese believe that water in which cockles have been boiled possesses certain medicinal properties and apply it to the bodies of bles into a paper, and throw it in the path. persons suffering from skin diseases and particularly of those suffering from smallordered the sames of burned files for the freckled. complexion.

> "Freckies have always been the bane which have prevailed through the ages. Cabbage seeds, young lilles of the valley gathered before sunrise, and nutmegs were especially efficacious in removing them. of the hare excellent for removing freckles, as well as scorbutic eruptions, from the

## How Many Meals Have You Saved?

Do you show your meals do you good. as the saying goes? Have you the product of former good dinners tucked away around your waist line? Do they reproach you? Do they lie heavy on your physical conscience, as it were? Are you anxious to reform?

Well, then contemplate a period of penance. What do you say to a month of unmodified breakfast food diet- made thin; to be followed or accompanied by thirty the welfare of the dumb animals and ap- days of road work or keight lifting. No How about a few months' course of heartburn-causing, wrinkle-forming, stom-

Sunday school. Corusal goes in for horticultural work and junior leagues are formed for beautifying homes. One club urges churchgoing among the men.

Another considers the need of providing canoples for the stretchers that carry sick in the rain. Every club has its philanthropic committee for looking after cases of destilution. And Christobal, with its game afar, proposes to foster favorable rather than unfavorable criticism of the canal zone and the great undertaking.

But all is not work and duty. There are classes for studying Spenish, for looking up isthemian history, for studying the relation of the American republics, North and

Manufacturer's Sale of Ladies' Undermuslins



Special Children's Drawers

Made of a good quality cambric, finished off with hemstitching and tucking. Sold everywhere for 15c. This manufacturer's sale price......

## Special Women's Drawers

Made of a good quality Cambric, embroidery trimmed. Drawers that never sold for less than turer's sale price ..... 19c

Extra Special, Women's Gowns

Of the finest materials, embroidery and lace trimmed. You will never be able to duplicate these for double the money. Made to sell at \$1 and \$1.50. This manufacturer's sale price. . 59c

Nebraska Clothing Co.

FARNAM & FIFTEENTH STS.

Special Women's Corset Covers

Special Children's Night Gowns

About 25 dozen children's Gowns, made of the best ma-

terials, embroidery trimmed, regularly sold at 75c. This manufacturer's sale price.... 29c

Trimmed with lace and embroidery, made of a fine quality of cambric and would usually sell facturer's sale price .... 19c

Corset Covers

The finest quality cambric, trimmed with lace, embroidery and ribbon. Regular 50c values. This manufacturer's sale price

Corset Covers

Handsomely trimmed with lace, embroidery and ribbon, front and back. The best of materials and made to sell at 75c. This manufacturer's sale price.....45e

Women's Chemises

Made of fine nainsook with full length round yoke of lace, embroidery and ribbon. Made to turer's sale 95c price ......

MANY

EQUALLY

AMAZING

BARGAINS

MENTIONED

Muslin Gowns Of a good quality of cambric,

lace or embroidery trimmed. extra good values. This manufacturer's sale price ......

Muslin Gowns

A splendid lot of nicely trimmed cambric and nainsook Gowns. None better sold anywhere at \$1.00. This manufacturer's sale price .....

Muslin Gowns

A beautiful assortment of high grade Gowns, handsomely trimmanufacturer's 95c manufacturer's

A special lot, made of good material, plain and lace trimmed.

tinished off with tucks. Regular 50c values. This manufacturer's sale

Women's Drawers

Women's Drawers Here is a great bargain, drawers made to retail at 75c and \$1.00. The best of materials, wide embroidery flounce. This man-

ufacturer's sale 45c price ........

**New Combination Sets** Corset Cover and Drawers, or Corset Cover and Skirt in one, of fine nainsook, beautifully this manufacturer's sale price ......

White Petticoats

A special lot, made of excellent materials, full embroidery or at \$1.50. This manufacturer's sale price ... 95c

White Petticoats

Cambric or nainsook - deep flounce trimmed with lace or embroidery, \$2.50 values, This manufacturer's sale price :.....\$1.45

Women's High Grade Sample Petticoats Finest materials, full deep flounce, beautifully trimmed manufacturer's manufacturer's \$1.90

> GREATER VALUES THAN WE EVER BEFORE OFFERED

> > \$7.00

\$8.00

\$9.00

\$10.00

skin. Some people in this country believe that the blood of a white hen smeared all mixed with honey and applied to the head. over the face and left to dry, and then Again, grated radish mixed with honey, wiped off takes away all the freckles and wonderful in increasing beauty, accord- spots. The entrails of crocodiles, according a peachstone, or the shell of a walnut fore it lies the great ditch. Behind are ing to one old writer. In England it is to Ovid, were excellent to take away the ground fine and boiled with vinegar until

"In this country other popular ways of fat of the grayling placed in a bottle in getting rid of them are to wash in raintwo makes a fine preparation for cleaning good for all skin diseases), or in water in froth of the sea would also help baldwhich a blacksmith has cooled his iron. the animal was of ill omen, was very to wash in water standing in an urn in graveyard, in dew gathered from wheat TO SAVE FIDO FROM FRIENDS before sun up, in whey, or washing at night Gatun, Paraiso, Las Cascadas, Cris- pox scars. An ointment made from the in water on which the moon shines. Washtobol. Corsal, Pedro Miguel and the grease of the glutton or wolverine is a ing the face during the passing bell on

> "Still another good method is to coun the freckles, put the same number of peb

"Among many peoples fat is considered of the ladies existence, and many and naturally, artificial means are resorted to. sesame oil and muffets. This mixture is boiled together and a cupful of the liquor The Norwegian peasants consider the blood fat. In England in the middle ages the known and regarded as the outcome abso ladies used the fat of the lizard when destrous of becoming stout.

"Still others wish to be lean and for these the old remedy is three or four leaves of the ash tree taken in wine each morning. which is guaranteed to make those lean that are fat and keep those which are now lean from getting fat. In the north of England the old notion still prevails that-Kill the white one, 'twill make ye fat: "If the eyelashes are trimmed while the

and beautiful. "Lives the bald-headed man, or one erging upon that condition, who does not wish to repair the damage nature has done to him? Bartholomew recommended broth made from the myrtle as a remedy to prevent the falling of hair. Mustard was also a good preventive should the myrtle fall to some acrid (put your teeth on edge) acid, act. The fat of a goose bruised with vine gar would also answer the same purpose The skin of the viper, according to Topsell beaten to powder and laid upon the places where the hair is fallen doth wonderfully

restore hair again."

"For those who were in the last stages and had but little more to lose, there were many remedies proposed. One of the most ashes and apply to this to the head, which would infallibly restore the hair. In the Hortus Sanitatis' (160) the head of a hare burnt with bear's grease and used as a plaster, or a mole's blood sprinkled on a baid head, would surely make the hair come forth. The same object sould be accomplished by mingling the same of

lizard with oil, or if flies were burnt and or the juice of an onion, or the kernel from reduced to the form of an ointment, if applied to the head and the patient sat in the sun until it had thoroughly dried on water caught the first of June (this is the scalp, hair would surely appear. The

Lovers of Dogs Form Society to Protect Them from Too Much Kindness.

LONDON, Feb. 6 .- (Special.) -- Some ho mane people here are forming a society Whoever picks it up will get your freckles. Which has for its object the protection of "The picking of the common red field pet animals from the overwhelming "kindpox. The monks of the tenth century Illy is supposed, by many, to make one news' of their mistresses. What those pampered, overfed creatures suffer at the hands of their adoring owners is known a sign of beauty and should this not come but too well to professional vets., who are just now in greater requisition than varied are the receipes for removing them, In Egypt the women burn and grind up ever. These men find themselves compelled black beetles and mix them with beef fat; to study forms of diseases never before heard of in the animal world. Of late lap and other pet dogs have been showing taken daily by women desirous of getting symptoms of nerve troubles hitherto unlutely of the lives which they are made to lend.

> Fashionable dogs not infrequently sit as the table beside their mistresses and go through almost every course with them. A well-known woman residing in Grosvenor Square, noticing that her Irish terrier. Pat II. who is, by the way, a half-brothe of the king's dog, Caesar, had a great par tiality for chicken, ordered that no matte what else was on the menu a whole fow should be served each night to Patrick moon is on the increase they will grow long He flourished on it for some time, but eventually developed grave symptoms and a vet. being called in, pronounced that though the dog was quite a young one, he was suffering from fatty degeneration of the heart. Pat had to be taken to a nursing home for an operation to be performed upon him. Now is has to live on barley water, very old brandy and a variety of heart tonics. He looks venerable and decrepit instead of being in his prime.

The noise of the gold and silver jeweled bells with which mondaines love to ornament the necks of their pets have in some cases produced nerve irritation and made the little animals snappy and cantankerous Another source of nerve trouble has been the high boots and jeweled belts which so many small dogs have been wearing of late. Much depends upon the temperament of the animal. Some dogs can stand any amount of ornamentation on their small person while others cannot bear the slightest

Bigger, Better, Buster-Teat's what advertising in The Boo does for your

CALIFORNIA Santa Barbara

THE POTTER

AMERICAN PLAN

Has Rates Double Rates Single Its Own \$4.00 Squab Ranch, \$5.00 Live Stock Farm, \$6.00 Poultry Ranches, Vegetable Gardens, Private Country Club,

\$11.00 Race Track and Polo Grounds. Private Livery, Wireless Telegraph, Art Gallery and Picturesque Golf Links, Good Table, Good Living, Cheerful Service, Rates Graduated to All, Reasonable Requirements, Accommodations for One Thousand Guesta Artesian Well and Refrigerating Plant, Conservatories, Green Houses, A Whole Mile of Geraniums. Open

All the Year Round, 80,000 Fine Rosebushes, Children's Grove, Zoo, 60,000 Pigeons

and Would be Pleased to Send You Booklet

MILO M. POTTER, Manager

Bee Want Ads **Produce Results**