

## THE OMAHA SUNDAY BEE.

OMAHA, SUNDAY, JANUARY 3, 1909.

## JUDGMENTS

**O**Maha's value to the University of Nebraska football organization is proven very conclusively by the fact that more than one-third of the entire receipts of the season came from a single game in this city. For many years the management of the football team at the University of Nebraska refused to bring a first class game to Omaha, alleging the lack of interest on the part of the public here, seeing up that the game would be more profitable played at home, and that it was not fair to the student body or which they had to depend for support to bring the game that far away from the campus. It was held out that Minneapolis paid well, and that Omaha never had. All allegations to the contrary were met by qualified observers, and occasionally was and is still, but not now. It so happened that when the two teams last year were placed in Omaha than acreage, size, and the manner of who-who Omaha is interested in the University of Nebraska was put to a practical test. More than \$10,000 was netted for Nebraska at that one game, and the total of the ten games of the season was but \$17,000, which would seem to be unanswerable proof of the feasibility of playing at least one first-class game in Omaha each year. Competitors are always dubious, but in this instance the temptation to make a comparison can not be resisted. Seven games were played at Lincoln, including the important Kansas, Wahab, and Carlisle games, the Walsh game on Thanksgiving day, and the total receipts for the seven games amounted to just \$800 more than was taken in at Omaha at the one game. The authorities governing university athletics at Lincoln ought to keep these facts in mind when figuring out next season's schedule for the football team.

The magnates of the big leagues are sending another man to California to try to lure back to "organized" ball Hal Chase and Cole Strickland. If ever two men had founded completely all claim to commanding by organized base ball it is this pair. Chase has proven himself to be absolutely unreliable. His jump last season was from mere capacity, he not even having a fancied guarantee, while the team he was under contract to play with had most imminent need of his services. And Strickland's case is nearly as bad. The best remedy for the outlaws would be to treat them as outlaws, and when a man jumps let him stay jumped. If the magnates would spend a little more time and money favoring the players who are loyal to their teams and less in worrying about the contract jumpers the game would profit in every regard.

The rebellion of the American association and Eastern leagues seems to have paled out completely. At its meeting in Chicago during the week the more important business transacted by the American Association was to increase President O'Brien's salary to \$12,000 a year, putting him in the big leagues class at any rate. It was hoped that something would result from the demonstration of the Yankees that would remove them. The point of principal dispute is the right of the association to sell all rights of baseball. Some said that we will still have White Wings and a perpetual motion machine in working for at least another season. With an due respect to his ability as a promoter, Tolson would be a whole lot more popular if he were a little less pessimistic.

The tiny percentage of Los Angeles has

The fact that Jimmy Austin may be in the vicinity of these "six third basemen" called by the New York Americans may be explained in this statement by Arthur Brown, the veteran third baseman and agent for the Yankees: "Stallings has a word in Austin, the Orphans' third baseman. He is one of the best young infielders that ever came out of the minors and will make Wild Cat's bundle to keep possession of the third corner of the diamond." That ought to pacify the timid and not at rest all doubts about Austin, no matter if Stallings has engaged six or three third basemen. If Jim doesn't put a card in every under the collar of that league it will be a surprise to his old friends out there.

Again upon himself a rather large burden when he says he will exclude from consideration in the indicated grounds of the City of Flowers the sporting pages of any newspaper that may happen to publish stories news regarding horse races. If he were to go the other way about it and promote the meet who manage the races under the gambling laws of California he might be able to make a better showing, and surely would accomplish more good for the cause of get in to win which he pretends to be engaged in.

Jim Carter says if no one else will, he will, and Tom Shaffer does. And ditto several others over whose fighting ability the press does long ago. And each of them knows where to say it that the likes of horse called out to make good is very remote. But if they didn't do something like this now and then the public would forget them.

Omaha dog breeders and owners are drumming up a new kennel club. If it is organized in eight lines it ought to be a great success, for enough fine dogs are owned in the city to make a splendid showing, and enough men and women are interested to doge to make a club that will be a success from point of numbers at least.

A inspection outside hours of 20 to 1 went through at Indianapolis one day last week, and then a day or two afterward went through again neglected, at 1 to 1. Between the absent and their host's wife or the place really know their business. And still some folks wonder why the public is being interested in horse races.

Harry Welch says he tried Johnny Goding's diet of ice cream and onions, but that it doesn't compare to his standard dish of stewed prunes and schmierkeus.

The indoor Marathon must be nearly as exciting as the six-day bicycle race. No wonder it only thrives in New York.

In the meantime, only 30 days intervene between now and the 12th of April. That ought to cheer you some.

Australians ought to have a pretty good line now on just what sort of a deal Australia has in store, and that counts for something these days.

It's a white man's country, all right, but look at Jack Johnson. See Langford and a few others.

Another is still looking for the man who asked him what's the score.

The Bee is willing to let Jack have it, so say you all.

## WITH THE COLLEGE ATHLETES

Doings in the Field of Sport in East and West.

## EAST HAS PICK OF PLAYERS

**Athletes East Too Much, Says Mike Murphy, and Tells What He Considers Proper Diet—Chicago Complains of Ease.**

Mike Murphy is very generally looked upon as the greatest of college trainers in this country. If he is so, and there appears to be no reason to say he isn't, his leadership is to be ascribed chiefly to his knowledge of men. The things that a trainer tells a man to do are supposed to fit his individual needs and no man succeeds with all his abilities because he follows an unusual rule of work. That is, he is the general idea about training. Take three men who are trying to train. The same process of normal work will not bring all three out on an equal footing at the end of a given time, even though they are of the ability at the start.

What Mike Murphy has to say about training training is interesting. He was asked the other day to tell about the food that an athlete should eat. He had a great deal to say, but the main idea was that simple food in small quantities was the proper prescription for a man in training.

"For more than twenty years," said Murphy, "I have been trying to find out what kind of food is best for men in training and as I look back over the many different training tables at which I have dined in all these years it seems to me that the first one was the best. I was a professional sprinter in those days and we worked and studied the art of traveling fast until we knew just what could be done to be good, careful living and hard unagitated work. The bill of fare from day to day was the same. We ate a cup of oatmeal when we had time for breakfast, a cup of coffee, a cup of tea, a cup of fruit juice, a cup of milk, a cup of soup, a cup of meat, a cup of vegetables, a cup of fruit, a cup of cream or a cup of apple sauce, a small portion of meat, a half cup of bread, with three slices of bread many potatoes and vegetables. These he ate as unseasonably large meals for men in training for college sports, no matter what game they are following. One of the best meal he had, never ate more than one small piece of meat at a meal. It is to be remembered, however, that these meals differ with different men. Some do not need meat others do. But the point appears to be to restrain the athlete from eating too much or in too much of a hurry. A man who is careful of what he eats gets into condition much quicker than any other. The trainer does a man's program of food, which he believes is just about what any collection of athletes needs, it is:

The idea is that selection is to be made from this list, leaving the men take in moderation some of the things on the list of fare, but keeping within bounds those.

Now, this is Murphy. But without exception who ever has been in training for a college team knows that in certain forms of sport the men eat a great deal more than a man in a truck driver's seat. Foot ball and crew men are very likely to exceed. Their daily work is long and hard and burns up a lot of food. Oarsmen have as much to do that they are very likely to put away more than is good for them. There again here is a point. There are all sorts of men who can handle foot ball players, track athletes and what not who couldn't keep a crew in condition to save themselves. There isn't a college in the country that needs a trainer for the crew, because the men who teach rowing know enough about their game for that. Incidentally the only crew in recent years that had a trainer was that of the Naval academy which came to the Midwest in 1907 with Jack McMaster as trainer and Hart and Glendorn as coach.

Many trainers believe life is a great thing for athletes. The Columbia crew in 1907 got six and finished three last Sunday. The boat that Jim was trained in on primitive principles and the crew was certainly none the less proficient. It is all fail to attempt to lay down general rules for the conduct of athletes. Some rules of natural ability can violate the rules of training and apparently never suffice. The definition of rules is to be clear, referring from competition section that they would have otherwise and they may kill the speed or endurance. The White Dog crew of summer, who comes to the start with three or four cigarettes in the mouth as an act of pure bravado doesn't last. But he was a man of splendid natural abilities. But he didn't last.

**Proper Training Meals.**

**Breakfast—One chop, sometimes two, eight ounces of meat, two soft boiled eggs, one baked potato, four bread and either prunes or apple sauce. No cream or sugar**

grain

grand prize race will amount to \$100,000 when all the entries have been made. The funds will be used for advertising the city. The Chicago Tribune has been instrumental in this march to the front on the part of all Chicagoans to make up the business of making repairs to automobiles. "Garage housekeeping" is a sign to be encouraged.

New types of garagekeepers and many improvements embodied in the 1908 cars, particularly in the moderate-priced division of machines, will bring up and bid up the value of the leading houses of automobile dealers throughout the country this winter.

The Automobile Club of South Africa has chosen Cape Town as a very active organization. The membership includes all the prominent residents in Cape Colony and the club is very energetic in improving the city.

More than 200,000 visitors are expected to be in New Orleans during March 6-9 week. February 26, 27 and 28, meeting a large attendance for the motor racing car show.

The 30-mile-two-day road race held by the Women's Motor club of New York this week, from New York to Philadelphia, has been formed at Grand Rapids, Mich., with \$1000 capitalization, to produce and market a self-starting device.

The Indiana Board of Public Health has asked for rule for an automobile ambulance to cost not more than \$200.

A chauffeur's registration license has been issued at the Drexler Motor Club. Chauffeurs seeking positions are registered free of charge.

The recently reorganized Tamaqua, Kan. Auto Motor League has begun to make a good record in the departmental condition of Tamaqua's streets.

At the meeting of the Denver Automobile Club yesterday a special car to attend the Chicago national show in February.

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