THE CHANGE OF LIFE

Sensible Advice to Women from Mrs. Henry Lee, Mrs. Fred Certia and Mrs. Pinkham.

MRS HENRY LEE MRS. FRED CERTIA

Owing to modern methods of living not one woman in a thousand approaches this perfectly natural change without experiencing a train of very annoying and sometimes painful symptoms.

This is the most critical period of her whole existence and every woman who neglects the care of her health at this time invites disease and pain.

When her system is in a deranged condition or she is predisposed to apoplexy or congestion of any organ, the tendency is at this period likely to become active and with a host of nervous irritations make life a burden. At this time also cancers and tumors are more liable to form and begin their destructive work.

Such warning symptoms as sense of suffocation, hot flashes, headaches, backaches, melancholia, dread of impending evil, palpitation of the heart, irregularities, constipation and dizziness are promptly heeded by intelligent women who are approaching the period of life when this great change may be expected.

Mrs. Fred Certia, 1014 So. Lafayette Street, So. Bend, Ind., writes:

Dear Mrs. Pinkham:—

"Lydia E. Pinkham's Vegetable Compound is the ideal medicine for women who are passing through Change of Life. For several months I suffered from hot flashes, extreme nervousness, headache and sleeplessness. I had no appetite and could not sleep. I had made up my mind there was no help for me until I began to use Lydia E. Pinkham's Vegetable Compound, my bad symptoms ceased, and it brought me safely through the danger period, built up my system and I am in excellent health. I consider Lydia E. Pinkham's Vegetable Compound unsurpassed for women during this trying period of life."

Mrs. Henry Lee, 60 Winter Street, New Haven, Conn., writes:

Dear Mrs. Pinkham:—

"After suffering untold misery for three years during Change of Life I heard of Lydia E. Pinkham's Vegetable Compound. I wrote you of my condition, and began to take Lydia E. Pinkham's Vegetable Compound and followed your advice, and today I am well and happy. I can now walk anywhere and work as well as anyone, and for years previous I had tried but could not get around without help. I consider your medicine a sovereign balm for suffering women."

Women passing through this critical period should rely upon Lydia E. Pinkham's Vegetable Compound. If there is anything about your case you don't understand write to Mrs. Pinkham, Lynn, Mass., for advice. It is free and has guided thousands to health.

When a medicine has been successful in restoring to health, actually thousands of women, you cannot well say without trying it, "I do not believe it will help me." It is your duty to yourself and family to try Lydia E. Pinkham's Vegetable Compound.

AMERICA'S PRECIOUS GEMS

Statistics Show This Continent Not Generously Supplied with These Stones.

So far as is known at present this continent is not very liberally supplied with precious stones. Statistics in the United States were not gathered until 1889, when the census bureau announced at $185,807 the value of the output of precious stones for that year.

The latest report on the subject is that of 1902, when the output reached $328,650. This does not include the haphazard picking up of stones by stray seekers after them, so that the real crop of gems is probably more important than the figures show.

According to the statistics from 1896 to 1902, diamonds were found in only three of those years—200 in 1899, 150 in 1900 and 100 in 1902—a somewhat significant decrease. Since that time the alleged Arkansas diamondfield has come into notice and the leading item of the list will again have figures instead of the single word "none" set opposite it.

Most of the precious stones reported have weird and unheard of names, such as prehnite and diopside. But in the number found turquoise lead the rest with 130,000 reported. Next come sapphires, 115,000 of which were found in 1902.

There were 30,000 tourmalines, 1,300 crystal quartz specimens and even 2,000 anthracite ornaments were found worthy to be included in the report. There were 1,000 emeralds and 4,000 beryls, but the sad state of the epidote and the diopside hunters may be inferred from the fact that the discoveries of these stones fell from 250 in 1896 to none in 1902. Neither, alas, were there any prehnites or utahlites.

No wonder this is a lucky country if wearing opals has anything to do with it. In 1902 only fifteen were found and during the three preceding years we apparently sported none at all. At least none was discovered in our possession.

Chamberlain's Cough Remedy

During the past 35 years no remedy has proven more prompt or more effectual in its cures of

Coughs, Colds and Croup

than Chamberlain's Cough Remedy. In many homes it is relied upon as implicitly as the family physician. It contains no opium or other narcotic, and may be given as confidently to a baby as to an adult. Price 25c; large size 50c

HOTELS.

LEXINGTON HOTEL

Absolutely fire-proof. Michigan Blvd., and 22nd St., Chicago. European plan. Rooms, $1.00 per day and upward. The Lexington appeals especially to ladies and families, and those seeking a quiet, home-like hotel, easily accessible to the theater and shopping district—500 rooms—all with hot and cold water and large clothes closets—200 rooms with private bath—attractive rates at moderate prices—excellent service and cuisine. For further particulars and information write manager. Owned and operated by INTER-STATE HOTEL COMPANY, E. K. Criter, Pres.; T. H. Criley, V. P.; L. H. Firey, Secy.

Also proprietors The Coates House, Kansas City, Mo.

"COMFORT WITHOUT EXTRAVAGANCE."

HOTEL WOODSTOCK

W. 43RD ST. HALF BLOCK EAST OF TIMES SQUARE **NEW YORK**

NEW TWELVE STORY FIRE PROOF TRANSIENT HOTEL — EUROPEAN PLAN — MUSIC — QUIET AND IN THE HEART OF THINGS

ROOMS WITH RUNNING WATER, $1.50 AND UP WITH BATH, $2 AND UP. SUITES, $5 AND UP. WRITE FOR PARTICULARS. WIRE FOR RESERVATIONS, OUR EXPENSE.

W. H. VALIQUETTE, MANAGER. ALSO THE BERWICK, RUTLAND, VT.

CHEERFULNESS A FORTUNE

Women with Happy Disposition Has Richer Inheritance Than Heiress to Millions.

The girl who is born cheerful has a richer inheritance than if she were heiress to millions, for it is a coin that will buy happiness when all the dollars in the mint have failed.

Trouble, after all, is more or less in the taking of it, and the woman with a sunny disposition has a beautiful way of being blind to the fact that there is any around to take.

There is not so much credit if the naturally light-hearted and merry girl can laugh her way through the world; she has few temptations to do anything else. She really has not a strong inclination to sit down and brood when her life goes awry.

It is the girl who is born down-in-her-luck who will have a whole collection of crowns if she can fool her world into the belief that she is of a cheerful turn of mind.

It can be done too, and so successfully that the girl herself will soon find her clouds are sun-pierced.

True it will take fighting and hard fighting.

But what of that? Nothing is worth having that is too insignificant to be worthy of a rousing fight.

And surely if there is anything that has significance both to the girl herself and those who are around her it is a cheerful outlook on life and its happenings.

If for no other reason than the selfish one that you yourself are so much happier, cheerful than gloomy, cultivate the habit of putting your woes back into the darkest closet of your brain.

Pneumonia Follows a Cold.

but never follows the use of Foley's Honey and Tar. It stops the cough, heals and strengthens the lungs and prevents pneumonia. For sale by all druggists.

40 YEARS

Of experience enables us to know the western shoe trade. Our reputation has been made on honorbuilt shoes that have won merit and given satisfaction.

Kirkendall's Electric Welt Shoes

are at the head of the western shoe trade on their merits. Their popularity is due to completely satisfied purchasers. Combining style, ease, elasticity, comfort and durability, they are unequalled by any manufactured. Special tanned sole leather is used. Made in latest styles, in all leathers, uppers silk fitted, and containing the best obtainable materials, Kirkendall's Electric Welt Shoes stand pre-eminently for quality and satisfaction.

Insist on seeing them. If your dealer cannot supply you, write us. We'll learn why and advise where you can get them.

F. P. KIRKENDALL & CO. OMAHA, NEB.

Western Made for Western Trade.

MANDO

Removes superfluous hair from any part of the body. The only safe and reliable depilatory known. Large bottle $1.00, sample 10c. Send for booklet free.

Madame Josephine Le Fevre, 1805 Chestnut St., Philada., Pa.

Sold by Boston store Drug Dept., The Bennett Company, The Bell Drug Co., Beaton Drug Co., Myers-Dillon Drug Co., J. R. Schmidt, Chas. E. Leibrp.

NOTES ON OMAHA SOCIETY

Mrs. Ira Porter Gives Bridge Luncheon for Mrs. York of Atlanta.

HONORS FOR THE BRIDES-TO-BE

Miss Flora Webster Gives Elaborate Luncheon Party Complimentary to Miss Jennie Brown, Who Will Be Married Next Week.

One of the smartest of Tuesday's affairs was the luncheon given by Miss Flora Webster at her home, complimentary to Miss Jennie Brown, who will be one of next week's brides. In addition to the flowers, table decorations, suggestive of the approaching nuptials were used. An effective centerpiece was formed of white queen chrysanthemums, arranged in a low hollow square, while the plate cards were golden hearts upon which rested little bisque cupids. Places were laid for: Miss Brown, Miss Faith Potter, Miss Marie Crounse, Miss Bessie Towle, Miss Nannie Richardson, Mrs. Moshier Colpetzer, Mrs. Ward Burgess, Mrs. R. B. H. Bell, Mrs. George McIntyre, Mrs. John L. Webster, and the hostess.

Bridge Luncheon.

A pretty affair of Tuesday was the bridge luncheon given by Mrs. Ira W. Porter at her home, 38 South Twenty-sixth street, in honor of her guest, Mrs. L. W. York of Atlanta, Ga. For luncheon the guests were seated at small tables, which were decorated with pink and white roses and carnations. The plate cards were fancy heads done in water colors. Those present were: Mrs. F. R. Streight, Mrs. D. E. McCulley, Mrs. M. E. Donohue, Mrs. Frank Adams, Mrs. May Auld, Miss Alice Auld, Mrs. A. D. Cloyd, Mrs. Carl Gerber, Mrs. E. M. Edgerly, Mrs. Harvey Adams, Mrs. Charles Bothwell, Mrs. C. W. Reynolds, Mrs. R. V. Elliott, Mrs. Don Adams, Mrs. G. C. Edgerly, Mrs. Lee Hamlin, the guest of honor and the hostess.

Sermo Club.

The Sermo club, which is only newly organized, was entertained for the first time Tuesday afternoon at the home of Mrs. E. H. Barnes. The afternoon was devoted to needle work and the discussing of current topics. The members present were: Mrs. C. W. Miller, Mrs. F. C. Jorgensen, Mrs. L. Nelson, Mrs. W. S. Heaton, Mrs. E. S. Lindley, Mrs. H. T. Fellers, Mrs. W. V. Nieman, Mrs. J. E. Goodrich, Mrs. H. Johnson, Mrs. Burger, and Mrs. E. Williams. This club will meet the second Tuesday of every month, and the next hostess will be Mrs. H. T. Fellers.

Card Clubs.

Mrs. William McCann was hostess Tuesday afternoon at the meeting of the Floradora club. Luncheon preceded the game of cards, the guests being seated at one large table, which had an attractive centerpiece of red roses. Those present were: Mrs. J. E. Shaffer, Mrs. Max Burkenroad, Mrs. William Bauermeister, Mrs. Alex Jetes, Mrs. W. L. Burdick, Mrs. William Blackburn, Mrs. Charles Swearinger, Mrs. William Urbach, and the hostess. Mrs. J. E. Shaffer will be hostess of the club next Tuesday.

The South Side whist club was entertained Tuesday afternoon by Mrs. L. W. Smith. The members present included: Mrs. J. B. Blanchard, Mrs. Robert Rankin, Mrs. Daniel Murphy, Mrs. Frederick E. Hall, Mrs. James A. Taggart, Mrs. Anderson, Mrs. McCoon, Mrs. W. A. Dillworth, Mrs. Crickmore, Mrs. Ella Riggs, and Mrs. B. F. Martl.

Informal Affairs.

Ms. C. C. Belden gave a very enjoyable Kensington, Monday afternoon, at her home, 3506 Hawthorne avenue, in honor of the celebration of the seventy-eight birthday of her mother, Mrs. Caroline Reed. The guests, all of whom were old friends of Mrs. Reed, numbered about thirty.

Mrs. W. H. Gates was hostess Tuesday at an informal, but delightful luncheon when the table was pretty with a loose bouquet of cut flowers, and covers were laid for eight.

Sewing for Charity.

The sewing club which has been organized to sew for the Clarkson hospital met Tuesday afternoon at the home of Mrs. Luther Kountze. The women present were: Mrs. Herbert Wheeler, Mrs. Moshier Colpetzer, Mrs. Harry Wilkins, Miss Flora Webster, Mrs. Frederick Rustin, Mrs. Charles Kountze, Mrs. George Peek, Mrs. Joseph Barker, Mrs. Arthur Guiou, Mrs. F. S. Cowgill, Mrs. Ward Burgess, Mrs. W. S. Poppleton and Mrs. Will Paxton.

Prospective Pleasures.

The Household Economics department of the South Omaha Woman's club will give a Kensington Wednesday afternoon at the home of Mrs. Edward Phelan, 620 North Fortieth street. The assisting hostesses will be Mrs. C. H. Townsend, Mrs. C. B. Coon, Mrs. F. S. McLafferty, Mrs. T. B. Ward, Mrs. C. H. Chism, Mrs. C. W. Haynes and Mrs. N. H. Nelson.

The Qui Vive club will give a dancing party Friday evening at Chambers.

The Owl club will be entertained Friday evening by Mr. and Mrs. W. L. Burdick.

A dance will be given Tuesday evening at Chambers for the benefit of the Visiting Nurses association.

The Dundee Dancing club which has been newly organized will give its first dance of the season Tuesday evening at the Dundee hall.

Mrs. Frank Adams will entertain Saturday in honor of Mrs. L. W. York of Atlanta, Ga., who is visiting Mrs. I. W. Porter.

Come and Go Gossip.

Mrs. W. O. Gilbert left Monday for Washington where she was called by the serious illness of her brother.

Miss Grace Scott of York, is expected to arrive Wednesday to be the guest of her sister Mrs. H. T. Fellers.

Mr. and Mrs. Clyde W. Drew left Saturday for a week's hunting trip on the Rosebud agency, near Bloomfield, Neb.

Mrs. C. M. Wilhelm returned Monday from a two week's visit in Rockford, Ill.

Mrs. Charles Levy and Mrs. Louis Levy who have been visiting Mr. and Mrs. Max Morris returned Tuesday to their home in Minneapolis.

Mrs. H. S. Jaynes left Tuesday for St. Paul.

Mrs. Harry M. Howard and son of Berkeley, Cal., are visiting Mrs. Howard's parents, Mr. and Mrs. E. E. French, for a few weeks.

CARVING THE BIG TURKEY

It May Be Done in the Kitchen or at the Table, Acording to Preference.

At the Thanksgiving dinner the turkey may be carved in the kitchen and brought in, or carved on the table, according to preference. Either is correct, but there is an interest about the carving of the Thanksgiving turkey which should decide in favor of having it done on the table if possible. A clergyman said once that "whether the host stood or remained seated during the process depended upon whether he was high or low church." A good deal depends upon whether he can carved or not.

CO-OPERATIVE HOUSEKEEPING

Plans to Eliminate the Servant Problem Being Successfully Tried by Many Families.

There are two forces which make co-operative housekeeping seem feasible in this century. One is the ever present servant problem, which is assuming abnormal proportions, and the other is the increase in the number of so-called bachelor girls or lone women who have neither time nor money for the difficulties and expenses of housekeeping.

The first of the co-operative housekeeping schemes to be put in practice had "or its main condition that gentlewomen were to take cheap workmen's cottages. Each cottager was to run her little home quite by herself except that a co-operative charwoman was to do the heavy work for all. For the rest there was co-operation only in immaterial things such as ideas and discourse. How this plan worked out history does not tell, but it is no longer in existence.

A successful advance upon that scheme is the Brecton Norton settlement, which is more distinctly co-operative. In this the fundamental idea is that the cottagers, instead of serving themselves only, shall serve one another. One does the cooking, another the gardening, another tends to the poultry, etc. Each woman still has time for other work or for hobbies, and she has home life and exchange of ideas.

The newest of all these schemes is intended for all who like to avail themselves of it, be they bachelors, spinsters, family groups or any other members of educated humanity. There are to be a number of small houses two stories high, built so as to form three sides of a quadrangle.

The central block will be occupied by a common dining hall with kitchen overhead and servants' quarters. The cheaper dwellings will be shared by two or four tenants, the other houses will be for small families.

The chief point is that the tenants need not keep servants, but can be provided with attendance less or more as they wish. The scale of rents brings this mode of life within the reach of a great many people of small means.

The success of the Garden City has shown the idea of small, pretty, sanitary houses of remarkably low rents to be perfectly feasible. This Garden City was started by Sir Arthur Conan Doyle and a band of equally progressive men.

It is not in any sense philanthropic and is an idealization of buying a house on the instalment plan, since the rent paid in goes toward the possession of the house. So greatly in demand are the houses that another settlement was started at Hampstead the other day.

The lord mayor opened the first thirteen cottages, which have all been spoken for as soon as finished, and the foundations of many more are being laid. Of course all tenants co-operate in keeping the place in good and attractive condition and it is this out door co-operation that has resulted in a further attempt at indoor co-operation.

In regard to the servant question it ought to be easier for a whole group of people to get several servants to work for all combined at excellent salaries and with a servant for each branch of work, than for single families to procure one or two maids. At any rate it couldn't be any more difficult, and in the present day distraction over the question of the servant who never comes when she has promised to and never stays and never does as she is expected to, surely any project which offers release from such thraldom is worth trying.

As far as the social side of these settlements is concerned the plan has worked well.

ERMINE TRYING, BUT SMART

Appears This Season in Long and Short Coats, as Well as Trimming.

Ermine is perhaps the least becoming of the handsome furs, yet looks well next some faces in the day time and is almost always attractive for evening wear. It is lavishly shown this fall both in short coats such as those of the sketches and in ample, regal coats for evening wear, long, loose, graceful and often elaborately trimmed in superb lace or embroidered nets.

One handsome but bizarre coat of ermine has a wide stole front drooping low on the

SHORT ERMINE JACKET.

shoulders and very wide all through its length. The back, however, was much shorter than the front and instead of falling straight from the shoulders was shaped somewhat to the figure. Back and front were held together below the armhole and at the hip line by bands of ermine finished at each end with little beads. This garment was, of course, sleeveless and open on both sides left much to be desired in point of warmth, although it provided plenty of warmth where warmth was most needed.

Announcements, wedding stationery and calling cards, blank book and magazine binding. 'Phone Doug. 1624. A. I. Root, Inc.

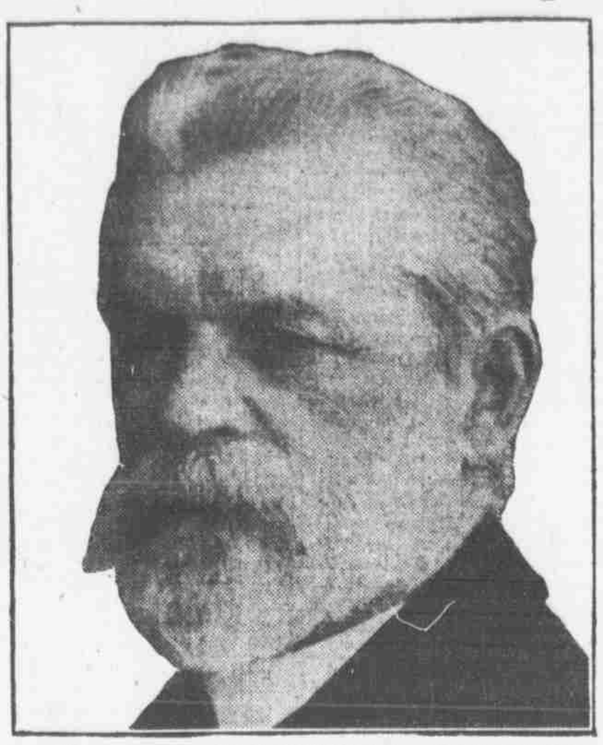
Disease attacks only those who are susceptible to it, because of a weakened condition of the body—generally due to improper food.

Grape-Nuts food is made of whole wheat and barley, scientifically employing moisture, time and heat—Nature's own way of changing the starch of the grains to a form of sugar [the most digestible substance known] which a weakened human system can absorb and use to build itself back to sturdy strength.

Proper food will generally put disease to flight. "There's a Reason."

Read "The Road to Wellville," in pkgs.

Oldest Music Professor in Jersey City Cured



MR. C. WEITEMEYER.

Mr. C. Weitemeyer, Jersey City, N. J., who is the oldest music professor in that city, has been cured of nervous headache by Duffy's Pure Malt Whiskey, taken regularly.

Mr. Weitemeyer enjoys excellent health, thanks to Duffy's Pure Malt Whiskey.

"I have used Duffy's Malt Whiskey for twenty years and believe it to be all you claim for medical and home use. I know your whiskey cured me of rheumatism and nervous headaches which my profession subjected me to. By taking Duffy's Pure Malt Whiskey regularly I am in the best of health today."—C. WEITEMEYER, 74 Grand Street, Jersey City, N. J., December 28, 1906.

Thousands of letters similar to this one are received daily from those who have been restored to health by Duffy's Pure Malt Whiskey, the world's greatest family medicine and tonic-stimulant.

Duffy's Pure Malt Whiskey

is an absolutely pure distillation of malted grain; great care being used to have every kernel thoroughly malted, thus destroying the germ and producing a predigested liquid food in the form of a malt essence, which is the most effective tonic stimulant and invigorator known to science; softened by warmth and moisture its palatability and freedom from injurious substances renders it so that it can be retained by the most sensitive stomach.

It is an absolutely pure, gentle and invigorating stimulant and tonic. It builds up nerve tissues, tones up the heart, gives power to the brain, strength and elasticity to the muscles and richness to the blood. It brings into action all the vital forces. It makes digestion perfect, and enables you to get from the food you eat the nourishment it contains. It is invaluable for overworked men, delicate women and sickly children. It strengthens the systtem, it is a promoter of health and longevity, makes the old young and keeps the young strong. Duffy's Pure Malt Whiskey is a form of food already digested and is recognized as a medicine everywhere.

CAUTION—Sold by all druggists, grocers and dealers or direct, in sealed bottles only; never in bulk. Price $1. Insist on the genuine and see that the "Old Chemist" trade-mark is on the label and that the seal over the cork is unbroken. Beware of refilled bottles and spurious malt whiskey substitutes offered for sale by unreliable dealers. They are positively harmful and will not cure. Illustrated medical booklet and doctor's advice free. Duffy Malt Whiskey Co., Rochester, N. Y.

WORK OF THE WOMEN'S CLUBS

Social Science Department Has Program by Prominent Men.

MRS. DECKER TALKS SUFFRAGE

Says Woman's "Sacred Precincts" Have Moved Away and She Should Go Out and See What They Are Doing.

The Social Science department of the Woman's club gave one of the strongest programs of the year Monday afternoon and the east parlor of the First Congregational church, where the meeting was held, was crowded, the audience including many men. Judge Lee Estelle was the principal speaker of the afternoon, though Congressman Adam Bede of Minnesota and D. B. Hayward, former superintendent of the Nebraska Industrial school, were guests and both spoke briefly. Judge Estelle talked of the American Prison association and its work and its recent congress held in Chicago. Judge Estelle believes in the work of the association as practical right here in Omaha and Nebraska.

"The association is taking people away from the old idea of punishment for so-called crime," he said, "and the question for the state today is not 'What has this man done and what penalty shall he pay?' but 'What is this man and what has made him what he is? What is the best thing to do with him?'"

Judge Estelle especially endorsed the new system recently adopted in Missouri for the parole of adult first offenders and advocated a system of probation for those such as is proving so successful among juvenile offenders. He quoted one authority on prisons as saying that in many of the county and city jails of this country conditions exist that men would not tolerate in places where their stock is kept. Following his address the department instructed its jail committee to immediately file with the Board of Fire and Police a request for a night matron at the city jail.

Congressman Bede commended the publicity that is being given such advance movement as those advocated by the prison association through such intelligent mediums as the women's clubs. He spoke of women as natural educators and of the splendid results they are accomplishing along such lines since the former drudgery of housework has been removed from the homes, leaving them leisure for such work of education. Mr. Bede believes in women's clubs. Mr. Hayward spoke very briefly.

Suffrage for Club Women.

Mrs. Sarah Platt Decker, president of the General Federation of Women's Clubs, made a suffrage speech before the New Jersey federation at Orange the other day. The Newark News says, in comment:

Mrs. Decker carried her audience with her in her pathos and humor and her plea was well received. Mrs. Decker introduced her remarks by saying that she was going to say something very "new womanish" and "see how you take it." She went on to declare that "the next step will be to put the mother element into the national life."

You may say there is a distinctive place for men and a place for women. So there is, but there is a far larger place where they must stand hand in hand. In Colorado there is now a toast, "Woman, Once Our Superior, Now Our Equal." Instead of thinking that ridiculous, I consider it the dearest toast there is. We never asked to be the superiors of men; we are partners and co-workers.

Some of you gentlemen may seem a little doubtful. There is a gentleman who said to your State federation that we should not leave our "own sacred precincts." Our precinct has moved away. While the precinct of Mr. Cleveland's mother may have been to make her own butter and cheese and to do all her own spinning and weaving, these "sacred precincts" have now gone to the dairy, the packing house and the factory. They have not gone on a stage coach, either, but in an automobile, and instead of woman sitting at home at her own fireside, as Mr. Schwab has said she should do, it behooves her to go out and see what the "sacred precincts" are doing.

All women have not firesides, we would tell Mr. Schwab. They do not grow on trees. There are 20,000 women now in New York who are supporting their husbands.

Regarding women's duty as mothers, Mrs. Decker said she had read in a reliable newspaper that "the government never spent a dollar upon child labor questions, but it had spent thousands on huckleberries, how to feed rice to pigs, and questions of agriculture." Mrs. Decker declared there was a bureau for the protection and care of children with not a woman in it, so that even that care was being taken out of women's hands.

Mrs. Decker expressed a wish that there might be some men as members of women's clubs, since the work was getting more and more co-educational, and she asked that the states walk together shoulder to shoulder in the great march with the General federation, in the upbuilding of the nation.

Household Economics.

The household economics department of the Iowa Federation of Women's clubs suggests the following course of study for domestic science departments:

1. American School of Household Economics four years.
2. Correspondence Courses, University of Chicago.
3. Thirty-six Lessons in Study of Foods and Cookery, by Prof. G. Witter and M. Campbell.
4. Studies in Domestic Science, by Mrs. H. N. Towner, Corning, Ia.
5. Study of Foods and Their Uses, by Edith Y. Charlton, Ex. Dept., Ames.
6. Study of Sanitation and Hygiene, by Mary F. Rausch.
7. Study of Foods;
8. Outlines of Household Art;
9. Domestic Art;
10. Home Management;

Mrs. Margaret Blair, College of Agriculture, Minnesota, and chairman of H. E. Committee G. F. W. C.

11. Reading Course for Farmers' Wives, by Martha Van Rensselaer, College of Agriculture, Cornell university, N. Y.
12. Course of Study, arranged by Maria Parloa.
13. Topics for study, suggested by Illinois Association of Domestic Science.

Reciprocity Committee.

Mrs. H. M. Bushnell of Lincoln reports continued interest in the General Federation's bureau of information. The requests for club programs so general during the summer have changed for requests for papers of the various subjects and activities in which the federation is interested. Last week a Florida club asked for a paper on the effects of the passage of the pure food law, while a Nebraska club wanted something on "Opium and Its Effects." The reciprocity committee is anxious that a new list be printed of the material available through the reciprocity bureau. Mrs. Bushnell is asking general federation secretaries to make the request that all clubs make use of the bureau at least once a year. This plan, she believes, will prove generally helpful. Although serving its first term, the reciprocity committee has done excellent work and has several plans for further usefulness to the clubs.

THE GRANT-ROOT INVITATION

Form of Wedding Card So Coveted by Official Washington.

Invitations are out for the wedding of Miss Edith Root, daughter of the secretary of state, and Lieutenant Ulysses S. Grant, third, grandson of ex-President Grant. The form of the invitation which is engraved in Old English, is as follows:

The Secretary of State and Mrs. Root request the pleasure of the company of

.....

at the marriage of their daughter
EDITH
to
LIEUT. ULYSSES S. GRANT, Third,
United States Corps of Engineers,
on the afternoon of Wednesday, the 27th of November, at 4 o'clock,
at 1350 Rhode Island avenue, in the city of Washington.

Stuffed Peppers.

Wash half a dozen sweet peppers, remove the seeds; fill them with a force meat made of finely chopped ham or fowl, onion, parsley, hard-boiled egg, seasoned with salt and cayenne pepper. Cover the tops with bread crumbs and butter. Stand them in a buttered baking dish, pour around them a cup of boiling water, bake until tender, basting occasionally.

Fatal Accident at Wesley.

MASON CITY, Ia., Nov. 12.—A man identified from papers in his pockets as Jacob Dealman of Newark, N. J., in attempting to board a Milwaukee train at Wesley last night fell under the wheels and was killed. He was enroute east from South Dakota. His appearance was that of a prosperous business man.

Willow Furniture.

Willow furniture can be easily cleaned by scrubbing with strong salt water. Rinse well and after partially drying with a piece of flannel finish in a sunny, airy place.

What's good for Charlie's lady? Red Cross -|- Cough Drops. 5c per box.

Hurrying

LITTLE time to think of his feet—even less to think of his shoes. Yet every stride means successive strains each time the foot comes into play.

The hurrying wearer of Crossetts has no cause to care—they will do their duty and be none the worse.

CROSSETT SHOE

$4.00 "Makes Life's Walk Easy" BENCH MADE $5.00

Call on our agent in your city, or write us

LEWIS A. CROSSETT, Inc., No. Abington, Mass.

HAYDEN BROS., Sole Omaha Selling Agents