

# W.B. REDUSO CORSETS

## POINTS ABOUT BUYING MEAT

Advice from the Experience of a Restaurant's Steward.

### MOST ECONOMICAL PARTS OF THE BEEF

How to Tell Good Meat—Something About Corned Beef and How to Prepare and Cook It.

There is a restaurant noted among shoppers and business women for its delicious cooking and its low prices. When explaining to a reporter the other day how she managed to get up nice dishes at little expense the steward gave away many secrets of value to housekeepers who wish to make the most of their materials.

"To begin with we never buy the most expensive cuts of beef. I never buy the tenderloin of beef. It is the tenderest, the most tasteful and the most expensive part of the animal.

"Neither a tenderloin nor a sirloin steak is as juicy as a cut of meat as a round steak or chuck steak, or those little tender steaks which a good butcher cuts from the flank. A slice of sirloin steak of the proper thickness will weigh from two and a half to four pounds.

The trimming away of the fat and bone considerably reduces the weight, so that what meat remains is very expensive. Now the round steak is all meat, without bone or superfluous fat, and consequently economical so far as waste is concerned, as well as lower in price.

"In buying beef a housekeeper should know that backward from the head the price of good beef increases and that it decreases downward toward the legs in both quarters. The neck pieces, those that come immediately behind the ears, make delicious stews when properly cooked and seasoned.

"In the upper portion of the fore quarter are the chuck ribs, which make excellent roasts and steaks. The chuck steak I consider as good as the sirloin and it sells at about two-thirds the price.

"The upper half of the shoulder is high priced and I seldom buy either the roasts of the stew pieces that are cut from it. The lower half includes the brisket pieces, cross ribs and plate pieces. These cuts all come within my means. Besides cutting small steaks from the cross rib piece, we use it for beef a la mode and pot roasting. The other parts I use for stews and also when buying corned beef I select those cuts.

Concerning Better Cuts.

"If a person must have sirloin and at the same time wishes to be economical, then I would advise her to get that cut from the hip below the loin. It contains only a small knuckle bone and sells for much less than the prime rib. It is juicy, well flavored and fairly tender, making good steaks, roasts and pot roasts.

"The chuck parts, while usually from one-half to one-third cheaper than the prime ribs, are equal to them in succulence and flavor, and some portions are equal to them in all respects, besides having more meat in proportion to the bone. Some of the best butchers prefer the best part of the chuck of a good animal to the finest sirloin or tenderloin. From poor or inferior animals the chuck steaks are not desirable.

"For a large family roast I would recommend the first cut of the loin. It is called the round bone sirloin and contains little tenderloin, but it is excellent and economical. The butcher should take the bone out and tie up the roast handsomely. By no means should the bone be left with the butcher.

"For a small family roast, weighing from five to ten pounds, I would suggest the small end of the loin. It has the same advantages that I have described in the first cut and should be treated in the same way.

"Many persons have a decided preference for a brisket roast. I have been told by my head waitress that most of the customers who asked for it are southerners. They want the brisket itself, that juicy fat, the great fat, the outside fat.

"For corned I usually select the pieces I want cured and the butcher does it for me. In picking out pieces to be corned I am careful to see that the fat is mixed all through the lean. For my purpose I prefer the plate, navel, brisket, rumps and edge-bones.

"While much depends on the quality of your corned beef, I believe more depends on the cooking. The majority of people seem to think that anybody can cook the corned beef. The materials are inexpensive, but will not be good unless carefully cooked.

"While it is harder to judge the quality of salted meats than fresh, one may soon learn to know a good piece of corned beef. While much paler than the fresh, it has a natural color. It should not be slimy nor have a disagreeable odor. If well selected fresh beef is corned in fresh brine, neither the brine nor the beef will taste or smell unpleasantly.

Judging Meat.

"In judging meat always remember that any lean animal is inferior. Good beef should have a fair proportion of fat about the kidneys and overlying the loin and ribs. The lean or muscular portions should be ingrained or marbled with little streaks or dots of fat.

"If the animal is in good health, rested and cooled when slaughtered, the meat fat will be firm, white, dry and crumbly. If this fat should be yellow, oily, or fibrous the beef is inferior, and I would never advise buying it, however low the price.

"Of course beef may be too fat. The marbled appearance is the best, and one will soon learn to know the desirable amount of fat.

"Good beef should have a dark red color when first cut, changing to brighter red or cherry after a few moments' exposure to the air. A bluish, or dull, dark red color indicates poor beef. It should look juicy, be smooth grained and velvety to the touch and somewhat firm and elastic. The bones and sinews should be comparatively small.

## WORK OF THE CLUB WOMEN

International Council of Women Given Cottage at Jamestown Exposition.

### PROGRAM ISSUED FOR IOWA BIENNIAL

Strong Features Planned for Convention at Oskaloosa—Working Conditions of Women and Children Get Attention.

Nebraska club women as well as those east of the Missouri will be interested in the program of the biennial convention of the Iowa Federation to be held at Oskaloosa, May 14 to 17. One of the largest state federations in the national organization, Iowa, is looked to by many others for inspiration and example, and its biennial convention is always conspicuous among state meetings. The following program has been issued:

TUESDAY EVENING, MAY 14. Methodist church, 8 o'clock. Violin Solo—Mrs. Valentine. Address—Duties of District Chairman, Mrs. Mary Calkins, Council.

WEDNESDAY MORNING, MAY 15. Methodist church, 9 o'clock. Meeting of the State Federation, Mrs. Sawyer, presiding.

Address of Welcome—For the city, for the Women's Club, for the whole, the array is far from complimentary. Among the Spanish maxims one of the gentlest is "Women and mules obey better when caressed than coerced." Another is "The man wins much who loses his wife." Here are a few more:

"Man is low; woman is fire and the devil blows the bellows. The tears of women are worth much, though they cost little. The fox is cunning, but the woman who loves knows far more than he. The proverb of the Arabs place a very low value on women. Here are some samples:

"The beauty of man is in his spirit; the spirit of woman is in her beauty. Always consult your wife, but do as you please. When you want to get square with a man, give him a handsome wife; when you want revenge on a woman, give her a handsome husband. The Hindus are not much more respectful than the Arabs. They say: The coquette is like your shadow; chase her and she flees from you, flee from her and she chases you. Do you want to test the fitness of gold? Use acid. The strength of an ox? Beat it. The nature of a man? Let him talk. The thoughts of a woman? There's no way. Next comes the cynical Chinaman with a cutting maxim: The tongue of a woman is a dagger and she never lets it grow rusty. The spirit of a woman is of quicksilver and her heart is of wax.

The Persian says: When you go to war, say a prayer; when you go to sea, say two prayers; when you get married, pray all the time. To a question, "What is a woman?" the Turk answers, "A prisoner," the Albanian, "A slave," the Berber, "A woman," the Bulgarian, "A companion," the Greek, "A queen."

The gallant French are among the most brutal in their folk sayings about women. "Where there are dogs," they say, "there are mice; where there's a woman there's the devil." Another current saying is, "Women and fools never forgive." Also: A woman laughs when she can and weeps when she will. What the devil can't do, woman accomplish.

The man who beats his wife is like a man who beats a bag of flour. All that's good flies away; what's left is not worth having. Man can rely on the fidelity of his dog to the last breath; of a woman to the next temptation. He who believes his wife deceives himself. He who doubts her is deceived all the same. Man has two good days in his life, the one on which he takes and the one on which he loses a wife. The compiler was unable to find any friendly saying in which the proverb was friendly to women.

WANTS PENSIONS FOR OLD NURSES Mrs. Dye of Philadelphia Will Ask Congress to Care for Volunteered PHILADELPHIA, April 22.—Mrs. Clarissa P. Dye, aged 76 years, of this city, president of the Association of Army Nurses of the Civil War, who did heroic work at Gettysburg and on other battlefields during the rebellion, is collecting data from the 100 and more surviving female nurses in the United States who saw service on the field of battle and in hospitals during the war with a view of furnishing congress with facts looking to the securing of pensions from the government for these volunteer nurses.

"Many of these women today," said Mrs. Dye, "are poor and destitute widows and too old to work. They were volunteer nurses and left their comfortable homes during the time of the civil war to nurse the sick and dying soldiers. Their work was one of love and sympathy and they received no compensation from the government. The contract nurse was provided for, receiving a pension of \$12 monthly. I plead for the poor, aged women who nursed back to life many a sick and wounded hero of the battlefield.

"The government should certainly make provision for them and I believe it will next December when the bill will be brought up."

Celebrates Seventh Birthday. Mrs. C. L. Vance gave a very enjoyable party Friday afternoon at her home, 250 California street, in honor of the seventh birthday of her son, Marston Verne Vance. The dining room, where the little folks were seated for supper, was decorated with ferns and carnations. Those present were Miss Ruth Hamilton, Miss Helen Hudson, Miss Arthur Estelle, Howard Brunner, James Vinsonhaier, Russell Funkhouser, James Rooney, Burton Rhoades and Vera Vance.

Japs Have New Gun. TOKIO, April 22.—The new field gun which the Japanese artillery is being armed with has an effective range of about 3,500 yards. Each gun costs \$3,000.

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### NOTHING BUT SCHEME OF BLACKMAIL

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M. Caruso, who recently attained sudden popularity fame in New York, has been the voice that ever brought him, occupied apartments at the Her Grand. He carefully inquired the nature of the paper before he consented to talk to a reporter. M. Caruso is a man of medium height, heavy build, with massive face, a small, jet black mustache and jet black hair. He wore a double-breasted black suit, white vest, patent leather shoes, gray gaiters. A jeweled pin was in his tie. He carried a heavy gold-headed cane. M. Caruso speaks little English. He was just leaving his apartment in his hand he had a bunch of souvenir postal cards. There must have been seventy-five of them, addressed to all kinds of unheard of places.

"These to my friends, from A to K," he explained, tapping the bunch. His secretary, M. Viator, explained that M. Caruso had that morning addressed the cards to those of his friends in the old country who, he does this in every place where he stops. Tomorrow he will send cards to the friends whose names begin with letters, L to Z.

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"That incident in New York at the monkey house was the most damnable outrage ever perpetrated on any man," declared M. Goerlitz, striking the table angrily with his fist. "It was doubly worse, as he was not acquainted with the institutions of America and with the blackmailing system. He knew not enough not to give his name to the police. He knew he was innocent and said openly, 'I am Caruso. No, he was not guilty. He is a gentleman.'"

ROOSEVELT LEAGUE LOSES New York Judge Says Articles of Incorporation Are Not in Proper Form.

NEW YORK, April 22.—The application of Eola Tokaki and others of this city for a certificate of incorporation of the National Roosevelt League was denied today by Justice Bischoff in the supreme court. The principal object of the proposed organization was "to aid in securing by all parties and citizens of all parties, irrespective of political affiliations, the nomination of Theodore Roosevelt to succeed himself as president of the United States."

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The coroner's jury will make an investigation today. The police have been unable so far to account for the woman's being attired in men's clothes, unless it was that trousers enabled her to drink at public bars.

Called for Mamma. "She calls, 'Mamma.' "The dog is taken to the pound and held for ransom. The dog catcher, who is almost human and working for hire, has no

## ERECT FORM 744

IS an excellent model for well developed figures. Its closely stitched front subdues abdominal prominence and rounds the figure into graceful lines. Made of white imported coutil. Trimmed across top with lace and ribbon. Hose supporters at front and sides.

Sizes 19 to 36. Price, \$2.00



## NUFORM 403

WILL fit any slender or average figure. Long above the waist which it defines very distinctly, showing a perfectly straight line down the front of the figure. Made of white and drab coutil. Trimmed with lace and ribbon. Hose supporters front and sides.

Sizes 18 to 30. Price, \$1.00



## NUFORM 447

FOR well developed figures, is a reverse gored model. The gore lines run backwards, a construction which restrains undue development below the back. Medium high bust, long hips and extra long back. Made of an excellent quality of white coutil, elaborately trimmed with lace and ribbon. Hose supporters front and sides.

Sizes 19 to 30. Price, \$3.00



## ERECT FORM 720

IS a corset for average figures. Has medium bust and long hip. Made of white and drab coutil. Hose supporters on front and sides. Trimmed across top with lace and ribbon. Sizes 18 to 30. Price, \$1.00



## NUFORM 738

IS an excellent model for average figures. Constructed sectionally, making the garment fit at all points, accentuating the slenderness of the waist line. Bust moderately high, hips long. Made of imported coutil only. Trimmed with lace and ribbon. Hose supporters front and sides. Sizes 18 to 30. Price, \$2.00



## NUFORM 406

IS a splendid corset for medium figures, pleasingly free from any bulky effect common to previous models of this type. Medium high bust and deep hip, ending in an unboned upper extension. Made of white and drab coutil. Hose supporters front and sides. Trimmed with lace and ribbon. Sizes 19 to 30. Price, \$1.50



## The W. B. Reduso Corset

IS a boon for large women—the ideal garment for over-developed figures requiring special restraint. It not only restrains the tendency to over-fatness, but it moulds the over-developed proportions into those pleasing, graceful outlines, hitherto thought to be attainable only by slight figures. The particular feature of this model is the apron over the abdomen and hips, boned in such a manner as to give the wearer absolute freedom of movement.

Reduso Style 750 for tall well-developed figures. Made of a durable coutil in white or drab. Hose supporters front and sides. Sizes 22 to 36. Price, \$3.

Reduso Style 760 for short well-developed figures. Made of white and drab coutil. Hose supporters front and sides. Sizes 24 to 36. Price, \$3.

ON SALE EVERYWHERE WENIGER BROS., Mfrs. 377-9 Broadway New York



## TWO SAGES TALK OF DOGS

Careful Observer Expatriates on the Man with the Curved Wire.

### CALLS HIM ONE OF THE NECESSARY EVILS

Compares Him to the Villain in the Blood-Curdling Drama Enacted at the Theater.

"How would you like to be a dog catcher?" asked the Careful Observer, as he kicked a piece of restless cheese into a gutter. He was interrogating the Oldest Inhabitant, who is such an expert at the time trying to keep his left hand from knowing what his right hand was doing.

"I could shed red corpuscles for my native heath on the gory theater of war—meaning the bloody field of battle—or I could trim the church for an oyster supper, under the direction of twenty-five active members of the Ladies' Aid society, would you not discharge such duties as would entitle me to draw the dog catcher's pay envelope on Saturday evening?"

"The Oldest Inhabitant said all that about the red corpuscles, new carpet and pay envelope. He was speaking his mind, too. Some would say he was expressing his deep-seated convictions. Others would say, 'I cross my heart and hope to die if I don't so,' and then indicate the cardinal region with the sign of the cross, as the home from which Willie was kidnaped was indicated in the newspapers down at the county seat last week.

### His Eye on Dog Catcher.

The Careful Observer has been watching the dog catcher recently in Omaha, and from the mouths of babes and boys had heard harsh things about this collector of unlicensed canines. He has seen little children in such anxiety over the loss of their dogs that their hearts would be in the condition referred to by some writers as "rent in twain." He has seen the strong arm of the law in the form of a dog catcher come between little children and their dogs. That is why he asked the Oldest Inhabitant if he would care to be the dog catcher. Continuing, the Careful Observer said in part:

"The dog catcher is a necessary evil. He is in the great drama of everyday life akin to the villain in the melodrama. The villain in the stage drama gets his pictures on billboards, has train rides and sometimes is made a bread at the same table with the villainess. The dog catcher leads a dogged life and catches the mischief when he meets the gang on the corner. You will note that 'dogged life' and 'catches the mischief' rhyme with 'dog catcher.' The dog catcher rushes down the street and grabs up a little pet dog with his crucifix. The dog is the pet of a little girl who is at the time toasting in a delirium of fever on a sanitary couch. The little girl's father, who travels for a soap factory, neglected to get a license tag for the dog. He loves his daughter, but forgot the tag. From out her window the little girl sees the man take her dog.

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**Not a drop of Alcohol**

Doctors prescribe very little, if any, alcohol these days. They prefer strong tonics and alternatives. This is all in keeping with Ayer's Sarsaparilla. It explains why Ayer's Sarsaparilla is now made entirely free from alcohol. Ask your doctor. We have no secrets! We publish 4,000,000 copies of our preparations. Lowell, Mass.

**JAP ROSE**

(Their Own Process)

**KIRK'S JAP ROSE TOILET SOAP**

It is transparent—so clear you can read through it. It lathers freely in all kinds of water. For use in hard water its strongest point. Women say there is nothing to equal it for washing the hair. Made from the whitest, purest and best vegetable oils—oils that you can eat. It's twice the size and less than one-half the cost of any brand of really good transparent soap.

**J. J. White & Co. CHICAGO**