Rourke Family Expected to Get Into Training at Once with the Minneapolis Team as Guests.

Such a weather. Base ball surely did get frost nipped this time. It was so nice along in February, when the Frost King generally holds sway, that the boys began to get out their togs and were all ready to go to work. Big league teams hurried away to training grounds, and the manager's heart leaped high, for he saw his chance to get his men into midsummer shape and have all things ready for a rush start when the season opens. Just then the weather man stepped in, and what he did to the base ball training camps will be talked about long after Rube Waddell's hold up story has faded along with the tale of the time Anson struck out. The Western league magnates were not so much bothered, for their training season is shorter. Papa Bill Rourke, for example, takes the team as far south as Vinton street, and instead of boiling them out in hot springs, he makes them chase the leather around the lot till they get up a sweat, and then he lets them take a shower in the club house. This has the same effect, and isn't accompanied by distractions, such as are complained of for the south. The gang is due in Omaha on Monday morning, and the Minneapolis team will be here on Tuesday, so that Omaha will have the sight of an army of young athletes getting ready for the season's work. With the Rourke family, the Millers and the unattached who will try out here while waiting for an engagement, at least nfty ball players will be at Vinton park to get right to work on a bill which I hope every day for the next week. Then when it will surely be something doing in the have a chance.

old birds who hire players before the seato play first as it ought to be played isn't questioned. The veteran will be there all the time next summer. Ivan Howard account of himself. He will have a hard championship in conjunction with

Both the older outdoor clubs, as well as the new South Omaha Country club, will soon be opened for members and the summer's games will be on. Christie will soon be on hand to scrape the rust from the old from abroad, the tournament would claim clubs and to make new ones for the members of the Field club. The members will not be slow about starting out this spring for the Transmississippl tournament is not far away and it behooves the boys to be on hand early to get in condition to meet time when putting greens here are at their the cracks from abroad. Because of the best and the long days afford the officials late snows spring is liable to come in with ample time and opportunity te handle a big a rush when once it starts and all will be Reid. It may be as hot as Tophet, espein readiness. The Country club has been doubled in size, that is the buildings have been doubled and this will make the club have been taken before this. The dates of more popular than ever as it will give more room for entertainment. Although this club is more limited as to membership, the present membership required mor room so the directors gave it to them. These clubs are better patronized year by year and the wonder to the members is what they did without them before. Golf will not be permitted to monopolize the attention of the members of the Field club, for the other sports will receive more attention than ever before. The base ball men will schedule more games and a stronger team will be put in the field, which will be able to meet all comers. All the old-timers will be on hand and in addition new men, fresh from college with laurels won on the campus Burn will try for the team. The tennis men will strive for a position in the limelight and will hold it for some time by means of the middle west tournament.

Cold wind and snow kept down the attendance at the Omaha Gun club's annual

## HEADACHES

Those who suffer from headaches, whether sick, nervous or neuralgic,

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An effervescent, saline draught which cures headache by removing It settles the stomach, corrects acidity, clears the brain. Contains no bromides or heartdepressing drugs.



the trupe.

the real solution of athletic difficulties in the schools is to provide some game or participate. As the matter now stands only those with some previous training in some special line have any chance at all on a university team, except, perhaps, it take up for the foot ball team. This scheme of providing athletics for all is being discussed considerably at the present time. and was the topic of an address by Director of Athletics Huff of the University of Illinois, who said:

Illinois, who said:

There have been many intemperate and in some cases erring and baseless attacks on athletics recently, but I do not deny that reforms are needed in some lines. One of these is an arrangement by which more students may participate in athletics. There should be games for the weak and for the strong. Gymnasium work is burdensome to many students, and they enter into it in a haif hearted, perfunctory manner that does them no good.

The alm of the university is to provide game for all. Much has been done this rear and more will be.

Athletes who do not come to the university to study are not wanted. I do not believe, however, that there is one of this class in the university.

Comiskey, the Cantillions and the others to be presented to the legislatures of a Pastime Athletic oval will be the headsend their teams here for practice games. number of states, gradually increasing the base ball line. The weather man is ashamed in time, through the action of the states, Sheridan, George V. Bonhag, Myer Prinof himself now, and promises to furnish a uniform automobile law may be in vogue stein, James S. Mitchell and W. Schick relittle sunshine and some other things all over the country. In this way, I think, for the next few days, so the boys will we will eventually approach that ideal-a the government can ever pass a law to Since getting Bender on his staff, Papa regulate the speed of motor vehicles or Bill hasn't done much in the way of getting make other stipulations. It appears to me new material. He is one of those wise that this is more in the line of state legisson starts, and will go into the battle we will begin our work." Mr. Gorham this time with as fine a bunch of warriors proposes to gather around him as assistas ever wore the Omaha uniform. Bill ants on the law committee lawyers from thinks the pennant would look pretty good every club in the association. Besides in the center field garden again, and while having a lawyer from every club who have he doesn't say so for publication, he is represented automobile interests in certain heard talking to himself lately, and that sections of the country to act on the commeans that he is in earnest about the mittee. To these lawyers Mr. Gorham will pennant proposition. Let's see what chance submit his bill, asking for suggestions or o has of winning: McNeeley was the changes, and he expects to have it ready k...g pin pitcher for Colorado Springs two within two or three months. According seasons ago, and it is admitted that if to local additions it may be necessary to Burns had had another as good, he would make some alterations in the hill for difhave won the flag instead of Omaha; Mc- ferent states, but the main principles will Neeley is just as good this year. Then remain the same. Particular attention will Eddie Quick is convinced that he can be paid t the law licensing machines and pitch better ball this season than he ever the regulations governing tourists while did, and is anxious to do so, for he wants passing from one state to another. "It o follow Jack Pflester into the big ought to be as easy for an automobilist league; Koukalik, Corns, Fort and Hues- to travel from state to state, without subser are all in a mood to make good if mitting to special legislation, as it is for possible. Huesser is the idol of Bill's eye, the man who drives a horse," added Mr. for he hop a to make another Pfiester of Gorham. "A uniform act in this respect him. Then, ..eliey Welch may get over should prevail throughout the country, so sulking and come in and be good. This that when a man has paid his fee in his ought to make Omaha look a triffe better residential state and exhibits his number than good in the box. With Gonding, the he need not be forced to secure additional old reliable, and Johnny Bender for numbers or pay extra fees in other states." catchers, and Butch Freeze as a pinch Mr. Gorham hopes that his proposed bill artist, the backstop end of the game looks may be introduced into the legislatures better than it ever did. Joe Dolan's ability of some of the western states before the close of the ye

It may be only a question of a few years showed at the close of the season that he when there will be another amateur golf had a lot of second base sense, and will tournament that will rival the national be trusted with that station. Perring is championships in importance. The latest to have third, and promises to give a good scheme is to run off the Olympic cup time following Bill Schipke at that station, amateur championship of the Western Golf but it is the fond hope of Rouke that the association on the links of the Glen Echo new man will fill the bill. At short Runkle | Country club of St. Louis on June 18 and will find his work waiting him. He is a the following days, and to allow teams cracking good fielder, and ought to make entering the Olympic to compete for the good. In the outfield, Bassey, Welsh and western title. This will give visiting golfers Carter can hardly be improved upon. But at Glen Echo this year a double incentive, Papa Bill will try two or three other and, of course, whatever teams go on for fielders before deciding on the final lineup the Olympic will be certain to remain to of the Omaha for 1906. He may change have a try at the western title. The former his infield some, but it all looks good on will claim the attention of the golfers on paper. The batting will be improved, too, June 18 and conditions call for thirty-six and barring the unforeseen, Omaha ought medal play. Last year the western Pennto be right close to the front all the way. Sylvania team, so ably represented by E. M. Byers, George Ormiston, W. C. Fownes, jr., and Dr. D. M. Fredickes, won the cup. With teams from the Metropolitan, Massachusetts and New Jersey associations and Canada all competing and possibly a team world-wide attention.

For the first time in its history the United States Golf association has ignored the plea of the college golfers and has chosen a cially as Englewood is an inland course, but It is unquestionably a step which should the meetings, etc., are:

April 16-11—Open, at Washington, D. C. April 19-21—Amateur, at Lakewood. May 17-19—Interacholastic, at Garden City May 21-28—Women's Metropolitan, at En-

May 23-28-Metropolitan amateur, at St. 31-June 3-New Jersey championship. June 13-12—Massachusetts amateur at Brae

Burn.
June 14-15—Amateur, at Knollwood.
June 14-15—Western open, at Homewood.
June 18-23—Western amateur and Olympic
rup, at St. Louis, Mo.
June 28-29—Open championship, at Onwent-July 10-14-Amateur championship, at Englewood. July 18-21-Connecticut amateur, at Wee July 26-28-Metropolitan open, at Holly-wood.

August I-4-Amateur, at Shinnecock. Announcement is made that the Western amateur will be an open-to-all tournament. The reason given for the step was in order that competing teams for the Olympic cup dents; yea, of professors and trustees, to should not have a long journey for a one-

day competition. se necessary under the revised foot ball while semi-professionals, or at least as rules, college elevens are preparing to start spring practice earlier than usual this year. It is expected that the Cornell, Yale and Pennsylvania men will be outdoors shortly after Easter. A great deal of attention will have to be paid to passing the ball, as this will be an important feature of the such a law has to be passed; but this reformed game. Swarthmore was the first ollege to begin real spring practice. Canago, but they have been working indoors away with the evil that summer base ball at a game not unlike basket ball, using, however, the regulation foot ball. The plans the different colleges will pursue in their spring practice will depend to a great favor of summer bese ball that men will extent upon the final recommendation of lie if we do not let them play. To rield the rules committee. These should be an- the point because students are willing to nounced after the next meeting of the com- lie is, in my opinion, a cowardly backing mittee at the end of this month. Judging down by those in authority. Apply the from the old standard of play all of the same argument to the conduct of a home: teams will, of course, be weaker this year Is a boy to be allowed to do wrong things than last season, since none of them will because he will lie if forbidden? No!

SPORTING GOSSIP OF WEEK shoot, which was held at the east end of material is cut off by the rule barring grad- Holy Writ. Professors and trustees should the Douglas street bridge for three days unter, so that the teams to develop their show more interest to sport they should the Douglas street bridge for three days unter, so that the teams to develop their just week. The cracks from all over the strength will have to practice for a longer know what is going on, and who the playcountry were on hand, but these were not time than ordinarily. This accounts for ers are. Coaches should not be given unpermitted to divide the monay, so the the disposition to start the season so early. limited authority to do anything to proamateurs all got an even break. Spencer While varying reports as to the probability of St. Louis shot the steadiest of all dur- of foot ball being played at Harvard next ing the shoot and won the high score two fall have been in circulation. Harvard barter, should have no weight in college OMAHA'S WARRIORS ASSEMBLE MONDAY out of three days, as well as the total high students have never believed that the game circles. Fearless boards of control should Nearly sixty shooters took part will be really abolished because they have be appointed which will not hesitate to in the shoot, and this attendance would had confidence that the new rules will be enforce the law. An instance has come to have been much larger if the weather had satisfactory to the faculty and the over- my knowledge where the battery of a 'varbeen more favorable. Shooting at a trap seers. There is less of hope expressed sity nine was suspended for playing ball is pretty tough work when a cold north among the students at Columbia. Because on Sunday under assumed names with wind blows right in your face and brings the faculty would not allow them to ar- semi-professionals. Good: Let the coltears to your eyes, so you can hardly see range any outside games the members of leges wake up to their duty in base ball the blue rocks as they sail away. Then, the Princeton socker team have decided to matters as they have with reference to too, the high wind kept the scores down, disband. The college authorities believed foot ball, and let them have college sport as the best of them shot under the tar- that the students were called away too often It may be seriously questioned, however gets, which the wind raised as they left from Princeton to participate in minor whether a genuine student athlete should sports and decided to draw the line some- be debarred because he, when a boy As suggested some time ago in The Bee, seven or eight games this senson and is There is such a thing as pressing the considered to be strong. Believing that the matter of professionalism too far. Definite plan is unwise the committee of Cornell and not too stringent rules should be games in which more of the students can alumni appointed to supervise the develop- drawn up, and then they should be made ments of Alumni field at Ithaca have de- known each year to all boys in preparator; cided not to build any temporary structures schools, so that, if they err, they may no on the field, even if such structures would do it simply through ignorance. There are may be some giant whom the coaches will the sense of the committee to held athletic boys about the present insidious forms of funds to equip the new field properly.

ivet, Kalamazoo, Michigan Agricultural and mark as ever a professional." Ypsilanti Normal, seven of the smaller coleges in Michigan, to allow men on their base ball nines to play professionally during the summer, providing they do not play that England has been duly challenged for freshmen will be allowed to compete in intercollegiate contests after they have been are up in thir studies.

The New York contingent of the Olympic Mr. Gorham said last week: "I intend team has been pursuing a systematic cours of training under the management of H. P. will be the foundation of a uniform bill Halpin of the New York Athletic club. The quarters of the team until they sail for number, as the occasion requires, so that Greece on March 31. This week Martin ported at the grounds regularly. The other members of the team are training in differnational automobile law. I do not think ent sections of the city. Harvey Cohn is doing road work near his home at Camarsie, Harry L. Hillman has selected Adelphi field. Brooklyn, for his preliminary work. and H. V. Valentine is training at Flushing, lative action, and it is along this plan that L. I. C. J. Bacon covered eight miles over Jerome avenue, but J. P. Sullivan has not practiced much of late.

> Automobile legislation is only just beginning in the United States, if the energetic future. In this respect he is ably supported by the new secretary, Sidney S. Gorchairman of the law committee. Mr. Gorham believes that the time has come in many states of the union for the automobilroads, and, if necessary, to fight strenuously for them. Not only the motor users to fight for good roads, but they will be advised to demand an equitable law regarding the use and licensing of automobiles. Hitherto the great bulk of legislation of this character has been directed against automobilists. The latter have virtually been on the defensive and many of the benefits they have obtained have been secured through quiet and devious ways.

> Doane college writes of summer base ball as follows:

"When I was 9 years old I received a present of a ball and a bat. It was a for- ton, tunate gift, and I feel that I owe a great deal to the great American sport. I am of the opinion that I saw the inventor of the curved ball, Cory of Rhode Island. I remember when he struck out nineteen men, who were puzzled beyond expression. John Green of my class of 1883 of Brown university, soon acquired the art, and proved to the satisfaction of our professor of physics that he could pitch a curve ball by sending the sphere between two upright posts placed some distance apart. Then Lee Richmond of the 'varsity, a left-handed pitcher, mastered the curves, and Harvard and Yale went down to defeat mainly because of his skill. I saw the Providence nine in its palmy days, with Redmond in the box. George Wright at short, Start at first and Hines at center. I have followed the game with interest ever since, and feel the same old glow of enthusiasm when our

boys of Doane carry off the victor's wreath. "As one much interested in college sport, I venture to make some suggestions with reference to summer base ball as played by college students, a matter that is soon to be considered by representatives of the 'Big Nine.' Lee Richmond has recently stated over his own signature that the trouble began when he played with the Worcesters, while he was in college. He was charged with professionalism, and students from that day have, from time to time, laid themselves open to the same criticism. The first point I make against summer base ball is, that it is bad for the morals of college men. Of course there are upright base ball players as there are upright actors, but unfortunately many in that profession, it cannot be denied, are not the right associates for college men. Would it not cause protest if our students with dramatic ability should join traveling troupes of players for performances at summer resorts? They might raise money, but at the expense of character; the same is true of playing with professional or semi-professional base ball

"Again, it is not the same thing for college students to receive pay for working on farms and in stores during the summe and to gain money for engaging in sport Work is work, but sport for college men should be kept sport, engaged in by gentlemen, solely for recreation and physical development. It was a sad day for American sport when the mere desire to win brought in professionalism, trickery and unfairness, and blinded the eyes of atuevils that have recently raised such a tumult of protest. Indeed the very boys who should have been the players and gained Owing to the new style of play that will the benefit have occupied the bleachers, alsted players, have represented our colleges and universities. Now it is claimed that a required year of attendance before participating in intercollegiate sports will keep out professionals. It will help, no doubt. It is a shame on us, however, that remedy does not, in my opinion, affect the influence of professionals and semi-profesdidates there were called out several weeks sionals upon college men, nor does it do turns sport into professionalism.

"Again I consider it no argument in be able to recruit from the freshmen Whip the lie out of him, and prevent his classes. Another source of supply for new engaging in evil. This is the teaching of

show more interest in sport; they should duce a winning team. The opinion of the town sportsmen and merchants, who only where. The socker team has already played unaware of the evil, gained a money prize. hasten the use of the new playground. It is many things that must be explained to contests on Percy field for several years if gambling before they will understand the necessary to await the receipt of more harmful character of it, and this is true of matters pertaining to professionalism In general the old rule, the receipt of The decision has been reached by the money as a compensation for engaging presidents of Hillsdale, Alma, Albion, Ol- in or teaching how to play a game, must

G. R. Newburn of London, secretary of the Lawn Tennis association, has stated on teams in major or minor leagues under the Dwight Davis cup by both America the national agreement. The abolition of and Australasia. The American team is the training table was recommended, but certain to include Messrs. Beals Wright, the American singles champion, and Holcombe Ward. The other pair are uncerin attendance twelve weeks, provided they tain, but it is said neither Mr. Larned not Mr. Clothier is likely to be chosen.

According to a statement by Dr. James Lees, a member of the American foot ball rules committee and chairman of th athletic board of Nebraska university, th Cornhusker authorities will not be gov erned by the rules enacted by the big nine conferences at Chicago. Mr. Lees said: " can conceive of no good reason why Nebraska should even consider the adoption of the rules enacted by the western conference. These rules are far more drastic than the situation deserves. Nebraska has already scheduled ten foot ball games for the season of 1906. We shall play all of these games. A coach has also been en gaged in the person of Amos T. Foster, formerly coach at Cincinnati university, 1 have no doubt of his retention by the Nebraska board. Neither do I sanction the abolition of the training table, although Nebraska may abolish it; but if such action is taken it will be purely for financial reapolicy advocated by President John Farson sons. It is my judgment that the training of the American Automobile association table improves the physical condition of may be accepted as an indication of the the players, thereby having a tendency to prevent injuries. Neither will Nebraska reduce the eligibility of players. There ham, and who, by virtue of his being a has been too much of the suggestion of lawyer, has very properly been named as spent powder in this foot ball upheaval. The worst evil in the game was the professionalism coming from the offering of financial inducements to players. ists to come out squarely in favor of good phase of the situation has almost been totally diaregarded."

The dates announced by the United States Lawn Tennis association for the coming season is as follows: May 5-Harvard, Yale and Columbia in-terscholastic tournament. May 12-Princeton interscholastic tourna-

ment. May 18-Bowdoin interscholastic tournament. May 24 Germantown Cricket club, Phil-William Everett Jilison of the faculty of Doane college writes of summer base ball is follows:

May 28—New York Lawn Tennis club, Manhattan doubles.

May 28—New England intercollegiate championship; New Orleans Lawn Tennis

dub, gulf championships.

May 31—Breburn County club, West New-on, Mass., state doubles; Knollwood Country club, invitation tournament.

June 4-West Side Lawn Tennis club, metropolitan championships; Norfolk (Va.)
Country club, Virginia state champion-ship; Merion Cricket club, Pennsylvania state championship; Staten Island Ladies' club, women's onen tournament. club, women's open tournsment.

June 11—Crescent Athletic club, invitation; Merion Cricket club, Pennsylvania state championship for men; Hartford Golf club, New England states championships; Katensville Cricket club, Maryland state championship.

June 15—Longwood Cricket club, Massachusetts championship singles.

June 15—Longwood Cricket club, Massachusetts championship singles.

June 18—Morristown Field club, New Jersey state championship; New Haven Lawn Tennis club, open tournament; Baltimore Country club, open tournament.

June 19—Philadelphia Country club, women's national championship.

June 23—Wannamoisett Golf club, Providence (R. I.) open tournament.

June 25—Orange Lawn Tennis club, open tournament; Nashville Lawn Tennis club, Tennessee state championship.

June 39—Pacific club of Chicago, open tournament; St. Louis Athletic club, Missouri state championship.

July 2—Staten Island Country and Lawn Tennis club, New York state championship.

ship.
July 8-Atlanta Athletic club, southern July 8-Atlanta Athletic club, southern states championships.
July 7-Aztec club of Chicago, Illinois state championship.
July 9-Log Cabin of Macon, Georgia state championship; Holliwood Goif club, West End. N. J., open tournament: West-chester Country club, invitation doubles; Pittsburg Golf club, western Pennsylvania championship; Niagara-on-the-Lake, Canadian championship.
July 10-Country club, Springfield, Mass., open tournament. open tournament.
July 14—Wandersers' club and Athletic club. Chicago. open tournament.
July 15—Letchfield club. Connecticut state July 16—Seabright Lawn Tennis and Country club, invitation tournament: Country club, Augusta, Ga., southern Atlantic states championable.

July 21—Kenwood Country club, Chicago. states championalip.
July 21—Kenwood Country club, Chicago, western championalip.
July 23—East End P. club, Cleveland, O., state championalip: Longwood Country club, singles and eastern doubles.
July 29—Nahant, Nahant invitation tournament: Ridgewood Golf club, Ridgeway, N. J., open tournament: Minnetonka Lawr Tennis club, Minnesota and northwest champtonalip: Wentworth tournament Newcastle, N. H.
August 1—Norfolk club, Norfolk, Connocen tournament: Detroit Athletic club, Michigan state championalin.
August 5—Faelewand Field club, onen tournament: Milwaukee Tennis club, Wisconsin championalin.
August 7—Old Pine Golf club, St. Johnshurg, Vt. state championalin: Tacom Lawn Tennis club, Pacific northwester championalin: Rock Valley Tennis club. Iowa state championalin.
August 8—Kansas City Athletic club, Missouri Valley championalin.
August 12—Southhamnton Meadow club, invitation tournament: Swimming club, Par Varbor, Ma., state championalin, Stoux City, In. Iowa, Nebraska and South Dekota championalin.
August 15—Crawford House Tennis club,

Dekots championship.
August 15. Crawford House Tennis club,
White Mountain championship.
August 20. Omeha Field club, middle
west championship.
August 21. Newport, R. I., national chamdonahir nionshin.
August 28. Elizabeth Tennis and Country club. Flast Jareay Tawn Tennis association onen fournament: Niegara-on-the-Lake, international open fournament. Seniamber 1. Ohio Tawn Tennis club. Kentucky, Indians and Ohio championshin: Asswam Hunt. Rhode Island championship. ship, Rentamber 3. Pacific coast championship Rentember 2—Positic coast chammionabin, Monterery Cal.; Nyack Country club, open tournament.

September 10—Catorsville Country club, onen tournament: Hudson River Tawn Tennis club. Hudson river chammionabin, September II — Relmont Country club. Philadelphia and district chammionshin.

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Spring is nature's time for renewing and changing; everything puts on new life, the sap rises in vegetation, the orth thaws out from its Winter freezes and all respond to Spring's call to purge and purify themselves. The change in the vegetable kingdom is no greater than the change which takes place in our physical systems at this season, and few can undergo it without some evidence of disorder.

During the Winter months we live a shut-in life as much as possible, breathing the impure air of closed rooms and heated buildings; we indulge our appetites eating more of the heavier, richer foods, and take less exercise. As a result the blood grows thick and sluggish, the members whose duty it is to carry off the refuse of the body get dull and inactive from the lack of exercise, etc., and leave the waste matter in the system to sour and form impurities and acids which are taken up by the blood and distributed through its circulation. Then as warmer weather comes on and we change our mode of living, the blood is aroused from its torpid state and stirred to quicker action and begins to throw off these accumulations, causing Boils, Eczema, Tetter, Acne, rashes, pimples, scaly eruptions and itching, burning skin diseases of various kinds.

In its efforts to rid the system of these accumulated poisons, the blood calls upon every member to assist, but the system is often unequal to the struggle; the energies give way,

Some four years ago I was suffering from impure blood and a general run-down condition of the system. I had no appetite, was losing in fiesh, and an all-gone tired feeling that made me feel miserable. I began the use of S. S. S. and after taking several bottles my skin was cleared of all eruptions and took on a ruddy, healthy glow that assured me that my blood had been restored to its normal, healthy equdition. My appetite was restored, and I could eat anything put before me, and as I regained my appetite I increased in weight and that "tired feeling," which worried me so much, disappeared, and I was once again VICTOR STUBBINS.

poisons of old chronic troubles which have, perhaps, lain inactive and dormant in the system during the Winter months. NOW IS THE TIME TO PURIFY Cor. Barthman & Washington Aves, Columbus, Ohio. YOUR BLOGD. Nature must be assisted, and if we wish to pass this trying period of the year free from disorders and disease we must have our blood in good condition. S. S. S. is nature's remedy, being made from the roots, herbs and barks of the forests and fields, and has long been recognized as the "King of Blood Purifiers" and the greatest of all tonics. It goes down into the circulation and removes gently but thoroughly every particle of impurity or humor that may be there, restores lost

energy, builds up the appetite, and steadily and pleasantly tones up the entire system by its fine purifying and tonic effects. S. S. S. neutralizes any excess of acid in the blood, making it fresh and pure, and cures Eczema, Tetter, Acne and all skin eruptions and diseases promptly and permanently. It adds to the blood the rich, healthful properties it is in need of, and in every way prepares the system for the change from Winter to Spring. S. S. S. cures Rheumatism, Catarrh, Sores and Ulcers, Contagious Blood Poison, and any and all

diseases arising from an impure or poisoned state of the blood, and so thoroughly does it eradicate the cause that no signs of the trouble are ever seen in after years. S. S. S. is not an experi ment but a success, and during its forty years existence it has so thoroughly proven its worth that it is now the most widely known and used blood purifier on the market. One great point

the appetite grows fickle, the spirits are de-

pressed and a general run-down condition is

the result. To others the return of Spring

means the return of disease, for warmer

weather is sure to force out the seeds and

in its favor is that it does not contain the slightest trace of mineral to damage any of the delicate parts of the system which are naturally upset and somewhat deranged at this season. If you have any evidences of a weak or impure condition of the blood begin the use of S. S. S. and get the system prepared for the depressing Summer months which are to follow. Book on the blood and any medical advice without charge. THE SWIFT SPECIFIC COMPANY, ATLANTA, GA.



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