

YELLOW JACK'S TROLLEY LINE

It is Played by Tropical Insects in Spreading Yellow Fever.

MOSQUITOES ONE HOST OF DEATH

Facts Established by Prolonged Study of Microbes and Insects Which Harbor Them—Evolution of the Microbe.

"The Role of Insects in the Transmission of Disease" is the title of a timely paper contributed by Dr. Millard Langfeld of Omaha to the October number of the Trained Nurse and Hospital Review of New York.

The recent appearance of yellow fever in Louisiana draws attention again to the part that a certain mosquito plays in this disease. It also suggests the reasons why yellow fever, when it invades the United States, has of late years been confined to the southern and gulf states.

A consideration of the role of insects in the transmission of diseases in general furnishes us with the reasons for this peculiar localization. The word transmission is used advisedly, namely, in the sense of transferring or passing on of the disease by insects, in contrast to such insects as are themselves the active cause of the disease.

The so-called yellow fever mosquito is not the primary cause of yellow fever; it is only when this mosquito harbors the parasite of yellow fever that it can convey the disease. It is an accessory factor only, the accidental host of a death-dealing microbe.

On the other hand, the itch mite is the primary cause of the disease we call "itch," the manifestations of which are the direct result of the female burrowing into the skin to lay her eggs.

The investigations which successfully isolated the minute part that insects play in the transmission of disease incriminated not only the mosquito, but the fly, the bedbug, the ant, the flea, the tick, and probably the house louse—insects which have the greatest opportunity for contact with human beings.

The diseases spread by these insects make quite a formidable list, a few of the more common ones being yellow fever, malaria, typhoid fever, cholera, tuberculosis and bubonic plague.

Incidental to, but not less important than these invaluable discoveries, are the many other interesting phenomena brought to light in the course of these studies. Chief among them is the fact that all animals, both aquatic and terrestrial, cold-blooded and warm-blooded, also suffer from diseases conveyed by insects. Of biological interest are the many curious and unexpected data concerning the life history, or cycle of development, of very low forms of animal life.

As a rule diseases communicated through the agency of insects are caused by the lowest forms of animal and vegetable life, the organisms being so small as to be invisible to the unaided eye. To this class of micro-organisms the vegetable kingdom has given the bacteria; the animal kingdom the protozoa, fungi and the like.

Some diseases are caused by microbes so minute that an instrument has not yet been devised to make them visible, yet we are aware of their presence through tests evolved from the study of forms which the microscope has revealed.

Insects as Disease Carriers. A micro-organism, microbe or germ of a disease is carried by an insect either accidentally or as a host. In the former instance some portion of the insect's body becomes soiled by disease germs, which, in turn, are transferred to food or persons during the creature's flight. In this way many diseases may be carried, among them typhoid fever, cholera and tuberculosis.

Or the insect may imbibe the germs with its food and then contaminate persons with food with the extreme of the germs passing through it. Still another possibility is the contamination of wounds either during flight or by a person crushing the insect and then scratching the spot where it had set up an irritation through biting. Plague, lock jaw, etc., may be conveyed in this way.

When the insect acts as a host for the germ, an entirely different condition is presented; the insect is not only the carrier of the germ, but is an incubator for it, as it were, during one phase of its life history. In the host the microbe finds all the conditions favorable to its growth and multiplication, and, coincidentally, for the increase in virulence of its specific virus.

The germ is, in this case, a parasite on the insect. There exist in the world numerous genera of animal and vegetable life that always live upon other genera as parasites; that is to say, they live at the expense of other organisms by sharing their food, or by drinking nourishment directly from their bodies. The organism that supports the parasite is called the host. Among our forms of life parasitism is almost the rule. Many of the parasites require two hosts to successfully carry out their life cycle—one host to support their baby or larval form, another the mature or adult form. In each host development can only proceed to a certain point, and, unless another host is found upon which they can continue their development, their life is ended. Therefore, when an insect carries a microbe for which it is a host (among low forms it is almost a biological law that each parasite has a particular host and no other), it must be regarded with greater fear on account of its greater possibilities for doing harm. In illustration of this, the mosquito serves as an excellent example. The mosquito is the host for the microbes of both malaria and yellow fever; when it bites a person suffering from one of these diseases it sucks up with the blood a few of the parasites of the disease. These parasites can in no other way get out of the afflicted person's body and would perish if a fatal termination of the infection resulted, or they would be destroyed within the person's body should he recover. But the few which find their way into the mosquito's body produce innumerable broods that are from time to time inoculated into one person after another as long as the creature is active. The microbe of yellow fever is not yet to be discovered, unless we accept that one described by working party No. 1 of the public health and marine hospital service. This party, consisting of Drs. Parker, Meyer and Foster, while working at Vera Cruz, Mexico, in 1902, during an epidemic of yellow fever, discovered in the body of a yellow fever mosquito a microbe that bears a close resemblance to the malaria germ. It was found only after the mosquito had been kept in a sterile jar. But these doctors were not able to find the same germ or its antecedent in the blood of the sick. Therefore, until this most essential fact in the chain of evidence is supplied, we cannot accept their microbe as the cause of yellow fever. Nevertheless, despite the fact that the yellow fever microbe is not known, we are fortunately in possession of the important facts relating to the spread of the disease.

Known Methods of the Disease. The conclusion reached by the medical board of the United States army, composed of Doctor Reed, Carvill, Lazear and Agarronte, submitted in 1900, and those of a later report submitted by Major Reed in 1903, contain practically all the facts essential to be known to prevent the spread of yellow fever. Briefly, the conclusions are as follows:

1. The mosquito, stegomyia fasciata, serves as the intermediate host for the parasite of yellow fever.

2. Yellow fever is transmitted to the non-immune individual by the bite of the mosquito that has previously fed on the blood of those sick with this disease.

3. An interval of about thirteen days or more after contamination appears to be necessary before the mosquito is capable of conveying the infection.

4. The period of incubation in thirteen cases of experimental yellow fever has varied from forty-one hours to five days and seventeen hours. (The "period of incubation" is the time that elapses between the mosquito bite and the onset of the disease.)

5. Yellow fever is not conveyed by fomites and hence disinfection of articles of clothing, bedding or merchandise, supposedly contaminated by contact with those sick with this disease, is unnecessary.

6. A house may be said to be infected with yellow fever only when there are present within its walls contaminated mosquitoes capable of conveying the parasite of the disease.

7. The spread of yellow fever can be most effectively controlled by measures directed to the destruction of mosquitoes and the protection of the sick against the bites of these insects.

8. While the mode of propagation of yellow fever has now been definitely determined, the specific cause of this disease remains to be discovered.

9. The discovery that a particular genus of mosquito conveyed yellow fever led to a study of this particular insect's habits. An impetus had already been given to the study of mosquitoes as carriers of disease through the earlier discovery of Ross that another genus, the anopheles, was the transmitter of malaria. The study of the habits of the stegomyia disclosed marked differences between it and the anopheles. Whereas the anopheles prefers densely populated centers, while on the one hand the anopheles breeds in naturally still or slowly moving bodies of water, the stegomyia is domestic in its habits, preferring open vessels in and about a household. Therefore, while the anopheles breeds in the open, in swamps and shallow puddles, the stegomyia breeds in water-barels, cisterns, gutterspouts and even the shallow vessels placed about table-legs in certain regions to exclude ants.

It was also learned that the stegomyia is not so widely distributed as the anopheles, being found chiefly in tropical and sub-tropical countries. Yet if transported, as it often has been by rail or boat, it may become acclimated in any place which supplies the conditions necessary for its development. And if perchance it harbors the parasite of yellow fever, the disease is soon spread by it and the young it breeds. For example: Working Party No. 1, states that while at one time the stegomyia was supposed to be a coast mosquito, in twenty-eight years it has gradually extended into the interior (Mexico) to great altitudes along the commercial lines of communication, until now it is a constant inhabitant at places with an altitude of from 3,000 to 4,000 feet, and yearly causes epidemics of yellow fever.

Other factors in regard to the life-history of this insect that are of importance in this connection are: That this mosquito does not bite when the temperature is below 63 degrees F.; that its eggs are not hatched out below 83 degrees; and that an average temperature of 75 degrees F. or higher is required for it to multiply abundantly. In these facts we find the explanation as to why a cool spell decreases the number of new cases, and a frost kills off the disease completely.

Confined to Certain Localities. From the foregoing, it is evident why yellow fever occurs principally in tropical and sub-tropical countries. Many contributing circumstances are essential in order that the disease may gain a foothold; and these are supplied by a limited number of places. Particularly in the tropics, and to a lesser extent in sub-tropical countries, the conditions still prevail in most places which make this pest-carrying mosquito possible. Surface drainage, lack of public water supply, which means cisterns, rain-barrels, water-buckets to hold the day's supply of drink-water; inefficient or no sewage system; a large indigent population, none too cleanly in its habits; these are all important contributing factors in that they offer convenient breeding places for this pestiferous mosquito. Add to these conditions a mean high temperature, and the mosquito, once introduced, multiplies rapidly and becomes a pest. Then only one imported case of yellow fever is necessary to create what physicians call an endemic focus. Given a town in which there are lacking the public improvements above described, this town may never have had a case of yellow fever within its boundaries, yet, if only brought for a ship or by bringing one female parasite-harboring mosquito, and the trick is turned—the seeds of an epidemic have been sown on fertile soil. To recapitulate:

Yellow fever confines itself to certain localities because the conditions there are favorable to the propagation of the yellow fever mosquito; that yellow fever is conveyed from the sick to the well by a mosquito, the stegomyia fasciata; that the

germ of yellow fever circulates in the blood of the sick, and is taken therefrom when the creature bites; in the body of the stegomyia, which is the natural host for the yellow fever germ, the germ passes through changes which occupy about twelve days, which are essential to a continuation of its pernicious existence. These changes culminate in the production of innumerable young, which are conveyed into the blood of any person that the mosquito may bite. In the person bitten, after a period varying between forty-one hours and five days and seventeen hours, symptoms of yellow fever begin, which are the expression of the microbe's evolution in man.

HOUSES WITH MANY CLOCKS

A Remedy for Insomnia and a Fad Among People Otherwise Sane.

"Forty clocks in one house is not by any means uncommon," said a New York clockmaker. "In some private residences the time pieces exceed even this number. All the house of fair size will have from fifteen to twenty clocks in operation."

With forty or more clocks in operation it can be imagined that a rare treat may be in store for the restless guest at his friend's country place. As he tosses sleepless on the pillows of his strange bed the hour of 12 approaches.

Suddenly the slow, sweet tones of the chiming of the great clock in the dining-room break forth upon the silence in glorious melody. Scarcely have the chimings died away, followed by the deep measured, deliberate strokes that mark the hour, than another clock bursts forth upon the scene with its message.

This time the hour is announced in rather a saucy, emphatic manner—one stroke banging after the other like shots from a rapid fire gun, the entire twelve consuming little more time than one stroke of the big clock. The rest of the party, on the opposite side of the house comes the faint and barely distinguishable notes of a bar of music that is still another time piece's way of demonstrating that the midnight hour has arrived.

These notes are closely followed by a grand chorus of rings, bangs and tinkles as the score or more remaining time pieces whirl into action.

Silence more intense by contrast follows this unexpected and somewhat startling outbreak upon the night's quietness, which is again undisturbed save by the occasional striking of the quarter and half hours. The guest's sleeplessness disappears in the perfect silence that follows the charming midnight concert.

"How are so many clocks kept in good running order?" repeated the clockmaker, who is again undisturbed save by the occasional striking of the quarter and half hours. The guest's sleeplessness disappears in the perfect silence that follows the charming midnight concert.

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VAST COST OF EDUCATION

Why America Leads the World in Intellectual Development.

MILLIONS SPENT IN TRAINING MILLIONS

Instructive Review of Educational Progress in All Parts of the Country and the Money Invested Annually.

Money makes the besetting sin in the United States, according to all the rest of the world. And it may be true that here and there an American does like to make a dollar now and then—every day, possibly.

But the grand passion of people of the United States is for education, not money. With them the education microbe has done its perfect work. In their efforts for mental training Americans lead the world. The latest official and trustworthy figures, from only one, in fact, are furnished by the United States bureau of education. Its last report deals with the school year of 1902-1903. When the report was closed the total, to be exact, was 15,187,918.

But even this vast total does not take in all the Americans who are striving to secure to improve their mental condition, some of them with every ounce of energy they have left after doing their day's work each twenty-four hours.

Not included outside the 15,000,000, entirely unnoted by the statisticians, are some of the students enrolled for instruction by the famous Chautauque university, the 30,000 who are regularly taking the Young Men's Christian association courses, and the students of the correspondence schools, whose numbers number thousands.

Uncle Sam's Educational Problem. This country alone, of all the countries in the world, is generally uneducated, and for its own preservation must accomplish the herculean task of operating constantly educational mills of such magnitude that they can accommodate 15,000,000 pupils and students from almost every race on earth.

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