

BRUSH BEFORE BREAKFAST

Pointed Remarks of a Dentist on Preservation of the Teeth.

DUTIES NEGLECTED BY PRACTITIONERS

Experience Shows a Way Conducive to Health, Comfort and a Certain Diminution of Dental Bills.

Dr. Horace Warren, D. D. S., of Missouri Valley, Ia., read a paper before the Nebraska State Dental society at its recent meeting and gave away much important professional information about the care of teeth which laymen and women might profitably read and heed. The address follows:

For many years I have made it a point to interrogate patients as to whether their former operators had ever told them how to groom their mouths. The answer almost always is, "He didn't say a word." It is the conscientious duty of every practitioner of dentistry to call the attention of all who come under their professional supervision to the absolute necessity of hygienic measures in the mouth and, farther, to go into details and instruct them in the manner of carrying out said directions properly.

Properly used, advised, for, upon inspecting of patients, it is ascertained that there are many persons who are following some directions or using some material as a dentifice which is absolutely injurious and which upon advice from a reputable dentist would be corrected. One instance: We are frequently told by someone that he uses salt as a dentifice, because, fourth, in some newspaper article portraying the various uses of this necessary condiment he noticed that one of its excellences was as a preserver of the teeth.

Yes, out of the mouth it will preserve them very well, but when used too well that it is hardly a fit ingredient of a tooth powder.

Another vagary is that hot water should be used with which to brush the teeth. Those of our patrons who have been more than ordinarily zealous in the care of their teeth are usually pleased to be placed on the right track and are perfectly willing to have their errors corrected; and those bled-pachyderms who associate with human beings while maintaining veritable cesspools with the oral cavity and seat themselves in our chairs without having a lawn mower over their heads, for we remove the most don't deserve any consideration as far as their feelings are concerned and probably wouldn't appreciate it were it accorded them, therefore, logically, it is clearly one's duty to advise those under our care in the correct manner of keeping the mouth approximately clean, for, we all know too well that it can't be kept, like Royal baking powder, "Absolutely pure."

Brush Before Breakfast.

The author wishes to modestly claim originality in placing prime importance to the idea which prompted the subject of this paper—"B. B. B.—Brush Before Breakfast."

So far, neither in textbook nor periodical, has anyone advocated the advantage of brushing before breakfast. The author wishes to go on record with the opinion that pyorrhea alveolaris would pass into history if this custom were universally followed, never having seen a trace of this dread malady where the teeth were brushed before breakfast. If the teeth are brushed but once a day, it is of infinitely more benefit to them if done then, and, furthermore, brushing before breakfast will do more good than all the subsequent brushing of the day. The next most beneficial time is immediately before retiring. The teeth should, of course, be brushed "after meals" according to the stereotyped and time-honored directions, but not directly upon rising from the table.

The tongue should also be brushed before breakfast, for it is the rendezvous of numerous microbes. And see that your patients are brushing well up on the necks of the teeth, getting friction on the gums and thereby keeping them healthy, for without such action they will almost surely be affected with pyorrhea sooner or later.

With reference to the plan of brushing the teeth, so frequently advised by makers of brushes and indeed by many writers, it is ideal and utopian in its inception, but not practicable. It only makes a task more onerous to those who already deem it hard labor. As you, fellow practitioners, are aware, the tartar is precipitated during sleep when the fluids of the mouth are in a quiescent state. Now, if one eats before removing the tartar which feels to the tongue each morning like ground glass, the tartar will be forced by the food passing over the teeth, down under the free margin of the gums; next day a little more, till, in due time, a solid slab is formed that can only be removed by the aid of the scaler.

The Way to Do It.

After each meal on rising from the table immediately, if at all convenient, the mouth should be rinsed with water. Notice that the patient understands how to do this. (The speaker here demonstrated this by taking a bottle half full of water and shaking it strenuously to dislodge the precipitations). In rinsing the mouth one should make a noise like unto water dripping over a mill-race, that the water will pass through between the teeth with great velocity. After that the teeth should be picked with a fine, hardwood stick or quill, if the latter is properly trimmed, as they are not pointed correctly at the factory; then brushed if convenient.

The ideal home should have a lavatory off the dining room, into which the guests might step for a moment and cleanse their mouths, for they are filthy receptacles till such action. And a bottle of peroxide of hydrogen should be at hand to neutralize any odoriferous food. If one will rinse the mouth afterward strenuously, as directed, with peroxide and water, each equal parts, he may make a meal of raw onions, lamburger cheese and beer without being detected of the crime.

The brush, too, is important. The prophylactic is the most effective, coming as it does in soft, hard and medium texture of bristles, and adults' youths' and child's size, it seems to meet all the requirements. As to a dentifice, something neutral, somewhat pungent, slightly alkaline, perhaps, in reaction, like bicarbonate of soda, is certainly indicated, absolutely avoiding, however, all soaps or those containing soap, and also lathering, as it is decidedly acid in reaction as the test with litmus paper will clearly show, and should not be used upon the teeth.

The most satisfactory powder is calox, containing oxygen, which latter is liberated upon coming in contact with the fluids of the mouth. It is a very delightful powder, having no strong, disgusting odor. A person should have at least two brushes. A dry one may be always at hand. A brush, after being used, should be rinsed and then wiped as dry as possible, which keeps it much sweeter and makes it last longer; and it should hang on a hook in a light location rather than be thrust in a mug in a dark corner.

The teeth should always be brushed during sickness if the patient's condition will possibly permit of it, and it should be done by the nurse when the patient is unable to do it himself. This custom is now being introduced in some of the progressive hospitals. About advising patients to run silk between the teeth, it is very problematical.

CRYING GAME WILL NOT GO

Police Judge Will Stop Children Coming to Play Dogs' Cases with Tears.

CRYING GAME WILL NOT GO

It has become quite a practice for defendants who have been charged with keeping vicious dogs to appear for trial in police court with one or more small children, that usually are much attached to the dog in the case and who create a scene when the dog is condemned to death by the police magistrate. After a scene which occurred in the police court room Saturday morning children will hereafter be excluded when trials of this class are in progress.

Saturday morning John Lawson appeared with his two young daughters to answer to a charge of keeping a vicious dog, which animal W. S. Saunders claimed hit him without provocation. After hearing the testimony Acting Police Judge Foster ordered the dog shot and fined Lawson \$1 and costs. During the trial and after the decision was rendered the girls cried and carried on to such an extent that Court Sergeant Whelan had to take them out of the court room. When the Lawson girls got outside of the court they called to their father, who was about to follow his daughters and the dog when he was detained by Officer Baldwin for the payment of the fine.

LAST BIG VOTE BY NEW WARDS

Distribution of Returns on President Figured Out in Omaha by Solomon.

Deputy County Auditor Solomon has prepared a table showing the distribution of the vote cast at the presidential election in 1904 as it is scattered in the twelve new wards. In the nine wards into which Omaha was divided when the 1904 vote was cast the total vote footed 19,852. As the city is now divided this vote is distributed as follows:

First ward.....1,437
Second ward.....1,496
Third ward.....1,389
Fourth ward.....1,311
Fifth ward.....1,335
Sixth ward.....1,327
Seventh ward.....1,642
Eighth ward.....1,613
Ninth ward.....1,661
Tenth ward.....1,745
Eleventh ward.....1,329
Twelfth ward.....1,735

The total vote in the city outside of the cities in 1904 was 2,885 and the South Omaha vote was 4,228.

THREE BOYS ARE RELEASED

Youngsters Accused of Stealing from Store Allowed to Go on Good Behavior.

In the case of the four boys who are accused of breaking into C. G. Elsass's store on Vinton street and stealing therefrom some merchandise, Judge Kennedy released three of the boys Saturday morning, pending good behavior. The alleged principal in the affair had his escape some time ago from the Detention home and is still at liberty.

This is the case wherein Attorney C. J. Smyth contends that the probation officer exceeded his authority in entering two homes late at night and taking therefrom two of the boys who were alleged to be concerned in the offense. Assistant County Attorney Pritch says the county attorney's office is willing and ready to defend the acts of the probation officer whenever the question shall be raised in proper form.

COUNT'S PERSONAL BUSINESS

Creighton Real Estate Company Formed to Facilitate Handling of Douglas County Affairs.

The John A. Creighton Real Estate company of Omaha was incorporated at Lincoln Friday by John A. Creighton, J. M. Daugherty and Alfred Thomas, with a capital stock of \$500,000. The purpose of the company is to facilitate methods for carrying on Count Creighton's real estate interests in Douglas county. Under this arrangement, when he is out of the city, as he is much of the time, his partners will have power to incorporate give the company power to handle any real estate, but Mr. Creighton will not deal in any but his own.

REDICK TAKES MORE TIME

Judge Will Not Decide Commissioner Case in District Court Until Next Wednesday.

Judge Redick will take until next Wednesday morning to consider the petitions of William C. Uye, Emmett G. Solomon and William J. Hunter for a writ of mandamus to compel the placing of their names on the county primary ballot as candidates for county commissioner.

Judge Redick, impressed with the importance of the advice of his brother judges of the district bench, hence to postponement of the decision.

The Sherwood Music school of Chicago announces its fall receding, September 11. This excellent school, personally directed by William H. Sherwood, the world famous pianist and teacher, has steadily progressed until for excellence and instruction it stands well in the lead among the world's musical institutions. Mr. Sherwood's incomparable methods are followed by an especially competent corps of instructors and the music student who desires the best in either elementary, intermediate or advanced grades should secure a catalog which may be had upon application of Miss L. Humphrey, 111 Fine Arts building, Chicago.

Mortality statistics.

The following births and deaths have been reported to the Board of Health during the twenty-four hours ending at noon Saturday:

Births—Fred Berghahn, 1424 South Seventeenth, boy; Ray R. Redden, 302 North Twenty-first, boy; Hans Jaspersen, Thirtieth and P, girl; Matthew Bjornson, 251 Burdette, girl; August Gustafson, 229 North Twenty-third, girl; William King, 217 Webster, girl; Paul Michels, 414 North Forty-second, girl.

Deaths—Henry Harsch, Stanton, Neb., 7; Pauline McCarty, 353 Hamilton, 2 months; Amanda Bell, 261 Jones, 6; Joseph Olin, 148 Atlas, 8; Daniel Brown, Farmington, Ill., 67.

St. Paul and return

DULUTH, ASHLAND AND BAYFIELD and return \$18.50

DEADWOOD AND LEAD and return \$18.50

VERY LOW RATES NOW TO ALL PORTS EAST via The North-Western Line City Office 143-145 Farnam Street

Marriage Licenses.

The following marriage licenses have been issued:

Name and Residence. Age.

Fred Hoge, South Omaha.....19

Elizabeth E. Hamilton, South Omaha.....19

Giovanni de Biasi, Omaha.....26

Maria Rosso, Omaha.....19

Stjepan Marinovic, Omaha.....25

Adolphine Niedermuth, Omaha.....25

Heinrich E. Hansen, Schleswig, 45

Emma Knudsen, Omaha.....30

CRY AGAINST BIG INTEREST

Protest at City Hall on Money Lenders Due to Nuisance Case.

MAN SEEMS TO BE HEAVY PATRON

One of Large Number of City Employees Who Pay Large Sums to These Financiers.

Following publication of the pitiful condition of destitution and death in the family of Frank Nuisen, which was alleviated through the efforts of Street Commissioner Hummel, an outcry against the operations of the money lenders and warrant shavers has been raised at the city hall.

Nuisen, whose name is spelled differently by different people, has been a common laborer on the street. His wages amount to \$1.75 a day and he has had work on the average of five days a week, this principally through the partiality of Commissioner Hummel, who knew Nuisen was not a drinking man.

It has been discovered that for months Nuisen assigned his wages in advance to one of the money brokers. According to street department officers Nuisen had to pay 5 cents on every dollar to get it discounted in advance.

Many Men Follow Practice.

The officers of the street department admit sadly that the practice has involved a large number of their men who, in course of time, practically throw away a good percentage of their earnings. Persuasion and admonition do no good. As long as these hard living laborers can assign their pay they will do it.

As for Nuisen, he lived near Miller park, where he had bought a lot on the installment plan. It was absolutely necessary for him to spend 10 cents a day street car fare. Deducting 60 cents a week for that and 45 cents a week to the money lender, but \$1.75 was left to support his family of wife and four children and pay the monthly installments of \$5 on his lot. It is supposed he had debts, too, incurred in building the flimsy one-room shanty. Therefore it is not hard to realize his destitution after weeks of sickness of the little girl that died.

Proceeding about his business Saturday morning, Commissioner Hummel found warm hearts and willing pocketbooks all along the way. Joseph Bliss, a well known South Omaha live stock dealer, placed \$2 in his hands for the benefit of the family. A well known business man telephoned that the treasury of a prominent fraternal order had \$25 to spend in the cause. There were other contributions like these.

"The house will be rebuilt and the family put on its feet again," said the street commissioner. "It has been really touching to see the way assistance has been coming in ever since the plight of the family was made known."

PRICE LESS FOR LINCOLN

A. C. Powers Offers to Sell Lancaster Voting Machines Cheaper Than Douglas County.

Considerable surprise has been created in official circles at the city hall and the county court house by an article printed in a Lincoln paper to the effect that A. C. Powers, state agent for the United States Standard Voting Machine company, has offered to sell voting machines to Lancaster county for \$600 each. The price charged the cities of Omaha and South Omaha and Douglas county was \$650 for the same machine.

The Lincoln newspapers say the offer to sell for \$600 in that county was made in the form of a written proposition to the commissioners of Lancaster county. Inasmuch as the price of \$650 was supposed to be standard and uniform throughout the country, the local officials are wondering if they got the best deal possible when they contracted for machines to be delivered here at \$650 each.

Iowa State Fair.

For this occasion the Rock Island will sell excursion tickets to Des Moines and return at one fare for the round trip. Dates of sale, August 24 to September 1, inclusive; return limit, September 2. Trains leave Omaha 3:25 a. m., 7:35 a. m., 11:30 a. m., 4:30 p. m. and 5:40 p. m. For further information call at address.

F. P. RUTHERFORD, D. P. A., 1233 Farnam Street, Omaha, Neb.

The two longest plate glass show windows in Omaha are in the new front of MacCarthy Tailoring company's store, 304 South Sixteenth street. The new front is but a part of the remodeling which makes here the most attractive tailoring store in the city. By engaging Mr. J. A. Rylen they have greatly strengthened their cutting department and are prepared to turn out better clothes than ever. Give them a trial.

Mr. J. A. Rylen, for fourteen years one of Omaha's foremost cutters, has returned from a three weeks' visit to New York where he went to get the latest eastern styles. Mr. Rylen is now with the MacCarthy Tailoring company, 304-306 South Sixteenth street.

Harry B. Davis, undertaker, Tel. 1224.

THE WIND UP

In a very short time our great sale will be a thing of the past. New fall goods are coming in and we must have the room.

BIG UNDERWEAR SNAP

Men's fine imported Underwear, that sold up to \$1 a garment or \$2 a suit, in large variety, including the silk finish, 45c a garment. All sizes shirts and drawers.

25c SOCKS, 12c

Men's fine imported hose, a regulation 30c article, sale price 12 1/2c.

SUITS

Men's odds and ends in fine light and medium weight suits, worth up to \$15, sale price \$7.50.

PANTS

Men's fine all-wool outing, as well as worsted pants, worth up to \$4, sale price \$1.50.

FANCY VESTS

Washable vests, worth up to \$2, sale price, to close them out quick, 95c.

OTHER BARGAINS

Boys' hosiery, 50c; men's shirts, 50c; odd undershirts, 10c and 20c; men's wool suits, \$2.50; silk bow ties, 50c; men's every-day pants, 95c, etc.

GUARANTEE CLOTHING CO.

119-121 DOUGLAS STREET.

TO THE HARVEST FIELDS

Of Minnesota, North and South Dakota Every day during the month of August the Chicago Great Western railway will sell to parties of five or more harvest hands tickets to towns in the above states at greatly reduced rates. For further information apply to S. D. Parkhurst, General Agent, 1312 Farnam St., Omaha, Neb.

Have Root print it.

Colonist Rates Northwest.

Whether you go to settle, seek an opportunity for a home, or go for temporary employment, you are wanted and are welcome. Harvest hands are almost impossible to secure. Men are accepted who have no knowledge of farming and receive good wages at this time of the year. Extremely low rates in effect via the Northwestern Pacific railway, which runs right through the heart of the most prosperous section of the northwest. Mr. E. D. Rockwell, 315 Citizens' Bank building, Des Moines, Ia., is well informed in regard to the western country and will gladly give you any desired information. Better write or call today. Low rates in effect from September 15 to October 21.

MAUL Undertaking Co. est. 1864. Tel. 225.

Cheap Rates To Clear Lake and Return.

VIA CHICAGO GREAT WESTERN RAILWAY.

Tickets on sale every Saturday. Final return limit the following Monday. Good sailing, boating, bathing. Reasonable hotel rates. For further information apply to S. D. PARKHURST, General Agent, 1312 Farnam St., Omaha, Neb.

Men's, boys', children's clothing, hats, ladies' suits, skirts, millinery, etc., cash or credit. People's Store, 16th and Farnam.

Dr. Shepard, 308 N. Y. Life. Hours, 1 to 5.

Coffee Kills

Your digestive organs and weakens your heart. But

MALLETT'S Cereal Coffee

will not hurt you in any form. It is healthful and pleasant to drink. Is a substitute for coffee without its poison.

15 Cents Per Package

Same size as other Cereal Coffees that sell for 25c.

Made in Omaha. Ask Your Grocer for It. Mallett Cereal Co.

School Shoes for Boys and Girls

\$1.50

Will buy your boy or girl a pair of shoes at this store that will surprise you with their good wearing and fitting qualities and with their good style and comfort. You'll never get the best \$1.50 school shoe until you buy them here.

\$2.00

Will buy your boy or girl a pair of shoes at this store that will wear longer, look nicer and feel better than any other shoe you can buy at the same price or even a little more. School begins soon; buy them now.

FRY SHOE CO.

16th and Douglas Sts.

Drexel Shoe Co.

1419 Farnam St.

SCHOOL BEGINS SEPTEMBER 5th

The girls must all have a nice new pair of shoes to wear to school the very first day. We are proud of our Misses' and Children's school shoes for they are of extra good value and always give satisfaction.

They are made of box calf or plump vic kid—button or lace—good, heavy, single soles—last full heel—Young women's sizes, 2 1/2 to 6 Misses' sizes, 7 1/2 to 11 Children's sizes, 8 1/2 to 11

We want to see all the girls before school begins.

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OMAHA FIRM GETS CONTRACTS.

New Buildings to Be Equipped with Modern Fire Escapes and Shutters. G. Andreen, proprietor Omaha Safe and Iron works, informs us that they have received contracts for fire escapes and shutters on the following new business buildings in this city:

American Radiator company's building. Alfred Millard's building. Dreibus warehouse building. Crane company's building. John A. Creighton's building.

The Andreen patent shutters are so constructed that fifty shutters can be opened and closed from the inside on one side of the building in less than one minute. They can also be opened from the outside by the firemen with water pressure from the hose in case of fire. They are now in use by all the packing houses in South Omaha and other packing houses and buildings in many cities of the United States. They have stood many severe tests in fire and have saved a great amount of property.

Card of Thanks.

We wish to express our deep appreciation of the many kindnesses shown by the friends and also to members of Ivy Rebekah lodge, No. 33, Independent Order of Odd Fellows, in our bereavement in the death of daughter and sister, Harriett M. Cole.

MRS. H. R. J. HUGHES, CHAS. B. COLE, A. EDWIN COLE, W. CLARA COLE.

2-K wedding rings, Edholm, jeweler.

Coffee Kills

Your digestive organs and weakens your heart. But

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FRY SHOE CO.