

How The Most Beautiful Woman

of FRANCE PRESERVES HER BEAUTY

1 CONSIDER Cavaleri the most beautiful woman in France," said Mme. Sarah Bernhardt recently. And the same expression has been voiced by many another.

"Yet, when you think of Dorsal, the prize beauty, of Elise de Vere," said another, "and Anna Held, and ever so many beside her, you change your mind."

But what Bernhardt's judgment is not far from the correct one may be seen when it is considered that this dazzling woman, who is said to have once sold flowers on the street, since she sprang into fame in one night by appearing in a concert hall over ten years ago has never released her hold on the greatest worshippers of beauty, the fickle Parisians.

Supposing that Cavaleri is the prettiest woman in Paris—and King Edward so pronounced her after Dorsal, while Queen Alexandra placed her first—and supposing that she understands the art of being beautiful, it is worth while to study her and note by what means she preserves the loveliness which makes her the envy of Parisians year after year.

Cavaleri has the most beautiful throat and neck in the world. Dorsal, who has a prettier mouth and lovelier eyes, has not one-half as fine a chin as Cavaleri, and even Anna Held, she of the brilliant mouth and faultless cheeks, does not pretend to such a throat.

"And so I preserve the beautiful neck and throat for which she is famous."

Dresses for the Back.

The French woman, for she must be considered as a class, dresses peculiarly and different from any woman in the world. She dresses for the back. She takes care to dress well, considered from a front point of view. But she dresses with a special regard for those who shall see her from the rear.

She takes great pride in her shoulder blades. "Let them get fat and you are lost," she says. And so it is. "Let your shoulder blades become stooping and you are ruined," she declares. "Let your shoulder blades get sharp and none of your gowns will fit you. Let your shoulder blades grow ungraceful and you might as well give up the beauty quest."

When it comes to the display of her back and neck and arms the French woman excels. She shrugs with them. She says yes and no. She expresses surprise, joy, disdain, and sorrow all by the gestures of her back and arms. She laces

How She Preserves Famous Throat.

The throat of Cavaleri is columnar in its shape. It is big and round and it gradually tapers toward the head. It grows wider toward the shoulders, where it widens with a brilliant arch, making one of the most beautiful curves ever seen upon human form divine.

The color of the flesh is rich ivory. It is the color of the fresh new ivory, not the yellowed old ivory of the excavations, but clear and beautiful.

A woman who has taken care of the throat of Cavaleri has this to say about it: "Each morning after breakfast the throat of this beautiful woman is massaged. I strike it fifty strokes front and back, and I massage it well with cream and oils. I massage it under the chin to remove the bagginess, and I massage it at each side to keep the creases from coming. Then I compel my patient to make the head and throat exercises for herself."

"The head and throat exercises consist of bending the head forward and way backward a dozen times, and they consist in turning the head sideways this way and that way. It must be done for fifteen minutes or it will be without effect. There is no need of exercising five minutes. It requires fully fifteen."



Mme. Cavaleri

Her pride is her shapely back and arms.



The most beautiful woman in Paris.

her waist so tight that it seems as though she would break in two. But her bust is free and her breathing space is full. She would not think of cramping her lungs.

"Merci," exclaimed a French woman putting on an American bodice. "I cannot breathe. The belt is like a bag. It is so loose that I am uncomfortable while it is tight around the bust and around the throat."

And that is one of the French woman's secrets. She

gives her throat plenty of room. And she gives her bust a chance to expand. But her waist, on the other hand, is tightly laced. She takes care, however, to pull the laces tight below the ribs and below the lung space, and below the bust line, in order that the beautiful upper figure may have plenty of room in which to breathe and expand and be graceful.

Beauty and Chic from Diet.

"The French woman has a certain diet to which she clings rigidly all her life, and her beauty and her chic are her reward," says one who has studied her.

"For one thing, she eats no breakfast. Her morning

meal, which is taken early, consists of a cup of black coffee and a small roll, with no butter at all.

"The American woman at that time is eating fruit and cereals, rolls and coffee with milk, and like as not a chop, and maybe an egg. She is taking one of the heartiest meals of the day."

"But the French woman gets up, takes her cup of black coffee, nibbles her roll, and she has had her breakfast. It is all she wants."

"When the French woman takes her noonday meal she does not drink copious libations of water and, like as not, a glass of milk. Nor does she eat pie and muffins. Most likely she takes no butter, and there is not a drop of cream upon her table. Her lunch, which she calls her second breakfast, consists of, perhaps, a small bowl of soup and some bread. Then she has a salad and more bread. And with this she drinks a glass of light wine. Wine is to her what milk is to the



Cavaleri's neck and shoulders.

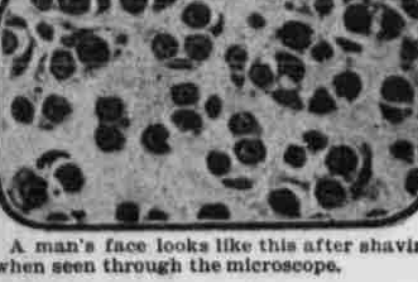
FROM NEAR AND FAR

BIRDS CHRISTMAS TREE.



Place a small tree in the yard decorated with baskets of seed and other dainties and watch the flock of sparrows participate in the general rejoicings of the season.

A CLOSE SHAVE.



A man's face looks like this after shaving when seen through the microscope.

HOLY BELLS.



In rural Austria bells are rung on Christmas eve to keep the evil spirits away while the Christ child passes.

ENTERPRISING.



In Malaga you can buy your Christmas candies at your door. For the candyman, in snowy cap and apron, goes through the street crying his wares.

ROUMANIAN CHRISTMAS PROCESSION.



Many little Roumanian children will tonight look from their window on this weird procession and feel a thrill of terror at the monster in the center, representing the devil, which will only be dispelled by the bright, pure face of the little girl representing an angel in front.

HOLIDAY REQUIEM.



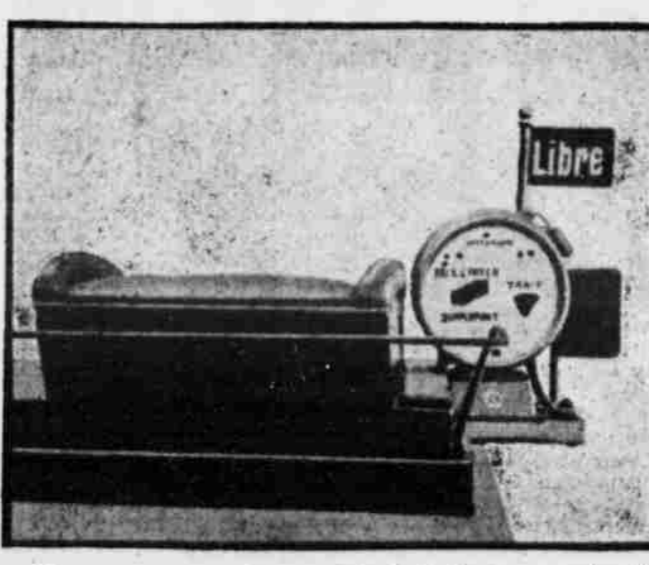
The Christmas waltzers of old England, who were the first to sing carols or carols in the vulgar tongue on Christmas eve, were really chanting the dirge of Latin which hitherto had been for the common people the medium of religious song.

PREHISTORIC AMERICANS LOOKED LIKE THIS.



Recent explorations of ruins in Yucatan bring to light wall paintings that show in a vivid way what kind of people the prehistoric Americans were.

CHECK ON "CABBY."



When a passenger enters a cab in Paris the driver pushes down the flag, connecting the back wheel with the instrument. At the end of the drive the fare is shown on the dial.

WOMEN HOTEL GUIDES.



In Finland a basket maker does a profitable business. There is a general demand for her wares, and in that heavily wooded land her materials are cheap.

WHO'LL BUY?



In Spain many a Christmas dinner goes to town on six legs.

FRANKINCENSE.



Frankincense was part of the magi's gift on the first Christmas day because it had "an odor of sweet savor," as an old legend says.

IN SANTA CLAUS LAND.

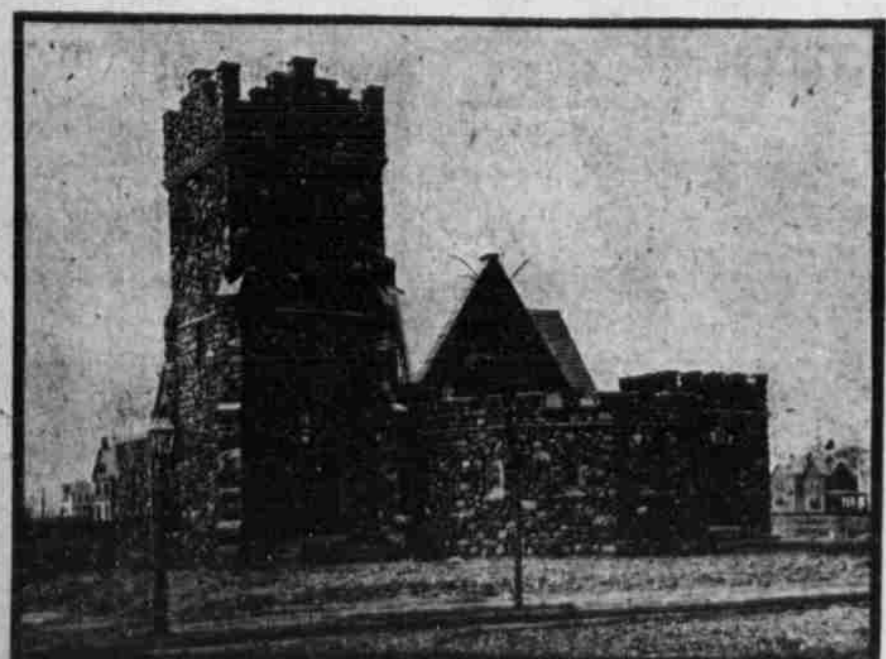


The Norwegian explorers who made an expedition to the arctic region on the Fram in 1893 celebrated Dec. 25 by having a Christmas tree, which they decorated with ornaments brought from home for this special purpose.

WOMEN DRUDGES.



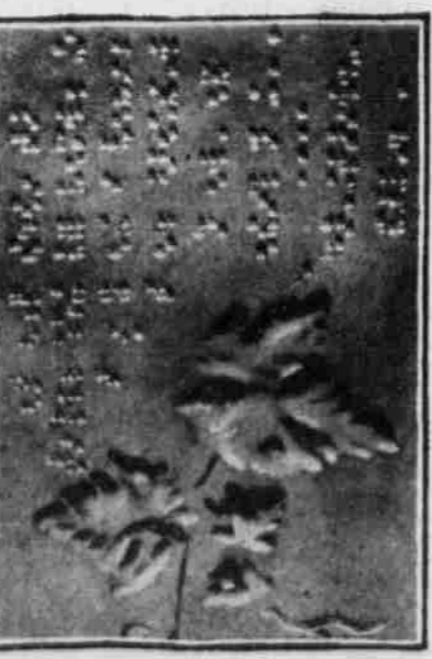
The Khyber women are the hewers of wood and drawers of water to their village communities.



This church at Elmhurst, L. I., is the only one in the United States built of this material.



The Biskra woman of Algeria wears the money of her country just as American women once made United States coins into bangles and brooches. In this costume the famous African ring money is used for buckles.



Many blind children will receive cards like this today. The cards are illustrated by embossed pictures; the greeting is in Braille type.



In Finland a basket maker does a profitable business. There is a general demand for her wares, and in that heavily wooded land her materials are cheap.



For the escort of feminine guests these "special maids" are a feature of a newly opened New York hotel.

FALLING-HAIR BALDNESS ABSOLUTELY CURED

There is but one way to tell the reason of baldness and falling hair and that is by a microscopic examination of the hair itself. The particular disease with which your hair is afflicted must be known before it can be intelligently treated. The use of dandruff cures and hair oils, without knowing the cause of the trouble, is like taking medicine without knowing what you are trying to cure. Send three falling hairs from your case, to Prof. J. H. Austin, the celebrated hair-disease specialist, who will send you absolutely free a diagnosis of your case, a booklet on care of the hair and scalp, and a sample box of the remedy which he will prepare especially for you. Enclose 50 postage and write today. PROF. J. H. AUSTIN, 29, McVicker's Bldg., Chicago, Ill.

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