

## About Brain

To get results you must FEED it.

The average man pays some little attention to food that builds muscle but NEVER GIVES HIS THINKER A THOUGHT.
Why?
Because he has yet to learn that Brain wastes away daily, exactly like muscle, and must be rebuilt daily by food selected for that purpose.

## The Only Way

## Else Brain Fag and Nervous Prostration sets in

The things in food that make Brain and Nerve matter are Albumen and Phos phate of Potash and are found in such perfect proportion in

## GRAPE-NUTS

that even a ten days trial of this scientific food will show in renewed vigor and energy in the brain, clearer thinking powers, better memory, shaip, snappy ideas. These are the reasons why

## You Can Do Things On a Grape-Nuts Diet

The chance to give Grape-Nuts a fair trial is denied to none for the weakest stomach can handle this food without trouble or effort. It is toothsome and delicious and is fully cooked at factory so it is ready for immediate service with rich cream or in a great variety of dishes described in the recipe book in each package See also the little book in each package, "The Road to Wellville.

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ARE YOUR KIDNEYS WEAK?
Thousands Have Kidney Trouble and Never Suspect It.

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personal examination We luvite you to call at our pariors sind allow ua PIANO PLAYER CO.

## A Corner Suite

 Facing Farnani Street```
This suite consists of a waiting roon and two and a large burglar proof vault. There is no
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\section*{The Bee Building}
R. C. Peters \& Co
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