

Resuming Traffic in Omaha

Scenes on the Streets When Teams Were Started as Photographed by a Staff Artist



FREIGHT PACKAGE HANDLERS LEAVE OFF WORK.



OMAHA POLICE WERE VIGILANT, BUT HAD LITTLE TO DO



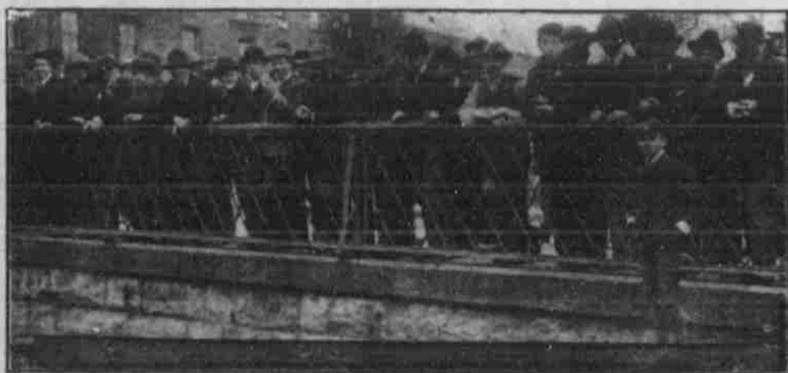
ONE POINT IN THE WHOLESALE DISTRICT.



ONE OF THE BOSSES DRIVES HIS OWN TEAM.



WATCHING A NONUNION DRIVER AT HIS WORK.



ELEVENTH STREET VIADUCT AS A "GRAND STAND."



WATCHING THE "BOSSES" WORK.

Secret of Correct Walking

DON'T tip the shoulders from side to side when walking. It is an exceedingly ungraceful habit. Don't throw the shoulders far back of the line of the hips nor hold the arms rigidly at the sides. Don't bend forward when walking, but hold the body erect, with the chest well arched and the hips thrown back. Don't take a heavy stride, but one that is light, free and firm, balancing the upper part of the body alternately upon each hip, but without swaying it perceptibly. Don't take the impetus forward from the heel, but from the ball of the foot, with a slight spring. Don't hold the leg stiff, although it must be held straight. In this way one walks with the least physical expense and with the greatest ease, comfort, healthfulness and beauty. Don't pitch the head forward. Excessive relaxation of the neck, with undue strain of the body, is awkward, destroying

harmony, dignity and grace. Don't fail to remember this rule, that in walking you should carry yourself so that a plumb line, dropped from your nose, would fall just an inch in front of your great toe. Don't bend the knees in walking. No one wants to appear "weak-kneed." If you do, you cannot be a poem when you walk. Don't wear shoes run down at the heels, and don't wear high-heeled and narrow-toed shoes. They are the inveterate enemies of grace. Don't acquire the athletic, swinging gait, although it is the fad of the hour. Don't drop forward from the waist, another fashionable style of walking, and an exceedingly ugly one. Don't walk too far at first, when taking up outdoor exercise for the sake of your complexion. Stop just short of being tired. Don't run upstairs. Go slowly and deliberately. Remember that you are lifting

the weight of the body many times, and it is no light exercise. Don't trudge as though trying to push holes in the steps. Take each step with a springing motion. Don't waddle from side to side when mounting stairs. Don't tread on the ball of the foot only. Put the whole foot, heel and all, lightly but squarely on the step. Don't bend double when ascending a flight of stairs. Give the lungs full play, for you need plenty of breath. Don't think that time wasted which you spend in acquiring a graceful gait, for it exercises a subtle and mighty charm.

Reflections of a Bachelor

Nagging has driven more men to crime than all the vices in the world. The trouble with present-day humanity is that it is being coddled into wreck and ruin. A girl can blush so easily that she will

do it even when she is reading in a novel where the heroine begins her honeymoon. The more a man explains a thing to a woman, the surer she is she could understand it better without the reasons being made clear. It is very thoughtless of a girl who deserves to be kissed to wear one of those big hats that act to a man the way a battleship's torpedo net acts.—New York Press.

Judging by the Job

A man was taken on as a laborer in one of the large shipbuilding yards on the Clyde. The first job he had to do was to carry some rather heavy planks. He had been about an hour carrying them, when he went up to the foreman and said: "Did ah tell you ma name whin ah started?" "Aye," said the foreman. "You said it was Tamson." "Oh, that's a' right," replied the man, looking over at the pile of planks he had yet to carry. "Ah wis wunnerin' if you thoct ah said 't was Samson."—Tid-Bits.