

LINCOLN FOOTPADS ACTIVE

James Manahan Beaten and Robbed Near His Own Home.

IDENTITY OF ONE SUSPECT ESTABLISHED

Deputy Food Commissioner Finds Large Percentage of Food Products Are Adulterated—Sues Game Warden.

(From a Staff Correspondent.) LINCOLN, Dec. 10.—(Special.)—James Manahan, the democratic nominee for congress for this district four years ago, was badly beaten and then robbed near his home by two unidentified men last night.

Mr. Manahan left his home about 9 o'clock to purchase some medicine for his wife. He had gone only a short distance when two men grabbed him. One of them struck him in the face with a revolver and after severely beating him held him while the other man robbed him. They secured a gold watch and other articles of small value.

Allen Nelson was held up and robbed of \$4 about the same time. Mr. Nelson was walking along the street when two men showed a revolver in his face and rifled his pockets. He made no resistance.

Has Been in for Train Robbing.

One of the three men under arrest here on suspicion of having participated in the robbery of the Burlington train near this city October 11 last has been identified through his photograph by the authorities of the Anamosa penitentiary in Iowa as an ex-convict who served a fifteen-year sentence in that institution for train robbery. The suspect gave his name to the Lincoln police when arrested nearly ten days since as Jack Cramer. The Anamosa authorities recognize him as James Conway, alias "Shank," who was sent up for the hold-up of a Northwestern passenger train near Belle Plaine, Ia. His companions in that job were James Martin, alias "Mysterious Jim," and Jack McKinley. Conway, who now appears as Jack Cramer, and Martin were sent up for fifteen years and McKinley for ten years. At the end of the latter's term in 1900 he had been released but a short time before he was engaged in a train robbery enterprise in western Iowa, was riddled with buckshot in resisting arrest, had his trial and was taken to the Fort Madison penitentiary on a stretcher, where he is now doing time.

Conway, or Cramer, as he is now known here, is 39 years old and a native of New York. He stands over six feet high, bare-footed, weighs 190 pounds, is bald from forehead to the back of his neck and the muscles of his arms measure fourteen and a half inches around when in repose. He has lost the sight of one eye, but the defect is not noticeable. He has a hang-dog look and is wont to talk with his teeth set determinedly.

The description given of Conway tallies accurately with that of Cramer, the suspect, but while it seems to indicate that he is a train robber by profession it will, if it should be proven that Conway and Cramer are identical, afford him an alibi on the charge now tentatively preferred against him. If he is in fact Conway he must have been in the Anamosa penitentiary until October 31, while the Burlington robbery occurred October 11. No definite charges have been laid as to the identity of his two companions.

Missing Girl is Found.

Miss Jessie Bullock, the invalid daughter of Rev. and Mrs. Bullock, who disappeared from her home Monday evening, was located at Havelock this afternoon and was returned to her parents. Miss Bullock, who temporarily demitted, was taken away from home and was given shelter by a family at Havelock. Rev. Bullock is pastor of the Vine Street Congregational church.

Finds Foods Adulterated.

Deputy Food Commissioner Bassett has filed with the governor his biennial report. The commissioner speaks of the need of guarding the public against foods which have been preserved by the admixture of dangerous chemicals, such as hydrofluoric acid, a dangerous corrosive, and others. Out of 228 samples of food products analyzed by the chemist of the food commission, 163 were adulterated or not in compliance with law, the report stated. The commissioner desires the legislature to make an appropriation to fit up a laboratory so that he will not be under the necessity of using the university laboratory which he has been doing for the last two years. He recommends a direct appropriation for the maintenance of the commission rather than the present plan of allowing the commission to depend upon fees. The report contains the following financial report of fees received:

Table with 2 columns: Item and Amount. Includes items like 'Two hundred and eighty-five creameries, skimming stations and cheese factories' and 'Forty-seven wholesale dealers in butter and cheese'.

GLASS OF WATER

Upset Her.

People that don't know about food should never be allowed to feed persons with weak stomachs. A little over a year ago a young woman who lives in Mercer, Mo., had an attack of scarlet fever, and when convalescent was permitted to eat anything she wanted. Indiscriminate feeding soon put her back in bed with severe stomach trouble and inflammation of the kidneys.

"There I stayed," she says, "three months, with my stomach in such condition that I could take only a few teaspoonfuls of milk or beef juice at a time. Finally Grape-Nuts was brought to my attention and I asked my doctor if I might eat it. He said, 'yes,' and I commenced at once.

"The food did me good from the start and I was soon out of bed and entirely recovered from the stomach trouble. I have gained ten pounds since my recovery and am able to do all household duties, some days sitting down only long enough to eat my meals. I can eat anything that one ought to eat, but I still continue to eat Grape-Nuts at breakfast and supper and like it better every day.

"Considering that a year ago I could stand only a short time and that a glass of water seemed so heavy, I am fully satisfied that Grape-Nuts has been a blessing to me and my return to good health is due solely to it.

"I have told several friends having nervous or stomach trouble what Grape-Nuts did for me and in every case they speak highly of the food." Name given by Postum Co., Battle Creek, Mich.

against a \$5,000 damage suit brought by Chris Ernest of O'Neill, because Deputies Carter and O'Brien had Ernest arrested when Ernest was innocent of breaking the game laws. The trouble happened last July, Carter and O'Brien, at the request of Game Warden Simpkins, went to the vicinity of O'Neill to locate illegal game shooters. The deputies located one man and two women having all kinds of fun shooting prairie chickens. The man was quickly gathered into the arms of the law, his gun and ammunition taken from him and, followed by the faithful dog and the weeping women, the officers headed him for O'Neill, and on the way there is where the officers got the double cross.

They saw other shooters, and it was impossible to hold the one they had and catch the others and it was impossible to hold the shooting and not something, so they went after the other men. First, however, they took the name of the man they had in custody and his promise to be in O'Neill the following morning for a hearing. He gave the name of Chris Ernest. The next morning he failed to show up and a deputy sheriff armed with a warrant, went after him. Ernest was arrested and brought to town, but the deputies discovered that he was not the man they had arrested. Consequently he was sent home the following morning.

SCHOOL FUND APPORTIONMENT

State Superintendent Fowler Divides Funds Among the Various Counties.

(From a Staff Correspondent.)

LINCOLN, Dec. 10.—(Special.)—W. K. Fowler has filed with the state auditor his report of the apportionment of school moneys. The report this fall shows the rate per scholar to be considerable less than in the May apportionment and the apportionment of the last December. For May the per capita was \$11,192.45 and for December of last year it was \$10,817.78. The amount of moneys, and from where derived, and the apportionment is as follows:

Table with 3 columns: County, No. of Sch., and Amount. Lists counties like Adams, Antelope, Banner, etc., with their respective school numbers and amounts.

Missouri After Nebraska Land.

Attorney General Prout is in Kansas City representing the state in the case of the state of Missouri against the State of Nebraska, to be tried before Commissioners Alfred Hallett of Beatrice and J. W. Halliburton of Carthage, Mo., appointed by the United States supreme court. The suit is over the jurisdiction of the island precinct in Nemaha county.

Reports on School Lands.

In the report of Land Commissioner Folmer now being prepared figures are given for the common school lands, normal school lands, university lands, agricultural lands and saline lands. The totals for the state are as follows: Acres deeded, common school land, 107,575.44; acres sold, 2,521.65; acres leased, 184,381.65; rental on leases, \$237,956.30; interest on sale contracts, \$318,758.07; bonuses paid and interest on delinquent contracts, \$117,775.23; principal on sale contracts, \$757,827.35; rental on serving notices on delinquents, \$907.39; grand total for common school lands, \$327,231.15.

University Lands—Acres deeded, 4,197.84; rental on leases, \$5,017; acres leased, 241; interest on sale contracts, \$15,957.51; bonuses paid and interest, \$159.50; principal on sale contracts, \$36,234.48; penalties for serving notices on delinquents, \$10; total, \$46,542.29.

Agricultural College Lands—Deeded lands, 114,504.63; rental on leases, \$3,673.75; interest on sale contracts, \$41,923.39; bonuses paid and interest, \$159.50; principal on sale contracts, \$36,234.48; penalties for serving notices on delinquents, \$10; total, \$82,927.67.

University Regents in Session.

The regents of the State university met in regular session with these present: Regents Calkins, Ernst, Forell, Kenower and Teeters, and for the evening session Regent Rich. A number of minor appointments made since the last meeting of the board were reported by the chancellor and approved. The Finance committee reported that it had examined and checked up the semi-annual cash statement of the secretary for the six months ending November 30, 1902, and found the same correct.

In the matter of the representation of the medical college the university senate has already manifested its interest in the proposed naming Drs. Ewing Brown, E. B. Davis, K. H. Gifford, A. F. Jonas and W. P. Milroy of Omaha members of the Medical college faculty, as members of the senate.

The president of the board was authorized to execute the statutory bond to the state on behalf of the Medical college in the matter of dissection of human bodies.

The committee heretofore appointed in the matter of the matriculation and registration of students in the medical college, six-year course made the following report, which was approved:

1. That in order to meet the requirements of the several states relating to qualifications for the practice of medicine, the students entering the combined six years' course leading to the bachelor's degree and the degree of doctor of medicine shall matriculate and pay the statutory fee therefor and register in the same allopathic college. 2. At the beginning of the third year of the combined six-year course, which is equivalent to the first year of the four years' course in medicine, all students already matriculated and registered in the general colleges for the six years' course shall again matriculate in the medical college, paying the statutory fee therefor, and register as students in the same allopathic college. 3. At the beginning of the second year in one of the general colleges, the second two years in one of these and in the medical college also, the third two years in the medical college only, shall pay all tuition and other fees according to the general rules of the university

WHEAT AREA INCREASES

Many More Acres Have Been Sown This Fall Than Last.

CONDITION BETTER THAN FOR YEARS

Average State of Winter Variety Estimated to Be Ten Points Higher Than for the Nine Past Seasons.

WASHINGTON, Dec. 10.—The statistician of the Department of Agriculture estimates that the newly seeded area of winter wheat at about 24,000,000 acres, an increase of 5.1 per cent upon the area sown in the fall of 1901. The condition of winter wheat on December 1 was 99.7 per cent as compared with 86.7 in 1901, 97.1 in 1900 and a nine-year average of 91.4 per cent. The following table shows for each of the principal states the percentage of acreage sown with winter wheat this fall as compared with last year, the average of condition on December 1 of the present year, the corresponding averages for 1901 and 1900 and the mean of the December averages of the last nine years:

SAFE IN BLAIR DEPOT WRECKED

Robbers Find Nothing Inside to Reward Them for Their Trouble.

BLAIR, Neb., Dec. 10.—(Special.)—The most complete job of safe blowing that has been done in Blair for many years was accomplished at the freight depot of the Chicago, St. Paul, Minneapolis & Omaha railroad this morning at about 3 o'clock by parties so far unknown. Carl Lindstrom, the cashier at the depot, remained working on his books in the room until after 12 o'clock and it is supposed the parties thought he had left the day's collections in the safe, but he had remained to headquarters all except \$10, which he took home with him. They tried all the windows and finally gained an entrance through a sliding door in the storage room. Parties living near heard the report and afterward a team being driven rapidly away, but did not give any alarm. Only a few books and lead pencils were in the safe and not a cent of money. A bar of white soap cut up in slices was lying on the table and in a small pocketknife with one broken blade near it. The work was done with nitroglycerine or some other liquid explosive, poured in at the top of the door in a cup-shaped aperture made out of the soap.

Elks' Lodge at Fremont.

FREMONT, Neb., Dec. 10.—(Special.)—A meeting of the applicants for a charter for an Elks lodge was held at the club rooms last evening. It was voted to rent the club rooms and the offices and rooms adjoining, which will be fitted up for lodge room purposes. The furnishings of the club rooms, including billiard tables, will also be purchased. The charter list numbers over 100 names, and it is expected that the lodge will be formally instituted next week, at which time large delegations from Omaha, Lincoln and Norfolk are expected to be present. The following were chosen as officers of the lodge: Exalted ruler, Ray Nye; esteemed leading knight, H. O. Dunning; esteemed lecturer, J. W. Stewart; secretary, L. B. Coman; treasurer, Guy Humman; ruler, Frank Hollenbeck; trustees, Julius Beckman, Thad Quinn and Otto Pohl.

Reception for New Pastor.

RECUMSEH, Neb., Dec. 10.—(Special.)—A reception was given to Rev. and Mrs. W. F. Smith at the Baptist church here last evening. Rev. Mr. Smith is the newly elected pastor of the church and he and his wife have just moved to Recumseh from Ashland. A program of song and recitations was carried out, ministers of the other churches extending welcome to Rev. and Mrs. Smith and he responded. Refreshments were served. The attendance was large and a very pleasant time was enjoyed by all.

Federick Held for Trial.

KEARNEY, Neb., Dec. 10.—(Special Telegram.)—The preliminary examination of John Frederick of Calloway, charged with

WHAT A SAMPLE BOTTLE OF SWAMP-ROOT DID.

To Prove What the Great Kidney Remedy, Swamp-Root, will do for YOU, Every Reader of The Omaha Bee May Have a Sample Bottle Sent Free by Mail.

Refuses Stay of Proceedings.

PIERRE, S. D., Dec. 10.—(Special Telegram.)—Application has been made in the supreme court for what would be practically a stay of proceedings in the case of E. H. Wright, who was found guilty of embezzlement and sentenced to the penitentiary. Wright's attorneys asked in the remittitur that the case not be sent down for sixty days, to give them time to ask for a hearing in the United States court. The application was denied and the remittitur sent down.

File Motion for New Lines.

GUTHRIE, Okl., Dec. 10.—The resolution of the stockholders of the End and Anadarko railroad, a Rock Island project, authorizing an extension from Waurike, Okl., to Ardmore, I. T., was filed today. The resolution also authorizes a line from a point midway between Ardmore and Waurike and passing northward through Indian Territory, Oklahoma and Kansas to Kansas City, and from the same point a line southward to the northern line of Texas.

Homesteaders' Rates Withdrawn.

ST. PAUL, Dec. 10.—The general passenger agents of the St. Paul-Chicago lines have decided to cancel all land carriers' rates on December 15. All the lines have maintained the rates, which call for one fare plus \$2 for the round trip, but most of the business has come from Illinois, northern Missouri and Iowa, and the destinations have been points in the Dakotas and Montana.

Alleged Horse Rustler Captured.

HOT SPRINGS, S. D., Dec. 10.—(Special.)—Word reached here from the authorities at Watertown, this state, announcing the capture of Olney, the alleged horse rustler who has terrorized the country of Custer and Washburn for some time past. Sheriff Ainsley left for Watertown and will bring the man to Custer, where he will have to answer to the charge.

Sheriff Gets His Man.

STURGIS, S. D., Dec. 10.—(Special.)—Sheriff Smith of Meade county returned from Pierre yesterday with E. E. Brown, the fellow who got up James Bullis so badly at White Owl. Brown is now in the Meade county jail charged with assault with intent to kill.

All Come from Dandruff, which is Caused by a Germ.

Split hair, harsh hair, lusterless hair, brittle hair, falling hair, all owe their origin to dandruff, which is caused by a mealy little microbe that burrows into the scalp, throwing up the outside into dandruff scales and sapping the vitality of the hair at the root, causing the several diseased conditions of the hair till it finally falls out. Modern science has discovered a remedy to destroy the dandruff microbe, which is combined in Newbro's Herculic, which may be had of any druggist. Always itching instantly and makes hair soft as silk. Take no substitute; nothing "just as good."

FORECAST OF THE WEATHER

Snow and Colder in Eastern Nebraska and Fair in Iowa. WASHINGTON, Dec. 10.—Forecast: For Nebraska—South Dakota and Kansas—Snow Thursday; Friday, fair. For Iowa—Fair Thursday and colder in east and south portions; Friday, fair. For Illinois—Snow in north, rain or snow in south portion Thursday; colder; Friday, fair; fresh north to northeast winds. For Missouri—Rain or snow and colder Thursday, except fair in northern portion; Friday, fair. For North Dakota and Montana—Generally fair Thursday and Friday. For Wyoming—Fair in west, snow in east portion Thursday; colder; Friday, fair. For Colorado—Fair Thursday, colder in east portion; Friday, fair.

THE FUNNIEST TIME IS PING PONG.

Tables are 30 cents an hour. See Building parlors, 214 South Seventeenth street.

WHAT A SAMPLE BOTTLE OF SWAMP-ROOT DID.

To Prove What the Great Kidney Remedy, Swamp-Root, will do for YOU, Every Reader of The Omaha Bee May Have a Sample Bottle Sent Free by Mail.

Refuses Stay of Proceedings.

PIERRE, S. D., Dec. 10.—(Special Telegram.)—Application has been made in the supreme court for what would be practically a stay of proceedings in the case of E. H. Wright, who was found guilty of embezzlement and sentenced to the penitentiary. Wright's attorneys asked in the remittitur that the case not be sent down for sixty days, to give them time to ask for a hearing in the United States court. The application was denied and the remittitur sent down.

File Motion for New Lines.

GUTHRIE, Okl., Dec. 10.—The resolution of the stockholders of the End and Anadarko railroad, a Rock Island project, authorizing an extension from Waurike, Okl., to Ardmore, I. T., was filed today. The resolution also authorizes a line from a point midway between Ardmore and Waurike and passing northward through Indian Territory, Oklahoma and Kansas to Kansas City, and from the same point a line southward to the northern line of Texas.

Homesteaders' Rates Withdrawn.

ST. PAUL, Dec. 10.—The general passenger agents of the St. Paul-Chicago lines have decided to cancel all land carriers' rates on December 15. All the lines have maintained the rates, which call for one fare plus \$2 for the round trip, but most of the business has come from Illinois, northern Missouri and Iowa, and the destinations have been points in the Dakotas and Montana.

Alleged Horse Rustler Captured.

HOT SPRINGS, S. D., Dec. 10.—(Special.)—Word reached here from the authorities at Watertown, this state, announcing the capture of Olney, the alleged horse rustler who has terrorized the country of Custer and Washburn for some time past. Sheriff Ainsley left for Watertown and will bring the man to Custer, where he will have to answer to the charge.

Sheriff Gets His Man.

STURGIS, S. D., Dec. 10.—(Special.)—Sheriff Smith of Meade county returned from Pierre yesterday with E. E. Brown, the fellow who got up James Bullis so badly at White Owl. Brown is now in the Meade county jail charged with assault with intent to kill.

All Come from Dandruff, which is Caused by a Germ.

Split hair, harsh hair, lusterless hair, brittle hair, falling hair, all owe their origin to dandruff, which is caused by a mealy little microbe that burrows into the scalp, throwing up the outside into dandruff scales and sapping the vitality of the hair at the root, causing the several diseased conditions of the hair till it finally falls out. Modern science has discovered a remedy to destroy the dandruff microbe, which is combined in Newbro's Herculic, which may be had of any druggist. Always itching instantly and makes hair soft as silk. Take no substitute; nothing "just as good."

FORECAST OF THE WEATHER

Snow and Colder in Eastern Nebraska and Fair in Iowa. WASHINGTON, Dec. 10.—Forecast: For Nebraska—South Dakota and Kansas—Snow Thursday; Friday, fair. For Iowa—Fair Thursday and colder in east and south portions; Friday, fair. For Illinois—Snow in north, rain or snow in south portion Thursday; colder; Friday, fair; fresh north to northeast winds. For Missouri—Rain or snow and colder Thursday, except fair in northern portion; Friday, fair. For North Dakota and Montana—Generally fair Thursday and Friday. For Wyoming—Fair in west, snow in east portion Thursday; colder; Friday, fair. For Colorado—Fair Thursday, colder in east portion; Friday, fair.

THE FUNNIEST TIME IS PING PONG.

Tables are 30 cents an hour. See Building parlors, 214 South Seventeenth street.

W. F. Lohnes, a prominent business man of Springfield, Ohio, writes the following strong endorsement of the great kidney remedy, Swamp-Root, to the Editor of the Springfield, Ohio, Republic:



W. F. Lohnes, a prominent business man of Springfield, Ohio, writes the following strong endorsement of the great kidney remedy, Swamp-Root, to the Editor of the Springfield, Ohio, Republic:

"Having heard that you could procure a sample bottle of Swamp-Root, free by mail, I wrote to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle and it was promptly sent. I was so pleased after trying the sample bottle that I sent to the drug store and procured a supply. I have used Swamp-Root regularly for some time and consider it unsurpassed as a remedy for torpid liver, loss of appetite and general derangement of the digestive functions. I think my trouble was due to too close confinement in my business. I can recommend it highly for all liver and kidney complaints. I am not in the habit of endorsing any medicine, but in this case I cannot speak too much in praise of what Swamp-Root has done for me."

(W. F. Lohnes.) 43 1/2 West High Street.

MRS. MARGRET GREENMYRE, CINCINNATI, OHIO.

Director of Social Science Club. 2068 Eastern Avenue, CINCINNATI, OHIO, May 20, 1902. I consider Wine of Cardui a most excellent woman's remedy. It is certainly a specific as a uterine tonic and regulator. For eight years I suffered with female trouble and irregularity. I had intense pain in the back and head, leaving me so weak that I was unable to stand at times. My friends did not seem to be able to help me, but after all remedies had failed me Wine of Cardui proved my one great true friend. What a relief it experienced. It was only a few days after I started taking it. I used it faithfully for four months and gradually grew stronger and better. My menses which had been irregular and painful now were regular to the day, and for the past two years I have enjoyed blessed good health and hardy know when menstruate. I certainly wish every sick and suffering woman could know of your blessed medicine, how much pain and suffering it would prevent, and what a difference it would make in thousands of homes where there is sickness and sorrow today. If they had Wine of Cardui it would bring relief and joy instead.

WINE OF CARDUI

There are thousands of women who on account of female weakness are half living, half existing. They are unable to fully discharge the duties that give that true significance to the name of "mother". A healthy mother is the soul of a home. And when she is sick she creates a vacancy which no other can fill. With such a responsibility as this no mother has a right to be sick when it is within her power to be well. No mother, sister or daughter has the right to rob the home of her influence when such a remedy as Wine of Cardui is curing so many sufferers. Wine of Cardui is a medicine that has cured a million women, but it is a mild medicine that may be taken by a child without harm. It is a never failing regulator of the menstrual flow, accomplishing many astonishing cures of chronic complaints that have baffled doctors for years. Thousands of doubting women who have given up hope of ever being

well again have testified Wine of Cardui and have been joyfully surprised by returning health and strength. They have taken it because the trial costs only the price of the medicine and involves no costly doctor's fees, nor any danger of the operating table. A woman does not need to go to a doctor to tell her she has female weakness. She knows it sooner than anyone else without a doctor's holding a humiliating local examination. Every woman should know that Wine of Cardui always does the same thing and it can be relied on. Wine of Cardui will stop the wasting drains and cutting pains of menstrual troubles, and it will cure ovarian troubles and banish the sharp agonies of bearing down pains and give suffering women health and strength. Wine of Cardui is offered to you with all its power to relieve and cure. Secure a \$1.00 bottle of Wine of Cardui. Accept no substitute.

BLOOD POISON

Is the worst disease on earth, yet the easiest to cure. Many have blisters, spots on the skin, sores in the mouth, ulcers, falling hair, nose-pain, etc. You can know it is BLOOD POISON. Send to DR. BROWN'S BLOOD PURIFIER, Philadelphia, Pa. for BROWN'S BLOOD PURIFIER. Each bottle lasts one month. Sold only by Sherman's Medicine Co., 15th and Under Sts., Omaha. Cures Men in a few days. Drug Store 15th and Dodge Sts.

ASTHMA

HAY FEVER, CATARRH Oppression, Suffocation, Neuralgia PROMPTLY CURED BY Espic's Cigarettes, or Powder E. FOUGERA & CO., New York, and all Druggists

CANDY CATHARTIC. THEY WORK WHILE YOU SLEEP. ANNUAL SALE 1,000,000 BOXES Greatest in the World. A MILLION HAPPY AMERICAN CHILDREN are kept healthy with CASCARETS Candy Cathartic. Good words spoken by their mamas for CASCARETS to other mamas have made CASCARETS successful until the sale now is nearly A MILLION BOXES A MONTH. Why do little folks like CASCARETS? Because they are a sweet, palatable, fragrant little tablet—taste good—do good—never grip nor gripe, but act gently, naturally, positively. Medicine that a child dislikes will not do it much good. Sensible parents give their little darlings medicine that tastes good and does good, and does not grip nor gripe; the kind they like themselves. Children are always ready to take CASCARETS, THE PERFECT HOME MEDICINE, ask for them and are kept healthy always and safe against the dangers of childhood's ailments. Best for the Bowels. All druggists, 10c, 25c, 50c. NEVER SOLD IN BULK. The genuine tablet stamped O.C.C. Guaranteed to cure or money back. Sample and booklet free. Address Sterling Remedy Co., Chicago or New York.

GLASS OF WATER. Upset Her. People that don't know about food should never be allowed to feed persons with weak stomachs. A little over a year ago a young woman who lives in Mercer, Mo., had an attack of scarlet fever, and when convalescent was permitted to eat anything she wanted. Indiscriminate feeding soon put her back in bed with severe stomach trouble and inflammation of the kidneys. "There I stayed," she says, "three months, with my stomach in such condition that I could take only a few teaspoonfuls of milk or beef juice at a time. Finally Grape-Nuts was brought to my attention and I asked my doctor if I might eat it. He said, 'yes,' and I commenced at once. "The food did me good from the start and I was soon out of bed and entirely recovered from the stomach trouble. I have gained ten pounds since my recovery and am able to do all household duties, some days sitting down only long enough to eat my meals. I can eat anything that one ought to eat, but I still continue to eat Grape-Nuts at breakfast and supper and like it better every day. "Considering that a year ago I could stand only a short time and that a glass of water seemed so heavy, I am fully satisfied that Grape-Nuts has been a blessing to me and my return to good health is due solely to it. "I have told several friends having nervous or stomach trouble what Grape-Nuts did for me and in every case they speak highly of the food." Name given by Postum Co., Battle Creek, Mich.

BLOOD POISON. Is the worst disease on earth, yet the easiest to cure. Many have blisters, spots on the skin, sores in the mouth, ulcers, falling hair, nose-pain, etc. You can know it is BLOOD POISON. Send to DR. BROWN'S BLOOD PURIFIER, Philadelphia, Pa. for BROWN'S BLOOD PURIFIER. Each bottle lasts one month. Sold only by Sherman's Medicine Co., 15th and Under Sts., Omaha. Cures Men in a few days. Drug Store 15th and Dodge Sts.