

DRAWN ON OMAHA FOR HELP

General Traffic Adviser Stubbs Appoints Two Local Men on His Staff.

TAKES THEM TO HIS CHICAGO OFFICE

Honor Falls Upon John M. Scott and Charles M. Secrist of Union Pacific Headquarters—Change is Merited Promotion.

J. C. Stubbs, general traffic manager of the Harriman line of railroad west of the Missouri river, will take two Omaha railroad men from Union Pacific headquarters to Chicago in the capacity of clerks under him in his new position.

John M. Scott, chief clerk of the Union Pacific, and Charles M. Secrist, chief clerk of the freight department of the same road, will abandon their duties here to take up similar work along their respective lines in Mr. Stubbs' office.

This change is a compliment to Omaha, is flattering to the Union Pacific railroad and its general offices and is especially so to the men chosen.

The change was but recently proposed and was sudden. Mr. Stubbs' visit to Omaha last Monday was the occasion of the first intimation of such a movement.

Both Passenger Agent Lomax and General Freight Agent Wood, the respective chiefs of Mr. Scott and Mr. Secrist, are sorry to lose their men, but they consider that the change will be advantageous in the long run to both, and so advanced acceptance of the offer.

Many Applicants. But there were many other applicants for both positions, some in Chicago, some in St. Paul and a few even in Omaha.

Mr. Stubbs returned to Chicago without announcing his decision and the matter rested in the air until yesterday, when the two Omahans received notice of their appointments.

The two sudden vacancies will cause a general shifting of the forces in the offices affected and successors of the men who are leaving have not yet been chosen.

Mr. Secrist has been with the Union Pacific eight years. Previous to that he was employed four years in the rate department of the Missouri Pacific at St. Louis, and his railroad work began three years before that still, when he worked in the Burlington freight office in this city. He is 37 years of age.

Mr. Secrist has also been a railroadman from the start, and, like Mr. Scott, is a representative only of his own department, being a bread-in-the-bone freight man. He began the work with the Northwestern railway, and later was employed by the Chicago, Milwaukee & St. Paul line. Then he went to the Union Pacific and before he came to headquarters five years ago he was located at Council Bluffs in the Union Pacific transfer there. He is 40 years of age.

HER HUSBAND IS IN PRISON. Why Mrs. Klambunde Asks the Court for Divorce.

Anna Klambunde, wife of August Klambunde, who was recently convicted of cattle stealing and sentenced to the penitentiary, has brought suit for divorce. The Klambundes were married in this city in 1894 and have three children.

May Provost has begun suit against William C. A. Provost for divorce on the ground of desertion. They were married in Omaha in 1891.

Mary Kolmer has brought suit for divorce from Charles L. Kolmer, alleging extreme cruelty. They were married at Greenfield, Ia., July 4, 1885.

A PRISONER FOR LIFE

Offences against the laws of health are punished rigorously and inevitably by nature. A man may break civil laws and escape punishment, but the man who transgresses nature's law of health cannot escape the penalty.

Many men are today a prisoner for life, and for a very brief life, because of their outrage of the laws upon which health is conditioned. He sits idly in his chair torn by coughing spells and gasping for breath. The handkerchief which wipes his lips shows a red stain. He is slowly wasting away.

Weak lungs, obstinate coughs, spitting of blood, weakness and emaciation are cured by the use of Dr. Pierce's Golden Medical Discovery. Thousands who have been cured by this medicine attest the fact.

Sick people are invited to consult Dr. Pierce by letter, free. All correspondence is held in strict privacy and is confidential. Address Dr. R. V. Pierce, Buffalo, N. Y.

Accept no substitute for "Golden Medical Discovery." The sole motive for substitution is to enable the dealer to make the little more profit paid on the sale of less meritorious medicines.

"Three years ago I had the grip," writes Mrs. T. J. Lincey, of Gravel Switch, Marion Co., Kentucky. "It settled on my lungs, and the doctor said I had consumption. I took six bottles of 'Golden Medical Discovery,' and am thankful to say I am entirely well. You may print this letter if you see fit to do so."

Dr. Pierce's Pleasant Pellets keep the bowels in healthy activity.

Hot Weather Hints

To save the lives of reckless summer bathers the United States Volunteer Life Saving corps of New York state has issued a circular giving rules for the safety of people who go out in the water.

Let us not be lulled into a false sense of security in the water. Their usefulness is the greater when one sees that in cases of fatal accidents many of them have been more honored in the breach than in the observance. Here are some of the more pertinent maxims:

Impress upon parents the necessary duty of having their children taught to swim. Go out in no pleasure boat of small or large dimensions without being assured that there are life-saving buoys or cushions aboard sufficient to float all on board in case of upset or collision.

With a party be sure you are all properly and satisfactorily seated before you leave the shore—particularly so with girls on board. Let no one attempt to exchange seats mid-stream.

Where the waters become rough from a sudden squall or passing steamers, never rise in the boat, but settle down as close to the bottom as possible and keep cool until the danger is past.

A woman's skirts, if held out by her extended arms, while she uses her feet as if climbing a stair, will often hold her up in the water while a boat may pull out from the shore and leave her.

In rescuing drowning persons, seize them by the collar, back of the neck; do not let them throw their arms around your neck or arms.

If the person is unconscious, don't wait a moment for a doctor or ambulance, but begin at once; first get the tongue out and hold it by a handkerchief or stocking to let the water out; get a buoy, box or barrel under the stomach, or hold the person over your knees, head down, and jolt the water out of him; then turn him over side to side four or five turns, then on his back, and with a pump-movement keep his arms going from pit of stomach overhead to a straight out and back fourteen to sixteen times a minute until signs of returning life are shown.

Let someone at once remove shoes and stockings, and at the same time rub the lower limbs with an upward movement from foot to knee, occasionally slapping the soles of the feet with the open hand. Working on these lines our Volunteer Life Savers have been successful after two hours of incessant manipulation but generally succeed inside of thirty minutes.

Use no spirits internally until after breathing and circulation are restored, then a moderate use of stimulants or hot teas and a warm blanket or bed is of the first importance.

Anyone who is nervous should be careful how he spends energy. To rest should not be an art difficult of acquisition, but one requiring a teacher—yet many know very little of it. If you are physically tired a very few minutes flat on your back is worth, as a means of repair, an hour's sitting in a chair; but mind that it be flat, not reclining on a lounge, or with your spine bent out of a deep chair in which your weight rests on any part of your body except the part intended to support it—above all, not in a rocking chair, that special trap for the nervous. Besides getting into this position you must lie still.

Plenty of healthful, cooling drinks contribute greatly to the comfort of the family during the hot summer weather and an all but endless variety of agreeable

is not holding yourself down on to the couch or endeavoring to hold that article of furniture down—that is, you must be loose, relaxed, unstrung. Look at a child in bed, limbs sprawled all abroad, for "how to do it"—the ease of the careless position is more characteristic of a patient than the more composed attitude of a sleeping adult. Says Dr. John K. Mitchell in Harper's Bazar.

Learn to keep still when you rest; when you move, move with the part of the body needed; do not waste your force by walking with your arms and face as well as with your legs. If circumstances force an unusual amount of exertion upon you, break it now and then by periods of absolute rest. No matter how brief they are, they will be useful if you make them complete and perfect in the way described.

This is true of mental as well as bodily exertion. A minute's absolute rest, quiet, with closed eyes, if possible, with your tension relaxed and the gearing of the machinery thrown off for the moment, will help and refresh you greatly. Here, again, more may be gained if the ability to relax mentally can be secured in a familiar manner to the withdrawing of muscular tension. Learn to empty your mind when not using it.

This will not only help for the purpose of temporary repose, but may be made useful in bringing about sleep. It can, like the trick of muscle relaxation, be acquired and made habitual. You will then be less liable to have your day's work of worry pursue you to bed and fasten upon you, to the banishment of all possibility of going to sleep, or if you succeed in falling you into the land of Nod and lag-ride you in your dreams.

Dr. Mitchell gives some good advice about the art of wailing sleep that is worth quoting.

Overactivity about sleep hinders its coming and makes one wakeful. Muscular relaxation and a mind emptied of thoughts are the preliminary requisites," he says.

"It may be worth while to add that while we know very little of the physiology of sleep, it is pretty certain that the amount of blood in the brain is lessened during sleep, though whether this diminution is the blood supply is preliminary to or consequent upon sleep is not sure. The ordinary household remedies for wakefulness are founded on this fact—a hot foot bath, a hot water bag to the head, a warm drink, which draws blood to the stomach, all having more or less directly the effect of reducing the quantity of blood in the head. Almost all sleep-producing medicines act in the same manner, but these are undesirable for nervous people, who too easily are dependent upon them. The habit of their use is not so dangerous as the slavery to pain-suppressing drugs, the greatest reason against them being rather in their somewhat depressing nervous and physical after effects. On the other hand, they certainly increase the amount of blood in the head."

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About Bathing, Drinking and Sleeping.

ones may be made with fresh fruits as the foundation. Grape juice is among those that are especially delightful and nutritious and if bought by the dozen bottles and diluted with two parts of cold water to one part of the juice is economical as well.

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Big Sale Warm Weath'r Furniture.

Monday morning we place on sale our large stock of well assorted summer furniture at ridiculous prices—including all rattan chairs, rockers, couches, stools, in natural Flemish and mahogany—also all wire grass, high art furniture and novelties in weathered and Flemish Oak, Rush Seats—Note a few of the bargains.

Table listing furniture items and prices: \$1.75 Rattan Ladies' Rocker, \$2.50 Rattan Parlor Chair, \$3.65 Rattan Rocker, etc.

Hundreds of other pieces go in this sale. Come early Monday.

Refrigerators

20 per cent discount off regular prices of any refrigerator in the house.

Carpets

Some close out patterns—extra values—short lengths—enough of some patterns for rooms.

Table listing carpet prices: Extra quality 90c Tapestry Carpet, Velvet—\$1.35 grade, etc.

5-Room Cottage Furnished for \$200.

Orchard & Wilhelm Carpet Co.

1414-1416-1418 Douglas

Going to the Pan-American

There is no place in the world where common sense, good temper and consideration for others are more desirable than at a big exposition, where there are all kinds of people and all sorts of grievances to be met.

In going to the Pan-American, be sure to take with you not only your trunk and a large grip with plenty of changes of clothing for long stay and all the weather, but also pack up several pounds of common sense and all the good humor you think you will need for the period of your trip.

Do not forget to be reasonable and do not imagine that somebody is "trying to do" you at every stage of the game. Do not get into a quarrel with a man who is in a hurry to get to the exposition.

A great deal of ignorance and a great many false ideas prevail about the Pan-American in spite of the pains that have been taken to make known its beauties to the public and properly inform intending visitors how to get the most out of their stay at the Rainbow City.

The enjoyment of an exposition is largely a matter of impression. The creator of the Pan-American has done everything possible to make the impressions received by the visitor as pleasurable as can be produced through the aid of the greatest men and women of the age in the respective fields of architecture, painting, sculpture, landscape gardening and electrical engineering.

As I have remarked, if you are determined to have Waldorf-Astoria accommodations you must expect to pay Waldorf-Astoria prices. However, if you are satisfied with accommodations possessing merely the comforts and conveniences of home, not the luxuries of a Vanderbilt mansion, there is no occasion for your returning bankrupt from the Pan-American.

Brief Summary of What One Should Take Along.

Dyer is managing editor of this bureau, which has an office in the balcony of the Bazaar building. This bureau should be consulted with the press department of the exposition itself, which supplies information regarding the exposition to the newspapers and magazine press of the continent and, indeed, of the entire world.

One of Buffalo's prettiest sections is the Elmwood district. It is a section in which few of the houses are more than ten years old, most perhaps not more than half a dozen years old. Everything is neat and clean and the streets are wide without finding a prettier section.

Buffalo is a beautiful city, taken as a whole, but, like all great centers of industry, it has its dingy, smoky, unattractive sections, and the unwary visitor is liable to find himself located in a hotel or lodging house in such a section if he does not take pains to find out where he is going. It is easy to make inquiry, and the exposition has established offices where reliable information can be obtained.

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Many people spoil their impressions of an exposition by seeing it from the wrong point of view, physically or mentally, or both. Don't enter the Pan-American by the side doors on Amherst street. Use either the Lincoln parkway, on the south; the railroad gate, on the north; or the Elmwood district, on the east.

Water gate, or, best of all, go in by the Water gate, leaving the car at the corner of Forest and Delaware avenues, and go your first glimpse of the Rainbow City from across the Park lake, and while journeying over its glassy surface by launch or gondola don't forget to get the view of the buildings of the Pan-American which the trip around the grounds on the canal gives you, and the best time to take it is in twilight, when the approaching dusk spreads a romantic haze about the facades of minarets and towers and finials of the Spanish City. Then your voyage ends, at the Triumphal Causeway, we will say, after passing through the Grotto just as it is time for that marvelous illumination to begin.

The turning on of the lights is now signified by the playing of "The Star Spangled Banner" by the bands, and as the music of the stirring anthem is heard the vast audience ranged up and down the Court of Fountains and along the Esplanade rises with one impulse to its feet and grandly emotion and admiration for the scene which is before them.

EDWARD HALE BRUSH.

THREE FAST TRAINS DAILY TO COLORADO VIA Great Rock Island Route. Omaha... 1:30 p.m. Arrive Denver... 7:45 a.m. Leave Omaha... 8:00 a.m. Arrive Denver... 11:00 a.m.

Twelve Western Girls. The Bee has a treat in store for twelve western girls who earn their own living. It intends to send them on the twelve best trips which can be planned and pay all of their expenses, including everything.

The Famous Plunge HOT SPRINGS SO. DAKOTA. Climate, Waters, Scenery, Hotels, Baths, Amusements, you will find are all right.

Is Your Office Hot? This is pleasant weather compared with what we will probably have in August. Are you going to sweater this summer as you did last? Better move now.

STATLER'S HOTEL BUFFALO, N. Y. LARGEST IN THE WORLD. 500 ft. from the Main Entrance to the Exposition. \$2 and \$2.50 For lodging, breakfast and bath extra.

NO CURE, NO PAY. MEN—If you have small, weak organs, just power or weakness of the back, etc., remember that the only way to get relief is to get the "Golden Medical Discovery" from Dr. R. V. Pierce.