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Direct from Distiller to Consumer

\$3.20

FOUR Full Quarts, Express Paid. Saves Middlemen's Profits. Prevents Adulteration.

FOR thirty-three years we have distilled the best whiskey made and sold it direct to consumers. We have thousands of customers in every state and want more; we therefore have the following Proposition:

We will send you four full quart bottles of Hayner's Seven Year Old Double Copper Distilled Rye for \$3.20, Express Prepaid. We ship in plain packages—no marks to indicate contents. When you get it and test it, if it isn't satisfactory return it at our expense, and we will return your \$3.20. Such whiskey cannot be purchased elsewhere for less than \$5.00.

REFERENCES:—State Nat'l Bank, St. Louis, Third Nat'l Bank, Dayton, or any of the Express Companies.

WRITE TO NEAREST ADDRESS.

THE HAYNER DISTILLING CO.
305-307 S. Seventh St., ST. LOUIS, MO.
226-232 West Fifth St., DAYTON, OHIO.

P. S.—Orders for Ariz., Cal., Idaho, Mont., Nev., N. Mex., Ore., Utah, Wash., Wyo., must be for 20 qts., by freight prepaid.

We guarantee above firm will do as they agree.—Ed



Exercise as a Fad-- Pertinent Remarks

According to a special dispatch to the New York World of the 3d inst. Dr. Albert H. Hoy, a Chicago specialist, has expounded "a new and startling theory" connected with health, vitality and hygiene. Dr. Hoy has spent years in a searching and intelligent investigation and has at last reached the conclusion that exercise for men engaged in active business or idle men past middle age is detrimental. This theory may be startling, but it is by no means new, comments the Washington Post. Dr. William A. Hammond, the course at six as "aged." All animals, human or brute, that habitually undergo so-called training—another term for exercise—are made prematurely old. They are the easy victims of every disease. They have not the vitality of any ordinary boy or girl of twelve. When Yousouf, the Turkish wrestler, visited this country and let it become known—as was the fact—that he never "trained," that he lived a life of idleness, smoked cigarettes without number, ate anything that struck his fancy and drank beer by the bucketful—when these things



MISS JESSIE E. SAWHILL—WINNER OF FIRST PRIZE AT MASQUERADE BALL MYRTLE HALL, OMAHA—DRESS MADE OF ILLUSTRATED BEES.

formerly surgeon general of the army and a man of brilliant and profound attainments, preached the same doctrine for years before his death. He was an intellectual giant, broad-minded, deeply read, original and forceful. He always insisted that a man past 40 who had any regular occupation involving physical or mental strain and who, notwithstanding, took "exercise" as such, was a fool who needed the most watchful care and firm restraint. His reasons for this opinion were very much the same as those now advanced by Dr. Hoy of Chicago. He maintained that bodily exertion, after the efforts of one's daily pursuits, was a dangerous and foolish blunder. It may be interesting in this connection to quote from Dr. Hoy's statement as reproduced in the World: "A business man should get all the exercise he needs from the requirements of his business. A long walk only further calls upon his reserve. Violent golf or tennis only puts a greater strain upon his system. If he says he needs fresh air, oxygen, he can get it in his office, if the latter be properly ventilated. He doesn't need to exercise to breathe fresh air. "John D. Rockefeller drives a fast horse. That gives him air, but it doesn't give him exercise. Joseph Chamberlain takes no exercise, except what he gets from stepping from his office to his carriage. He is never sick. Senator William M. Everts is a very old man. He never exercised. That is his boast. "But business men say: 'But I need exercise. I do not feel well unless I have it.' That means generally that they eat too much. You can poison your system by eating too much, putting into yourself more than the kidneys can eliminate." Dr. Hoy then takes up an aspect of the question which has been discussed for many years past. Wilkie Collins, the greatest storyteller known to the English-speaking world, once wrote a novel—and it was one of his best—to illustrate the proposition that athletic training makes men old before their time, shortens their lives and reduces vitality in the process of building up nerve muscle. The book was named "Man and Wife" and the description of Geoffrey Delamayn, the illustrious athlete, contained a world of wisdom. We see the demonstration of this immortal truth in a thousand everyday experiences. We hear pugilists and oarsmen called old and "stale" at thirty. We see racehorses retired from

Flight of a Ticket

A recent number of the Railway Journal contains a story of a railway ticket which took a sudden journey on its own account. As the northbound train on the Colorado & Southern road passed one of the stations a passenger in a forward car raised a window, and in an instant his ticket was blown from his hands out of the doors. The passenger naturally gave it up for lost, and was very much surprised when the baggagemaster handed it to him a little while later. It appears that when the ticket flew through the window a southbound train was passing. The suction of that train, which was moving at a rapid rate, drew the ticket along with it, and as it passed the rear end of the northbound train it blew into the door of the smoking car. There it was found by the baggagemaster.

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as they are made up in every known style and quality of leather, including the new patent veal kid and any color of tan. A shoe that has all the tone and style of shoes others ask \$5.00 and \$6.00 for. Shoes sold to you direct from the factory at factory prices—no middleman's profit—but an actual saving to you of \$1.50 or \$2.00 on each pair. The style is guaranteed—the wear is guaranteed—the fit is guaranteed. Regent customers are always satisfied customers—we have no competition where values are considered. Nothing makes a nicer Christmas present.

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4 full quarts for \$3.15

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Express Charges Prepaid. City Orders \$275 gallon Read carefully—

We will send 4 Full Quart Bottles of Klein's Apex Rye, 9 years old, extra copper distilled, for \$3.15, express prepaid. We ship in plain packages—no marks to indicate contents. When you get it and test it, if it is not satisfactory return it at our expense and we will refund your \$3.15. This same grade of Whiskey we offer for \$3.15 can not be purchased elsewhere for less than \$5.00.

Orders for the Dakotas, Wyoming, Montana, Colorado and Arizona must call for 12 quarts in order to be prepaid.

References—Merchants Nat. Bank, Omaha; Packer's Nat. Bank, South Omaha; South Omaha Nat. Bank, South Omaha, and all Express and Railroad Companies.

WRITE TO EITHER ADDRESS.

J. KLEIN, WHOLESALE LIQUOR DEALER, 523 North 16th Street, Omaha, Neb. Cor. 26th and N Streets, South Omaha, Neb.

We guarantee above firm will do as they agree.—Editor.

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References: First National Bank of Omaha or any Express Company.

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