Wonderful Cures Effected by Means of Brine Baths and Exercise.

in General.

A cure has been found for heart disease, No drugs are used in this treatment. All that is required of the patient is that he shall take frequent baths, followed by certain exercises, as in a gymnasium. Persons who were unable to walk have been cured detect differences in hearts which before by this simple treatment. It is known as the "realsted movement" cure and it has ment of heart disease by sound became made a town famous. Bad Nauheim, which is situated about twenty miles from Frank- sion. However, physicians knew more of fort, in Germany, is full of heart disease patients and it is the mecca toward which thousands of sufferers are getting ready to travel. This, however, is merely because these people can afford to go to headquarters, but it is a fact that anyone can learn ease, not as most physicians had treated the treatment and have it administered at

it is calculated that the majority of persons in the United States at least have some form of heart disease. This is due to the high pressure under which we live. The result thrust upon us, rather than because of the condition itself. For centuries our ancestors jogged along through life with what might be called a measured, dignified tread, each commingling which has brought about the graph, the railroad, the telephone, the typewriter and all of the other quickening inventions of the age. Speed became the one great necessity. The days of slow journeys, long letter writing, etc., were past. Men now began to rush into the cities on fast trains. They made fortunes in stock exsuccess on the difference in time between the east and the west. They rushed out to interval of so many business deals and they of a weakly yachting heart. He decided to the German method. If gymnasium instructuals home again while they scanned suct treat the heart for its development as he tors were to take it up, for instance, I am

firmed the idea that different parts of the apparently without an aliment. heart made different sounds. There were two distinct sounds-one a low-pitched visecond; the other a sound in the base clef of between 100 and 200 vibrations a second. These observations were invaluable to other investigators. They were enabled to that were not known to exist. The treatthe existence of the condition than they did of means of alleviating it.

Experiments in Germany. "Prof. Schott of Bad Nauheim, Germany, began some years ago to treat heart disit-that is, with the fear that any exertion These facts are reasonably important, for as a physical organ the heart was susceptible might prove fatal-but with the idea that of the same changes as would be any other physical organ if surrounded by a like condition. Schott and his brother were led to these conclusions by an accident. It apis because the condition has been suddenly pears that these men, while treating neuvolume of the pulse was increased, while at the same time its rate was diminished. As nation within itself. Then came the great this result was desirable when treating loss of the case to walk long distances in going of compensation in heart disease, they apsettling and development of America. It plied the method in chronic cases, with bred a race of men that evolved the tele- such satisfactory results that it has been recognized and employed by many of the

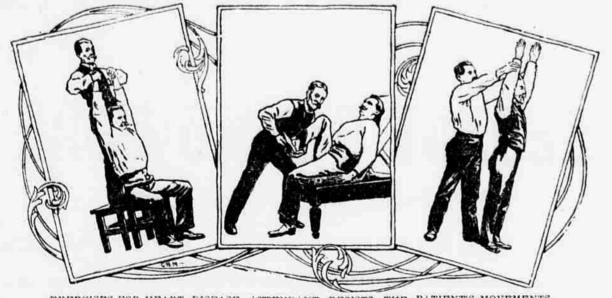
best practitioners in Europe. "Prof. George Oliver of England had shown that a healthy arm, after being exercised, displaced more water in a vessel than it did before it was exercised. This was attributed to the fact that the blood had changes by methods which depended for thickened during exertion. Prof. Schott at Nauheim knew that walking smartly across a room would often diminish the rapidity quick lunches, which were swallowed in the and increase the force, for the time being,

HEADING OFF HEART FAILURE a way that cannot be detected when he is exercised him lightly, increasing the resist-Wanding. These sounds vary with age and ance and the work as the days went on with health. Vierordt studied them. He His daily routine was about as follows placed a number of flat pieces of guita He arose at 8; breakfasted on soft boiled percha, shaped like poker chips, on the eggs, weak coffee and Zwiback at 8:30; hests of men, women and children. He bathed at 9:30; slept at 10 for an hour; piled these chips one above the other just exercised at 11; rested from 12 until 1, over the heart, until they formed a solid when he dired; rested an hour; went to walk column. Then he placed his ear to the at 3; returned and rested until 6, when he SAFETY VALVE FOR AMERICAN HASTE top of the pile and listened. If the sound dined; retired at 9 p. m. He was allowed of the heart could not be heard through but one cigar a day in deference to his de-the pile. Verordt removed the chips from mands talthough no tobacco should be al-How the Treatment May Be Admin- the top of the pile one by one, until it could lowed in any form), and only the sour wines. toncerning Henri Disease of the intensity of the sounds. He confive miles a day, and he was discharged

Treatment at Home

"But it is not necessary to go to Gerbrating sound of about forty vibrations a | many to see wonderful results of the treat-There was Dr. Guernsey, editor of the Medical Times, who some months ago could not walk half a block. He weighed 376 a corpulent man many years and had also suffered from subscute rheumatism. His pulse was feeble, intermittent and usually absent in the left wrist. He was taking, along with other drugs, tincture of digitalis, which is usually the last stage in the drug line for cases like his. His face was pallid and the apex of his heart was situated outside of the left nipple, whereas, in the normal heart, it is decidedly inside. He was put on the modified Nauheim resistance exercise treatment with baths. At first the baths were warm and salt and lasted but are answered by some of the most prominent five minutes, with lengthy intermissions. At the end of the second week they were carbonated and the digitalis was stopped. To make a long story short, he grew better steadily. After some months' treatment his weight had fallen forty pounds, he atrasthenics some years ago, found that in tended daily to his professional routine forcing the blood to the nerve centers the of business while in the city and made long bring good results. Mr. Rockefeller says: trips out of town in consultation cases, where he was obliged from the necessity to and from the train. I could cite a num-

A Few Don'ts. "This treatment is not, as many might think, allied to the Swedish movement cure. The latter is violent, while the Nauheim treatment is a slow process, both in practire and in development. In fooling such a dangerous malady as heart disease one has to be careful or there might be a collapse. For this reason, I should not advise any one to undertake the treatment except under the care of a skilled operatorpreferably one who had personally studied



EXERCISES FOR HEART DISEASE-ATTENDANT RESISTS THE PATIENT'S MOVEMENTS.

greater or lesser degree. And all this in cised grow; any organ which is not exerprepared them for a condition directly op- | determined to exercise the heart. posite to the existing one. To be sure. after several generations the race has have come up abreast of its environment, but the effect physically has been the genpursuit of amusement. The blame for most

The Great American Malady.

Dr. Thomas E. Satterthwaite of New York, who is on the staff of the Post Graduate and the Orthopaedic hospitals, has been to Bad Nauheim to study the treatment and is now practicing it in America. He was asked to describe it and talk about some of the curious aspects of the great American malady. He said:

'The heart, being the central pumping station for all the rapidly moving currents of the human body, is naturally very susceptible of changes that may take place in those currents. It may vary greatly in bulk during twenty-four hours. Its beat may go down to fifty and up to three hundred. If a man stands up or lies down, the difference in his position will cause his heart to vary ten beats a minute, or six hundred an hour. When we think that each one of these lost or gained beats alters the speed of the blood through the veins, we get some idea of what slight changes in this organ may mean to the body at large, for the above change is what takes place in a healthy man; in a diseased man the difference becomes much greater. It is curious, also, that the heart sometimes murmurs when its owner is lying down in

There is no argument so good as an absolute, plain, truthful statement of fact. There is nothing so interesting as fact.



In the true happenings in the every-day life of every-day people are materials for most thrilling novels. There are every day stories of heroism, suffering and the final triumph of good over evil — of happiness finally crowning endeavor. Here is a case in point :

In the county of Escambia in Alabama is the little town of Flomaton and there lives Mrs. Mollie Grimes. She was a good wife and mother but several years ago she found her health slipping away from her. She realized that this meant the inevitable nervousness and irritability that would surely lose for her the affection of her children and husband, and that as her health declined discord and misery would appear in her home. She was filled with the loving motherly instinct, but two miscarriages in succession almost broke her heart. She had almost lost hope when the clouds rolled away and the light of health and happiness returned

She tells her story in these words;
"I was almost heart-broken to think I could not raise any more children and had to suffer as I did. I had lost two children by miscarriages and I fully expected to lose another when, in August See I learned of

ust 1897, I learned of began taking Dr. ce's Favorite Preeverything to

The Treatment. iral springs which exist in Nauheim. The lently, while an attendant holds on grimly face in spite of the attendant, who persistently props him up as he comes forward. Others around about seem to be indulging in sparring matches, the attendants in every case resisting the movements of their

"In other parts of the place men, women and children are being bathed, some of them | Germany in brine, others in water which is hardly brackish. The new-comer is given a simple bath in the water of the springs, which has been freed from carbonic acid and diluted with fresh, warm water. After a few days the fresh, warm water is left cut and he gets the spring water at normal temperature, but with most of the carbonic acid extracted. Next he is put into a bathtub, which is charged with the salts and carbonic just as it emerges from the earth. The fourth and final stage of the bathing seances calls for a bath like the one just mentioned except that the water is allowed to run in and out of the tub constantly. None but a quite vigorous person can take this form of bath without ill effect. These baths are really the first stage of the exercise treatment and they are given to diminish the frequency and to increase the force of the pulse beat.

treatment for heart disease.

Drawing Off Surplus Blood. "When the patient comes for treatment it is usually found that his heart is clogged and dilated with blood. The first thing to do then, naturally, is draw this blood as far away from the central organ as possible. The heated bath is the beginning of the process of withdrawal. The capillaries of the skin are relieved of their natural store of blood and some of the over-supply in the heart rushes out to supply the loss. In the second stage of the bathing the carbonic gas numbs the skin, practically it paralyzes the capillaries and increases the rush of blood from the heart. In the third of the body may be watched." form of bath the chloride of calcium sets up an irritation which makes the body appear as if covered with nettle rash. It is the advanced stage of the process by which the heart is relieved of overwork. It prepares the patient for the exercise that follows.

'Hundreds have been benefited by the Nauheim treatment, but there are famous cases which stand out prominently from the rest. These cases naturally are the constant subject of talk by the newcomers who go to take the baths. There was the broken down Englishman, 50 years old, who was carried into Nauheim, helpless from heart disease, gout, dyspepsia and enlarged liver. He could not walk a step. They cut down his food supply at once, allowing him about half of what he really wanted to est. They bathed him in diluted water at first, gradually increasing the strength of the solution. At the end of a week he could walk a little, and he began to take a con-

cessive editions of newspapers which con-! would any other muscular organ of the afraid they could not be thoroughly imtained information of all the world, in most | body. He proceeded to treat it from the pressed with the absolute necessity of gocases not one hour old. Their wives and standpoint of the relation of exercise to ing slow. Every movement should be made children partook of this rush and bustle in growth. All bodily organs which are exer- as slowly as possible, and the rests between select. The chances are nine out of ten that spite of the fact that their ancestors had cised ceases its development. Prof. Schott the movement itself. On the other hand, I would if he had left it where it was. Great better effect in America than in Germany. "The treatment involved first a series of Schott has no exclusive right to the baths. more to appreciate that. But it can accomworked itself into step-it may be said to preparatory baths in the waters of the nat- They are public affairs, under the control plish more by sticking to its legitimate field stimulating effect of these waters prepares doctors in Nauheim giving the treatment. mote Utopian schemes or by spoiling young the sufferer for the exercise which follows. The baths, too, are open only during the men by overeducating them. men dead in bed, in office or in the frenzied | The exercise involves every muscle in the summer months. In America our excellent body. No apparatus is used. The patient is plumbing arrangements are well adapted to out great industrial and commercial enterof these fatalities has been attributed to told to make certain motions which bring the purpose. In Nauhelm the patients have prises, which result in cheapened produccertain muscles into play, but when he tries to go in the daytime and stand around in the tion or more opportunities for labor. If to do it an attendant catches him by the open, walting to cool off. Here we give the arm, or the leg, whichever part is to be baths at bedtime, with much greater effect, trade with the east that we can get one of moved and tries to stop the movement. The | The difficulty of procuring a substitute for our necessary commedities a cent a pound patient must do it in spite of the attendant, the Nauheim salts will have to be bridged by the 'resistance' causing him more exertion | the family physician. I believe the crystalthan if he were left unobstructed. In conse- lized product of the baths can be imported. quence the houses of Nauheim seem at times but the ingredients can be produced chemto be full of men and women wrestling with | leally. If you can obtain sea salt, chloride one another. One man will be seen swinging of calcium, bicarbonate of soda, muriatic his hands over his head like a human wind- acid and a bath tub, you will have all of the his money does not bother him, because it mill, while an attendant stands beside him essentials of the Nauheim bath, but I should is fully occcupied." on a chair, holding his wrists and trying to not care to put these chemicals into stop him. Another man will be found stand- hands of the inexperienced layman. He ing on one leg and moving the other vio- might do damage to himself and the tub. He museums and to help build a great cathe. Better go to a chemist and have him mix dral. Apparently he thinks the millions to his ankle and will not be shaken of, you up the necessary ingredients. Almost given to the first of these objects the best Still another, standing with his back to any doctor should be able to give the pre- employed, for he says: the wall, seems bent on falling flat on his scription. The bath should be only slightly strength as the days go forward. Do not and tell him you want the Nauhers treat- cessful. charges. All of these people are under ment. If he is up to date, he will be able my opinion, our most practical charity." to give it to you without sending you to

Success Under Certain Conditions. "Personally, I have had no bad results trary I feel that it introduces a new era I must state that success means that the Mr. Carnegie's dictum. He says: patient must surrender himself to requirements of a systematic course, and the physician must have daily acquaintance with the condition of his patient. There should be a definite system as to diet, baths, etc., but the physician must be prepared a. ify them if necessary, and that means, in every case. The best results are, course, obtained by baths and exercises combined, but the exercises will accomplish good results without baths, though the course will be longer.

"In connection with this treatment I have adopted a new and simple method of showing the size and position of the heart. 1 draw on the skin with a pencil a line the apisternal notch to the umbilicus. I trace out by percussion the outline of apex with an X. I then apply tracing paper on the paper. At each examination I make says: a similar tracing. In this way I have an accurate diagram of the heart showing ing more and more to regard their posses- of charity that I would condemn. Neither tence or disinclination rightly to employ the changes it undergoes from time to slons as a trust held in keeping by them do I know of any that is doing more practime. In Germany, as the treatment goes on, X-ray photographs are taken of each betterment of their less fortunate fellows. plan of providing cheap, clean and comfort patient, so that radical changes in the organs

A Sarrow Escape Thankful words written by Mrs. Ada E. Hart of Groton, S. D.; "Was taken with a had cold which settled on my lungs; cough set in and finally terminated in consumption. Four doctors gave me up, saying I could live Savior, determined if I gave myself up to my Savior, determined if I could not stay with my friends on earth I would meet absent ones above. My husband was advised to get Dr. King's New Discovery for Consumption. Coughs and Colds. I gave it a trial, took in all eight bottles. It has cured me, and, thank God, I am saved and now a well and healthy woman." Trial bottles free at Kuhn & Co's drug store. Regular size 50c and \$1.00, guaranteed or price refunded.

A New Jersey man asks for a unto-cause his wife has a habit of getting up in the middle of the night to cat pie, the primary result of which is that he has to primary the doctor by daybreak. Certainly walk a little, and he began to take a con-run for the doctor by daybreak. Certa stitutional of five yards a day. Then they this was not a pudding for the husband.

### WHAT TO DO WITH MILLIONS

Millionaires Discuss Camegie's Dictum, "To Die Rich is to Die Disgraced."

PUBLIC PHILANTHROPIES

liews of Rockefeller, Armour, Hunt-Ington, Morgan, Mills, Sage and

Hill on the Duties of

the Rich.

There are indications that a new interest has been awakened among the very wealthy men of the country in the subject of great pounds and was 76 years old. He had been or preparing to give away, millions to one great charity or another. It looks as though

Andrew Carnegie's dictum that to die rich is to die disgraced, was making a good many onverts among the millionaires. If it is a disgrace to die rich, what are our wealthy men to do with their millions What are the objects and who are the sub jects likely to profit by well-directed charity? Are our millionaires ready to give away their wealth, or a part of it? These and other questions connected with this new movement now on foot among the wealthy millionaires and philanthropists in the coun-

John D. Rockfeller is reported to be worth \$300,000,000 or more. He has given away at least \$20,000,000. He holds decided views on the subject of charitably giving and employs

make as much as he can and to give away as much as he can to good purpose. True philanthropy, like charity, begins at home If the millionaire invests his money in business that provides employment for large numbers of men, if he pays his employes well, so that they can work out their own advancement, he is fulfilling his duty to the community and doing the greatest amount of good to the workingmen.

"I hold that it is every man's duty to

"As for the surplus wealth which a man may accumulate beyond his own needs and those of his family, there are a variety of useful ways in which it may be employed have always been interested in church work, and conceive it to be my first duty to give to religious enterprises. Next to that the cause of education appeals to me. If a rich man has any duties beyond those of his fellows, in a country like this, whose stability depends upon the intelligence and moral character of its citizens, it is to help toward the moral and intellectual betterment of those who lack advantages or opportunities. I do not believe there is any man in the country today with \$1,000,000 beyond his own personal and business needs who would not give it to any object which he felt perfectly sure would help the citizenship of the country in these two respects."

### Short and Pointed.

Philip D. Armour, who has given away \$10,000,000, and has not yet stopped, says: "While I do not pretend to be an authority on scientific charity, I have tried to embody my own ideas on the subject in the Armour institute.

As the Armour institute is conducted for he purpose of giving the poor boys of Chicago technical and trade education, Mr. Armour evidently agrees with Mr. Rockefeller in holding to the educational idea.

There are others who believe that there are better ways of employing wealth than by giving it away. C. P. Huntington is one of these. He says:

"Suppose a man who has made \$50,000,000 or \$100,000,000 in business withdraws that sum and gives it away in any form he may each movement are quite as important as his money will do less real good than it believe the cure can be carried on with even | wealth is desirable only for what it can accomplish. I think we are coming more and

"It is the duty of great wealth to carry seventy-five millions can so develop our cheaper, it will do more good in the end than if it is distributed among the people of the country, giving them \$1 apiece in direct charity. If a man sets a great industrial enterprise in metion he cannot help doing good and the question of what to do with

J. Pierpont Morgan has given money to build hospitals, to buy works of art for pub-

"When one looks about and sees the saline at first, gradually increasing in misery and suffering caused by elekness among those who have not themselves the attempt the strong solution at first, or it means to relieve it, he cannot help feeling might have had effects. After all, the best that to alleviate a little of it is the duty way is simply to go to your family physician of those who have been fortunate or suc-The care of the sick poor is, in

No Disgrace to Die Rich.

Russell Sage agrees with Mr. Morgan that to relieve the sick is a charity that should rom the Nauheim treatment. On the con- apppeal to wealthy men. Mr. Sage recently gave several thousands toward a woman's attempts that he runs up against vested inin cardiac therapeutics. But in saying this hospital. However, he does not agree with

"I do not see how it is a disgrace for a man to die rich. If it is, I am afraid that Mr. Carnegie will die disgraced. My own opinion is that a man may better employ his money in productive enterprises that give employment and benefit the community and practical views on the subject. than to give it away. Suppose I gave away says:
all that I own to thousands of poor people "p in this city today. Next week it would all be gone and they would be back here for largely to worthy objects. It is a good more. But by using it in the business enterprises which I represent it gives steady work to hundreds of honest workingmen, who men are ready to devote at least a considdon't want any charity beyond what they crable portion of their wealth to altruistic can earn.'

Nathan Strauss, the wealthy merchant, through the nipple and a vertical line from who has given away large sums to various hand that any particular charity is the most practical charities, such as providing pure useful or the most practical. Any man who milk at a nominal price in the tenement dis- its deeply interested in such matters is more the heart, and indicate the position of the tricts of New York, believes that the ques- familiar with certain lines of charitable try, which has no law of entail, they will be tion of the unemployed is the greatest prob- endeavor than he is with others. He is apt to the chest and trace the drawing through lem that philanthropists have to face. He to exaggerate the importance of that he public that there is no law of entail here.

"Undoubtedly our wealthy men are comand to be devoted in part at least to the tical good than the Mills hotels. When the

or several millions to give away the best discussed it was freely predicted that it use he can put it to is to furnish work to would result in failure. It was said that there are thousands of men in the country philanthropy would never work. But the all the time who are willing and anxious to test of actual operation has proved that the work, but who, for one reason or another. Mills hotels are all business as well as some cannot find work to do. Your man of mil- philanthropy. They are proving successful lions can accomplish a world of good if he far beyond my expectations. will provide employment for these men and would be largely self-supporting."

A Cleric's View. Dr. William E. Rainsford, pastor of St. year for charitable work, holds very different opinions. Dr. Rainsford said:

"If a man came to me today and asked: you give him a new outlook, fresh encou-'How can I best employ a million dollars agement. He will feel that he has a chance in charitable work in New York City?' I and will set to work to make the most of it

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1414-1416-1418 DOUGLAS STREET.

ulness and right training of children imroves the moral and physical tone of the community and gives assurance that the today—to help the honest, the unfortunate, coming men and women shall be decent and the deserving poor man to help himself. And worthy citizens.

"Another broad line of work which I think of employing money to use all the spare eserving of greater attention from those | millions in the country today." who want to do good with their money is the relief of the poverty-stricken over 60 who

have fallen in the battle of life. "Do you know that 30 per cent of those in the Potter's field? That is a terrible intestimonial to the neglect of the deserving poor of advanced age. I do not believe that there is any pauperizing tendency in helping the descrying poor of advanced age. For myself. I believe in old age pensions. I believe that the time will come when we shall have them. Meanwhile, here is a large and profitable field for the employment of private

charity. "The trouble with our millionaires and great givers is that they are so accustomed to authority so masterful, that they want to dictate exactly how their gifts shall be applied and used.

"That is a great trouble with us today. We have men on our art commissions, not because they know anything about art, but because they will give money. We have trustees on our educational boards who know nothing of scientific education, but who are able to force their hobbles upon practical educators because of the money they give. Similarly our charities are largely in the hands of men who never gave the subject any particular thought, but who dictate because they give.

"I do not believe that charity can be emin providing employment. As soon as one terests and encounters a variety of difficulties | far broader than any which has gone be which will embarrass and to a great extent nullify his work.'

Wealth as a Trust. Darius O. Mills, the San Francisco and New York multi-millionaire, has given hundreds of thousands to charity and has unique

"Probably there never has been a time when so many men were ready to give sign in an age that has often been denounced as grossly material that so many purposes.

'I do not believe that any one can say offknows most about.

"For myself, I do not know of any form "I believe that if any man has a million able lodgings for poor working men was the unemployed. It cannot be denied that scheme which was part business and part

'In my opinion the success of the Mills women, giving each the work that he or botels, as of any philanthropic undertaking she can do and helping them to permanent that is to be really beneficial, lies in helping positions. It would require a good deal of men to help themselves. My idea of charmoney to set such an enterprise going on litable work is not the reformatory idea, but any extensive scale, but once under way it the building up idea. If a man is deter mined to go down bill, you can't hold him back. But it is the man who is unfor tunate, the honest man who has had ill-George's Episcopal church in New York, luck, the hard-working man out of a job which gives a great deal of money every who deserves help and who will profit by it "If you give such a man a chance to put food in his stomach and a roof over his head

hould reply: 'Go buy some blocks of ten- By making him pay for what he receives you ements; tear them down and turn the space | keep him from becoming a pauper. By makinto a playground for poor children.' Any- ing him pay as little as possible you do not thing that adds to the enjoyment, health- | make his attempt to rise to a better condition a hopeless one. "This is my idea of the most useful charity

there are enough such men and such ways

James J. Hill, the railroad king of the northwest, who has developed a vast section who die in this city are buried in quick lime of this country's territory within the last two score years, at the same time creating dictment against our social system, a terrible | one of the more noteworthy private fortunes of the age, believes that men who have large as it lives and dies sums of money at their command should de- on your head from vote it to the great work of bringing the year's end to year's country and its people to the highest possible state of development as speedily as may end. be. For these men of wealth who devote One hair dies and their time and their means mainly to the another takes its promotion of their personal comfort, who place. live chiefly for the purpose of going through certain social programs from year's end to

year's end, he has not the slightest sym- so long as your hair pathy, nor does he consider them of sum- root is healthy. clent importance to warrant discussion. He i ooks upon the world, especially this part of it, as a vast and splendid field of labor, and has little regard for all those, whether rich grow. or poor, who refuse to obey the call to work therein. His views upon the correct use of out faster than it money were indicated in outline in a recent can be replaced, or it may lose private conversation, the parties to which its color. were discussing the education of rich young "In these days the greatest dangers to the sons of rich men," said Mr. Hill, substantially "are indolence and the tendency o disregard the obligations every human being owes to his fellows. It seems neces ployed advantageously at the present time sary to send such young men to the great universities that they may be fitted properly

to play their parts in modern life, which is fore. There are many influences at these universities which are not good for young nen, but which must be met fairly and no in any sense avoided. If not combated, ness, triviality, love of ease and disinclination to meet the real problems of life. Every rich young man who manfully overcomes these influences is a distinct addition to the valuable forces of the entire nation, besides from the formula of the eminent being far better fitted than he who weakly yields, to live a life in which he may take proper personal pride. Young men who para through the period of education without loss hopeless cases of hair disease. of moral fiber will use the money they inherit to their own credit and the moral, ma- deprives the brain of nature's own terial and intellectual uplifting of the race. The others will come to naught; they will protection and covering. be the victims of nature's inexorable law as to the survival of the fit, and in this coun speedy victims, too. It is well for the reit is a safeguard to the institutions of the country that those who, through incompa their wealth, misspend it, are certain, soon or late, to find that it has flown."

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