COUNCIL BLUFFS.
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The Awful Pestilence Now Sweeping 9ver the Country Leaves Death and Despair in its Wake.
Greater Danger in its After Effects.
Leaves its Victims Weak, Exhausted, Broken Down in Health-Plants Seeds of Future Suffering and Disease.

| the human body they begin at once the work of undermining the heatth by destroying the nervous force upon which the very llfe of the body depends. With the nerve centers weakened the blood vessels lose their power to control the flow of the blood, and conges. tion and intlammation begin their deadly task. There are two resulte of krip which are seldom absent and which cause more misery and suffering than all the other after effects combined. They are nervous prostration and heart make an extra effort just at the time when its own vitality is lowent. The result is heart strain. Dr. Miles famous remedies, the New Heart Cure and the Restorative Nervine, are perfectly adapted to remove the after effects of the grip. They go straight to the | the root of the dlsease. <br> La Grippe left Mrs. Truman Temple of Granville, N. Y., in broken down health, which she deseribes as follows: "When 1 ralled from the grip 1 found my heart in an awful condition. It would flutter und 1 palphate upon the least exertion. 1 was very short of breath, was nervous and resthess, could not sleep and felt dull pains and smothertug feelings in my left breast. Nothing the doctors gave the seemed to do me any good, and I began taking Dr Miles Restorative Nervine, together with Dr. Miles' Now Heart Cure, In less than three months the last signs of heart trouble aad nervousucess thad entirely cisappeared and I was curod. <br> 1. W. Totman of Loug Beach. Wista., writes: "Ejght years ago I had a viome with nervous dyspepsia, a weak | could not rest or sleep, nothing which $I$ ate agreed with me, my heart thuttered, was short of breath, cirenia thon was weak, fret cold, and I run gears by the best talent on the coast, with no slgns of improvement. Hear ang of the great resutis accomplistied by Dr. Milles Restorative Remedies deeded to try Nervine and New Heart Cure. The effeet was marvelous, and in a short time 1 was a well man. <br> All druggistes are aththorized to sel that fint botble will beteat or ane refunded. Be sure you get Dr, Miles Remedies. Take nothing else. Write and we will give you the honest advice |
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Like a Vampire

HELPED ALBIA PEOPLE Read the Following Testimonials hose Who He
Benefited.

"Face to face the truth comes out." Tonn Moore is the best Co., distributors, Council Bluffs. Ia.

