

HERE have been so many changes in

the dumb bells, or to a lighter system of calisthenics. Misses Emily Wakeley, Dalsy Doane, Jessie Dickinson, and Mrs. E. S. Dundy, Jr., and Mrs. Dan Wheeler have all paid more or less attention to athletic exercise and training, and all are uncommonly attractive women. Miss Floy Rodman, who has been a frequent guest of Miss McKenna's, and who recently married Lieutenant Barnhardt at Governor's Island, New York, was a superb specimen of what systematic gymnastics will do for women. Superlatively lavely in both face and figure, Miss Rodman's bleeps were the cuty of bile and the admiration of beau, and she showed an unusual aptitude for outdoor sports of all kinds. The woman never lived who did not long to be beautiful in form and face, and since they have come to realize that a discreet curse of athletics is instrumental in this attainment, they are devoted to this cause.

That there has been something radically wrong in the times past with the methods of training there can be but little doubt, judging from the decisive changes that are noticeable in the directions of scientific and philosophical physiculturists. A good many of the systems practiced, both in and out of the college graymantings have been up. of the systems practiced, both in and out of the college gymnasiums, have been unwiss. Muscle making machinery that cause men to die in middle life may be picture sque and even heroic, but the man or woman who wishes simply to feel light and strong had better steer clar of them. According to my dea, a plan of exercise for personal development for both men and women who merely seek improvement in mind and body, should be one not dependent upon any racking or straining appliances, but on the lightest machinery and individual action, a plan that will build up the frame of the slender or reduce the unwelcome proportions of the corpulent. Neither do I take any stock in severe or weakening methods of dieting. The good effect of any such practices can only be temporary, and the eventual results inimbe temporary, and the eventual results inim-ical to physical robustness and health. How-ever, for the benefit of Omaha women who have neither the opportunity or time to put in at a gymnasium, nor the money to engage a physical culture teacher, the following ex-porture for howe practice are given. They ercises for home practice are given. They are what are being taught by Miss Kathryn Staley, who is lecturing in New York this winter on this subject.

Miss Staley pays that to learn to stand properly is the prelude to all the exercises. To stand correctly women need equilibrium, not, like men, military precision. She must be careful not to throw her chest out abnormally and must learn to have her armothang normally from the shoulders and to ecc that her spine is held in an erect and

Here is a useful exercise for women with weak backs. It also strengthens the muscles of the hips and inner legs. It consists of a circular movement of the leg with the toe

tion will produce a strong tension upon every muscle of the torso. Now, with the toes strongly pointed, lift the lege gradually until they are at right angles with the torso, using muscular exertion except that required o

To complete this exercise lie prone again, with the arms folded upon the chest and breathe until you move the torse to an upright position. This express makes muscle and displaces fat cells. None of these exercises should be attempted until the corset is removed. They may be practiced in any loose flowing robe as well as a gymnasium

In the beginning fifteen minutes should be given to the exercise in the morning and fif-tern at night. To produce the desired effect they must be practiced systematically.

The following communication, by strange sincidence, has just found its way to my

OMAHA, Neb., Jan. 1 .- To the Sporting Editor of The Bee: Something should be done for the physical development of our

growing boys and girls.

Our boys and girls of today will be the men and women of tomorrow, and as each one becomes older they look back and say. "I wish I had taken the proper kind of exere while I was yet young. Now I am too until now realize how important is a sound body for carrying one through life."

The above is the plea of the men and women of today, but not so with our boys and girls who have plenty time to spare to and girls who have penty time to spare to take a systematic course of exercise. They are also the ones that can build up their bodies easy and fast. Some seem to think that they do not need

physical culture because they are equal to the average. That may be true, but the present average is very poor. Their aim should b) to approach the perfect as nearly

Now what is to be done with our boys and girls—send them to a gymnasium for an hour or two each day? I do not think so Let a system be taught in our public schools. one that has been tried and not been found wanting, not a system that calls for any harsh treatment, but one that produces results naturally. Then let them exercise at home at some regular hour, say before retiring, and I know our boys and girls would both mentally and Teachers are necessary in the public schools to develop the body as well as train the mind. One is fully as important as the other, which is equally, if not more, important. I am surprised to hear so much

ago Weston, the walker, enjoyed a notoriety that has seldom be a equalled in the sport-ing world. Even the name of John L. Sullithat has seldom be a equation of John L. Sulling world. Even the name of John L. Sulling world. Sulling world have to dump his joblot of fights and now associate manager, and had he succeeded in securing the franchise here for next season his friends would undoubtedly have rallied to his support, as he is well liked by both play: and patron.

Just now it looks as if Omeha would have to rest content with the ball the University club will furnish during the current year, and this will not be hard to do, inasmuch to United States which has been in progress at the Manhattan club in New York for a was thought that his sporty days had passed was thought the following card:

The match for the chess championship of the championship of the world.

The match for the chess championship of the world.

The match for the chess championship of the world will further the championship of the world.

The match for the chess championship of the wo was thought that his sporty days had passed away for good. But this was evidently a mistake and once more the old here of the road is to take the turf again. Last week a number of Weston's old-day friends and a number of Weston's old-day friends and gedmir rs, including Mayor Sirong, Chauncey M. Depew, ex-Postmaster General Thomas L. Janes and J. Edward Simmons, president of the Fourth National bank, New York, joined with a score of others in a letter requesting him to give a public exhibition for the purpose of reviving interest in pedesrequesting him to give a public exhibition for the purpose of reviving interest in pedestrianism. As an incentive, they have guaranteed Weston a purse of \$5,000, the stipulation being that the walk across the continent shall be complited in 100 days. The start will be made from the Press club, in West

SPORTS FOR FRIGID JANUARY

Twenty-sixth street, on February 24, at 10 o'clock p. m. From New York Weston will go through Philadelphia, Harrisburg, Pittsburg, Columbus, Indianapolis, St. Louis, Kansas City, St. Joseph, Denver, Salt Lake City, Sacramento, and thence to San Francisco. After a brief rest Weston will take a northerly course and return to New York via Portland, Orx.; Tacoma, Scattle, Bismark, St. Paul, Milwaukes, Chicago, Buffalo and Alberny, and he hopes to make the round trip of 8,122 miles in 214 days. Weston will be accompanied by two Judges, who propose to ride in a horseless carriage, who propose to ride in a horseless carriage, the will carry with him a book containing his biography, route, time tables, etc., and he has ordered an edition of 50,000 copies, which he will sell during his walk.

In this connection probably the career of the great hoofer will not be found amiss. He was the first to introduce long distance pedestrian contests in England. This was so many changes in the manner and mode of living within the past quarter of a century that it would be quite a puzzling task to catalogue them. In athletics the advance has been most pronounced, and the woman student in physical culture is no longer a novelty. There are many young ladies in this city who owe much of their beauty and attractiveness to their daily exercise on the pulsor, and with the dumb bells, or to a lighter system of calisthenics. Misses Emily Wakeley, Daisy Dearse Levels Disklands and Mrs. The plans of the National Racing board for the plans of the National Racing the plants of the plans of the National Racing the plants of the plants of the

The plans of the National Racing board for next year, as now formulated, indicate that it will recommend to the National assembly the continuance of the present system of three classes, thus leaving it optional with the manufacturers to support whichever branch they may think best suits their purpose, or possibly not to extend any support to it. It is contemplated to eliminate the word amateur from the constitution, which will permit all wheelmen to belong to the league, and change the present order of things where professionals, eithough not members of the organization, are yet legislated for and controlled by it.

Lord Dunup has returned to England a Lord Dunup has returned to England a sadder but no wiser man than he ever was. I have written a personal letter to the queen, asking her politiely to keep Dunny on the other side after this, and am expecting an answer every other day or so. The facts are the earl made a rosette of himself over here. He didn't make the shadow of a show in his attempt to substantiate his charges of fraud against the handlers of the Defender. On the contrary, it was made clear that fourteen tens of extra ballast would have made a crab of the cup-winner, and Dunny got mad, took his dishes, climbed over the alley fence and went home. He over the alley fence and went home. He was thoroughly beaten at every point, and there was not the most significant or insignificant statement favoring his case which was not fully explained. Although accorded the fullest and fairest opportunity to substantiate his cowardly charges, he failed most signally and slunk off heme. The best thing Vie can do with Dunny is to send him down to South America and let the Venezuelans toy with him a while.

Since old Eli sang that familiar little ditty, "You Shan't Play in Our Yard," to Harvard, Princeton and Yale have become regular brothers and sisters to each other, and what's more, the alumni of both institutions seem lickled half to death over the new friendship. It now looks very much as if Princeton was to wholly supplant Harvard in Yale's track athletic meets, for it is known that the management of the athletic teams of these two colleges have provided for a series of games to take the place of the former Yale-Harvard set. Princeton is also preparing to submit a proposition to Yale for a game of foot ball on Thanksgiving day for a series of years, also a base ball schedule for the coming season and an annual card for the

The first day of the year is about the mon important day in the whole 365 in turf cir-cles. On that day every horse becomes one Here is a useful exercise for women with weak backs. It also strengthens the muscles of the hips and inner legs. It consists of a circular movement of the leg with the toe strongly pointed.

Swing each leg alternately with a circular movement. For strengthening the abdominal organs and to reduce corpulency try the following exercise: Lie prone upon the floor without any support under the head and lowing exercise: Lie prone upon the floor without any support under the head and lowing exercise: Lie prone upon the floor without any support under the head and lowing exercises are the hands above the head. This position will produce a strong tension upon every

review and pass upon all matters of the turf with the exception of betting. It can reerse decisions of judges and reinstate every person or horse ruled off after the first of the year. The creation of this committee has caused a number of rules to be revoked, as they were conflicting with it. Another important change is in the rules regarding claiming a horse in a seiling race. The new rules give the owner of the second horse the first claim. Subsequent claims are to be decided by lot. Under the new rules a horse's ngagements are not included when a horse is claimed.

The courage of the alleged new champion heavyweight. Peter Maher, is furnishing a rollific subject for discussion among the red ots and sporting writers throughout country, and while many assert that the big Hibernian is an arrant poltroon and many that he is a veritable Achilles, and the latter might add, while not dipped in the river Styx by his mamma, is invulnerable in every oint except that known as the thoracic region. Anyway, that is what I say. He quit in the only two real fights he has ever had, that with Bob Fitzsimmons in New Orleans and with Joe Goddard, the ck block champion at Con y island a year back block champion at Con y Island a year subsequent. Joe Choynski says he will impugn no man's courage, that Peter is a great fighter, but just how great he pants for a chance to find out. Pat Sheedy says the heroic sentiment that "there never was a coward where the shamrock grew" is be-lied in Peter's case. He saw both of his lay downs. Kid Lavigue declares that it is infair to call Maher a quitter-that he has fought something like thirty battles and only been licked twice—and these two de-feats happened when he was a mere "broth of a boy. What he was when he fought the other twenty-eight the Kid fails to state. Old Billy Edwards thinks Peter is a game, old filly Edwards thinks Feter is a game, elever man, but that Fitzsimmons will whip him Arthur Lumley says Petie is no quitter, that he has improved a half hundredfold since Fitz and the Barrier champion made him stop, and that he will conquer Fitzsimmons easily, and then Goddard, Choynski and Slavin in order, as fast as they come up. Lumley has evidently been in-

the punchers' realm, save, however, the fact that "Pedlar" Pelmer, who recently settled the aspirations of Billy Plimmer over in Lunnun, is to make his debut in this country at Madison Square Garden, Monday evening. January 30. He will meet Champion George Dixon in a four round contest, and if a draw has not already been arranged. which is more than probable, he is as good as a defunct duck already. With ten or fifteen pounds the best of it, the Heligonian will have a regular Dutch pieric with

well to mention that Dan Stuart, the indomitable Dallas sport, has at last completed
about all the arrangements for the big fistic
carnival to take place St. Valentine's day
n'ar El Paso, Tex. He has secured a
place to dump his joblot of fights and now
arretunees officially the following card:
February 11, Welcott and "Bright Eyes;"
February 12, George Dixon and Jerry
Marshall: February 13, Horace Lesis and
Marshall: February 13, Horace Lesis and

at the Manhattan club in New York for a month or so came to a close last Saturday evening by Showalter winning the fourteenth game. This left the final score: Showalter, the champion, en passant, has a brother residing in this city. In the great international listitle at St. Peteraburg, Russia, Pilisbury, the Yankee boy, is still holding his own and castles throughout the world no end of wonder and astonishment. On his final move, when he followers of pawns and castles throughout the world no end of wonder and astonishment. On his final move, when he followers in the west, in fact has been fully up to the average Western Association standard. If the University club would evince a little energy in the organization of a god stout. State League we would be assured of better ball and more excitement and sport than we have known here since 1891. There are a number of good, live towns in Nebraska from which a srug and economical league circuit could be formed, and if the University takes the

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\$ 5.00 Garments for	\$ 2.00	Garments	for\$1.00	
\$10.00 Garments for	\$ 5,00	Garments	for\$2.50	
\$10.00	\$10.00	Garments	for	
\$20.00 Garments for	\$20.00	Garments	for\$10.00	

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Grand Opening Sale of Cloaks and Suits Monday, January 6th.

player of the world. FROM THE BALL FIELD.

> and Elsewhere. NASMUCH an both

their stumps and look about for the next best thing to do. In the first place it is very evident that the lose of the franchise in the Western association is not considered very

disgust last year in the article she was being furnished. The best crowds of the week did not reach the 100 mark, including ground at taches, players, dead heads and all. There was no head or tail to the organization under either the sweet scented Rowe or the railroad magnate from Jacksonville, and thus far th thing has run itself. Discipline was an un known quantity on or off the field and the only object observable to the naked eye from president down to billposter was to get hold of whatever "stuff" was in sight and the devil other, which is equally of the hear so much portant. I am surprised to hear so much said about the poor development of our American youth, still so little has been done in our public schools when it is just the place. But I sincerely hope that the time place. But I sincerely hope that the time place. But I sincerely hope that the time place are a regular Dutch plenic with the will come when a child shall first be sent to school to have his or her body and brain developed, then the mind trained.

ALOIS P. SWOBODA.

Perhaps, as there are a few left who are still interested in fights and fighters, it might be well to mention that Dan Stuart, the indemittable Dallas sport, has at last completed demittable Dallas sport, has at last completed cranks refused to patronize the game. Tom

Marshall of the United States suprime court.

In 1887 she married Jackson W. Showalter, who has taught her the silent game, until all the magnates of that body are well onto all the magnates of that body are well onto today she ranke as champion woman chees the fact. So, with good amateur ball the coming summer, I think the fans can weather it through till 1897, when another era of with high class professional ball will be opened up slab.

with 4-yard-wide Skirts, regular

Grand Opening Price Monday

value \$1.50 to \$2.00

A Screed on the Local Situation Here for them. Poor Anson! He's getting it good and right the Western league from the Chicago papers for his alleged acting. In New York the critics were kind to the old man and took into consideration at last completed their circuits for the stage when they criticised "A Runaway 1896 and Omaha has Colt." Anson hoped for at least equal good received nothing but treatment in Chicago, for that is his home a dish of cold tur- But the dramatic writers took into considera a dish of cold tur-key, it behooves the local fans to stir their stumps and lock about for the James Owen O'Conor. One paper says that next best thing to Anan is dramatic only when there are three do. In the first men on bases. Another says that his feet place it is very evident that the lose bows. Still another refers to him as a particle of the franchise in ceps criminis with Charles Hoyt in buncoing the Western association is not considered very much of a loss after all, and a good round number unhesitatingly declare that we are better off without that class of base ball than with it. Omaha cannot expect much of an long hours, is a painful instance of suffering advertisement by being associated with a job in the discharge of duty, over which it is lot of jay towns in Iowa and Illinois and business men looked upon it in this way. If we cannot trot along with Kansas City, Minne-old gag about a "prophet being not without

cakes and joy is not their portion. Sack-cloth and ashes have taken the place of Christmas greens, and the little red holly berries on the latter have been squeezed into the matutinal cocktails in the hope of as-

suaging the fierce grief.

It was bad enough for the Sioux Citians to have their pennant winning team trans-planted to St. Paul last year, and Omaha had but ceased to weep for the loss of the players whom Slippery Rowe spirited away to Denver in the midst of the last playing season, but this was but a foretaste of what was to follow.

Both were in the Western association circuit this fall. Omaha was snatched from the grasp of the Hickeyites as a brand from the campaign bonfire, and awarded to the Westcampage. The association met last Friday to fill the vacancy. Two towns, Burlington and Dubuque, clamored for the vacant chair. In order to please both! Sloux City was up-rected, and now the fans in Calhoun county. lows, extend the hand of sympathy to their brethren across the river from Council

There is talk of organizing a Kansas-Nebraska league.

Indianapolis has claimed George Treadway, who played right field for Brooklyn

Joe Strauss, the Cincinnati boy, has signed contract for next season with Minne-Fred Pfeffer is beginning early to make

himself unpopular with the New York players. They'll stand none of his officious Walter Wilmot will be compelled to make his way as manager of the Minne-apolis team. The Miller fans don't think

Fred Tenney is more popular in Boston than Tommy Tucker, and if it came to a vote the fans would prefer Tenney to Tucker

Fred Clarke is referred to as the "great est outfielder that ever stepped on the dia mond" by a Louisville paper.

with whom he has to deal, seems to be the only player, however, who can withstand his dashing onslaughts.

Speaking of the chess players reminds me

any indications of improvement in the city, cits the fact that he has about seven college on his team. "Muggsy" McGraw and lain, H. G. Sabine; senior woodward, Fred Hugh Jennings are college men. So are the majority of foot ball players.

Speaking of the chess players reminds me

Speaking of the ches majority of foot ball players.

Sale to day, Janor Woodward, I. Hompsett, Senior beedle, Samuel Patrick; Junior beedle, B. B. Combes; court deputy, T. L. Combs; physician, Drs. J. M. Aikin, R. I. Mattics; trustees, I. Thompsett, Samuel Patrick; frustees, I. Thompsett, Senior Woodward, I. Thompsett, Senior Wo

> Winfield Mercer, the Washington pitcher is out of quarantine. He'll be calling o friends in a wick or so.

will be expected of the Spiders' new outfielder. His friends are Ab Powell, one of the good old "has-beens,

wants a berth in the new North Pacific league. You can't keep 'em down, except with a ton or so of earth and a marble

According to some ball players Jack Crooks of the Washingtons is worth from \$10,000 to \$15,000. How the value of players does increase.

Gus Schmelz says the Senators will be higher in the race next year than they were at the close of 1895. At the present rate of "moving up"—one peg per year—the Washingtons will reach fourth place when th present agreement expires in 1901.

Ž ANTE ROOM ECHOES

A new lodge of the Ancient Order of United Workmen is to be instituted on next Tuesday night. It comes into existence under a name that has become renowned. Ak-Sar-Ben ledge No. 322. If the lodge attains the success:s that the enterprise which first bore the name Again it did its mission can be said to have been fulfilled. The prospective members are confident that they will in no degree detract from either the good fortune or the reputation which the name has gathered to itself, and assert further that the lodge will stand as a monument of the renewed enterprise of Omaha's citizens.

The ceremonies of institution will take place in Miller's hall on Tuesday evening. They will be conducted by Past Grand Master J. W. Carr, who will act as deputy. The Maccabeer, will install its newly elected work will be performed by the degree team officers in the lodge rooms in Patterson work will be performed by the degree team of North Omaha lodge No. 159, who will em-

ploy all its new paraphernalia. The new ritual will be used. It is expected that as many Workmen of of lodge, No. 269, Degree of Honor, (German and order Harugari), held recently, the election to of officers for the ensuing year took place Omaha, South Omaha and Council Bluffs, and in fact of the entire vicinity, as are able to do so, will be in attendance. If special invitations have not been received this column has been requested to extend a most cordial S. R.; Fred Krelle, S. M.; Herm Schaeffer has been requested to extend a most cordial and general invitation to all members of the

Despite the cold weather Thursday evening a large attendance was present at the meeting of Alpha camp No. 1, Woodmen of the World, to witness the installation of the officers. After the ceremony clears were passed at the expense of the newly installed officers. A pleasant feature of the was the presentation of a beautiful set of gold jewels to Alpha camp from the sovereign camp, as a prize for having added by in-dividual effort the largest number of members to its roll of any camp in the jurisdic tion, Alpha camp having been increased by 392 members during the first six months of

One of the chief events in lodge circles during the winter will be a mask ball which is to be given by Alpha camp No. 1, Woodmen of the World, on January 9. Every call for the occasion has been completed. large attendance is expected.

its visitors regretfully b'd each other goodby

at an early hour (early morning) hoping to

see another ceremony at the end of the term

as they know a pleasant treat will be in

At the last meeting of the Royal Neighbors of Ivy camp, No. 2, the following officers were elected for the cusuing year: Mrs. W. H. Winans, oracle; Mrs. H. D. Stone, vice

oracle; Mrs. Strasbaugh, recorder; Mrs. Brosius, receiver; Mrs. Dukes, marshall; Mrs C. Long, Chancellor; Mrs. Harry Davis, inner

sentinel; Mrs. Anderson, outer sentinel; Mrs Eastman, manager; Dr. C. F. Clark and Dr

On account of the fact that the night wa

On account of the fact that the high was New Year's eve, Anchor todge, No. 75. In-dependent Order of Good Templars, held no meeting on last Tuesday night. This omla-sion is, however, to be fully made up at the next meeting, which occurs at the home of Miss Rose Lingstrom, 1614 North Nineteenth

street, on next Tuesday night. A very promising program is already arranged for the affair, in addition to some secret prepara-

Gate City tent, No. 65, Knights of the

At the semi-annual meeting of Omaha

Otto Kunz, Peter Eggers, V. W. The lodge is in a prospering condition, as is shown in

its steady increasing membership. Several candidates have lately been proposed, and five new members who manifested a desire

to take a "peep behind the curtain" were accommodated in magnificent style, with the

The York camp of the Modern Woodmen of

The Women's Relief Corps of Ashland bad

tions, known only to the hosters.

block tomorrow night.

ald of the goat.

A. Crawford, physicians.

econd street and Amss avenue, on the night

of January 2, Deputy Great Sachem Nellie Hale being the installing chief, assisted by Acting Senior Past Chief Sister Flora Whittley and Acting Deputy Great Prophetess Sister Mary Gruner. The following chiefs were raised: Pocahontas, Lily Gardner; Wenonah, Celia E. Skeahan; Powhattan, Charles S. Frank; prophetess, Ella Jackman; K. of R., Robert Gruner; K. of W., Nellie

Hale; assistant K. of R., Luclia Jackman first scout, Frances Sidner; second scout, J T. Lucas: first runner Grace E. Dunton:

second runner, Sophia Dunn; guard of wig-wam, Hannah Hughes, guard of forest, Elmonia Hillock.

After quenching the council fire remarks were made by the newly installed chief, fol-lowed by Brothers Sparks and Smith, with a brief review of the work of the order. Some entertaining feats with cards were performed

by Mr. Dunton and received well deserved applause. A bountiful lunch then made its appearance. After the disposing of it the strains of Prof. Eckes' orchestra were heard and dancing proved the remaining feature ວິວວວອດວວດວວດດວວດວວວວວັ of the evening. Members of the council and

The lodge will start with a membership of about sixty. Of this number fifty-two are new members and the rest will be card members from other lodges. The lodge will be located in Miller's hall at Eighteenth and Vinton streets and is expected to become a headquarters for United Workmen in that vicinity. The members all live in the neigh-

order to attend.

The Women's Relief Corps of Ashland had its annual election of officers recently, and elected the following: President, Mrs. Woodbury; senior vice, Mrs. Bell; junior vice, Mrs. Whitelock; chaplain, Mrs. McConnell; treasurer, Mrs. Scott; secretary, Mrs. McKinney; conductor, Mrs. Moon; guard, Mrs. Vansicle; assistant conductor, Mrs. Manufelde; assistant cuard, Mrs. Crange.

DOCTOR'S ADVICE

Athlete, St. Louis—Am troubled with pulpita-ion of the heart, dyspepsia and extreme nerv-usness. What would you recommend? usness. What would you recommend?

Take our Gastrine three times a day after
nealc. Cerebrine, extract of the brain, for mean. Greprine, extract of the brain, for the nervousness.

J. M. C. Wash.—Have a lameness of the right limb between the knee and hip. Have suffered for some time. Please advise,

Take our Febricide Pills, one three times daily. Twice a week a dose of our Natro-lubic Salts. trustees, I. Thompsett, Samuel Patrick; financial committee, Charles Watts, E. G. dally. The ceremony of raising up the newly elected chiefs for the first term of 1896 took

M. H., Cincinnati-I enjoy a hearty meal, but have that full feeling. Can you state a good A teasponful of our Gaztrine after each meal.

Mary L., Staunton-Take Ovarine. THE DOCTOR. The above preparations and other specialties of the

The above preparations at Co., Columbia Chemical Co., Washington, D. C. Including the fam-AMIMAL EXTRACTS.

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Mrs. O. N Staley, W V. C.; C. J. Button, W. T.; W. A. Wittstruck, C. E. The installation was followed by a banquet. The following toasis were respinded to: "The Insurance Phase of Fraternal Order," John Snider; "The Fraternal Phase of Secret Order," Ira Ford; "The Loyal Mystic Legion Compared with Other Fraternals," George A. Wigton.

Springview post No. 212 of Springview, Grand Army of the Republic, Department of Nebraska, elected officers as follows recently: D. Heiges, commander; J. J. Larken, senior vice commander; Francis Wood, junior vice commander; T. V. Smith, surgeon; Ralph Tennis, chaplain; J. B. Farnsworth, quartermaster; J. T. Cowger, officer of the day; C. Alverd, officer of the guard; H. J. Skinner, delegate to encampment.

At Hastings the only bodies who received callers on New Year's day were the ladies' auxiliary of the Young Men's Christian association and the Elks. The Elks kept open house in their hall, which was beautifully decorated with all kinds of potted plants vate dance, which was the greatest social success ever held in the city, there being many visitors present from out of the city. The ladies' auxiliary of the Young Men's Christian association received in its rooms at the corner of Fourth street and Lincoln America will hold an open meeting on Friday, January 10, when there will be an open installation of officers, in both the Woodmen and Royal Neighbors of America.

Paney Camp, No. 10, Royal Neighbors, held a public installation of officers in its hall in the Continental block New Year's night. The following officers were installed: Mrs. E. D. Watt, oracle: Mrs. Lizzle Baker, vice oracle; Mrs. Rosetta Jon s, chancellor; Mrs. Anna Beselin, marshai; Mrs. Oliver Grimes, recorder; Mrs. Rose Jones, receiver; Mrs. Etta Woolf, inner sentinel; Mrs. Mary Mansfelde; assistant guard, Mrs. Orange.
Past President Mrs. Mansfelde was elected our installing officer. Delegates to convention at Omaha, Mrs. Scott; alternate, Mrs. Figure, board of managers.

Mrs. Etta Woolf, inner sentinel: Mrs. Mary Rigel, outer sentinel: only Mrs. Amanda Bigger, Mrs. Etta Compton and Mrs. Ida.

The installation of officers of Omaha conclave No. 334, Independent Order of Heptosopiis, will occur in the lodge rooms in The Bee building Monday night.

The following officers have been elected by Court Omaha No. 1991, Independent Order of Foresters: Chief manager, James W. Muir; vice, J. G. Neale; recording secretary, F.

Thomas A. K. Gray; fuancial secretary, F.

The installation of officers of Omaha conclave No. 334, Independent Order of Heptosopiis, will occur in the lodge rooms in The Bee building Monday night.

Pioneer council No. 7 of Hastings, Loyal Mystic Legion of America, held a public inspectable on ever given by the women. The committed in charge of the affair was composed of Merdames Oliver Riegel, J. C. Sider, W. C.; S. C. Heacox, W. S.; Mrs. S. Holt, G. W. Clark, Rice, T. M. Stuart and Thomas A. K. Gray; fuancial secretary, F.